

Murrumbidgee - Primary Mental Health Care 2022/23 - 2026/27 Activity Summary View



MH-H2H - 115 - 2022-24 115 - H2H Intake and Assessment



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-H2H

Activity Number *

115

Activity Title *

2022-24 115 - H2H Intake and Assessment

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

To support Murrumbidgee residents in accessing appropriate mental health supports when they call the Head to Health national phone line. This includes the provision of information about mental health and alcohol and other drugs supports and an assessment where clinically indicated utilising the Commonwealth's Initial Assessment and Referral (IAR) tool.

Description of Activity *

Elevator Pitch: To ensure Murrumbidgee residents who call the Head to Health national phone line are supported to access appropriate mental health services.

Describe the activity

The national Head to Health phone line has been developed to support all Australians to be able to access information and supports regarding mental health concerns, this also includes information regarding alcohol and other drugs supports. This activity includes the engagement of appropriately skilled and trained workforce to provide assessments and referrals for people, utilising the Commonwealth's Initial Assessment and Referral (IAR) tool. Anyone calling the national phone line will have their needs determined and be provided with appropriate care dependent on their needs, this may be general information, links to digital mental health supports or supported to undertake the IAR assessment and be referred to an appropriate mental health service.

Outcomes: Murrumbidgee residents are connected to mental health supports through calling the Head to Health national phone line.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee PHN Health Needs Assessment 2022-2025

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
MH1 Reduction of prevalence, incidence, mortality & or morbidity high use of services in ED or hospital & identified by community consultations for mental health conditions including social isolation	47



Activity Demographics

Target Population Cohort

Murrumbidgee residents who phone the Head to Health national phone line.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

MPHN has participated in PHN mental health lead and department consultations regarding the national phone line service to ensure that residents of the Murrumbidgee region can access the service including use of the IAR-DST when required and then connecting people to local services and supports. Service design and delivery in the Murrumbidgee region has included the voice of people with lived and living experience regarding mental health, alcohol and other drugs and suicide through multiple mechanisms and in an ongoing manner. MPHN continues to work closely with MLHD to support the safe transfer of care for consumers who require a level 5 service.

Collaboration

MPHN continues to collaborate with the other PHNs regarding marketing, data and clinical oversight.

MPHN has worked with MLHD to support the warm transfer of level 5 clients to LHD acute care services and to ensure the national phone line is integrated into service offerings across the region. MPHN continues to collaborate with community, clinicians and the broader mental health, alcohol and other drugs and suicide prevention and aftercare service system, including people with lived and living experience, through groups such as MPHN Clinical Council, Community Advisory Committee, the Murrumbidgee Mental Health Drug and Alcohol Alliance and the Murrumbidgee Suicide Prevention and Aftercare Collaborative.



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2024

Service Delivery Start Date

1 July 2022

Service Delivery End Date

30 June 2024

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



MH - 101 - 2023-26 101 Psychological therapies for rural and remote, under-serviced and/or hard to reach groups



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

101

Activity Title *

2023-26 101 Psychological therapies for rural and remote, under-serviced and/or hard to reach groups

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description

Aim of Activity *

To ensure that mental health services provide a continuum of care from intake through a hub model allowing stepped care between intensity levels for people who traditionally do not engage with mental health services.

Provision of mental health services to under serviced populations in rural and remote areas as part of a stepped care model will address the needs of people who traditionally do not access services related to access issues of remoteness or rurality.

Description of Activity *

Elevator Pitch:

The provision of psychological therapies for rural and remote, under-services and hard to reach populations across the Murrumbidgee.

Description of the Service Delivery Model:

Interventions provided through this have a strong evidence base:

- Psychoeducation
- Behavioural interventions;
- Parenting/family-based interventions; and
- Cognitive Behavioural Therapy (CBT) Interventions.

