

A glass of water on a rocky shore with waves in the background. The glass is filled with water and has condensation droplets on its surface. The background shows a rocky coastline with waves crashing against the rocks, creating white foam. The sky is a deep blue, suggesting a clear day.

# *Structured* **WATER**

Dr. Darrell Wolfe  
Author of *Healthy to 100*



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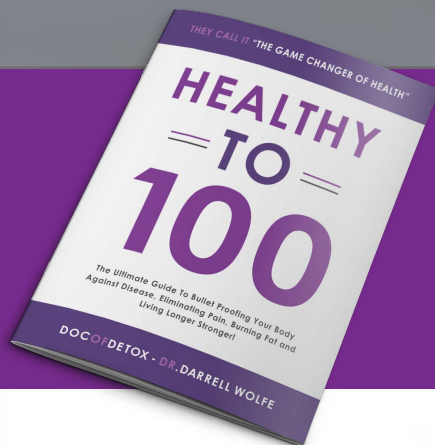
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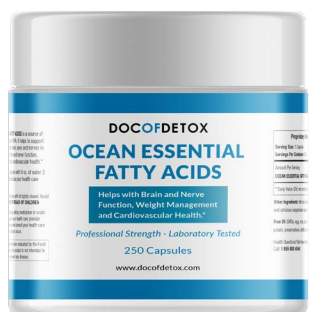
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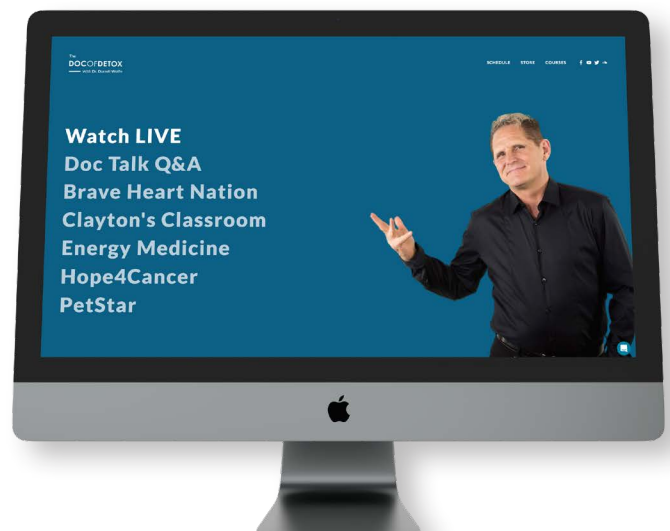
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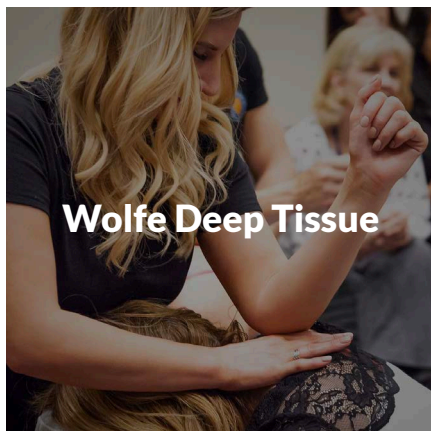
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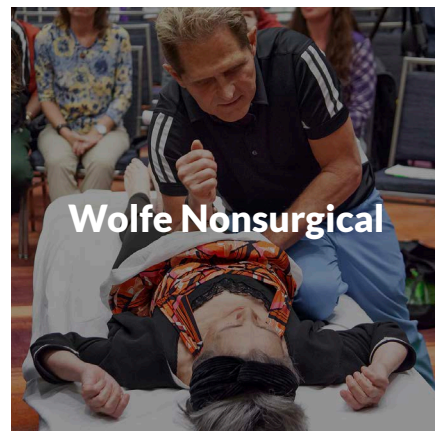
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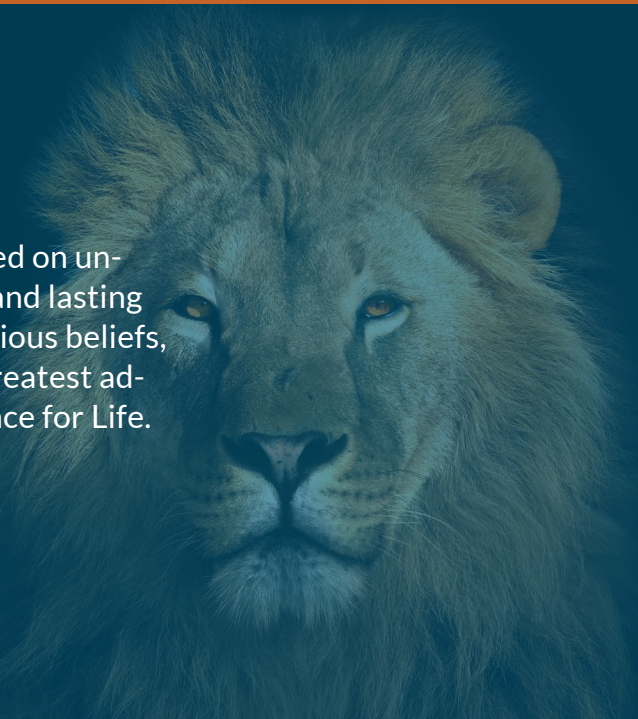
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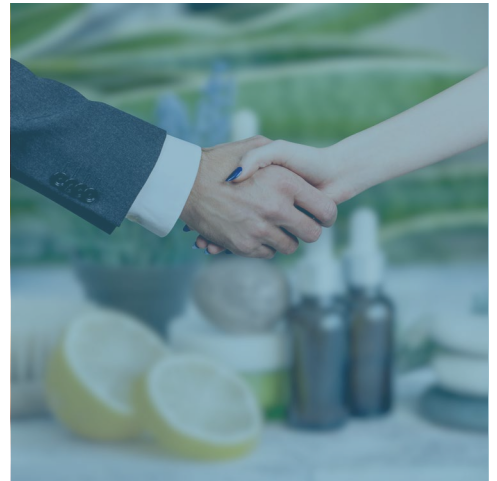
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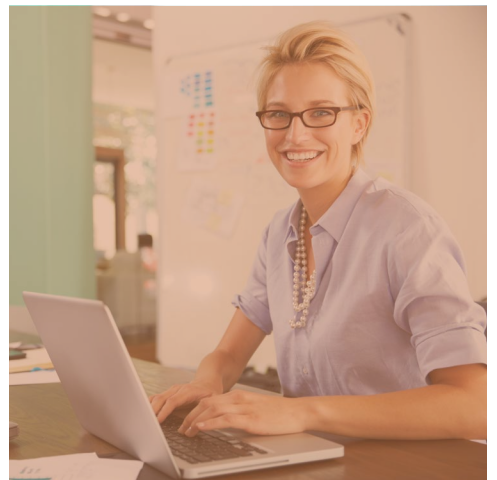
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# Choose Your Water Wisely

