

Logo Artist, Mirlande Jean-Gilles

# CONFERENCE GUIDE

# **LOGO ARTIST**

Mirlande Jean-Gilles is a mother of two, a visual artist and writer. Her award-winning fiction and poetry have been published in various literary journals and anthologies.

Mirlande's vibrant collages have been exhibited at the Enoch Pratt Free Library in Baltimore, University of Baltimore, The Schomburg Center for Research in Black Culture, Kenkeleba Gallery and Corridor Gallery in New York. She was selected to be a "Bearden 100" in collaboration with The Romare Bearden Foundation. She was one of the women featured in the documentary "Imagine a Future". She is the recipient of the Maryland State Council for the Arts-Individual Artist Award for works on paper. She was commissioned to create original art for the 2019/2020 season for Baltimore Center Stage. Her artwork is inspired by her Haitian culture, motherhood and nature. She lives in Maryland with her family.



# contents

- 4 WELCOME
- 5 KEYNOTE
- 6 SPECIAL EVENTS
- 7 WHOVA HELP
- **BOOK TALKS**
- SPONSORS
- WORKSHOP TRACKS
  - SCHEDULE AT A GLANCE
- 14 SESSION DESCIPTIONS
- 21 PRESENTOR DIRECTORY

# WELCOME

# From WFAN!

Dear WFAN Members, Friends and Co-Conspirators,

I am both honored and humbled to welcome you to this year's annual conference! As some of you know, I attended last year's conference as a WFAN member, which was themed "Growing Our (Bio) Diversity: Seeding Our Stories, Growing Our Power." We were at the height of the pre-vaccine stage of the pandemic's 2nd wave and, as was likely apparent in some of my dazed interactions during breakout sessions, I was suffering through the throes of a COVID infection that tore through our home a week before the conference. Still, there was never a moment where I felt unwelcome or invalidated, even when I could only bring my "B" or "C" game to the table. Instead, I was supported and given grace at every turn, allowing me to absorb all that I could in the moment, with encouragement to revisit any of the sessions that were unclear or challenging to attend.

WFAN's culture of, and commitment to, compassion and supportive relationshipbuilding forms the landscape of resilience in which we stand this year. Many of us had high hopes for 2021 as a year of recovery and healing. Instead, we have been faced with compounding challenges on many fronts. Thankfully, we have tended to the story seeds from 2020 through the development of a robust Storytelling Toolkit and Sustainability Ambassador presentations, and grown our power through continued advocacy and mentorships, providing us with the fortitude to move forward even in the face of sometimes overwhelming adversity.

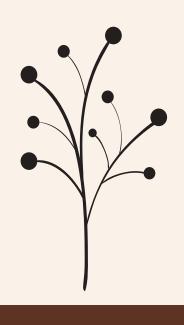
There is so much work to be done, particularly to achieve the equitable, ecological and just food and agriculture systems we envision. With your continued shared commitment to this mission and our values, which run through all the amazing offerings during this week's conference, we will continue to hone our skills, share our vulnerabilities, and creatively meet and resolve the challenges in front of us and on the horizon.

I am so excited and grateful to share these moments once again with you.

Always, **Jules Salinas Executive Director** 



JULIANN SALINAS WFAN EXECUTIVE DIRECTOR



# KEYNOTE SPEAKER KAREN WASHINGTON



Food Justice is More than Growing Food and Feeding
People

People in poor urban and rural communities are told that if they want food security, all they have to do is grow their own vegetables., give up soda and exercise, as if, by magic, eating vegetables and drinking water are going to solve the problems in the food system, without looking at the institutional. environmental and structural determinants that reinforce racism in today's society. So does the food system needs to be fix or does it need to change?

Karen is a farmer and activist. She is Co-owner/Farmer at Rise & Root Farm in Chester New York. An activist, food advocate; in 2010, Co- Founded Black Urban Growers (BUGS) an organization supporting growers in both urban and rural settings. In 2012, Ebony magazine voted her one of their 100 most influential African Americans in the country and in 2014 was the recipient of the James Beard Leadership Award. Recently in 2020 Essence magazine name Karen one of their Essential Heroes recipient. Karen serves on the boards of the New York Botanical Gardens, Soul Fire Farm, the Mary Mitchell Center, Black Farmer Fund, and Farm School NYC.



# SPECIAL EVENTS

**EASTERN STANDARD TIME** 

. . . . . . . . . . . . . . . . .

### 11/3 12:00-1:00

#### THE ANTS AND THE GRASSHOPPER

Screening of the documentary The Ants and the Grasshopper and live Q and A with film director Raj Patel

# 11/4 7-8:30 PM FOOD FOLX

Screening of WFAN's documentary short, Food Folx, and roundtable with farmers

### 11/5 1-1:45 PM

#### **AFFINITY GROUPS**

- LGBTQ (Tamara Brown)
- Spiritual Herbalism and Ancestral Practices (Regina Kankinza)
- Women Caring for the Land (Wren Almitra)

### 11/5 6-6:30 PM

**BOD MEET AND GREET** 

WFAN Board of Directors Meet and Greet

### 11/6 9:30-10:30 AM

#### **KEYNOTE ADDRESS**

Karen Washington: Food Justice is More than Growing Food and Feeding People

### 11/6 1-1:45 PM

#### **AFFINITY GROUPS**

- White Caucus (Angie Carter),
- Farmland Access (Hannah Breckbill)

### 11/6 3:45-4:30 PM

#### **AFFINITY GROUPS**

- BIPOC (Michi Lopez)
- Parenting (Caite Palmer)
- Eat Like a Nutrivore: Modern Nutrition from a Traditional Perspective (Linda Williamson)

### 11/6 4:45-6:00 PM

GROWING OUR EMOTIONAL RESILIENCE

Leslie Davenport: Climate Change

# Whova and Zoom Help

### THE PROCESS

### **Steps:**

- All registered participants will receive a Whova email invite from a week before to the end of our registration date (11/3/21) deadline
- Participants will then create an account in Whova (easy and free)
- Participants are "in" the conference platform!
- All presentations run via Zoom through Whova

# HOW-TO GUIDES AND LINKS

### Zoom:

• https://support.zoom.us/hc/en-us

### Whova:

• https://whova.zendesk.com/hc/en-us

### CONTACT FOR HELP

- jonathan.hadiprodjo@whova.com
- amy@wfan.org
- +1 855-978-6578 (Whova)
- hello@whova.com

# **Book Talks**

### THE FARMER'S LAWYER SARAH VOGEL 11/5 10:30-11:00 AM

A courageous American story about justice and holding the powerful to account, The Farmer's Lawyer shows how the farm economy we all depend on for our daily bread almost fell apart due to the willful neglect of those charged to protect it, and what we can learn from Sarah's battle as a similar calamity looms large on our horizon once again.