Outcome:

People living across the Murrumbidgee have access to quality, affordable psychological therapies, connected within a system that facilitates stepping up and down the intensity of care as required by the client, providing the right care at the right time by the most appropriate clinician.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P29 Respond to emerging issues related to disasters (drought, bushfires, floods, pandemic)	49
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
AH2 Reduce admissions for Ab original and Torres Strait Islander people for chronic PPH including genitourinary, acute UTIs, kidney disease, digestive disease, chronic iron deficiency anaemia, acute c	41
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43



Activity Demographics

Target Population Cohort

People experiencing mental health issues who are traditionally under serviced populations including from rural and remote areas of the Murrumbidgee.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Albury	10901
Young - Yass	10106
Lower Murray	10902
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

MPHN Health Needs Assessment, Clinical Councils, Clinical Governance Committee, Community Advisory Committee, Local Health Advisory Committees. Finding of a 2018-19 external review of the MPHN stepped care model have been incorporated into the current model.

MPHN works closely with the MLHD and CMOs in the region to ensure MPHNs stepped care model commissioned services are complementary to other services commissioned and delivered across the region, informed by the mental health/AOD regional plan led by MPHN and co-developed with the Murrumbidgee MH/AOD Alliance.

Collaboration

MPHN, MLHD and other Murrumbidgee MH/AOD Alliance members continue to collaborate in the monitoring and evaluation of mental health services across the Murrumbidgee, including MPHN commissioned services. Members include CMOs, people with lived experience and carers.



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2023

Service Delivery End Date

30/06/2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 102 - 2023-26 - 102 - Child and Youth Mental Health services – Youth Enhanced



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

102

Activity Title *

2023-26 - 102 - Child and Youth Mental Health services – Youth Enhanced

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

To provide youth friendly mental health supports for children and/or young people with, or at risk of, severe and complex mental health issues, especially for young people who experience considerable disadvantage when accessing or attempting to access services

Description of Activity *

Elevator Pitch: Mental health supports for children and/or young people with, or at risk of, severe and complex mental health issues, especially for young people who experience considerable disadvantage when accessing or attempting to access services.

Describe the activity

The provision of mental health supports for children and/or young people with, or at risk of, severe and complex mental health issues, especially for young people who experience considerable disadvantage when accessing or attempting to access services.

Outcome:

Improvement in the mental health of children and/or young people with, or at risk of, severe and complex mental health issues, especially for young people who experience considerable disadvantage when accessing or attempting to access services.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43
P3 Increase specific age related services increasing life expectancy – Youth	42



Activity Demographics

Target Population Cohort

Children and/or young people with, or at risk of, severe and complex mental health issues, especially for young people who experience considerable disadvantage when accessing or attempting to access services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

Consultation at the commencement of the program was undertaken with key partners such as the Murrumbidgee Local Health District (MLHD), schools, communities, youth reference groups and key providers of youth-based services in the region. Ongoing consultation occurs with headspace centres, General Practitioners, Paediatricians and other child and youth specialists, MLHD, Community Advisory Committee, Clinical Councils, the Murrumbidgee Mental Health Drug and Alcohol Alliance, schools, communities and youth reference groups.

Collaboration

A collaborative approach to youth enhanced activity occurs with MLHD, youth enhanced services, Paediatricians and other child and youth specialists, schools, and headspace services.



Activity Milestone Details/Duration

Activity Start Date

30/12/2019

Activity End Date

29/06/2026

Service Delivery Start Date

1 July 2020

Service Delivery End Date

30 June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 103 - 2023-26 - 103 - Child and Youth Mental Health services - headspace



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

103

Activity Title *

2023-26 - 103 - Child and Youth Mental Health services - headspace

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Increase access to youth friendly mental health services, providing a range of services and early intervention strategies to address mental health issues experienced by young people in the Murrumbidgee region.

Description of Activity ***Elevator Pitch:**

Headspace offers access to holistic youth friendly mental health supports for people aged 12 to 25 including early intervention strategies to support improvement in young people's mental health and wellbeing.