Water is the most amazing substance on the planet. It is the key to sustaining all life. Water does mysterious and amazing things that even defy the laws of physics. Top scientists today still can't explain some of the characteristics of water and how it actually interacts and communicates with human cells.

## **Are you the type of person that finds yourself asking these questions:**

- Why am I so tired all the time?
- Why am I still thirsty when I drink all of this bottled water?
- Why can I not heal myself?
- Why am I suffering from premature aging?
- Why am I so itchy after showering?
- Why am I bloated?
- Why do I retain water?

The water you drink will either give life or take it away. You can eat a healthy diet, exercise daily and take Whole Plant Based Superfood Nutrition but you must drink high vibrational Structured Water and enough of it to achieve and maintain optimum health, the way Nature intended. Structured Water is the vehicle to nourish, detoxify and restore your body all the way down to the cellular level. Choose your water wisely, your life depends on it.

The cells in your body are surrounded by mostly water. There is a mountain of evidence, which proves the type of water you drink is possibly the most important element of your health. The water you drink will decide how, and how much, your cells absorb nutrients, remove toxins, and how effectively they behave and communicate.

We are told that our body and our planet are comprised of approximately 70% water. What we are not told is that, on a molecular level, the trillions of cells that make up your body are actually composed of 99.9% water. You are not a body containing water; you are a body of water in the form of a human being.

Since water is a nutrient more important than food, the water you are drinking deserves a closer look. If you're drinking tap water, distilled, reverse osmosis, filtered or bottled; I can assure you, you are taking in an inferior product. And guess what? You are slowly but surely depriving yourself of the life you are entitled to and possibly even poisoning yourself. Oh, and by the way, government regulations for drinking water are about the same as a screen door in a submarine (evil plot).



We can discuss the hundreds of toxic materials found in our water, and the ones that are intentionally put there, but that's a whole book in itself. Who really wants to hear about the greed, the negligence and the intentional poisoning of our water systems? Let's get back to real answers and the solution to this internal pollution.

Although drinking water is not the major source of essential nutrients for our body, it is nonetheless an important factor for many reasons. Today the diets of most families lack adequate sources of minerals and micro-elements. The minerals and nutrients in water are present as free ions and therefore more readily absorbed into our body. In food these minerals are mostly bound to other substances; therefore, are not as absorbable on a cellular level.

## **Time Bomb in a Tap**

As I stated earlier there are far too many chemicals in our tap water to address. It would be wrong to overlook the one chemical that most have embraced and allowed not just into their life but also into their body.

The drinking and bathing of chlorinated water is fast becoming a serious health problem, not only here in North America but worldwide. Adding chlorine to our water is meant to disinfect the water distribution systems and the water pipes that bring the water to our homes and businesses.

Chlorine is not used because it is safe or healthy. Chlorine is used primarily because it is the cheapest way to disinfect your water. The truth is, in the long run it is the most expensive because it will undermine your precious health.

## **Side effects of drinking and bathing in chlorinated water:**

- Dry, brittle, lusterless hair
- Dry, aging skin
- Skin rashes and irritation
- Acne
- Headache
- Premature aging
- Respiratory problems
- Tissue cell damage
- Cancer
- Cardiovascular disease

## **The Power of Your Shower**

The two major diseases for some time now, have been heart disease and cancer. Cardiovascular, or heart disease, along with an escalating incidence of bladder, colon, rectal, and breast cancer have all been linked to our continued ingestion of chlorinated tap water.

Many drink, shower, bathe and swim in chlorinated water. Since the majority of the population participates, then it must be safe. There is comfort in numbers.

The results can be very damaging when you put your health in the hands of your government, whose main concern is the bottom line. Would you go to an accountant for health advice?

Studies have shown that when you shower in hot water, the chlorine gas that is formed can be even more damaging to our body than the chlorine found in drinking water.

## **Swim at Your Own Risk**

### **SALTWATER POOLS**

But salt water pools do use chlorine - just less of it. The pool owner installs a salt generator which manufactures its own chlorine. Instead of adding chlorine directly to the pool water, salt water chlorination systems use electrolysis, which releases chlorine gas from the salt into the water. When the chlorine gas mixes with the water, it creates liquid chlorine, which then mixes with the pool water, providing the cleaning component to the system.

Salt systems are more harmful to human health than conventional chlorine, bromine or biguanide chemicals. There are healthy alternatives which will cost you less money and save your health in the long run. Never follow the herd, you will end up at the butcher (evil plot).

Healthy skin is covered in a very thin, slightly acidic film called the 'acid mantle' that is secreted from the skin's sebaceous (oil) glands. The pH of bacteria, viruses, and other chemicals are primarily alkaline in nature, so the acid mantle acts as both a physical and chemical barrier to bacteria, viruses, and other potential contaminants penetrating the skin. When we bathe with soap or swim in chlorinated water, the acid mantle is stripped away. Even when conventional lotions are applied, the skin remains too alkaline - leaving the skin and body vulnerable to invasion from harmful chemicals and pathogens.