# BET THE FARM: CHANGING THE NARRATIVE AROUND GROWING FOOD IN AMERICA BETH HOFFMAN 11/5 3:30-4:00 PM

How do stories we tell about agriculture trap farmers in a cycle of debt, encourage self-exploitation and pit farms against each other? Beth Hoffman will talk about her new book Bet the Farm, her life as a farmer and the ways cultural myths can impede - or encourage - farmer success.

# THE UNHEALTHY TRUTH ROBYN O'BRIEN 11/6 9:00-9:30 AM

O'Brien turns to accredited research conducted in Europe that confirms the toxicity of America's food supply, and traces the relationship between Big Food and Big Money that has ensured that the United States is one of the only developed countries in the world to allow hidden toxins in our food—toxins that can be blamed for the alarming recent increases in allergies, ADHD, cancer, and asthma among our children.



PRACTICAL FARMERS OF IOWA



MINNESOTA
AGRICULTURAL
WATER QUALITY
CERTIFICATION
PROGRAM



**PATAGONIA** 



**CERES TRUST** 



TO OUR SPONSORS!



**RDI/ HEARTLAND** 

#NOREGRETS
Initiative

NO REGRETS
INITIATIVE

# Workshops by Track

Look for the track icons in our session descriptions to personalize your conference!

The Women, Food, and Agriculture Network offers a platform, with our conference, to advocate and agitate for social transformation in our lives, communities, and shared work. We are committing to the following areas of knowing and growth as guide-posts for our 2021 conference -- and we invite you to join us.

### Roots of Land Knowledge



# Anti-oppression and Equity Building



When we look at the terms regenerative, sustainable, and land-stewardship, what do we see? When we dig deep, how exactly do practices such as perennial cropping systems, permaculture design, biodynamics, and others revive the land? How are these inputs building community in all ecosystem levels? What are the inputs, assumptions, and field practices involved? And what are the outputs? How is success measured? And where do we trace the lineage of this knowledge? Listen to peers doing this work.

Build and strengthen anti-oppression knowledge, initiatives, and action through training, reflection, and collaboration. Explore workshops that demonstrate work and success in anti-oppression farming and food systems? Explore work and boots on the ground How do we serve? What is being learned? How is wellness amplified?

# Business Development and Systems Design



# How do you build your farm or food business using strategy, storytelling, marketing, organization, and systems design? In these workshops, explore business and systems design -- and ask, How does the concept of community show up for you in your successful business plans?

### Capacity Building in Farm and Food Systems



Explore real-life case studies and success stories of farmers and organizations who are pushing the limits of what is possible in the areas of food policy; local, state, regional, and federal politics; alternative economies; radical collaboration; and unexpected partnerships to grow in ways that serve community and wellness in reciprocity.

### All Times in Eastern Standard Time

### SCHEDULE AT A GLANCE

### Wednesday, November 3rd

#### Time TBD: FILM AND CHAT

Screening of the documentary The Ants and the Grasshopper and a live Q and A session with director Raj Patel. Stay tuned to WFAN communications for the exact time of this event.

### Thursday, November 4th

### 7-8:30pm FILM AND CHAT

Screening of WFAN's 2021 documentary short, Food Folx, and live panel discussion with film farmers



### All Times in Eastern Standard Time

### SCHEDULE AT A GLANCE

### Friday, November 5th

#### 9-10:30 am WORKSHOPS

Workshop 1: Building Depth and Breadth in a Local Food Landscape

Workshop 2: Finding Hope in Farmland

Workshop 3: Language Matters: Tools for Eliminating Xenophobic Language in Grassroots

Organizing

Workshop 4: From Dream to Reality, Basic Project Planning and Management

Workshop 5: Living on the land: BIPOC farmers, Agroecology and Organic Farming Systems

#### 10:30-11:00 am BOOK TALK

Sarah Vogel, The Farmer's Lawyer

#### 1-1:45 pm AFFINITY GROUPS

Group 1: LGBTQ

**Group 2:** Women Caring for the Land

**Group 3:** Spiritual Herbalism and Ancestral Practices

#### 2-3:30pm WORKSHOPS

**Workshop 1:** Rotational, Regenerative and Resilient? Exploring Livestock Production in New York's Hudson Valley

Workshop 2: Creative Harvest: Slaughter Loopholes for Profit and Transparency

**Workshop 3:** Radical Collaborations for Land Access

Workshop 4: Goldenrod and Asters: When Women Gather Together

Workshop 5: Soil Sisters: Cultivating Rural Resilience through Local Networks

### 3:30-4:00 pm BOOK TALK

Beth Hoffman, Bet The Farm

#### 4-5:30 pm WORKSHOPS

Workshop 1: Dismantling White Supremacy in Farm & Food Systems Organizations

Workshop 2: Bees As Seeds: The Importance of Place, Power, and Purpose in Pollinator

Conservation

Workshop 3: Mycelia Mapping: A Tool for Community Resilience

#### 6-6:30 pm WFAN BOD MEET AND GREET

Come meet and chat with WFAN's Board of Directors!

### All Times in Eastern Standard Time

#### SCHEDULE GLANCE

### Saturday, November 6th

### 9-9:30 am BOOK TALK

Robyn O'Brien, The Unhealthy Truth

#### 9:30-10:30 am KEYNOTE ADDRESS

Karen Washington

### 10:30-12:00 pm WORKSHOPS

**Workshop 1:** Economic Empowerment for Women Farmers

Workshop 2: Centering Youth Voice in the Garden

Workshop 3: Farming Business Guidance and Data Resources for the Working Farmer

#### 1-1:45 pm AFFINITY GROUPS

**GROUP 1: White Caucus** 

**GROUP 2: Farmland Access** 

### 2-3:30pm WORKSHOPS

Workshop 1: Systems Thinking for Community Building

Workshop 2: Critical Dialogues at Land Grant institutions: Curriculum, Relationships, and Education for Equity in Agriculture and Forestry

Workshop 3: Elevating Womxn in Agriculture: Policy and Action for Advancing Women and Femmes as Leaders in Resilient Agriculture

#### 3:45-4:30 pm AFFINITY GROUPS

**GROUP 1:** Eat Like a Nutrivore: Modern Nutrition from a Traditional Perspective

**GROUP 2:** BIPOC

**GROUP 3:** Parenting

#### 4:45-6:00pm SPECIAL CLIMATE CHANGE SESSION

Growing Our Emotional Resiliency

WORKSHOPS Sesssion I

9:00-10:30 AM

# CARIE STARR AND ANNIE WARMKE

# From Dream to Reality, Basic Project Planning and Management



Project management is the backbone of success. How do you get there? Learn basic planning with design tools such as google earth, basic budget planning, how to barter and trade for what you need, plus favorite resources for a variety of farm work including how to utilize your network.

