## BREAKFAST

Mon - Sat until 11am | Sun ALL DAY


## SIDES

avocado $+^{\$}$ 1 toast/biscuit $+^{\$} 2$ potatoes $+^{\$} 2$ eggs* ${ }^{\$} 2.5$ bacon, sausage, or ham $+{ }^{\$} 3$ mixed berries $+{ }^{\$} 3.5$

Please inform us of any dietary restrictions or allergies when placing your orde *Consuming raw or undercooked meat, poultry, seafood, shellish, or eggs may increase your risk of foodborne illness.

## DRINKS




## SANDWICHES

Mon - Sat 11am until close

CHICKEN SALAD SANDWICH
chicken salad (chicken, celery, cranberries, almonds, green onions, cream cheese, monterey jack), spring mix, tomatoes, carrots, on multigrain bread + side of chips

SMOKED TURKEY SANDWICH \$11
turkey, lettuce, red onion, tomato, cucumber, red pepper spread, on sourdough bread + side of chips

CBS (CHICKEN BACON SANDWICH)
chicken, bacon, lettuce, cheddar, onion, tomato, BBQ ranch dressing, on ciabatta + side of fries

COLD CUT
turkey, ham, roast beef, cheddar, havarti, lettuce, tomato, red onion, herb vinaigrette, mayo, dijon, on a baguette + side of chips ADD: pickles $+^{+8} .25$ | olive ${ }^{+8} .25$ | jalapeño $+^{8} .25$

## MARKET WRAP

sweet potato quinoa falafel, spring mix, tomato, red onion, feta hummus, cucumber dressing, on a tortilla + side of chio

SHATTO GRILLED CHEESE SANDWICH
tomato, arugula, havarti, on sourdough bread + side of tomato bisque ADD: bacon or ham ${ }^{\$ 1.5}$
CHEESEBURGER SLIDERS*
beef, cheddar, bacon, pickle, coffee BBQ sauce, on challah rolls + side of fries

## TOAST <br> Served ALL DAY <br> Add a fried egg* ${ }^{\text {for }}{ }^{5} 1.50$ !

## SMOKED SALMON TOAST*

smoked salmon, dill spread, capers, red onion, on multigrain bread

## AVOCADO TOAST m

avocado spread, tomatoes, feta, on multigrain bread
VERY BERRY SUNFLOWER TOAST

## SALADS + BOWLS

Mon - Sat 11am until close

Salads are served with a slice of sourdough bread, order it without to make it gluten-friendly!

WALDO COBB SALAD m ${ }^{\$ 11.5}$
mixed greens, chicken, avocado, bacon, tomato, egg, monterey jack, crouton + creamy italian dressing on the side
KALE CAESARSALAD* $\$ 11.5$
marinated kale, romaine, chicken, tomato, crouton, parmesan

+ classic caesar dressing on the side
BERRYKALESALAD © © ${ }^{\text {© }} 11$
marinated kale, mixed berries, walnut granola, quinoa + balsamic vinaigrette on the side
ADD: chicken $+^{\$} 2 \mid$ avocado ${ }^{\$ 1}$
MEDITERRANEAN CHOPPED SALAD © © 10
chopped lettuce, tomato, cucumber, red onion, kalamata olive, feta + herb vinaigrette on the side
ADD: chicken $+^{\$} 2$ | avocado ${ }^{\$} 1$
NiCe littie house salad ©
mixed greens, carrot, tomato, cucumber, red onion, crouton + choice of dressing on the side
DRESSING: creamy italian | creamy cucumber | herb vinaigrette
balsamic vinaigrette | classic ranch | caesar dressing
*All salad dressings are made with gluten-friendly ingredients. Vinaigrettes are vegan.
MAC + CHEESE BOWL
cavatappi pasta, cheddar,
ADD: chicken $+^{\$} 1 \mid$ bacon $+^{\$ 1} \mid$ ham $+^{\$ 1} \mid$ ghost pepper cheese ${ }^{+}{ }^{\$} .5$ veggies $+{ }^{*} .5 \mid$ pesto ${ }^{8} .5 \mid$ the works ${ }^{8} 4$

LEMON PEPPER QUINOA BOWL © $\$ 11.5$
warm quinoa tossed with chicken, ham, leeks, red bell pepper, carrot, red potato, arugula, parmesan cheese
ADD: fried egg* ${ }^{*}{ }^{\$ 1.50}$
PRIMAVERA CAULIFLOWER RICE BOWL © © ${ }^{\$ 11.5}$ cauliflower rice, kale, cremini mushroom, zucchini, squash, red onion, cherry tomatoes, carrots, cannellini beans, pesto ADD: chicken ${ }^{\text {s }} 2$

## KIDS MENU

Mon - Sat 11am until close
All served with fries, applesauce $+j$ juice

## CHICKENFINGERS ${ }^{\$} 6$ MAC + CHEESE ${ }^{\$} 6$

GRILLED CHEESE ${ }^{\$} 6 \quad \mathrm{~PB}+\mathrm{J}$ © 6

## SNACKS

Mon - Sat 11am until close
CHICKEN TENDERS
three hand-breaded tenders + side of fries. choice of: coffee BBQ, honey mustard, or classic ranch

> LOADED FRIES
fries, pepperjack cheese sauce, bacon, sour cream, green onion
RED PEPPER HUMMUS + PITA ©

## PASTRIES + COOKIES

## baked fresh daily!

| PASTRIES | \$3-3.9 |
| :---: | :---: |
| CROISSANTS | \$3.2-3.5 |
| DONUTS | \$2 |
| MUFFINS + SCONES | \$2.5-3 |
| COOKIES | \$2.10 |
| COFFEE CAKE | \$13.5 |
| CUPCOOKIE DOZEN | \$9.99 |

= melain's classic gluten friendly ingredients

