Introduction

1. This submission concerns the rights and welfare of girls under age 18 in the armed forces.
2. This group warrants specific consideration in the Committee's inquiry, since the risks that girls face are elevated due to their young age and may be incompatible with the special protections afforded them in law.
3. In a typical year, there are approximately 200 girls in the armed forces, of whom approximately three-quarters are in the army.

Sexual harassment and assault: Youngest face highest risk

4. A military setting carries an elevated risk to girls of sexual harassment and assault; junior ranking female personnel face the highest risk of all. In the regular army in 2018, 16 percent of women reported a ‘particularly upsetting’ experience of sexual harassment or assault in the previous 12 months, an increase from 14 percent in 2015.
5. The rate of ‘particularly upsetting’ experiences was higher among female personnel of low military rank, at 18 percent. This is equivalent to 27 of the 150 girls currently in the army having experienced a particularly upsetting experience of sexual harassment or assault in the last year.
6. The 2019 Wigston Review noted multiple military risk factors for sexual harassment and assault, such as: ‘tight-knit units that perceive themselves as “elite”; masculine cultures with low gender diversity; rank gradients; age gradients; weak or absent controls, especially after extensive operational periods; and alcohol’. Although the Review was commissioned in response to the alleged sexual assault of a female soldier aged 17, it did not discuss the impact of the military environment on the risks faced by girls in particular, or their entitlement to additional protection as children under the law.

Safety: Violence during training

7. The last decade has seen multiple recorded incidents and allegations of violent behaviour at initial army training establishments attended by the recruits from age 16. Official records reveal:
   7.1. 60 formal complaints by recruits or their parents alleging violent behaviour by instructors at the Army Foundation College (Harrogate) since 2014, of which 10 concern incidents since 2017.
7.2. The sexual assault and beasting of four recruits by other recruits at the Army Foundation College in May 2012;

7.3. Five recorded incidents of violence by instructors (battery and ill-treatment) at the Army Foundation College between 2008 and 2013; and

7.4. 16 recorded instances of assault at the former Army Technical Foundation College (Winchester), of which two concern violence by instructors against recruits, between 2008 and 2013.

7.5. As noted above, a 17-year-old girl was allegedly sexually assaulted by six soldiers at an army base in 2019.

8. We have no other information to show how many of these incidents affected girls.

**Compounding factors: Restrictive terms of service and limited access to remedies**

9. As is the case with boys under 18, girls who enlist make a legally binding commitment, before reaching the age of majority, which a civilian employer could not lawfully require of a worker of any age.

9.1. Recruits have no right to leave the armed forces in the first six weeks and thereafter may only leave subject to a notice period of up to three months.

9.2. Once they turn 18, recruits have no right to leave for a period measured in years (e.g. not until age 22 in the case of the army).

9.3. Whereas girls and women who face harassment in the civilian workplace have the option of leaving their job at will, those in the armed forces have no right to do the same.

10. The remedies available to recruits under the age of 18 who have experienced sexual harassment or assault – the Service Complaints system and the Service Police and Justice system – may be intimidating and confusing to navigate for a young person who has been the subject of traumatic harassment or other maltreatment.

10.1. The Service Complaints Ombudsperson told the Defence Committee in 2020 that she was ‘surprised that we do not get more [complaints from under-18s]’ and made clear that the system is rarely used by the age group.

10.2. Despite 60 recorded complaints of violence by staff at the Army Foundation College between 2014 and 2020, fewer than five Service Complaints were made by recruits at the base in the same period.

**Socio-economic outcomes: Impact of high trainee attrition on young recruits**

11. In common with boys, girls who enlist undergo an intensively stressful process of military training.
11.1. 30 percent of army recruits under 18 leave or are dismissed before they complete their training, which leaves them immediately out of education and employment.

11.2. The army does not track the destinations of recruits who leave during training.

Girls in the armed forces: A rights-based perspective

12. Girls in the armed forces have additional rights as children under the law, such that the Ministry of Defence is required to make girls’ best interests a primary consideration when setting policy, including on the minimum age for enlistment.

13. In particular, the Convention on the Rights of the Child requires the government ‘to protect the child from all forms of physical or mental violence, injury or abuse, neglect or negligent treatment, maltreatment or exploitation, including sexual abuse’.

14. Evidence outlined above, which shows a high rate of attrition of young recruits during training, multiple examples of violent behaviour by training instructors, and a markedly elevated risk of sexual harassment and assault, indicates the armed forces as an unsafe institution for both girls and boys under age 18, with evidence that girls face a particularly elevated risk of sexual harassment and assault, relative to both their civilian counterparts and older personnel.

15. The UN Committee on the Rights of the Child has called on the UK to raise the minimum age of enlistment to 18, together with the Children’s Commissioners of the four UK nations, the Joint Committee on Human Rights, mental health professionals, trade unions, and retired officers. As the situation stands, the UK is the only state in Europe to recruit from age 16 and one of only 16 states worldwide to do so.

Conclusion

16. Girls entering the armed forces face elevated risks that cannot be safely managed. Raising the minimum age of enlistment to 18, in line with most of the rest of the world, would add a needed layer of protection, without denying girls the opportunity to join up once they reach the age of adulthood.

17. As long as the armed forces continue to enlist under-18s, they should establish a protocol that cases of violence against this age group (including sexual harassment and assault) must be dealt with in the civilian police and justice system.

18. The Service Complaints Ombudsperson should create a specific role within their office tasked with making the Service Complaints process transparent and accessible to recruits under the age of 18.

February 2021.

References


Hansard: HC Deb, 10 June 2013, c4W.

Hansard: HC Deb, 2 December 2013, c495W.

Ibid.


The Army Terms of Service Regulations 2007 (as amended).

Ibid.


In the three-year period 2015–16 to 2017–18, the army enlisted 5,280 recruits aged under 18, of whom 1,580 (30.0%) dropped out before completing their Phase 2 training. MoD, Biannual diversity statistics, 2020, op cit; MoD, Army: Recruitment - Written question – 103588, 14 October 2020, https://questions-statements.parliament.uk/written-questions/detail/2020-10-14/103588.


CRC Article 3.
CRC Article 19.


Joint Committee on Human Rights, *Children’s rights*, 2009. This is the Committee’s most recent inquiry into children’s rights.