#### HANNAH BRECKBILL

### Building Depth and Breadth in a Local Food Landscape



Humble Hands Harvest
accessed land through a
creative process that
involved the whole
neighborhood. Hannah will
share the nitty-gritty of that
story and will discuss the
replicability and adaptability
of that model, and of other
commons-based models.
Then she'll share the visions
of scaling up through
collectivization that a group
of food businesses in
Decorah, Iowa are acting on.

# MICHELLE OSBORNE AND EOWYN CORRAL

### Language Matters: Tools for Eliminating Xenophobic Language in Grassroots Organizing.



Dakota Rural Action (DRA) and Rural Advancement Foundation International-USA (RAFI-USA) have developed this workshop, which is intended for organizers, advocates, and community leaders working in rural spaces running agricultural campaigns. The project uses a popular education model to explore how xenophobic language shows up in rural grassroots campaigns and workshops alternative language and narrative strategies focusing in on campaign merits eliminating the need for faulty language.

WORKSHOPS SESSSION I

9:00-10:30 AM

#### **BONNIE COLLINS**

# Finding Hope in Farmland

View a short documentary on the story of a refugee community seeking to revive their agrarian heritage. Learn of the challenges, solutions, and relationship building, addressed during the project. This documentary is sure to bring up emotions, and conceivably show how we can work together to overcome inequity in farming.



# JENNIFER TAYLOR, IRA WALLACE, AND FELICA BELL

# Living on the Land: BIPOC Farmers, Agroecology and Organic Farming Systems



Traditionally agricultural development and extension has decided to worked more with agribusinesses, medium scale farmers, and large scale farmers to accelerate goals. Generally small farmers, underserved small farm populations and their communities have not been included in extension and development strategies, or community programs and learning/training opportunities. This session will discuss some of the participatory capacity building efforts, success stories of BIPOC farmers and their communities.

WORKSHOPS SESSSION II

2:00-3:30PM

FRANCINE MILLER,
SHONA SANFORD-LONG,
AND
JOHANNA ROSEN

### Radical Collaborations for Land Access

There is a growing movement of people working on developing land access models that include collaborative forms of ownership/stewardship. They tend to be less reported on, get less airtime. Presenters will discuss their work on these types of models, and inspire conversation from attendees regarding their projects: What are folks attempting? How is it working? Challenges? Opportunities? Let's share information and move these models forward.



#### LAURA LENGNICK

# Rotational, Regenerative and Resilient? Exploring Livestock Production in New York's Hudson Valley



The Glynwood Center for
Regional Food and Farming is a
leader in regenerative livestock
production in NY's Hudson
Valley. Join Farm Director Laura
Lengnick and Livestock Manager
Nicole Scott as they explore the
concept of resilience and how
theory is being implemented at
Glynwood and across our
regional food system.

### DIAHANN LOHR

# Goldenrod and Asters: When Women Gather Together, Amazing Things Happen



Women are like goldenrod and asters: superlative by themselves, stunning when together. This workshop examines women gathering together and the amazing things they accomplish. We'll compare women's groups and the roots of their power. We'll hold an open discussion on gathering together to grow our businesses and benefit our communities

WORKSHOP SESSSION II

2:00-3:30PM

# LISA KIVIRIST, KRISS MARION, AND DELA ENDS

# Soil Sisters: Cultivating Rural Resilience through Local Networks



What's the key ingredient to cultivating change in our rural heartland? Creating connections between women committed to sustainability. Hear the grassroots origin of Soil Sisters, a Wisconsin network of women championing more women in elected office, new business start-ups, successfully sued the state over the right to sell cookies and more! Learn how to initiate such links in your community.

### LIZ RIFFLE

# Creative Harvest: Slaughter Loopholes for Profit and Transparency



Looking for a better slaughter option?

During the session I will talk about some creative loopholes that can be used to get your animals humanely harvested, on your time frame, and at the price YOU want! There are options for the small farmer who wants to get a bit creative with their marketing and methods. These methods also give you more transparency for your customers, and will highlight your wholistic practices

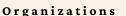
Head over to WFAN's youtube page for select recorded events from our 2021 conference!

WORKSHOPS SESSSION III

4:00-5:30PM

# TRACY LERMAN, LAUREN SCHWEDER BIEL, AND NATALIE HUGHES

# Dismantling White Supremacy in Farm & Food Systems



In this session, you'll hear from three white NGO leaders at different stages of integrating anti-racist practices and principles into their organizations and discuss how to bring this work into your organization. Note: this session is geared towards white people in white-led organizations, but all are welcome.



#### MELANIE KIRBY

# Bees As Seeds: The Importance of Place, Power, and Purpose in Pollinator Conservation



There are over 4,000 different bees across North America.

Some are solitary while others live in communities. Their adaptive natures and diversity highlights the symbiotic choreography between species. Pollinator stewardship encourages us to recognize our responsibilities to support reciprocity that can nurture biodiversity, and our connection to our home planet.

# PAULA WESTMORELAND AND LINDSAY REBHAN

### Mycelia Mapping: A Tool for Community Resilience



Join us as we explore how ecological and social mapping can build resilience at the watershed and personal scale. We will be sharing mapping work we've done and guide you in creating your personal mycelia maps.

# Saturday

WORKSHOPS SESSSION I

10:30-12:00 PM

### SUZI TEGHTMEYER

# Farming Business Guidance and Data Resources for the



#### Working Farmer

Finding information to support your agribusiness can be a daunting task. The USDA has many items, but they're not the only provider of data and guidance documents. This presentation provides an overview of websites to find publications and datasets to help you discover, network, learn and thrive.