## **Side effects of swimming in a chlorinated pool:**

- Respiratory Defects
- Neurological Dysfunction
- Cardiovascular Defects
- Skin infection / A Skin Irritant
- Eye infection
- Gastrointestinal Issues
- Kidney Cancer
- Liver infection
- Colorectal cancer

In hyper-chlorinated pools, dental enamel can become eroded because of increased levels of acidity.

## **CHILDREN AND POOLS**

Children inhale more air per unit of body weight than adults; therefore, children absorb a greater amount of toxins, relatively speaking, than older swimmers. Children with asthma who frequent chlorinated pools, in most cases, will show a worsening of this condition.

Always choose the lake first before a chlorinated or salt water pool. If you do not protect your children then who will? Definitely not our government or all their so called 'health specialists' sanctioned by them. Just because the pool is full does not make it safe. It just shows how naive we are.

## **WEAR PROTECTION**

This is no answer but if you must swim in a chlorinated pool then wear protection. Cover your skin with coconut oil to block chlorine from getting into your skin or, at least, to minimize its exposure. Apply coconut oil again after swimming. It is also better to shower at home if you have a shower purifier. Your skin is your biggest organ. I know you wouldn't knowingly poison yourself or your family.

Many of our prescription and over-the-counter drugs end up in our waterways and in the water we drink. Discarding prescription medications into the garbage sends them to our landfill systems, where these toxins are leached into the ground and in turn, these toxins find their way into our water systems. Likewise, when you flush these drugs down the toilet they also end up contaminating our water system. Since a lot of bottled water is simply tap water, you are getting a pharmacy in a bottle. Pharmaceutical drugs that were never meant to be combined together because of the toxic reaction they would create inside the body are now mixed together as a poisonous cocktail in your drinking water.

People are unknowingly having allergic reactions to an invisible culprit called 'pharmaceutical drugs' within their water. Small and constant exposure to these pharmaceutical cocktails may result in drug allergies.

## **Pharmacy in a Bottle**

Millions of people have drug allergies. Are you one of them? If so, how would you know if the unusual symptoms you have been exhibiting are due to ingesting small amounts of drugs from your bottled water?

## **TICKING TIME BOMB**

We have established that drinking bottled water from the shelf can cause serious health risks but the most serious chemical exposure comes from leaving bottled water in the hot sun. Have you ever left your bottle of water in your car on a warm day and noticed that when you took a drink, it tasted like plastic? Just know, that what you tasted was a toxic, chemical, cancer concoction.

Not only did U just get ripped off for your money while they fill their pockets in exchange for your precious health as it goes down the drain.

## **Fluoride Truths**

A recent study on children in India shows that fluoride doesn't fight cavities. Fluoride is toxic and it actually increases the risk of developing cavities, can cause a weakened immune system and accelerates aging due to cell damage. Young children exposed to fluoridated drinking water are more susceptible to developing Fluorosis. Fluorosis is the developmental disturbance of tooth enamel. It creates stains and streaks on the teeth and may cause a pitted, rough and hard to clean tooth surface.

Bottled water that originates from tap water, in most cases, is loaded with fluoride. A simple and proven remedy for the damaging effects of chlorine, fluoride and other toxic chemicals in our drinking water is the installation of a Structured Water unit. Structured Water units are an effective and inexpensive way to eliminate the negative effects of toxic chemicals in our tap and shower water. These units need no replacement filters, no electricity and have no moving parts, so they remain trouble free. Structured Water interacts with your cells.



# All Filtration is Not Created Equal

## DISTILLED WATER AND REVERSE OSMOSIS

Let me say that in my 35 years of practice I have never tried to pass these two sources of water off as being suitable for human consumption. Many health practitioners, however, are often surprised to hear me say that drinking distilled water or reverse osmosis water on a regular, daily basis is potentially dangerous... and here is why. These two water sources are not found in Nature.

Distilled and reverse osmosis water are essentially void of minerals and are acidic. Distillation is the process in which water is boiled, evaporated and the vapor condensed.

While fasting, using distilled water or reverse osmosis can be dangerous to your health because of the rapid loss of electrolytes (sodium, potassium, chloride) and trace minerals like magnesium. Deficiencies of these minerals can cause heartbeat irregularities and high blood pressure.

**Distilled Water:** When it comes in contact with air, it absorbs carbon dioxide, making it acidic. Acidosis is the root cause of all disease.

The more distilled water you drink, the more acidic you will become. Along with this comes inflammation, which leads to pain, suffering, crystallization and internal scar tissue.

Most commercial beverages that people consume are made from distilled water. Studies have consistently shown that regular consumers of soft drinks (with sugar or sugar free) spill huge amounts of calcium, magnesium and other trace minerals into their urine due to the acidic nature of these commercial beverages.

Hello, osteoporosis and hormonal imbalance. Let us not forget that these commercial beverages are the king of acidity, which equals inflammation, mutation, pain, suffering, crystallization and internal scar tissue. Hello, again 'Woody'.

The more minerals we lose, the greater the risk for: osteoporosis, osteoarthritis, calcium deposits throughout the body, hypothyroidism, coronary artery disease, high blood pressure and a list of degenerative diseases generally associated with premature aging.

**Reverse Osmosis:** To fill a 1.5-gallon container of reverse osmosis water you will waste 13.5 gallons down the drain.

Cooking foods in distilled or in reverse osmosis water pulls the minerals out of the food and lowers their nutrient content. So, don't ask yourself why 'you're dead on your feet' (zombie).

Cooking with soft water is found to cause substantial loss of all essential elements from vegetables, meat and cereals. Magnesium and calcium mineral loss can reach up to 60%, even higher losses for some other micro-elements such as copper 66%, manganese 70% and cobalt up to 86% loss. In contrast to the above, when hard water is used for cooking the loss of these elements is much lower due to the water being full of minerals.

## **ACCORDING TO THE WORLD HEALTH ORGANIZATION**

Demineralized water 'attacks distribution piping and leaches metals and other materials from the pipes and associated plumbing materials.' If it does that to pipes just think what it's doing to your internal plumbing system.

