In this edition:
Celebrating the International Conference of Neuropsychotherapy
Welcome to this special edition of Neuropsychotherapy!

In this edition we celebrate of our inaugural International Conference of Neuropsychotherapy held at the Education Centre and main Auditorium of the Royal Brisbane Hospital, 23-26 May 2017.

The Conference kicked off with two half day workshops:

- **The Neuroscience of Eating Disorders** by Dr Roger Mysliwiec from New Zealand (Eating Disorders Specialist and Doctor in Psychosomatic Medicine) and
- **The Brain and Pain** (myself)

We had a full Conference packed with over 50 presentations and mini-workshops. We also held our first AGM of the International Association of Clinical Neuropsychotherapy.

**KEY POINTS DISCUSSED AT THE AGM**

- **Membership**
  Our current membership stands at 664. Full members - 331; Certified Members (those who attended the 3.5 day Certification training in Neuropsychotherapy and Completed the requirements) - 203; Associate Members - 129; Student Members – 1

- **Membership fees**
  Membership fees are set at a very affordable rate of $25 (students), $50 (associate members) and $75 (full and certified members). Membership fees for 2016/2017 are new renewable at the website www.iacn.com.au

- **Interest Groups**
  We are in the process of establishing a wide range of interest groups – if you are interested in joining any of these groups, please contact Jonathan, IACN secretary, at office@iacn.com.au

- **Next Conference**
  It was decided that the next Conference will be held in Melbourne 23-25 May 2018. The Conference website is in the process of being updated. We are already more than 50% booked out for the 2018 Conference! Please fill out the form in this edition to ensure your place. Only a small deposit is needed to secure your spot.

We are delighted to announce that the 2018 Conference will be held at the Melbourne Brain Centre (main auditorium) and the Royal Melbourne Hospital (Auditorium and Conference rooms). These two facilities are across the road from each other so we will have a significant presence in Melbourne during the Conference!

**CERTIFICATE TRAINING 2017**

We have three certificate training courses scheduled for the remainder of 2017:

- Melbourne 19-22 September
- Sydney 2- 5 October
- Hawaii 16-19 October

Places are still available for all three venues.

Happy reading!

Pieter Rossouw
Editor
President IACN
Neuroscience Message 1
Pain is our most sophisticated protective device

- The development of the brain
  - Primitive - reptilian
  - Paleomammalian brain - the stress response
  - The Neomammalian brain - cognitive, emotional, behavioural control
    (Maclean 1990; Rossouw 2011)

- Pain and protection
  - Structural devices
  - Chemical responses
  - Neural wiring and ongoing activation (Hebbian principle) (Kandel, Schwartz 2013)
Thedy Valiz & Catherine Devine

Chris Pearson & Joseph Riordan

Pieter Rossouw & Roger Mysliwiec

Roger presenting pre-conference workshop on eating disorders
David Williams

Pieter Rossouw with Jenny Venter and Dirk Geldenhuys from the University of South Africa

Campbell Thompson
Conference feedback

HOW RELEVANT WAS THE CONFERENCE TO YOUR CLINICAL PRACTICE?

"The inspiration factor was so good for me. I rejoice to see the paradigm moving mountains and the implications across health sectors."

“A wonderful uniting of evidence in service of the real world work we do in many areas.”

“Best conference I’ve attended in a long time, thank you.”

“Great spread of topics. Excellent venue. A lovely friendly and supportive feel to the entire conference. I’ll be back!”

“The most relevant PD in Australia. No other PD comes close!”

“Very relevant to me and at an interpersonal level too!”

“Very motivation and inspiring to continue to apply the neuropsychotherapy model to clinical practice. There were a lot of practical applications demonstrated across various topics.”

“I am inspired to go back to my clients.”

“I deal with so many different environments and wear so many different hats that it can become overwhelming at times. At the conference a lot of practices became integrated for me with a frame of reference that makes the shifts I need to do easier and less demanding.”
Rita Princi & Peter Heath

Sue Stefanovic, Trish Wilson, Karen Ferry, Melissa Hutchinson & Lanurse Chen

Pieter Rossouw
Dionne Shnider

Libby Taylor

Roger Mysliwiec & Pieter Rossouw
Conference feedback

HOW LIKELY ARE YOU TO ATTEND THE CONFERENCE IN FUTURE?

