



## GAZELLI BODY

Following an in-depth Diagnostic Consultation, your Body Expert will work alongside you to evaluate and identify the needs of your physical body, skin and mind. Every aspect of your being will be evaluated, from form to system and as a result your journey will consist of a thoughtful and results driven treatment plan designed just for you.

The Expert team are masters in their technique and philosophy drawing on an extensive range of healing methods, innovative techniques and technologies whilst utilising the extensive active formulations devised independently by Gazelli.

Each Expert will prescribe a detailed specialist homecare plan to encompass all areas of concern from daily movements, stress management rituals and wellbeing suggestions to treat your physical and emotional symptoms. All treatments and aftercare are built to become part of your Gazelli journey, to improve and support your complete wellbeing.

### THE BESPOKE BODY TREATMENT 60 MINS £145 | 90 MINS £185

This therapeutic body work treatment assesses your body's musculoskeletal structure to target tensions that are held and stored in your muscles. By integrating acupressure, trigger points release with gentle muscle stretching techniques; tension is released, flexibility increased and posture improved.

Our muscle warming oils, balms, and compresses eases pain, promoting a deep sense of wellbeing. Each treatment you receive is completely tailored and will include 1 or 2 **PRESCRIBED ELEMENTS\*** to effectively target your body's needs.

#### \*THE PRESCRIBED ELEMENTS

##### ABDOMINAL MASSAGE

*This deep rhythmic massage is designed to aid the digestive flow, deep cleanse, and remove excess fluid. This skilful technique increases vitamin production and absorption, boosting your energy, immune system, whilst balancing emotions and reducing stress.*

##### INFRA-RED THERAPY

*The infrared lamp emits intensive warm light, penetrating to a depth of about 30-40mm effectively repairing muscle injury, pain, joint aches, sprains, and muscle spasms. It works to dramatically increases circulation to painful areas, reducing inflammation and promotes healing.*

##### SONIC THERAPY

*Working with the frequency of sound waves, specific trigger points can be targeted (a knot, muscle, cartilage, or joint) at a cellular level, deep within the tissue to significantly ease chronic pain and encourage the body's healing process.*

##### PARAFFIN WAX

*A warm skin softening wax that boosts circulation and re-conditions the skin. When applied to hands or feet the moist heat eases pain and stiffness in joints. Also effective to treat skin conditions dermatitis, psoriasis and eczema.*

### EXCLUSIVE TO GAZELLI HOUSE HYPNOTHERAPY MIND MASSAGE 90 MINS £185

This treatment has been developed in collaboration with Gazelli's Practitioner Rachel Coffey, Hypnotherapist, Life coach, and NLP Master.

A simultaneous physical and mental experience that allows you to switch off the chatter of everyday thoughts, inviting the subconscious mind to go on a journey of healing and rejuvenation, let go of anxieties, emotional blocks, and tensions.

The massage uses rhythmic flowing techniques and deep pressures choreographed in time, with the rhythm of the transcript, allowing the focus to be on the mental journey, yet soothing muscles to release the physical tensions. Creating a positive flow of energy and a space to breathe, leaving you feeling positive, lighter and recharged.

Highly recommended for those with:

**Chronic stress | Insomnia | Chronic physical aches & pains  
Migraines | Emotional imbalance**

### RADIOFREQUENCY 60 MINS £345 | x3 £900 | x6 £1,680

This targeted firming treatment combines Vacuum Suction drainage with Radio Frequency waves that penetrate deep into the skin's layers, heating the underlying tissue, tightening the skin. Fatty deposits are broken down reducing the appearance of even the most stubborn cellulite.

A minimum of 3 specific areas will be targeted per session. (Choose from stomach, hips, back of arms, buttocks or thighs). Visible results after the 1st session, with best results achieved across a course of treatments alongside a balanced diet.

### HAIR & SCALP THERAPY 30 MINS £55

Add on to any face or body treatment. The warm Gazelli White Oil™ is the perfect solution to stimulate and nourish the scalp. Slow pressure point techniques release capillary stress that cause tension and relieves reoccurring headaches, calming and centring the mind. While the Caviar Hair Mask rich in Omega 3 nourishes the hair, leaving it shiny, soft, and conditioned.

#### ARRIVAL TIME

*Please arrive 10 minutes prior to your appointment to complete a consultation form. Please note that late arrivals may result in a reduction of your treatment time.*

#### CANCELLATION POLICY

*If you need to change or cancel your appointment, please give us 24 hours' notice or the full cost of your treatment will be charged.*

#### PREGNANCY

*Our Treatments can be adapted to specifically address the skin and body's unique needs during and after pregnancy. Please speak to your Face or Body Expert to create your bespoke treatment plan.*

#### TO BOOK

Please call **020 7581 4355** or email [bookings@gazelli.co.uk](mailto:bookings@gazelli.co.uk)  
Gazelli House, 174 Walton Street, London, SW3 2JL



## TREATMENT MENU

*Every Gazelli Expert approaches their treatment programme with the same underlying philosophy, that the emotional and physical self are intertwined and connected on multiple levels. Each treatment, be it face or body, is deeply rooted in this belief with techniques and analysis touching in on this ethos at various points throughout the journey.*

**GAZELLI**  
SINCE 1999

## GAZELLI FACE

---

Our Gazelli Face Treatment commences with an in-depth step by step 7-phase Diagnostic Consultation, guided by your Skin Expert.