Your body contains electrolytes (e.g., potassium, sodium) in certain concentrations that are regulated by your body cells. If you drink distilled water your intestine is forced to take electrolytes from body reserves, which in turn, will deplete you of your normal electrical charge and leave you drained... like any other battery.

Drinking distilled water leads to the dilution of electrolytes within body fluids and cells. This in turn, will create an imbalance throughout the body.

### **Symptoms at the beginning of this condition include:**

- Tiredness
- Weakness
- Headaches
- More severe symptoms include muscle spasms and impaired heart rate

We know that Whole Plant Based Foods are the main source of calcium and magnesium for our bodies. So just know that if you lack Whole Plant Based Foods and drink distilled or reverse osmosis water you will increase the chance of running a deficit of these two minerals within your body.

## **Filtered Water**

One of the most common types of water purification systems used in our homes today is the carbon filter system. These filters may work for removing many harmful substances but do not remove toxic metals, harmful nitrates, sodium and fluoride that contaminate our water. Other disadvantages of the carbon filter system are that they require frequent filter replacements, may clog and can harbor mold.



## **CLOGS**

Water containing a lot of sediment can clog up your filter thereby greatly reducing the normal lifetime of the filter.

## **MOLD**

Organic substances from water may become trapped in the carbon filter. If left unused for periods of time, this creates an environment for the growth of mold.

## **pH**

Acidic water is common in many households. The minerals that cause your water to be acidic dissolve and pass through the filter, resulting in acidic water remaining acidic.

## **FILTER REPLACEMENT**

Carbon filters require frequent filter changes. To remain at peak performance this is an ongoing expense.

## **Bottled Water**

The bottled water industry really needs an enema for all the manure they pitch (fork) at the general public.

## **FACTS ABOUT BOTTLED WATER**

It takes an estimated 3 quarts of water to produce 1 quart of bottled water.

Worldwide, an estimated 2.4 million metric tons of plastic are used to bottle water each year.

## **ENVIRONMENTAL IMPACT**

Bottled water is destructive to the environment.

67 million bottles are thrown away each day.

Only 10% of bottles are recycled.

Transporting large amounts of plastic or glass bottled water requires an incredible amount of fuel for its delivery to you.

There is a lot of conflicting information surrounding bottled water, some positive, some negative. Here is the whole truth to guide you down the path towards healthier water consumption.

What is the true source of your bottled water? Approximately 40% of bottled water is simply bottled tap water. So now where are those harmful chemicals you were trying to avoid? You are still drinking them along with a list of other chemicals released from the plastic bottles. (Oops, cancer anyone?)

## **THE DANGERS OF PLASTIC**

You may not realize it, but there are serious health risks to you and your family from drinking water from plastic bottles. If you choose to drink out of plastic water bottles, then you are potentially being exposed to the following chemicals.

### **BPA (BISPHENOL A)**

BPA is commonly used to make polycarbonate plastic and epoxy resins to maintain the 'quality' of canned food and drink. If you are feeding your baby, or older child using plastic bottles or containers, you may be exposing them to harmful chemicals. You may want to change over to a glass or stainless steel container. BPA is an estrogen-mimicking chemical that has been associated with a range of serious health problems such as:

- Prostate and Breast Cancer
- Diabetes
- Obesity
- Early puberty in girls
- Learning and behavioral problems
- Fertility problems in females
- Decreased sperm count
- Altered immune system function

### **PHTHALATES**

Phthalates are widely used to make plastics like polyvinyl chloride (PVC) more flexible. These chemicals disrupt natural hormone levels and have been linked to a wide range of developmental and reproductive complications such as:

- Reduced sperm count
- Testicular atrophy or structural abnormality
- Liver Cancer

Studies have shown that exposure to high levels of phthalate in pregnant women increased the chances of their male offspring to have certain demasculinized traits and produce less testosterone.

## Vitamin Water: Just Another Unhealthy Soda

What's in a name? You fell for it. One of the biggest scams brought to us today by soda manufacturers is 'Vitamin Water'. Marketers have worked their magic to disguise this new drink as a 'health drink', and a healthy alternative to soda pop, by promoting the added benefits of vitamins and minerals (evil plot). Don't be fooled! These added vitamins and minerals don't come close to a nutritional drink.

Vitamin Water is one of the worst types of bottled water you can put into your body. These so called healthy drinks contain health damaging additives such as:

- High fructose corn syrup (causes obesity and diabetes)
- Food dyes (affect physical and emotional health)

Just like the phrase Healthcare System, Vitamin Water is also a wolf in sheep's clothes.

Buyer beware... or be dead wrong.

## Effects of Dehydration

Mild-moderate dehydration can cause:

- Dry, sticky mouth
- Sleepiness or tiredness — children are likely to be less active than usual
- Thirst
- False Hunger
- Energy Loss
- Brain Fog
- Decreased urine output
- No wet diapers for three hours for infants
- Few or no tears when crying
- Dry skin
- Headache
- Constipation
- Diarrhea
- Dizziness or lightheadedness



## Severe dehydration can cause:

- Extreme thirst
- Shriveled and dry skin that lacks elasticity
- Extreme fussiness or sleepiness in infants and children; irritability and confusion in adults
- Very dry mouth, skin and mucous membranes
- Little or no urination — any urine that is produced will be darker than normal
- Sunken eyes
- In infants, sunken fontanel — the soft spots on the top of a baby's head
- Low blood pressure
- Rapid heartbeat
- Rapid breathing
- No tears when crying
- Fever
- Pain and Inflammation
- Muscle cramps
- Insomnia
- In the most serious cases, delirium or unconsciousness

## Daily Water Consumption

You are composed of approximately 60 - 80% water. As we age that percentage of water drops but if you are drinking Structured Water, it will remain (the same) constant. This is where premature aging gets washed down the drain. Life begins and ends at the cellular level.

Many people follow the 8 by 8 rule: This is where we are told to drink 1, 8 ounce glass of water 8 times a day. For myself, I like the body weight theory: take half of your body weight, in pounds, and drink that number of ounces of water. 60% of this amount should be drunk before noon and the remaining amount before 5pm.