“Absolutely!!!”

“Apart from the great content, I met some lovely people. I did not know anyone apart from one presenter. I made so many lovely connections which I will certainly nurture and maintain.”

“I will be there in 2018 and 2019!”

“Already booked for 2018!”

Ed’s note: over 100 clinicians said the same!

“Great organisation – attending was a sheer joy!”

“Best conference ever!!”
Angelo DeGioannis & Kobie Allison

Dave Williams & Karen Ferry

Jan Sky
The IACN Annual General Meeting

Claire Edwards, Bernadine Carroll & Dianne Tucker

David Collins & Pieter Rossouw
Pieter Rossouw’s opening keynote presentation

Judith Chapman

Patrisha Stratford

Tania Blomfield
Conference feedback

HOW HAPPY ARE YOU WITH THE OVERALL FUNCTION AND ORGANISATION OF THE CONFERENCE?

“Fantastic effort from the “ground crew”. The organisation and communication was wonderful. Massive effort! Massive thanks you!!”

“The team who organised the conference are amazing. I loved the healthy catering too.”

“Every aspect of the conference was perfect. It was warm and welcoming. Nothing was any trouble and all appeared to run like clockwork. There was never any confusion where to be and when for all the sessions and events.”

“My only quibble was all the concurrent presentations – so much good stuff at the same time!”

“The best conference I have ever been to, in content, talks, and connection with other professionals.”

“Such a lovely balance between being very organised and very welcoming and friendly.”

“It was fantastic to see healthy food choices on the menu.”
Dave Misso

James (our photographer) & Rita Princi

Carol Newnham

Jane Wolf
Conference feedback

WHAT ARE THE HIGHLIGHTS OF THE CONFERENCE?

“How friendly it was, great learning and feeling!”

“The passion that Pieter has for the subject is contagious and left me feeling inspired and determined.”

“How exciting to see so many exciting about neuropsychotherapy!”

“Keynote addresses, individual interactions with attendees.”

“Music, BrainGro, expressive therapies, eating disorder workshop.”

“Exposure to diverse areas of practice using neuropsychotherapy.”

“The sport stream – Neuropsychotherapy in AFL, Olympic sports – very exciting.”

“The generous sharing of high level expertise, highly relevant upskilling to enhance my clinical practice. The informative discussions with colleagues during breaks, the welcoming and friendly collegiate atmosphere, the smooth running and wide variety of topics, and most importantly the valuable expertise and scientific knowledge from Adj Prof Pieter Rossouw and his colleagues.”

“Everything – I will be in Melbourne 2018.”

“The people, the culture.”

“Conference highlights- sessions by – Pieter, Roger, Rita, George, Nigel, The art team (Claire, Bernadette, Dianne), David W, David C, Judith, Campbell, Stephen, Thedy.”

“The conference was overall very integrative and provided practical applications of neuroscience by making complex concepts easy to apply in the consulting room. It truly felt like I was part of a community with a common purpose. Amazing conference!”

“The Association AGM was awesome!”
Neuropsychotherapy Certification training, Conference & workshops 2018

Neuropsychotherapy
Recent findings in Neuroscience demonstrated the unique contribution of talking therapies to facilitate lasting changes in the brain. Neuropsychotherapy is the “language” used in the interaction between client and clinician in the process of restructuring the brain towards higher levels of functioning and well-being. It uses information from neuroscience to assist clients suffering from a wide range of biological, psychological and social challenges to apply strategies to shift unhelpful response patterns and activate patterns that enhance wellness – the shift from patterns of survival to patterns of thriving.