#### HAWA VARNEY

# Economic Empowerment for Women Farmers



During this session we will like to discuss how we can help women farmer's gain economic independence and move to farming that is productive and can better cater to themselves, family and community.

### LAUREN NEWMAN, WILLA POHLMAN, AND MIGHTY GREENS YOUTH STAFF

### Cultivating Young Leaders through a Cooperative Garden



#### Business

Mighty Greens is a cooperative, garden-based business comprised of teens who use school gardens and greenhouses as spaces to learn how to care for plants and their communities This session will explore Mighty Greens as a case study of how centering youth voice and decision-making can promote youth empowerment and equity-building. Participants will receive a copy of our newly published Youth Entrepreneurship Cooperative manual.

# Saturday

WORKSHOP SESSSION II

2-3:30PM

# HANNAH HEMMELGARN AND ASHLEY CONWAY

Critical Dialogues at

Land Grant Institutions:

Curriculum,



Relationships, and

Education for Equity in

Agriculture and Forestry

University of Missouri faculty are beginning to confront the need for critical curricula on equity in agriculture and natural resources which addresses cultural erasure and theft from Indigenous peoples associated with land grant institutions. Hear about our experiences developing graduate-level coursework and share your own stories.

### SAM NOVAK & KASEY ARMSTRONG

# Systems Thinking for Community Building





# GABRIELLE ROESCH-MCNALLY AND CAITLIN JOSEPH

Elevating Womxn in
Agriculture: Policy and
Action for Advancing
Women and Femmes as
Leaders in Resilient

Agriculture



Join us for an interactive discussion exploring challenges womxn, including those with diverse racial and ethnic identities, face in agriculture. Identify policy levers that could build a larger platform for

organizing to elevate the voices of womxn in agriculture.

### PRESENTER DIRECTORY

### HANNAH BRECKBILL BRECKBIH@GMAIL.COM

Hannah has been farming with Humble Hands Harvest since 2013, and her perspective as a first-generation farmer who grows food has shaped her ideas and activism in agriculture. She also works as a Land Access Navigator with Renewing the Countryside and explores alternative economies with gusto!

### CARIE STAR CMZ1973@HOTMAIL.COM

Carie Starr was born to hippie gardeners and was raised on her Cherokee Grandmother's farm where, along with a strong sense of her native heritage, seeds of love for the earth and environment were planted.. In 2008 Carie, along with her husband Jarrod, took a huge leap into farming with the native symbol of power, blessings and abundance, the American Bison. Carie is the full time operator of Cherokee Valley Bison Ranch, home to not only bison but, a flock of laying chickens and peafowl. In 2021 Carie was elected to the National Bison Association Board of Directors for region 7 which encompasses CT, MA, ME, NH, NJ, NY, OH, PA, RI, VT. Most recently Carie and her friend Annie Warmke formed Buffalo Gals Voices, a business focused on telling women's stories, and providing learning opportunities that build confidence.

Cherokee Valley Bison Ranch is a member of The National Bison Association, Eastern Bison Association, Illinois-Indiana Bison Association.

### ANNIE WARMKE ANNIE @ BLUEROCKSTATION. COM

Annie Warmke owns and operates Blue Rock Station, a 40 acre agro-tourism farm located near Philo Ohio. She is a goat herder and raises milk goats, peafowl, and chickens. Most recently she has served as a consultant to various women-owned farms to help develop strategies for making a living.

### PRESENTER DIRECTORY

### MICHELLE OSBORNE MICHELLE @ RAFIUSA. ORG

Michelle Osborne serves as the Come to the Table Senior Program Manager at the Rural Advancement Foundation International-USA (RAFI-USA). Michelle earned a Master of Divinity from Duke Divinity School and a Master of Social Work from the UNC-CH School of Social Work. In her free time, Michelle performs improv comedy, hikes, and plays with her dog.

### EOWYN CARROL EOWYNC@DAKOTARURAL.ORG

Originally from southern California, Eowyn lived for ten years in Austin, Texas. An artist and new homesteader herself, Eowyn and her family recently moved from Austin to South Dakota in order to pursue her dreams of raising the fiber animals needed to produce her felting and textile arts.

Eowyn Corral joins the Dakota Rural Action staff team to tame the administrative beast that is all things bookkeeping and Quickbooks. Bringing administrative sanity to those passionately engaged in local foods, as well as the arts, is nothing new to Eowyn, who brings years of Small Business Administrative and Accounting experience to Dakota Rural Action.

# NICOLE SCOTT NSCOTT@GLYNWOOD.ORG

Nicole first joined Glynwood in 2017 as a Livestock Apprentice, then returned in 2019 as the Assistant Livestock Manager and has been our Livestock Manager since 2020. She is responsible for all aspects of Glynwood's diversified, certified Animal Welfare Approved livestock operation, including herd health and nutritional management of all stock, animal breeding, and pasture management. Nicole holds a Bachelor of Science in Animal Science from Cornell University and has previously raised livestock in the Finger Lakes Region and in New Zealand.

### PRESENTER DIRECTORY

### LAURA LENGNICK LAURALENGNICK@GMAIL.COM

Laura has worked for more than 30 years in agriculture and food system sustainability as a research scientist, policy-maker, educator, activist and farmer. Her research in soil health and sustainable farming systems was nationally-recognized with a USDA Secretary's Honor Award in 2002 and she contributed to the 3rd National Climate Assessment as a lead author of the 2012 USDA report Climate Change and Agriculture in the United States: Effects and Adaptation.L aura joined Glynwood in 2021 after serving as owner and principal consultant at Cultivating Resilience, LLC, a private firm that works with organizations of all kinds to integrate resilience thinking into operations and strategic planning. Before launching her consulting firm in 2015, Laura led the Sustainable Agriculture Program at Warren Wilson College in Asheville, NC, for more than a decade, where she also served as the Director of Sustainability Education, conducted research in sustainability assessment and holistic management, led energy descent action planning, collaborated with campus farm and food service managers, mentored capstone student research, and developed an innovative sustainable dining policy for the college.

