

ADAPTED
I-MASS

**Prevention & At Home Treatment
Mass Distribution Protocol for COVID-19**

Prevention Protocol

For adults > 18 years and >40 kg/90 lbs

Vitamin D3 2000 IU (50 mcg) daily

Multivitamin 1 tablet daily

Digital thermometer optional (to watch the body temperature)

Early At Home Treatment Protocol

For adults > 18 years and >40 kg/90 lbs

Anti-septic mouth wash Three times daily (gargle do not swallow)

Melatonin 6 mg at night for 5 days

Aspirin (ASA) 80 mg/day (unless contraindicated)

Vitamin D3 5000 IU (50 mcg) daily

A cooperation of the
FLCCC Alliance with



The I-MASS protocol has been developed for Mass Distribution during regional outbreaks or in resource poor countries to lessen the impact and spread of COVID-19.

Further treatment protocols for COVID-19, including for hospitalized patients, can be found at flccc.net/covid-19-protocols/