Describe the activity

The core strategies of the headspace centres activity include a commitment to the central and continuous involvement of young people, their family and friends in the development and provision of care. Working with their local community, centres are committed to providing engaging, youth-friendly services that provide identification, assessment, short to medium treatment and evidence-based interventions for young people at risk of, or experiencing, mental health issues. headspace works with the local community to increase mental health literacy, reduce stigma, encourage early help-seeking and promote access to centre services. The services are developmentally and culturally appropriate and link young people to other services if required to support integrated and are coordinated according to the mental, physical and sexual healthcare needs, minimising alcohol and other drug-related harms, and promoting vocational / educational engagement needs of young people.

Headspace centres maintain strong linkages and cooperation with eheadspace which provides a youth online and telephone support service which enhances service offerings to young people

Outcome:

Improved access to youth friendly mental health services and increased mental health and wellbeing for young people in the Murrumbidgee region.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43
P3 Increase specific age related services increasing life expectancy – Youth	42



Activity Demographics

Target Population Cohort

Children and young people with, or at risk of experiencing mental health issues or mental illness.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Tumut - Tumbarumba	11302
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

Ongoing consultation occurs with headspace centres, Murrumbidgee Local Health District (MLHD), Community Advisory Committee, Clinical Councils, Murrumbidgee Mental Health Drug and Alcohol Alliance, schools, communities, and youth reference groups to ensure the service is meeting the needs of its target group.

Collaboration

Collaboration regarding headspace centres continues with youth based mental health providers including MLHDs clinical services as well as school and other youth-based programs, Community Managed Organisations, and schools throughout the region.



Activity Milestone Details/Duration

Activity Start Date

30/03/2019

Activity End Date

29/06/2026

Service Delivery Start Date

July 2019

Service Delivery End Date

30 June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 104 - 2023-26 - 104 - Services for Severe and complex mental illness



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

104

Activity Title *

2023-26 - 104 - Services for Severe and complex mental illness

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description

Aim of Activity *

To provide integrated care for the clinical and psychosocial needs of people with severe and complex mental illness whose care is appropriately managed in primary care.

Description of Activity *

Elevator Pitch:

Provide integrated care for the clinical and psychosocial needs of people with severe and complex mental illness.

Describe the activity

The delivery of clinical and psychosocial supports to people with severe and complex mental illness in an integrated way and in partnership with the Local Health District (LHD), local coordinators for the National Disability Insurance Scheme (NDIS), social care and community supports, and broader health and medical supports, including physical health care.

Outcome: Improved clinical and psychosocial outcomes for people with severe and complex mental illness.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P16 Reduction of risk factors including low exercise, high blood pressure, overweight and obesity	45
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43
P3 Increase specific age related services increasing life expectancy – Youth	42



Activity Demographics

Target Population Cohort

The program targets people aged 16 years and over who experience severe and complex mental illness whose care is appropriately managed in primary health care, who are not linked into the public system for ongoing care and support, who decline the public system, and/or who are not more suited to service delivery within the state and territory managed specialised mental health system.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Tumut - Tumbarumba	11302
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

MPHN Health Needs Assessment, Clinical Councils, Clinical Governance Committee, Community Advisory Committee and Local Health Advisory Committees. Findings of a previous external review of MPHN mental health services in a stepped care approach have been incorporated into this model.

Collaboration

Ongoing collaboration occurs between MPHN, Murrumbidgee Local Health District (MLHD) mental health and related providers to support coordination and reduce duplication of mental health supports across the region.



Activity Milestone Details/Duration

Activity Start Date

30/12/2019

Activity End Date

29/06/2026

Service Delivery Start Date

1 July 2020

Service Delivery End Date

30 June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 105 - 2022-26 - 105 - Community based suicide prevention Universal Aftercare Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

105

Activity Title *

2022-26 - 105 - Community based suicide prevention Universal Aftercare Program

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

To decrease suicide deaths and attempts by the provision of suicide prevention programs and education and training to support community members to identify and respond to people who are at risk of suicide.