### FRANCINE MILLER FMILLER @ VERMONTLAW.EDU

Fran Miller is a senior staff attorney and adjunct faculty member at the Center for Agriculture and Food Systems (CAFS) at Vermont Law School (VLS), where she supervises students in the Food and Agriculture Clinic and leads a variety of projects. Fran focuses predominantly on farmland access, overseeing the expansion of CAFS's Farmland Access Legal Toolkit to better serve historically marginalized communities. She also serves private clients through CAFS and the clinic, particularly regarding collaborative and community land ownership and business formation. Fran spent many years as a trademark and copyright lawyer, obtained her LLM in Food and Agriculture Law and Policy at VLS in 2017, and moved to Vermont from New York City in September 2019 to work at CAFS.

# SHONA SANFORD-LONG SHONA @ THEFLYDOGFARM.COM

Shona Sanford-Long is a second generation farmer in the second year of managing her own farm business, Flying Dog Farm. She started her business with the purchase of the beef cattle, pigs, and sheep from her parents' farm, and was initially based on their land. Now, with the purchase of Belknap Brook Farm by the White River Land Collaborative, she is moving her base of operations to this new property where she is able to continue growing her farm. Flying Dog Farm is a certified Organic, pasture based livestock farm focused on producing good, nourishing food from animals that are treated with respect and managed to regenerate the land they are raised on.

### PRESENTER DIRECTORY

### DIAHANN LOHR DI@ADUNATE.COM

Diahann Lohr is a marketing professional with a commitment to sustainable living. Since 2005 she has owned Adunate Word & Design, a unique marketing studio overlooking the farm fields of rural Watertown, Wisconsin. One of the few professionals skilled in both writing and design, Diahann is committed to helping food and ag-based entrepreneurs find success in their business through branding and marketing. She keeps her hands deep in the soil, raising herbs, vegetables, fruit, poultry and bees, and is a proud board member of WFAN.

### LIZ RIFFLE INFO@RIFFLEFARMS.COM

Liz Riffle is the owner of Riffle Farms - American Bison, the first commercial bison operation in the state of West Virginia. Riffle Farms was also the first farm business to field harvest their animals for state certified commercial sale, which is also how her second business The Honest Carnivore - A WV Meat Collective was born. Liz offers farmers a better option for their animals via butchery classes, where the animal can be field harvested and still sold. She has years of supporting work behind her through The Good Meat Project and The Farm to Consumer Legal Defense Fund.

# MELANIE MARGARITA KIRBY (TORTUGAS PUEBLO) ZIAQUEENBEES@HOTMAIL.COM & MELANIE.KIRBY@IAIA.EDU

Melanie Kirby (Tortugas Pueblo), has been taken around the world for 25 years with bees as her teachers-exposing her to the broader concepts and implications of land stewardship, agroecology, food systems, and diverse world views on conservation and outreach. In 2005, she established Zia Queenbees Farm & Field Institute (www.ziaqueenbees.com) in the southern Rocky Mountains of northern New Mexico, her home state- specializing in breeding regionally-adaptive bees. Melanie is a Fulbright-National Geographic Storytelling Fellow and holds a graduate degree in Entomology. She is a mestiza (of mixed Indigenous, Hispanic, Caribbean, European) descent and works across cultures and landscapes promoting healthy pollinator conservation efforts with various communities and organizations. She also works as the Extension Educator for the Institute of American Indian Arts (www.iaia.edu) pairing Traditional Ecological Knowledge (TEK) with western sustainable agriculture science. She is also a writer, consilience researcher, artist, mother and, an advocate for broadening narratives that amplify the voices of farmers and minorities.

### PRESENTER DIRECTORY

# TRACY LERMAN TRACY@NESAWG.ORG

Tracy (she/her) is the outgoing Executive Director of the Northeast Sustainable Agriculture Working Group, a 12 state network of farm and food systems practitioners working towards a just, equitable, and sustainable food system. She lives in the Hudson Valley with her husband, daughter, dog, a few houseplants, 11 bee hives, and an excessive collection of kitchen utensils.

### NATALIE HUGHES NATALIE @ GROUNDSWELLCENTER.ORG

As Interim Executive Director of Groundswell, Natalie (she/they) manages organizational finances and operations, funding development, and supports the staff team. Natalie spent the first five years of her career with VINES in Binghamton, NY where she managed a youth employment program on an urban farm and transformed vacant lots into vibrant community gardens. She holds a bachelor's degree in Environmental Science from Binghamton University. She is an activist and advocates for gender justice, trans/non-binary rights, racial equity, and radical food system change

### LAUREN SCHWEDER BIEL LAUREN@DCGREENS.ORG

Lauren (she/her) has been working on food access and education in the District since 2009, when she cofounded DC Greens. Lauren currently serves on the Mayor's Commission on Healthy Schools and Youth as well as the Department of Health's Obesity sub-committee, and received the Exemplary Civic Activism Award from the D.C. Federation of Citizens' Associations in 2011. Lauren was named a Toyota Mother of Invention at Tina Brown's 2014 Women in the World Summit. Before moving to Washington, DC and founding DC Greens, Lauren worked at Sesame Workshop in the International Education, Research and Outreach department. In her three years at Sesame Workshop, she oversaw the creation of new coproductions in Brazil and Northern Ireland, coordinating outreach efforts, crafting curricula and supervising formative and summative research with local partners. Lauren has a B.A. from Princeton University, and an M.Phil. in Anthropology from NYU with a focus on Culture and Media.

### PRESENTER DIRECTORY

# PAULA WESTMORELAND PAULA@ECOLOGICALDESIGN.LAND

Paula Westmoreland is a permaculture designer, agroecologist, teacher, activist, and writer who started Ecological Design in 2000. She is passionate about bringing the land back to life, laying the foundation for abundance, and finding pathways for people to reconnect to the land. Over the last 20 years she has designed and helped transition hundreds of sites including regenerative agriculture farms, public spaces, campuses, urban farms and backyards. Paula serves as Board vice-president of the Permaculture Institute of North America.

### LINDSAY REBHAN LINDSAY@ECOLOGICALDESIGN.LAND

Lindsay Rebhan is co-owner of Ecological Design, a woman-owned land planning and design firm. A specialist in agroecology, land use, farm design and land management, Lindsay works with farmers, land owners, food nonprofits, and organizations to increase the natural wealth of land over time. Lindsay coteaches an annual Regenerative Farm Design Course at Mastodon Valley Farm and an undergraduate course on Environmental Sustainability with HECUA at Lily Springs Farm. She serves on the Advisory Council of the Savanna Institute.