Certification Trainings 2018

Certified Clinical Neuropsychotherapy Practitioner Training
Continuing Professional Development Hours – 21 Hours specialised training

Brisbane 11-14 Sept 2018
Clinical Skills Dev. Service Centre (5th floor)
RBW Hospital, Herston Rd, Brisbane

Melbourne 30 Oct – 2 Nov 2018
Education Centre, Royal Melbourne Hospital, Grattan Street, Parkville

One day workshops 2018

Understanding Neurochemicals
Practical Guide for Clinicians

Brisbane 15 Nov 2018
Education Centre, RBW Hospital, Herston Rd, Brisbane

Melbourne 31 Aug 2018
Education Centre, Royal Melbourne Hospital, Grattan Street, Parkville

Sydney 25 Sept 2018
Portside Conference Centre (5th floor), 207 Kent Street, Sydney

Register online: www.mediros.com.au

About the Presenter

PROF PIETER J. ROSSOUW
MAPS, MCCPP, MQCA, MIACN

Pieter is an adjunct Professor in Brain-Based Education and research at Central Queensland University. He is also the Director of Mediros and The Neuropsychotherapy Institute – companies that focus on training and research in neurobiology and psychotherapy. To date over 20,000 professionals have attended Pieter’s trainings.

Pieter is a member of the Australian Psychological Society and the APS College of Clinical Psychologists. He was a professor in Clinical Psychology in South Africa and the Program Director of the MOC Program at the School of Psychology, University of Queensland. He also taught at universities in the USA, Holland, China, New Zealand and Canada. He was also the Clinical Director of the St John of God Health Services in Sydney. He is the current president of the International Association of Clinical Neuropsychotherapy.

He has published 10 scientific books and 80 articles and presented over 70 conference papers (many of them keynotes) at international conferences. Pieter’s recent books are: Neuropsychotherapy: Theoretical Undertakings and Clinical Applications; BrainWise Leadership (with Connie Henson); Bullying: Taking Control (with Melissa Kaya) and The Predictive 6-Factor Resilience Scale (with Jurie Rossouw). He received the UQ Dean Faculty of Behavioural Sciences commendation for excellence in teaching and provides global leadership in Neuropsychotherapy.


2nd International Conference of Neuropsychotherapy 2018

21 Continuing professional development hours

Melbourne 23-25 May 2018
Pre-Conference workshops 22 May 2018 (7 CPD Hours)

1. The Neuroscience of Violence and aggressive behaviours (1/2 day AM)
2. Wellness and capacity development – the Neuroscience of resilience (1/2 day PM)

Education Centre, Royal Melbourne Hospital, Grattan Street, Parkville

Focus streams:

- Psychopathology
- Sport
- Education
- Expressive therapies

International speakers

www.neuroconference.net
Registration Form
(you can also register online at www.mediros.com.au)

Certified Clinical Neuropsychotherapy Practitioner Training
Continuing Professional Development Hours 21 Hours specialised training

☐ Brisbane 11-14 Sept 2018
Clinical Skills Dev Service Centre (5th floor), RBW Hospital, Herston Rd, Brisbane

☐ Melbourne 30 Oct – 2 Nov 2018
Education Centre, Royal Melbourne Hospital, Grattan Street, Parkville

Pricing Is In Australian Dollars
Payments can be made in instalments
(AUD $300 will secure your place in the workshop)
Early Bird Rate (60 days prior) AUD $1,395
Standard Rate AUD $1,495
Student Rate (copy of student card required) AUD $1,350
Groups (4+ attendees per group, one payment) AUD $1,350

One day workshops 2018
Understanding Neurochemicals Practical Guide for Clinicians

☐ Brisbane 15 Nov 2018
Education Centre, RBW Hospital, Herston Rd, Brisbane

☐ Melbourne 31 Aug 2018
Education Centre, Royal Melbourne Hospital, Grattan Street, Parkville

☐ Sydney 25 Sept 2018
Portside Conference Centre (5th floor), 207 Kent Street, Sydney

Pricing Is In Australian Dollars
For each workshop Payments can be made in instalments
Early Bird Rate (60 days prior) AUD $435
Standard Rate AUD $495
Student Rate (copy of student card required) AUD $395
Groups (4+ attendees per group, one payment) AUD $395

Register: www.mediros.com.au

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Pricing Conference

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Register: www.neuroconference.net

All correspondence (workshops & conference)
Mail: Mediros (Admin), PO Box 6460, St Lucia, QLD, 4067, Australia
Phone: +61 (0)7 32177266
Fax: +61 (0)7 32943220 www.mediros.com.au

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TOTAL AMOUNT:

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Card Number:

Expiry Date: Three digits on back of card: 

Name on Card:

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