Description of Activity *

Elevator Pitch:

Provision of non-clinical, assertive, and practical support following a suicide attempt or a suicidal crisis, and community-based education and training, to help identify at risk community members.

Describe the activity

Delivery of non-clinical supports, including use of the peer workforce, to people who have attempted suicide or are experiencing suicidal crisis. Services will also link people into existing health, clinical and other relevant community-based services, to ensure that people are safe and accessing holistic care.

Outcome:

People in the Murrumbidgee region have access to non-clinical supports in an integrated model to decrease risks of suicide attempts, suicidal crisis, or death by suicide.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
AH2 Reduce admissions for Ab original and Torres Strait Islander people for chronic PPH including genitourinary, acute UTIs, kidney disease, digestive disease, chronic iron deficiency anaemia, acute c	41
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43
P3 Increase specific age related services increasing life expectancy – Youth	42



Activity Demographics

Target Population Cohort

Whole of population, including people who have had a suicide attempt or experience a suicidal crisis with service delivery ensuring priority populations have access excluding Albury LGA.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Young - Yass	10106
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

MPHN Health Needs Assessment, Clinical Councils, Community Advisory Committee, Local Health Advisory Committees, MLHD, the Murrumbidgee Mental Health Drug and Alcohol Alliance (MMHDAA), consumers, carers and the community. MPHN has continued to seek feedback regarding unmet needs and service gaps for suicide prevention activities to ensure supports are meeting people's needs where possible

Collaboration

MPHN Will continue to commission suicide prevention services in primary health care.

MLHD & NGO's

Will continue to support suicide prevention services in primary health care.

Murrumbidgee Suicide Prevention and Aftercare Collaborative

Murrumbidgee Suicide Prevention and Aftercare Steering Committee

Provider

Will implement the service in primary health care



Activity Milestone Details/Duration

Activity Start Date

31/03/2019

Activity End Date

29/06/2026

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 106 - 2023-26 - 106 - Community based suicide aftercare activity



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

106

Activity Title *

2023-26 - 106 - Community based suicide aftercare activity

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To provide a safe and co-ordinated response after a suicide event or critical incident by the provision of tailored supports to address individuals, families and communities needs.

Description of Activity *

Elevator Pitch: The provision of timely and coordinated supports to impacted individuals, families and communities following a suicide event or critical incident.

Describe the activity

The provider works with first responders to provide a timely and coordinated response after a suicide event or critical incident. Supports are non-clinical and practical and involve an integrated approach by connecting impacted people to related services they require after such an event. In addition to response activity, the provider also engages with community regarding resources and supports available.

Outcome:

Murrumbidgee region residents are provided with timely and coordinated supports following a suicide event or critical incident, reducing risks of further such events occurring.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43



Activity Demographics

Target Population Cohort

Whole of population who can benefit from upskilling regarding suicide prevention and/or have been impacted by a suicide event or critical incident, ensuring access and appropriate supports for priority populations.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Albury	10901
Young - Yass	10106
Lower Murray	10902
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

MPHN Health Needs Assessment, Clinical Councils, Community Advisory Committee, Local Health Advisory Committees, MLHD, the Murrumbidgee Mental Health Drug and Alcohol Alliance, Murrumbidgee Suicide Prevention and Aftercare Collaborative and Murrumbidgee Suicide Prevention and Aftercare Steering Committee. MPHN has continued to seek feedback regarding unmet needs and service gaps for suicide prevention activities to ensure supports are meeting people's needs where possible.

Collaboration

MPHN will collaborate with the Murrumbidgee Suicide Prevention and Aftercare Collaborative, Murrumbidgee Suicide Prevention and Aftercare Steering Committee



Activity Milestone Details/Duration

Activity Start Date

30/03/2019

Activity End Date

29/06/2026

Service Delivery Start Date

September 2019

Service Delivery End Date

30 June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 108 - 2022-26 - 108 - Regional Assessment Service



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

108

Activity Title *

2022-26 - 108 - Regional Assessment Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

Aim: The provision of a central access and navigation service connecting people requiring mental health supports to a suitable service provider in a timely manner and supporting general practice in their role of providing care to patients.

