HIANN Programs to Achieve its Goals

HIANN’s mission is promulgated through its programs, events and activities targeting four main Objectives for its support:

A. Promoting Education and Public Awareness of the Needs of Brain Injury Survivors.
B. Promoting Brain Injury Prevention Programs.
C. Providing Emotional Support, Resources, and Recreation to its Members.
D. Providing Cognitive, Educational, Physical, Nutritional and Vocational Training to its Members.

All of HIANN’s programs and services are offered at no charge to its members. A majority of HIANN's programs allow members to bring caregivers and family members at no additional charge. A description of the programs that meet each of HIANN’s Objectives are listed below.

**Programs Promoting Public Education and Awareness of the Brain Injury Survivor Needs**

- Support Group Meetings in Reno, Carson City and soon in Truckee
- Inviting Community Guests to HIANN Quarterly Board of Director Meetings
- Carson High School: Student Internships
- University of Nevada: Student Internships
- University of Nevada: Providing Research Subjects for Traumatic Brain Injury (TBI) and other Acquired Brain Injury (ABI) Studies
- University of Nevada: TBI/ABI Survivor Profiles Video Taping Project
- First Baptist Church of Sparks: Presentation of HIANN Services
- Reno Police Department: Presentation of TBI Issues and HIANN Services
- Renown Medical Center: Peer Mentoring Program
- Float Participant in the Nevada Day Parade: 50,000+ Attendees and Numerous Announcements Promoting HIANN on the Parade Route

**Programs Promoting Brain Injury Prevention**

- Terry Lee Wells Children’s Museum: Bicycle Helmet Fitting and Donation
- Washoe Indian Tribe: Bicycle Helmet Fitting and Donation
- Galaxy Theatre: Bicycle Helmet Fitting and Donation
- Local Area Elementary Schools: Bicycle Helmet Fitting and Donation
- Local Area Churches: Bicycle Helmet Fitting and Donation
Programs Providing Emotional Support, Resources, and Recreation

• Summer Picnic at Sand Harbor, Lake Tahoe (100+ members attend)
• Holiday Party and Dinner (100+ members attend)
• Art Classes: Painting and Pottery with Instructors and Supplies
• Kayaking Class on Lake Tahoe
• Galaxy Theatre Movie Night with Snack Bar Gift Cards for each Survivor
• Reno Philharmonic Christmas Concert

Programs Providing Cognitive, Educational, Physical, Nutritional and Vocational Training

• Cognitive Training Classes, including Computer Tablets and Software
• Physical Fitness Classes with Professional Trainers
• Nutritional Cooking Classes at Nothing-to-It Culinary Center and The Ridge Tahoe
• Adaptive Water Sports Day at Donner Lake
• Kids & Horses Adaptive Horseback Riding Therapy
• AMBUCS Adaptive Recumbent Trike Fitting and Donations
• Adaptive Ski Program at Alpine Meadows
• Reno Philharmonic Musical Instrument Demonstrations