# HAWA DUNOR-VARNEY WOMENINAGRICULTURE4DEV@GMAIL.COM

Hawa is a Rural Development Specialist with more than 9 years' experience in the Public Sector and in Development working with grassroots women, adolescents, children and disadvantaged youths. As Founder and Executive Director of the Women in Agriculture for Sustainable Development (WASUDEV), she works to improve the livelihood of women and girls through agriculture services. Hawa's vision is to contribute towards ending violence against women and girls using innovative, community driven actions and inclusive approaches. Hawa sees agriculture as a productive venture for rural omen that can contribute to women's economic empowerment which will enhance women participation in decision making at all levels.

### PRESENTER DIRECTORY

### SUZI TEGHTMEYER SUZIRT@GMAIL.COM

Suzi Teghtmeyer is the Agriculture, AgEcon, and Plant Sciences librarian for Michigan State University. She liaises with multiple plant, agriculture, tourism and economics departments at MSU, providing research assistance, teaching library research methods, and guiding students, Extension educators, and the general public to domestic and international agricultural resources and datasets on a regular basis. She's been awarded numerous grants to digitized and make publicly accessible historic and current agricultural journals and documents. Suzi is a member of USAIN, AgNIC, CBHL and WFAN, and regularly presents at conferences.

### LAUREN NEWMAN NEWMAN@CITYBLOSSOMS.ORG

Lauren is a DC native with a long history at City Blossoms. Starting as a frequent visitor to the Girard Children's Garden back in 2007, she became increasingly more involved throughout her high school years completing numerous community service hours and internships with the City Blossoms team. After leaving the DC area to study Environment & Sustainability as a Posse Scholar at The University of the South in Tennessee, Lauren has returned to City Blossoms full-time as the Youth Entrepreneurship Cooperative Program Manager.

### WILLA POHLMAN WILLA @ CITYBLOSSOMS.ORG

Willa started working with City Blossoms in 2012 as a rockin' maintenance intern. Since then, she has played an integral role in building up City Blossoms programs, and now serves as Director of Programming. Originally from Vermont, Willa brings to this work her experience of growing up on her family's farm and her passion for community development.

### PRESENTER DIRECTORY

# JENNIFER TAYLOR EVERYGENERATION@GMAIL.COM

Jennifer Taylor is a BIPOC organic farmer and advocate for underserved small farm populations and participatory capacity building. She has served on the National Organic Standards Board for the USDA National Organic Program; and on the Advisory Committee for the USDA Beginning farmers and Ranchers. Jennifer currently serves as farmer board member and Vice President of the Organic Farmers Association (OFA), vice chair of OFA Policy Committee; United States Food Sovereignty Alliance (USFSA), National coconvener, USFSA Agroecology Land & Water Collective, co-coordinator; and as Standards Board member of the Real Organic Project. She serves as member of the Board of Directors of the Rodale Institute; CoPresident of IFOAM North America; and Convener for the Intercontinental Network of Organic Farmers Organisations (INOFO) North America. At Florida Agricultural and Mechanical University, Jennifer Taylor is associate professor and coordinator of the StateWide Small Farm Program.

### IRA WALLACE IRA@SOUTHERNEXPOSURE.COM

Ira Wallace is a worker/owner of the cooperatively managed Southern Exposure Seed Exchange (www.SouthernExposure.com) which offers over 700 varieties of open-pollinated heirloom and organic seeds selected for flavor and regional adaptability. Ira serves on the boards of the Organic Seed Alliance, and the Virginia Association for Biological Farming. She is a member of Acorn Community which farms over 60 acres of certified organic land in Central Virginia. Ira is a cofounder of the Heritage Harvest Festival at Monticello, [www.HeritageHarvestFestival.com] a fun, family-friendly event featuring an old-time seed swap, local food, hands-on workshops and demos, and more. Ira also writes about heirloom vegetables and seed saving for magazines and blogs including Mother Earth News, Fine Gardening and Southern Exposure. Ira is author of the Timber Press Guide to Vegetable Gardening in the Southeast. Her new state specific book series including, Grow Great Vegetables in Virginia, are available online and at booksellers everywhere.

### PRESENTER DIRECTORY

# FELICIA BELL FELICIAB @ N C A T . O R G

Felicia Bell of RD & S Farm, LLC has been involved in agriculture all of her life. She is a fourth-generation farmer and was taught the responsibility of "helping your fellow man, your neighbor." She has taken this ideal and combined it with her science and research background to create new methods and techniques that introduce regenerative principles and practices to small-acreage farmers like herself, helping them stay viable during economic hardships. RD & S Farm has many components such as natural livestock and certified organic fruit production. It is also the site of a Mobile Farm Animal Education Center featuring animal-assisted therapy, a Barnyard Crew 4-H Club, a Sustainable Agriculture Consultant service, a Natural Farm Tours location and a "TradAg Wellness, Traditional and Homeopathic wellness service provided by Felicia. The diversity of community farm activities yields many new business associates and clients.

Her education includes a Bachelor of Science Degree from Jackson State University, a Certification in Hospitality and Tourism and a Certification in Grazing Management. Felicia was appointed chairwoman of Mississippi Women in Agriculture Association in 2013. Felicia is a former board member and officer for the Southern Sustainable Agriculture Working Group and the Mississippi Fruit & Vegetable Growers Association, the latter of which gives voice to African American small farmers and gardeners.

.

# SAM NOVAK & KASEY ARMSTRONG, ORGANIZATIONAL LEARNING FACILITATORS KASEYSTRONGARMS@GMAIL.COM SAMANTHA.NOVAK11@GMAIL.COM

Sam and Kasey envision a just and joyful future centered in creativity and care. They approach organizational facilitation as accompanied learners. They design collaborative processes for changemakers who are exploring how to weave whole systems thinking into their cultures and communities. Their approach is grounded in intersectional justice, transformative leadership, emergent strategy, and reflective practice. Sam and Kasey work to leverage their privilege as white, cis-gendered women of settler heritage towards solidarity and shared power. They are based on Paskestikweya land in Maryland and Nipmuc and Pocumtuc land in Massachusetts. Nothing has taught them more than having their hands in the soil.