Example: A person of 200 pounds would drink 100 ounces before 5 pm.

## Drink It, Love It, Live It - Drink Life In

Here are long time, proven advantages of drinking water. None of these facts have been watered down.

Drink Structured Water to reduce weight safely. Water contains no calories, limits your food intake, removes by-products of fat and reduces your appetite.

If you want to look younger, drink plenty of Structured Water every day. Structured Water moisturizes your skin and helps maintain your skin's elasticity. Just from drinking Structured Water, you can say hello to glowing supple, younger looking skin that is free from toxins! Food and beverages like caffeine, chocolate, cola, tea, coffee and alcohol are dehydrating and should be limited... better still, eliminated.

Drinking Structured Water helps to fight against skin conditions such as eczema, dry skin, wrinkles, psoriasis and spots.

Since our body is made up of 80% water; drinking plenty of Structured Water is a must to help the body and mind maintain peak performance. The brain communicates with the rest of the body through the cerebrospinal fluid, which is 93% water! Notice your energy levels and your ability to think improve when U hydrate... not constipate.

Structured Water takes the toxic load and acidic waste out of the body efficiently. We must drink the amount required by our body, weight and lifestyle. When we do not drink enough Structured Water, our bodies run at a deficit when it comes to oxygen and minerals and our hearts pump much harder, due to the increase of acidity.

There is absolutely no substitute for Structured Water, whether it is tea, coffee, milk or juice. Studies have shown there is an increased chance of incurring a heart attack when you replace your needed water intake with tea, coffee, milk or juice.

Dehydration is a major cause of headaches and back pain. Taking in enough Structured Water can help reduce and prevent these symptoms. Realize before you crystallize. If you wake up stiff like 'Woody' this is a major sign that you are already dehydrated.

There are foundational rules to living a happy and healthy life. One of these is to drink enough Structured Water daily. Your life depends on it.

Structured Water plays a foundational role in strengthening and preserving your immune system. Drinking plenty of Structured Water will help fight against the flu, kidney stones, pathogen points and other ailments by promoting healthy aerobic bacteria and eliminating disease-causing anaerobic pathogens.

Let logic prevail. The more toxins/acidity you have within your body the more inflammation, degeneration, internal scar tissue formation and mutation you will experience. When you drink the proper amount of Structured Water for your body weight, each and every day, you are eliminating and greatly reducing cancer causing agents especially in the bladder and colon.

Drinking enough Structured Water throughout the day will help your body maintain a proper pH balance. The body requires a neutral pH 7 range in order to remain healthy and vibrant.

Whether you want shinier hair, younger skin, a healthier body... or all three... Structured Water is the world's best beauty elixir.

## **The Wonders of Structured Water**

The natural action of water tumbling over rocks, down waterfalls, flowing through twists and turns as it actively descends a mountain actually structures water.

Dr. Gerald Pollack, of the University of Washington, has been one of the leading researchers in this field. His work is absolutely groundbreaking because his main focus is understanding how Structured Water interacts with your cells.

He says that the water in and around your cells is absolutely vital to your health because it makes a big difference in how your cells interact with proteins, which are the building blocks of life. There is great evidence that suggests this type of water increases cellular healing, so it is quite possible that drinking Structured Water is a very important part to healing and longevity.

Cultures that drink Structured Water have been historically known to live longer and healthier. All you have to do is live at the bottom of a mountain by a fast flowing river or purchase a Structure Water Unit.

When the muscles in our bodies are aching, we tend to think that it's the muscle that's in trouble. What Dr. Pollack is saying is that it's actually the type of water and the protein around the muscle cells that are not functioning properly, creating cellular constipation that leads to an acid environment with the end result being inflammation, degeneration and yes even cellular mutation.

## **How Man Has Duplicated Nature To Produce Structured Water**

They are now able to create a highly tuned environment where water is caused to flow in specific geometrical patterns. The flows and counter flows create an environment of dynamic shear and pressure differentials that turn water into an amazing self-correcting machine. We can now duplicate nature's process within our own lives, any place, any time, when it comes to Structured Water and its life-giving properties.

Gone are the days when you need chemicals or salts, electricity, magnets, moving mechanical parts or filters (although they can be used if the need arises). With the unique and innovative technology of our Structured Water Units, you and your family are now



protected and can reap the full benefits of dynamic Structured Water, just as in nature, just as nature intended.

Structured Water devices work at the molecular level altering the structure of the water by activating and retaining the healthful benefits of minerals and life giving characteristics, while at the same time neutralizing the harmful effects.

These amazing Structured Water devices employ the vortex phenomenon, replicating the water of a river, crashing down a mountain side.

If we were a water molecule on the path through this device it would be an exhilarating roller coaster ride. We would come out refreshed and ready to perform our life-given roles. Nature does not clean the water, it allows the water to clean itself. Structured Water devices create an energy environment for water to structure itself. This gives water a lower surface tension and better hydrating properties for the body.

This unique geometric technology breaks up large low energy water molecule clusters into smaller high energy clusters. The innovative technology eliminates negative energy patterns and redefines the water's natural healthy energy pattern. Harmful effects are erased and the water is reprogrammed to do what it was meant to do: hydrate, heal and restore. Structured Water allows us to imprint, through our cellular DNA and RNA, the knowledge of its secret blueprint, which helps us to become balanced. The things that are adverse to life are pulled to the inside core of the water molecule and shielded from your body and life itself.

Everything takes less water when it is structured, about 30% less. In most people's homes there are devices that you have to constantly tend, repair and replace filters. We want you to know that there is advanced science and technology out there that is so simple and so powerful that it creates Nature's highest quality water without the worry of any future cost or maintenance. It never wears out, and has no moving parts. The water itself is the moving part; it is the machine, it is the natural action of nature. It is what brings the water to that place of being free to do what it is meant to do, which is to make life absolutely perfect.

## **Structured Water and Bridging the Gap of Agriculture**

What if changing one thing could change everything? For agriculture, it is simple. That one thing is called Structured Water.

