

THE FIELD



LUNCH

Snacks

Olives £3

Fresh Vietnamese Summer Rolls £5.50
Lime and Soy Sauce Dressing

Crunch and Dips £6

Mix of Crudité, Sunflower and Poppy Seed Lavosh Flatbread, Pickles, Hummus and Cashew Pate

Buffalo Cauliflower w/ Hot Sauce £5

On Sourdough

Avocado Smash £6

Scrambled Tofu with Cayenne Pepper, Fresh Herbs & Spring Onions £7

Bowls of Health

Smart Dressed Roasted Root Veg £11

Lettuce, Roasted Beetroot Hummus, Cashew Nut Pate, Seed and Nut Mix, Spring Greens, Orange and Sourdough Croutons

Just Falafs £12

Green Herb Falafel, Hummus, Cashew pate, Sourdough, Avocado, Pickled Red Cabbage, Seed & Nut Mix, Lemon & Pink Peppercorn Dressing

Papardelle Putanesca £13

Sundried Tomatoes, Roasted Peppers, Capers, Olives, Roasted Cherry Tomatoes, Parsley

#Plantplus

add to any dish:

Harissa, Pesto, Tomato Jam, Hummus or Cashew Pate £1.50

Grass Fed Onglet Steak £7.00

Organic happy Egg £1.50

Scrambled Tofu £4

Halloumi £3

Dessert

Strawberry and Poppy Seed £5
Poppy Seed Sponge, Strawberry Granita and Coulis