DBT Track Postdoctoral Fellow

Genesee Valley Psychology (GVP) is a treatment clinic that provides evidence-based treatment, supervision and training to the greater Rochester, NY area. We offer individual and group therapy services for children, adolescents and adults presenting with a range of clinical presentations and diagnoses. Our current team includes specialists who treat

- Obsessive Compulsive Disorder (OCD) via Exposure and Response Prevention (ERP)
- Trauma and Post Traumatic Stress Disorder (PTSD) via Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE)
- Borderline Personality Disorder (BPD) & difficulties with emotion dysregulation via comprehensive Dialectic Behavioral Therapy (DBT)

In October 2020, GVP was excited to announce the launch of our comprehensive Dialectical Behavior Therapy (DBT) programs serving adults and adolescents. The DBT Track Postdoctoral fellow will be a valued member of GVP’s fully adherent, comprehensive DBT Program. Previous experience in DBT is preferred but not required.

DBT-Track Fellow Responsibilities:

- Conducting individual DBT therapy and phone coaching with adults and/or teens
- Co-leading a DBT skills training group with a trained DBT therapist/supervisor
- Attending a 3-day in-house Intensive DBT Training
- Attending weekly individual supervision on DBT cases and non-DBT cases using evidence based practices (CBT, ACT, CPT, PE, etc.)
- Attending weekly group DBT-specific didactic training and group consultation
- Participating in the weekly DBT consultation team
- Collaborating on the development and implementation of research/DBT program development projects

Depending on interest and availability, the fellow may elect to receive additional training and supervision in evidence-based OCD and/or PTSD treatments. As a part of a broader GVP training program, the DBT-track fellow will also have the following general training/research opportunities:

- Supervision from diverse theoretical orientations
- Weekly individual clinical supervision
- Weekly group case consultation
- Ongoing training and practice on cultural humility and responsiveness both interpersonally on the team, as well as with patients
- Continued learning of a range of evidence-based treatments via weekly didactics and lectures
- Contribute to continued development of weekly outcome monitoring platform
- Funding for professional development activities
- Research opportunities
- Opportunities for didactic seminars and supervision of externs/practicum students
What we offer:

- Competitive salary
- Collaborative and engaged team of mental health professionals, focused on continued education of evidenced-based practices and professional growth
- Modern and stylish office with newly renovated kitchens, updated technology, open access to conference rooms, group rooms and choice of workspaces
- Generous vacation policy (5 weeks paid vacation/sick time in addition to national holidays)
- Possibility of future employment/upward mobility

The ideal candidate has:

- Prior experience conducting CBT with children, adolescents, adults and families
- Experience in DBT is desirable but not required
- Experience working with client’s presenting with PTSD/trauma exposure (not required)
- An interest in working with racially and economically diverse patient populations, and is committed to providing culturally humble care
- Experience providing supervision (not required)

All applicants must have completed their internship and successfully defended their dissertation prior to the start date. All applicants must submit paperwork for limited permit in NYS according to GVP Guidelines.

Equal Opportunity Employer: Genesee Valley Psychology is committed to a policy of equal opportunity in all of its activities, including employment decisions. We make all employment decisions based on the ability and qualifications of the individual applicant to perform the job and, as such, we do not discriminate on the basis of race, color, creed, religion, national or ethnic origin, gender, sexual orientation, gender identity or expression, age, disability, marital status, veteran status, genetic predisposition or carrier status, alienage, citizenship status, or any other legally protected category.

Applicants who identify as members of under-represented/rising groups are especially encouraged to apply.

Interested candidates should send a cover letter, CV and 2 letters of recommendation to:

Evelyn Meier Lynch, PhD
Genesee Valley Psychology
200 White Spruce, Suite 220
Rochester, NY 14623
Email: drlynch@gviproc.org

Application Deadline: January 1st, 2023