Unlike other types of water being used in many agricultural applications, Structured Water contains no energetic toxins, it brings forward a high-oxygenated state, increases the energy and regulates and balances the soil minerals. These characteristics of Structured

Water bring forth some truly amazing results in the world of agriculture. Structured Water is the key to bridging the gap of contaminated and mineral deficient soil to create a healthier and stronger foundation for plants, animals and humans.

How does Structured Water benefit food crops? For many years, the Brix Level has been the scale of measure in the world of agriculture. This was brought forth in the 1800s, when German chemist, Adolf Brix saw the need for a way to tell when grapes were sweet enough for the picking.

An instrument known as the refractometer was developed to measure exactly where the sugar content of the grape stood on any given day. The Brix Level is now known to be an indicator of not only sugar content but nutrient content as well.

A refractometer, measures units called Brix, which is a unit representative of the sugar content of a liquid solution. One degree Brix is equal to 1 gram of sugar in 100 grams of solution. This represents the strength of the solution as a percentage by weight/mass.

True Brix measures a combination of sugar, amino acids, oils, proteins, flavonoids and minerals. Sugar is merely one of the components of Brix. A drop of the liquid from the plant juice is placed on the prism of a refractometer. Then the cover plate is closed so the liquid will spread out on the glass. As you look through the viewing end of the instrument, you see an etched scale calibrated in 0-30 or 0-32 degrees Brix.

For instance, a strawberry crop can then be graded in terms of Brix, with numbers in 4 categories: Poor, Average, Good, Excellent. Most supermarket Brix ratings are in the Poor to Average range. Crops nourished with Structured Water consistently rate in the Good to Excellent range or beyond!

In terms of a plants immune system, a high-Brix plant emits a far superior energetic electromagnetic spectrum than a low-Brix specimen. Insects are only attracted to a low-Brix range, that's why they only attack plants with the weakest emanations, meaning immune systems. As in all life, the weak become the prey - you are what you eat.

What growers need to understand is the insects serve a great purpose, they are eliminating the food that does not vibrate at the level that is needed for humans to have a healthy immune system. Eliminate the bugs and you reduce the quality of the food. A Brix reading is merely a way for us to see by proxy what insects see with their eyes.

When a plant is out of nutritional balance, internal pressures cause cellular components like simple sugars or incomplete proteins to seep (bleed) out to the surface of the leaves and stems. Just as when a shark smells blood he attacks, the same principle applies to insects. Plants are just as susceptible to systemic nutritional imbalances as humans are. Structured Water brings the plant back into the balance of nature by creating an energetic force field.

For more proof and validation read the works of Dr. Carey A. Reams' agricultural methods.

## **Farm Water Usage**

The advent of Structured Water to the farm has left more than one farmer scratching their head wondering why they didn't have to use as much water as they did in the past.

Life is all about energy and frequency. You can't have one without the other. Where there is Structured Water you have the proper balance of frequencies and energy to optimize hydration.

When you increase hydration, you decrease the volume of water needed. When farmers begin using Structured Water they find themselves standing in a field of mud surprised that the plant is fully hydrated with smaller amounts of water.

## **Experiences of Flavor and Plant Productivity**

The first time Structured Water was used to grow food, it was an agricultural breakthrough. We had no idea up until this point how good food could really taste.

## **Soil Health (Calcium Glaze)**

There are many other major breakthroughs that farmers experience when they implement the use of Structured Water. The greatest change is the effect of Structured Water on the foundation of the soil. Soil scientists have studied mineral rich soils for years. Very few have studied how Structured Water immediately frees up calcium and makes it available to the plant. All other types of water create a "calcium glaze" on the soil. Structured Water makes all minerals bioavailable to plant life. For pennies a day farmers are able to increase the nutritional value of their crops - Structured Water is Foundational.

There is a saying, 'Just Add Water and Stir.' We feel this needs to be revised to, 'Just Add Structured Water and Create a Stir!'



## **Tangerines**

For the first time we truly felt we bridged the gap; real nutrition was a reality. We tested the Brix level of tangerine juice and it checked in at a high 17.8. Good to excellent on the Brix scale.

## **Lemons**

We were able to bite right into the lemons as if they were apples. The normal strong tartness was replaced with a uniquely pleasant and sweet lemon semi-bitter flavor.

## **Grapes**

Grape farmers in Mexico were amazed that their crops were brought to harvest 2 weeks earlier than ever before. The fungal growth that normally happens on grapes never materializes once the vines were nourished with Structured Water.

The normal Brix reading for an excellent grape hits the 20 mark on a refractometer. These grapes were now checking in at 24! Structured Water literally blew the lid off the normal Brix scale.

## **Strawberries**

It was noted that Structured Water had the ability to increase strawberry plant growth from neighboring plants that received no water. Everything is frequency, everything is energy. Just as people, the weather and food can affect your energy, Structured Water can do the same thing to neighboring plants; this is called the ripple effect.

## **Tomatoes**

These pictures were taken in the garden, at the home of Mr. Laphon Puyo's where his amazing tomatoes are watered with Structured Water. He writes: I am retired close to the city of Pau, in France, and let me inform you about the results I have thanks to Structured Water. The pictures I send you are proving the results I had in my garden.

Baths feel better, pH is stabilized to 7, and I don't have to use pH reducer anymore. And these tomatoes are out of this world! The one in the bottom picture is over 2 lb. (1kg) all by itself!

## **Sprouts**

Sprout growers have also seen the amazing growth results from Structured Water. The longevity of sprouts now is much longer. This never-before-seen lasting power has people talking for days, shaking their heads, and saying, "How can these perishables stay so fresh for so long?!" Remember, Structured Water increases the frequency, thus increasing the vitality and life force for all concerned.

## **Roses**

We started out with 6-foot high rose bushes. These roses were healthy to begin with. After adding Structured Water from multiple inline structuring units, the rose garden began to truly come to life. The scent produced from the roses was now being experienced everywhere on the property. The rose bushes were now producing sturdy stems with rich, dense leaves and vibrant flowers to match, that had not been seen before.