Description of Activity *

Elevator Pitch: Supporting GPs to provide mental health supports to patients and connecting people to a suitable service provider in a timely manner.

Describe the activity

MPHN maintains a regional assessment service for referrals into primary mental health services through the Central Access and Navigation service. This service focus was realigned as a result of MPHNs review led by the Centre for Rural and Remote Mental Health. MPHN also provides support to GPs in the role of providing care to patients with mental health concerns and mental illness.

Outcome: People in the Murrumbidgee region have access to high quality mental health care in general practice and are assisted to navigate the mental health care system, including being connected to supports in a timely manner when required.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P13 Increase care delivery in general practice, specialists in community and allied health, improve number of dentists available	44
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
P8 Increase access to services impacted by limitations for fee-based healthcare services	43



Activity Demographics

Target Population Cohort

Residents of the Murrumbidgee region who access general practice for mental health care and/or require assistance in navigating the mental health system, including being connected to services and supports.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Albury	10901
Young - Yass	10106
Lower Murray	10902
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

Stakeholder engagement through the established mechanisms of Clinical Councils, Community Advisory Committee, the Murrumbidgee Mental Health Drug and Alcohol Alliance, general practitioners, consumers, carers, service providers and referrers will continue.

Findings of a previous external review of MPHNS mental health services in a stepped care approach have been incorporated into this model.

Collaboration

Ongoing collaboration occurs between MPHNS, Murrumbidgee Local Health District, general practice, mental health, and related service providers to support the delivery of mental health services in general practice and navigation of the mental health system.



Activity Milestone Details/Duration

Activity Start Date

31/12/2018

Activity End Date

29/06/2026

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Services within this activity area have been part of co-design activity, including the Centre for Rural and Remote Mental Health review of mental health services within a stepped care approach.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No

Funding From Other Sources - Financial Details

Funding From Other Sources - Organisational Details



MH - 109 - 2022-26 - 109 - RACH (More Choices for Longer Life)



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

109

Activity Title *

2022-26 - 109 - RACH (More Choices for Longer Life)

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Residential Aged Care

Aim of Activity *

To provide access to psychological services for older people who reside in Residential Aged Care Homes (RACHs). The activity aims to improve well-being and manage identified mental health conditions, including impacts of transitioning into aged care, and experiencing loss.

Description of Activity *

Elevator Pitch:

The provision of mental health services in Residential Aged Care Homes (RACH) delivers psychological therapies that support people with mental health needs to people living in residential aged care.

Describe the activity

The provision of mental health services in Residential Aged Care Homes (RACH), delivering psychological therapies that support people with mental health needs to people living in residential aged care. This includes residents experiencing mild depression or anxiety and those having trouble adjusting to changes or coping with loss. Mental health supports have been added as a component of a commissioned activity into RACFs that addresses frailty in older persons.

Outcomes:

- Improved quality of life for residents by addressing issues that may be impacting their overall well-being, such as managing

chronic illnesses, pain, or disability. Halt progression of frailty.

- Assist residents to cope with the emotional challenges associated with ageing, acquiring better coping skills for dealing with the challenges of ageing.
- Reduce risk of unplanned hospitalisations

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43
P5 Increase specific age related services increasing life expectancy	43



Activity Demographics

Target Population Cohort

Eligible residents of Residential Aged Care Facilities (RACFs) throughout the Murrumbidgee region.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Albury	10901
Young - Yass	10106
Lower Murray	10902
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

MPHN Health Needs Assessment, Residential Aged Care Homes, GPs, Clinical Councils, Clinical Governance Committee, Community Advisory Committee, and Local Health Advisory Committees. Findings of a previous external review of MPHN mental health services in a stepped care approach have been incorporated into this model.