### PRESENTER DIRECTORY

### HANNAH HEMMELGARN HEMMELGARNH@MISSOURI.EDU

Hannah Hemmelgarn, MS, is the Assistant Program Director at the MU Center for Agroforestry. Hemmelgarn holds a BS in anthropology and sociology and an MS in agroforestry education, in addition to a decade of work on integrated organic farms and forest communities, as both an educator and practitioner. With a focus on collaborative, culturally-relevant, and experiential applications of outreach and education in agroforestry, Hemmelgarn is currently co-facilitating the graduate-level Seeds of Equity course with Dr. Ashley Conway, and is working with Osage partners on a program connecting Osage youth with their ancestral lands held by MU.

### A S H E L Y C O N W A Y A C C O N W A Y @ M I S S O U R I . E D U

Ashley Conway, PhD, PAS, is an Assistant Research Professor at the MU Center for Agroforestry. She is the silvopasture faculty at the Center, focused primarily on developing a research program that addresses sustainable integration of livestock with trees and forage systems. With a background in Animal Science, her projects are focused on understanding specific interactions and dynamics from a whole-system perspective, which includes social and human dimensions. This has led to additional work in equity and justice as related to food systems, and the co-development and facilitation of the graduate-level Seeds of Equity course for CAFNR students.

=

### PRESENTER DIRECTORY

### GABRIELLE ROESCH-MCNALLY GROESCHMCNALLY@FARMLAND.ORG

Gabrielle Roesch-McNally, American Farmland Trust, groeschmcnally@farmland.org
Gabrielle leads AFT's national initiative to ensure women landowners have access to resources, technical advice, and policy facilitators to ensure they lead in conservation and building resilient agrifood systems.

Before joining AFT, she worked as a fellow with the USDA Northwest Climate Hub where she conducted social science research to better understand producer decision making in sustainable agrifood systems, particularly in the context of climate change adaptation and mitigation. She has written or contributed to many reports, assessments, and other publications on climate change. Gabrielle earned a Master of Science from the University of Washington School of Environmental and Forestry Science, where she focused on environmental economics and a Doctorate in sociology and sustainable agriculture from Iowa State

University where she worked as one of the lead social scientists on a large-scale interdisciplinary USDA-NIFA project as part of her dissertation research.

### CAITLIN JOSEPH CJOSEPH@FARMLAND.ORG

Caitlin collaborates with AFT's national staff to advance the Women for the Land Initiative, specifically supporting extension, outreach, and evaluation of regional learning circles with women landowners and farmers. Prior to joining AFT, she worked as a diverse vegetable farmer, farmers market manager, and farm to school coordinator in Michigan, and served in both grassroots organizing and policy analysis roles for the National Sustainable Agriculture Coalition in Washington, D.C. With more than eight years of experience cultivating regional food systems, she has developed programs and policy frameworks for cross-sector partnerships focused on economic development, health equity, and climate resilience in the San Francisco Bay Area, and nationally. She holds a Bachelor of Arts in biology education from Arizona State University and a Master of Science in agriculture, food, and environment with a specialization in urban and environmental policy and planning from Tufts University.

### PRESENTER DIRECTORY

### WREN ALMITRA WREN@WFAN.ORG

Wren Almitra coordinates WFAN's Women Caring for the Land and Harvesting Our Potential programs. A life-long resident of Iowa, she took a leave of absence for a few years to get her Environmental Studies degree from Prescott College in Prescott, AZ where she studied Agroecology, among other sustainable agriculture and conservation biology courses. She has worked on small-scale farms in Iowa and Arizona and has recently moved to Colorado.

Prior to working with Women, Food and Agriculture Network, she worked with the Johnson County Soil and Water Conservation District as a watershed project coordinator. She also served as a team member for the Johnson County, Iowa Women, Land and Legacy chapter for two years, a role that ultimately led her to a passion for connecting women in the fields with resources and with one another.

#### .

### REGINA KANKINZA REGINA @ INHERITBLOOMS.COM

I'm Regina Kankinza and I help womxn learn the language of their bodies so they can be the protagonist in their own healing journeys using plant-medicine, ritual and reverence. In Her It Blooms is my ode and offering to support the body-mind-spirit complex of the warrior-womxn, the seekers, those determined to live life on purpose and those who came here to play and have pleasure on behalf of all the womxn before them who were denied that right.

I work at the intersection of health justice and cultural preservation. I care about folks healing themselves because this is one way we learn to heal the land, nature, community and society.

My offerings to you are rooted in deep study in Ayurveda, spiritual herbalism, ancestral practices, yoga therapy, health supportive cooking, pranayama, meditation, Nubian & Kemetic healing practices and vibrational therapies. I've dedicated various chapters of my life to learning with indigenous land activists, farm-to-table chefs, herbalists, Ayurvedic doctors, yogi's, Nubian & Kemetic keepers of the tradition, village elders, ancestors as well as with mama nature herself.

### PRESENTER DIRECTORY

### CAITE PALMER AND ARLENE HUNTER BARNYARDLANGUAGE@GMAIL.COM

Caite Palmer and her husband Jim are raising the fifth generation on their cattle and sheep farm in northeast lowa. Their kids are four and three, so things are both chaotic and amazing at their house!

Arlene Hunter and her husband Hugh own and operate a dairy farm in Smiths Falls, Ontario, Canada. They milk 80 registered Holstiens and grow corn, soybeans and hay. They are raising four children (ages 15, 13, 10 and 6) who are the 7th generation on the family farm.

# LESLIE DAVENPORT OFFICE@LESLIEDAVENPORT.COM

Leslie Davenport works as a climate psychology educator and consultant, integrating social science insights into relevant resources for organizations often exploring the intersectionality of climate, economics, policy, and social justice. She helped shape the document, "Mental Health and Our Changing Climate: Impacts, Implications, and Guidance." She is the author of four books including Emotional Resiliency in the Era of Climate Change and All the Feelings Under the Sun. She is an advisor for the non-profits Project InsideOut, Integrative Healers Action Network, and One Resilient Earth, and is on faculty with the California Institute of Integral Studies, Master's program in Professional Psychology and Health. www.lesliedavenport.com

### LINDA WILLIAMSON LINDA @ THENOURISHINGNOMAD.COM

Linda is a Functional Nutritionist serving the outdoor community through her virtual practice, The Nourishing Nomad. She specializes in digestive wellness and traditional food preparation practices, helping people overcome life limiting dis-ease and nourish themselves wholly so they can work and play ecstatically in the outdoor environment. Linda is also a passionate local food advocate and co-founder of Farm To Crag, a nonprofit dedicated to mobilizing climbers to invest in local, organic, and sustainable agriculture in the places they climb.