Neighboring rose bushes paled by comparison. It was clear when we started seeing stems shooting 11 to 13 feet up in the air that there was something very real, if not magical, about Structured Water! The rose bushes now reach 8.5 to 9 feet high - How sweet it is!

## **Animal Health**

Plants are not the only ones experiencing improved health benefits from Structured Water. Improvements to animal health and production have been enhanced as well.

As we enter into the world of animal agriculture and ranching, this same Quantum Field Effect pertains to all animal studies with Structured Water as well.

Bee colonies have been observed to repeatedly fly away from their hive on a daily basis. They fly 3 feet just to arrive and drink as much Structured Water as possible. Bees are naturally in tune with how the health of Structured Water makes them a far stronger, harmonious, and more productive colony. They must be in tune, because closer water sources are available but are overlooked by the bees!

We even speculate that as beekeepers become educated in the benefits of Structured Water and the effect it has on bees, the dreaded bee colony collapse may become a thing of the past or at least significantly reduced by Structured Water's protective presence.

## **Dairy**

Dairy herds in Chandler, AZ increased and improved their production of butterfat after introducing Structured Water. The cows even began behaving differently, more cohesively.

When the drinking water for the cows was in question by the state because of bacterial levels, a Structuring Unit was placed between the source and the drinking troughs. Within 2 weeks, the water quality exceeded the state's standards and the dairy farm was permitted to remain open.

## Chickens

Chicken farms have found greater overall health and an increase in weight when they added Structured Water to the chicken's diet.

Another big insight from using Structured Water was the lowering of overall mortality rates by 50%. The death rate declined from 4,000 birds per house to 2,000 birds per barn in one recent study.

## All Animals

All animals from birds and horses to farm animals and house pets are attracted to Structured Water. When given the choice, dogs naturally choose Structured Water over chlorinated tap water. Structured Water is leading the way in the world of veterinary health.

## Farm Machinery

An interesting thing about Structured Water is that its effects are not just with the animals and plants. Even farm machinery operates more efficiently. Engine power and mileage have been shown to increase with the use of Structured Water in the motors.

Structured Water is bringing forth healthier animals and stronger crops. All we have to do now is apply Structured Water, stand back, and enjoy the results!

## Other Benefits of Structured Water

- Fresh tasting invigorating water
- Low surface tension, less than 46 dynes per cubic centimeter.
- Regulates the autonomic nervous system
- More energy and endurance
- Clarity of thought and emotions
- Faster recovery through removal of cellular toxins.
- Greater density
- Increased blood oxygenation
- Wonderful showers and baths – no chlorine smell!
- No more dry, itchy skin!
- Healthier nails, skin, hair & teeth
- Less soap necessary when washing
- Hair and skin rinse cleaner and feel better when washed.
- Healthier mother's milk for breastfeeding newborns.
- Healthier plant growth – green lawns – lower freezing point.
- Reduced chlorine requirements for spas and swimming pools.
- Reduced corrosion and deposits in pipes
- Increased longevity of all systems that use water.
- Reduces odors around water usage facilities.
- Improved growth of crops with increased biomass. (27% to 40%)



- Lower freezing point so plants can be sustained at lower temperatures.
- Removal of existing calcium and aragonite deposits.
- Solvency of the water increases profits from sales of coffee & juice.
- Healthier gardens and household plants.
- Healthier farm livestock, domestic pets and fish.
- Structured Water increases absorption of minerals, medications or any other supplement to 100%.
- Elimination of polluting salts, chemicals or corrosive by-products.
- Improved aerobic bacterial activity in septic and sewage systems.
- Structured Water is loaded with negative hydrogen ions... "Hydrogen is the fuel of life."
- Assists in the absorption of healthful vitamins and minerals to all life.
- Structured Water contributes to the solution and well-being of all.
- Structured Water is the ultimate food.
- Structured Water is the Greatest Medicine.
- Structured Water reduces the energy required for hydration.
- Structured Water is the most economical fuel and energy source.

What I have presented here is what we know, however, I am curious about what we still don't know about the amazing life-giving properties of Structured Water. Despite the fact that water is something that has no taste, we still love it! Who doesn't relish the feeling of a cool drink of water on a sweltering hot day?

## 16 Ways To Use Your Portable Structure Unit

- Run all water through Portable Structure Unit.
- Make Daily Cleansing Tea using Structured Water. You can also run your tea through the unit after it is made to enhance the energy of the Daily Cleansing Tea.
- Run all liquids through Portable Structure Unit from olive oil to nutritional drinks. Pour 2 oz. of any liquid through unit and pour back into the bottle to structure the entire liquid. Aftercare: Put unit in apple cider vinegar or run it through your dishwasher to clean thoroughly.
- Protects against hormones and antibiotics in milk, making it taste better.
- Protects against acidity in coffee making it taste smoother and shielding toxic chemicals from the body.
- Pour 2 oz. from a bottle of wine, beer or liquor through the Structure Unit and then pour the 2 oz. back into the bottle. This will structure the whole bottle, improving taste and protecting you from any toxins, sulfites and nitrates, preventing those nasty hangovers.

- Pour 1 cup of water into your bath, pool or hot tub to structure the entire body of water. (ripple effect)
- Rinse produce with Structured Water to neutralize pesticides, GMOs and petrochemical fertilizers.
- Pouring all fruit and vegetables juices through the Portable Structure Unit makes all nutritional drinks more bioavailable but protects against any toxins, giving juice a smoother taste.
- When at restaurants, put Structured Water into a spray bottle. One spray will structure an entire glass of water shielding you from toxins while increasing its hydration value.
- Using the small end of the structure unit for breathing will balance the brain and autonomic nervous system within minutes when experiencing emotional distress.
- Fill a Ziploc bag with cold Structured Water to use as a compress when you have inflammation and when you have chronic stiffness fill a Ziploc bag with hot Structured Water and apply to stiff area.
- Water all plants with Structured Water.
- Give your pets Structured Water.
- These units allow travel to any country in the world to drink and bathe with tap water.
- Pour 8 oz. of Structured Water into your radiator to reduce toxic exhaust and to improve gas mileage.