MPHN works closely with Murrumbidgee Local Health District (MLHD) and Community Managed Organisations (CMOs) in the region to ensure that services delivered or commissioned by those organisations are complementary to MPHN commissioned mental health services. MPHN will continue to consult with Clinical Councils, Community Advisory Committee, the Murrumbidgee Mental Health, Drug and Alcohol Alliance and relevant services. Findings of a previous external review of MPHN mental health services in a stepped care approach have been incorporated into this model.

Collaboration

Ongoing collaboration occurs between MPHN, MLHD mental health, and aged care departments and related providers to support coordination and integration of mental health services into RACHs.



Activity Milestone Details/Duration

Activity Start Date

31/12/2018

Activity End Date

29/06/2026

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

The Centre for Rural and Remote Mental Health review of MPHN mental health services in a stepped care approach included in-reach support activity for eligible residents of Residential Aged Care Facilities (RACFs).

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH-CV19 - 113 - 2021-23 MH-113 – Initial Assessment and Referral Head to Health phone line



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

113

Activity Title *

2021-23 MH-113 – Initial Assessment and Referral Head to Health phone line

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Access to Initial Assessment and Referral (IAR)

Aim of Activity *

The aim of this activity is to ensure that anyone who phones the Head to Health pop up clinic 1800 number receives an assessment using the Initial Assessment and Referral (IAR) and is connected to local supports.

Description of Activity *

Elevator Pitch:

Using the Initial Assessment and Referral (IAR) tool to connect people to local supports.

Outcome: People requiring mental health supports receive an assessment and are connected to local supports.

Needs Assessment Priorities ***Needs Assessment**

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47



Activity Demographics

Target Population Cohort

People in the Murrumbidgee region who have mental health support needs.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

MPHN has participated in NSW PHN mental health leads consultations. MPHN has also worked closely with MLHD to ensure safe transfer of care for consumers.

Collaboration

NSW PHNs - MPHN has collaborated with the other NSW PHNs regarding marketing, data and clinical oversight.

Murrumbidgee Local Health District (MLHD) – MPHN has worked with MLHD to support the warm transfer of level 5 clients to LHD acute care services.



Activity Milestone Details/Duration

Activity Start Date

02/09/2021

Activity End Date

29/06/2023

Service Delivery Start Date

6 Sept 2021

Service Delivery End Date

30 June 2023

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a



MH - 114 - 2022-25 114 Initial Assessment and Referral Project



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

114

Activity Title *

2022-25 114 Initial Assessment and Referral Project

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

To support General Practitioners and clinicians in the primary care setting to use the Initial Assessment and Referral (IAR) Decision Support Tool to contribute to achieving nationally consistent levels of care for people presenting with mental health concerns who require supports.

Description of Activity *

Elevator Pitch: To engage with General Practitioners and clinicians in the primary care setting to undertake training and support utilisation of the Initial Assessment and Referral - Decision Support Tool (IAR-DST) to achieve nationally consistent assessment and referrals for people requiring mental health supports.

Describe the activity

MPHNs Initial Assessment and Referral Training and Support Officer (IAR TSO) will engage with General Practices and clinicians across the Murrumbidgee region to meet department set targets of GPs to be trained in the use of the IAR tool. The IAR TSO will conduct training for GPs and will also engage with Adult Mental Health Centres, Aboriginal Medical Services, Aboriginal Community Controlled Health Services, mental health commissioned providers, and other mental health service providers across the region, to offer information and training to support broad use of the IAR tool. The IAR TSO will also build relationships and provide ongoing support to the relevant identified groups as the IAR is adapted for specific priority populations. GPs who successfully complete the IAR training modules will receive the prescribed payment.

