LETTING THE BODY SPEAK:
An Autobiographical Monologue Class with Young Creative Leaders of Color Who Identify as Women and Impacted by the Criminal Legal System

SATURDAYS | 10AM-12:30PM  OCT 22ND - JANUARY 28TH
Denver Location TBD

OUR BODIES ARE THE LOCATION OF PAIN, PLEASURE, AND ANCESTRAL KNOWING. THEY HOLD THE STORIES OF OUR LIFE, DEATH, LOVE, LOSS AND TRAUMA. THEY ARE THE GENERATIVE PLACE FROM AND ABOUT WHICH GREAT ART IS MADE AND HEALING MANIFESTS.

Motus Theater, whose mission is to develop original theater to support community conversation on critical issues, is offering a Letting the Body Speak autobiographical monologue workshop aimed at lifting up the experiences of young women leaders of color who have been directly or indirectly impacted by the criminal legal system. This workshop is part of Motus Theater’s JustUs project in which community leaders who are impacted by carcereal systems tell artfully crafted autobiographical monologues that expose the devastating impact of the criminal legal system and inspire action toward a vision of true justice. In addition to being directly or indirectly impacted by the criminal legal system, participants should have an interest in storytelling, and some experience with self-healing. Click here for information on Motus’ JustUs project.

Workshop: “Letting the Body Speak” is designed to teach the essentials of monologue writing and solo performing. Participants create autobiographical monologues generated from creative writing exercises that explore the history of their lives through the history of their body. They move from the written word to the embodied drama while integrating parts of themselves that have been silenced, discovering gifts of wisdom that their pleasure and pain have taught them, and developing their creative voice. Although reflections on the impact of the criminal legal system will be an essential part of the workshop, participants can choose to develop a monologue on any subject. The class culminates in a final performance.

To Apply (Must be at least 21):
- Click on the link or scan the QR code to fill out an application form by Oct 13th (11:59pm).
- Questions? Email the Motus Theater team at info@motustheater.org