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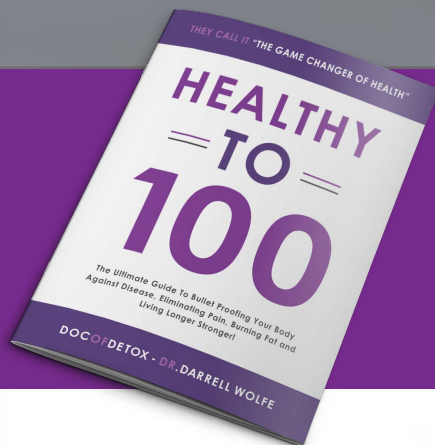
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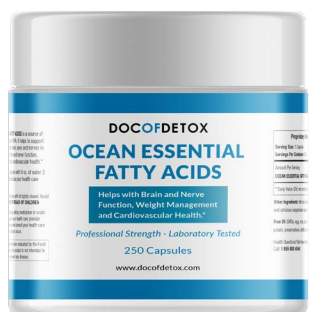
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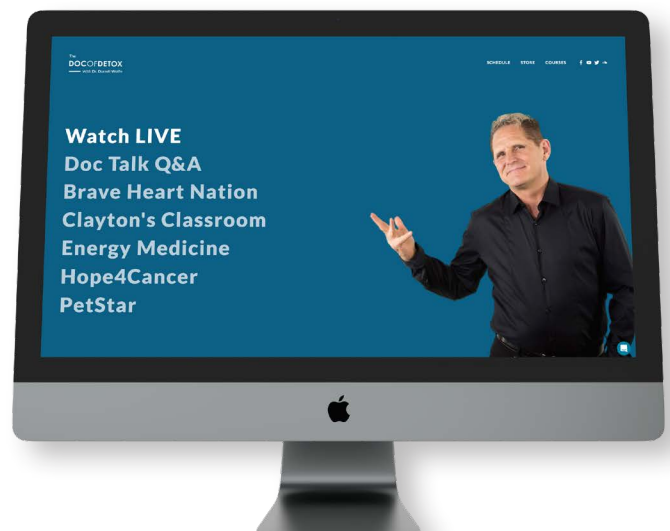
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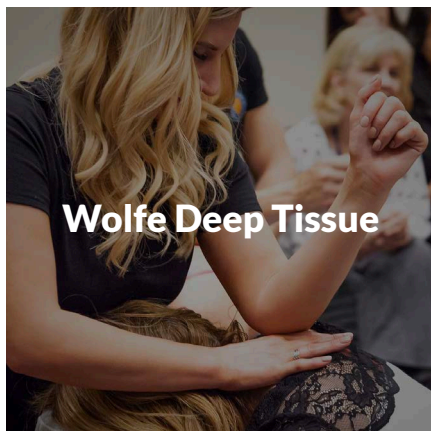
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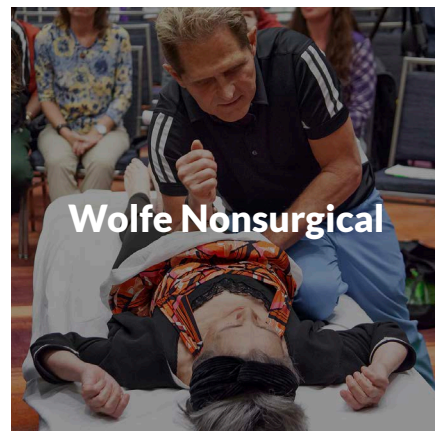
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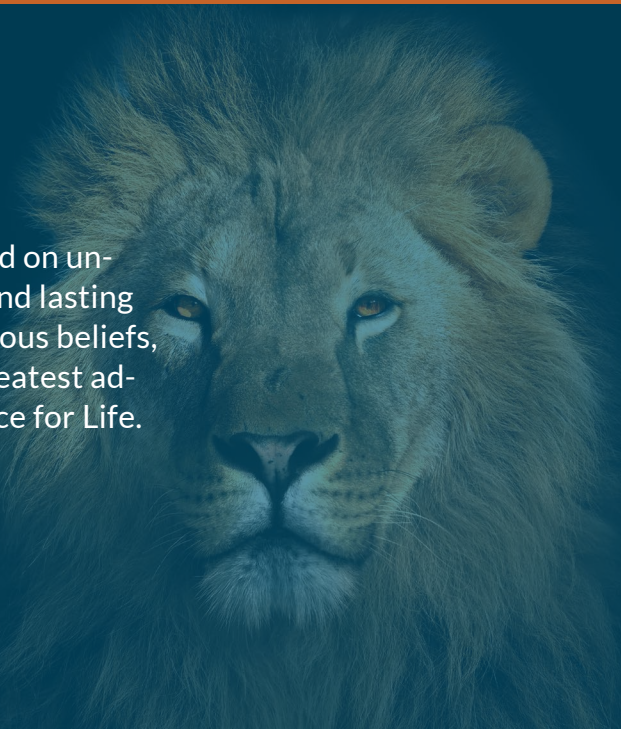
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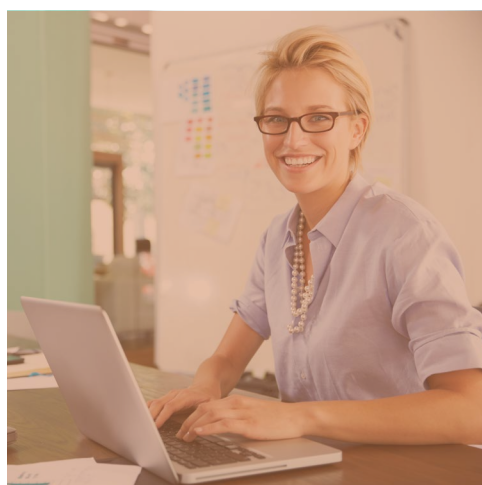
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