Here the areas of concern are unearthed and deeper issues are coaxed to the surface. We re-introduce the hands and face; re-connecting to the skin's condition and learning how to analyse and monitor its state and condition, resulting in a wholly bespoke and collaborative treatment focus.

Alongside each bespoke plan, we champion and recognise the significance of the Gut, Skin and Wellness connection. By stimulating the digestive function through a gentle abdominal massage, it scientifically shows a direct correlation with the improvement of skin health, immune function, energy levels, mood and stress management.

A full prescribed treatment plan will be devised to achieve your end goals, working alongside you at each stage to ensure a steady state of wellbeing and connection with your skin. Results are meticulously and continuously tracked with each visit with therapies, formulations and techniques being tweaked and adjusted to respond to the skin's needs. Each client receives personalised homecare guidance as well as email contact with the Facial Expert for ongoing support to achieve a complete state of happiness and wellbeing.

---

### TO BOOK

Please call 020 7581 4355 or email [bookings@gazelli.co.uk](mailto:bookings@gazelli.co.uk)  
Gazelli House, 174 Walton Street, London, SW3 2JL



## THE BESPOKE FACIAL 60 MINS £145 | 90 MINS £185

The advanced Bespoke Facial treatment brings together a seamless synergy of evidence based technology, specialist lifting, sculpting massage techniques and our nutritious professional formulations designed to restore the skin's condition, renewing it to optimum health, by reconditioning the tone and texture.

Each treatment you receive is completely tailored and will include 1 or 2 of the **PRESCRIBED ELEMENTS\*** to effectively target the skin's needs.

*NOTE: Your first Bespoke Facial will be 90 minutes, to include your 30 minute 7-phase diagnostic.*

### \*THE PRESCRIBED ELEMENTS

#### OXYGEN INFUSION

*Uses pressurised O2 jets combined with special cosmetic formulations to penetrate the epidermis, providing skin cells with oxygen; revitalising the complexion, increasing the skin's metabolism, plumpness and hydration, and improving overall skin health.*

#### ABDOMINAL MASSAGE

*This deep rhythmic abdominal massage, is designed to aid the digestive flow, deep cleanse, shift excess fluids and balance emotions. Stimulating the digestive flow helps to improve the skins appearance from within.*

#### HIGH FREQUENCY

*Is a proven and timeless electrotherapy which is especially effective in balancing oil production, reducing breakouts and heals acne.*

#### PARAFFIN WAX

*A warm skin softening wax mask; gently loosens blackheads and eases extraction of underlying skin congestion, whilst respecting the structure of the epidermis.*

#### MICRODERMABRASION

*A deep cleansing treatment which improves skin texture, pigmentation, pore size, and skin tone.*

#### LED LIGHT THERAPY

*Uses specific colour wavelengths of light that penetrate the skin at varying depths; Blue LED to target acne, it has an antibacterial purifying affect. The Green LED is effective in treating pigmentation and soothing rosacea. The deep Red LED is anti-aging, stimulating the fibroblasts.*



## EXCLUSIVE TO GAZELLI HOUSE SUPERCHARGED FACIAL 75 MINS £185

This facial addresses the key underlying physiological issues of your skin. The rejuvenation begins with detoxification through slow, rhythmic intestinal massage techniques to increase blood flow of oxygen and nutrients in the gut, which purifies and balances the body's system, directly impacting the condition of the skin.

A resurfacing Mesoesthetic Peel increases epidermal cell renewal, improving moisture levels, enhancing the skin's condition. The healing LED Light that follows, works together to stimulate renewal, and visibly restores the skin's elasticity and luminosity.

---

### TO BOOK

Please call 020 7581 4355 or email [bookings@gazelli.co.uk](mailto:bookings@gazelli.co.uk)  
Gazelli House, 174 Walton Street, London, SW3 2JL

## TARGETED TREATMENTS

---

### PHARMACEUTICAL GRADE PEEL 45 MINS £125 | x3 £350 | x6 £660

This specialised resurfacing formula combines salicylic, lactic and citric acids to enhance the epidermal cell renewal, improving skin tone, texture and moisture levels. The treatment is suitable for sensitive skin; ideal for those concerned with pigmentation, dullness, post acne scarring, fine lines & wrinkles. For best results we recommend a treatment course every 10 days.

### RADIO FREQUENCY: FACE, NECK & DÉCOLLETÉ 60 MINS £300 | x3 £800 | x6 £1,500

This face sculpting treatment uses warm radio waves to stimulate the collagen fibres deep within the skin's dermis, whilst the Vacuum Suction removes excess fluid. This patented technology dramatically tightens and firms the décolleté, neck, and jawline, redefining the facial contours. Visible results after the 1st session with a cumulative effect with each additional treatment. Sessions are recommended every 2-3 weeks.

### MICRONEEDLING 60 MINS £245 | x3 £660 | x6 £1,200

This rejuvenating advanced procedure creates hundreds of micro-perforations on the skin, triggering a natural healing response that stimulates the collagen and elastin fibres. Ideal to treat acne scarring that addresses the underlying causes of aging by stimulating and enhancing cellular renewal. A pure hyaluronic is infused into the skin boosting the skin's hydration, leaving lines smoothed and the complexion plumped.

Working with your natural skin renewal cycle; treatments are recommended every 10-14 days over one month.