### PRESENTER DIRECTORY

# TAMARA BROWN TAMARAEABROWN@GMAIL.COM

I'm a queer and non-binary farmer & farm educator living in Ontario, Canada. I am currently working on a pastured livestock and vegetable family farm as farmhand & communications. Previously, I've worked as a facilitator for youth farming education programs, and coordinated volunteers and programming for a number of farm & non-farm related non-profits. My online recent facilitation experience has included a virtual gardening 101 workshop for the local library, and a workshop with a national student focused non-profit on decolonizing the food system, specifically centered on seeds.

# ANGIE CARTER ANGIELCARTER @ G M AIL. COM

Angie Carter grew up in rural Iowa during the Farm Crisis of the 1980s. This experience inspires her writing, research, and activism in agrifood systems transformation as well as her commitment to rural places and people. Angie lives in Michigan's Upper Peninsula where she works as an assistant professor of environmental and energy justice at Michigan Tech University, writes, and enjoys long walks in the woods with her pup, Willa.

### MÍCHI LÓPEZ MICHI@IVRCD.ORG

Southside Chicago born and Iowa-raised, Míchi (rhymes with peachy) López started her food systems journey as a 2018 farm apprentice. She learned to plant, weed, harvest, and distribute fruits and vegetables on a four-acre plot. Prior to that, Míchi had never farmed or gardened, nor had she ever met a farmer or gardener. Míchi will tell you, "it was love at first sweat." Her first season of growing shifted her career passions to improving food access, educating community members about vegetable farming, and leading grassroots community engagement with underrepresented populations. Now in her third season, Míchi loves connecting with other beginner farmers, especially women of color, and sharing stories of how they came to steward the land.

#### DELA ENDS

Scotch Hill Farm and Innisfree Farmstay

Community Kitchen Co-op

A pioneer in organic farming for over 25 years, Dela Ends raises certified organic vegetables, herbs and flowers in addition to running a farmstay. Goat milk soap and natural skin care products are made on the farm. She is the president of the new Community Kitchen Co-op, a cooperatively run commercial kitchen venture. Goat milk soap and natural skin care products are made on the farm.

### PRESENTER DIRECTORY

### JOHANNA ROSEN JOHANNA @ A GRARIANTRUST. OR G

Johanna Rosen serves Agrarian Trust as Commons Alliance Facilitator. She is a grower with experience with urban agriculture, seed keeping, local and regional food system networks, and collaborating with farmers and land trusts to ensure affordability and security of farmland through shared ownership arrangements to benefit communities and promote equity and justice. Jo stewards Pocumtuc land in Massachusetts.

# BETH HOFFMAN BETHAUDIO@GMAIL.COM

After spending 20+ years as a journalist producing work on food and agriculture, Beth Hoffman moved from San Francisco to southern Iowa to take over her husband's family's 530-acre farm. Her areas of expertise include agriculture's potential in development, the financial viability of farms, and sustainability in agriculture. She has published on NPR's Morning Edition and the NPR food blog The Salt, written for The Guardian and The Counter, and produced work for the News Hour, Latino USA, and The World. She was a Fellow and Co-Lecturer at UC Berkeley's School of Journalism for the Africa Food and Agriculture Reporting Project and spent six years as an Assistant Professor in the Media Studies Department at the University of San Francisco. Her new book Bet the Farm: The Dollars and Sense of Growing Food in America combines Hoffman's expertise as a journalist and her deeply personal story of becoming a farmer.

### SARAH VOGEL SARAHVOGELLAW@GMAIL.COM

Hello, I'm Sarah Vogel, attorney, advocate, and author of The Farmer's Lawyer, a memoir about my landmark class action lawsuit, Coleman v. Block. I brought this historic case when I was a young lawyer and single mother, against the federal government, on behalf of 240,000 family farmers facing foreclosure during the 1980s farm crisis. I've spent most of my career as an advocate for family farmers, women, and Native Americans. I also served two terms as North Dakota Commissioner of Agriculture, and I was the first woman in U.S. history to be elected to this position in any state. I live in Bismarck, North Dakota.

### PRESENTER DIRECTORY

### ROBYN O'BRIEN ROBYN@REPLANTCAP.COM

Robyn is one of the most recognized voices in the food industry. Her TEDx talk (based on her book, The Unhealthy Truth) exposes the shortcomings of our food system and has been watched by millions; translated into dozens of languages; and influenced policy, legislation, and product formulation in the food industry. For the last fifteen years, she advised CEOs and executives at multinational CPG companies, startups, and farm organizations. She has been called "food's Erin Brockovich" by The New York Times.

### LISA KIVIRIST LISAKIVIRIST @ G M A I L . C O M

A national advocate for women in sustainable agriculture, Lisa Kivirist is the author of the award-winning book, Soil Sisters: A Toolkit for Women Farmers and leads the Soil Sisters initiative, a project of Renewing the Countryside. She served as Senior Fellow, Endowed Chair in Agricultural Systems for the Minnesota Institute for Sustainable Agriculture at the University of Minnesota. Kivirist is the co-author of multiple books on sustainability, food and entrepreneurship with her husband, John Ivanko, including Homemade for Sale, Farmstead Chef, Ecopreneuring and Rural Renaissance. A leading champion for cottage food entrepreneurs, Kivirist served as a plaintiff in the successful lawsuit against the state of Wisconsin that declared the ban on the sale of home baked goods unconstitutional. For over twenty years, she and her family have run Inn Serendipity Farm and B&B in Wisconsin, completely powered by renewable energy

# KRISS MARION MAIDMARION @ CIRCLEMFARM.COM

Kriss Marion is a certified organic vegetable farmer, shepherdess, innkeeper, teacher, chef and all-around farm-to-fork enthusiast. She owns and runs Circle M Market Farm, a field-to-table bed and breakfast, which is located in Lafayette County just 45 minutes southwest of Madison. Marion has run for state office and currently serves on her County Board.

### PRESENTER DIRECTORY

### BONNIE COLLINS BSC33@CORNELL.EDU

RoBonnie Collins, MBA

Cornell Cooperative Extension Oneida County

Sr. Ag Program Team Leader & Ag Business Educator

Collins, has been with CCEOC for 17 years, is the NYS Coordinator for Annie's Project

2021 National ESP award winner for Diversity and Inclusion