



## Questions For Family Circles

### Check In Questions:

- If your feelings were weather, what would your weather be today?
- Share one rose (something good), one bud (something you're looking forward to), and one thorn (something not so good).
- If your feelings were a color of the rainbow red being happy as can be and violet being as sad as can be, what would your color be today?
- If your feelings were a traffic sign what would your traffic sign be today?
- Brainstorm other ways to describe your feelings as a family.

### Round/Storytelling Questions:

- What has been your favorite part of being home?
- What has been the hardest part of being home?
- What is something you really want to do today?
- If you were an animal what type of animal would you be and why?
- If you were a superhero what would your superpower be and why?
- If you could travel anywhere in the world where would you go and why?
- If you could meet any celebrity who would it be and why?
- Create a one word story, pass the talking piece until the story is finished.
- Brainstorm other questions you can ask each other as a family

### Closing Round:

- Set an intention for the day. Today I choose...
- Offer an affirmation or compliment to the person you are passing the talking piece to.
- Share one word to describe how you feel after the circle

### Where to find Good Opening and Closing Quotes:

- [GoodReads](#)
- [BrainyQuote](#)