Outcomes: General Practitioners and other relevant clinicians within the Murrumbidgee region are trained in use of the IAR tool and utilise the tool to link people to the appropriate level of care, supporting national consistency of assessments and referrals.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P11 Develop general practice capacity to use evidence and data driven quality improvement to improve patient outcomes	44
P13 Increase care delivery in general practice, specialists in community and allied health, improve number of dentists available	44
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47



Activity Demographics

Target Population Cohort

GPs, Adult Mental Health Centres, Aboriginal Medical Services, Aboriginal Community Controlled Health Services, commissioned and other mental health providers.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

MPHN Clinical Councils, Consumer Advisory Council, local General Practitioners, commissioned mental health providers, and the Murrumbidgee Mental Health Drug and Alcohol Alliance.

Collaboration

The National IAR Project Manager, PHN IAR TSO network, MPHN Mental Health, Alcohol and Other Drugs GP Liaison, and MPHN Primary Care Engagement Team.



Activity Milestone Details/Duration

Activity Start Date

28/02/2022

Activity End Date

29/06/2025

Service Delivery Start Date

1 April 2022

Service Delivery End Date

30 June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 118 - 2022-26 118 Targeted Regional Initiatives - Community based suicide prevention activity



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

118

Activity Title *

2022-26 118 Targeted Regional Initiatives - Community based suicide prevention activity

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description

Aim of Activity *

To implement community-based suicide prevention activities to address gaps in the local suicide prevention system with the implementation of a dedicated suicide prevention coordinator position.

Description of Activity *

Elevator Pitch: MPHNS will invest in community-based suicide prevention activities to address gaps in local suicide prevention in a systems-based approach informed by priorities emerging from regional and priority action planning and needs assessment processes.

MPHNS will leverage existing groups such as the Murrumbidgee Suicide Prevention and Aftercare Collaborative, the Murrumbidgee Local Response Group, the Murrumbidgee Mental Health Drug and Alcohol Alliance and priority population and other relevant groups to inform activities. MPHNS work will be aligned to the National Mental Health and Suicide Prevention Agreement and the Ministry of Health to ensure activities are aligned to key policy direction and incorporate data analytics into planning processes. MPHNS will ensure the voice and needs of people who have lived and living experience of suicide are part of planned activities.

Outcomes:

- Seek to reduce the incidence and impact of suicidality within the Murrumbidgee region
- Better coordination and integration of early intervention and suicide prevention activities across the Murrumbidgee region.

- Local suicide prevention action is driven with the implementation of a dedicated suicide prevention coordinator position.
- Murrumbidgee region involvement in the implementation of the suicide prevention measures under the National Mental Health and Suicide Prevention Agreement.
- Working in partnership with community and people with lived experience to develop and implement activities to meet the needs of identified priority population groups or communities and prevent suicidal distress.
- Strengthen regional planning and address gaps in services, building community capability to prevent and respond to suicidal distress.
- Leading knowledge and information sharing about suicide prevention program delivery in Australia, using evidence to improve the effectiveness, efficiency and appropriateness of systems-based approaches to suicide prevention.
- Connection to the National Aboriginal Community Controlled Health Organisation Culture Care Connect Program.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee PHN Health Needs Assessment 2022-2025

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
MH1 Reduction of prevalence, incidence, mortality & or morbidity high use of services in ED or hospital & identified by community consultations for mental health conditions including social isolation	47



Activity Demographics

Target Population Cohort

Murrumbidgee region suicide prevention stakeholders including people with lived and living experience of suicide, service providers, first responders and community-based suicide prevention and wellbeing groups.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

MPHN will continue to consult with people with lived and living experience of suicide, the Murrumbidgee Suicide Prevention and Aftercare Collaborative, the Murrumbidgee Local Response Group, the Murrumbidgee Mental Health Drug and Alcohol Alliance, first responders, priority population and other relevant groups, Murrumbidgee Clinical Councils, Community Advisory Committee and Local Health Advisory Committees to help inform activities.

MPHNs regional response coordinator will continue to work closely with Murrumbidgee Local Health District (MLHD), Community Managed Organisations (CMOs) and community-based suicide prevention and wellbeing groups in the region to ensure that activities compliment and don't duplicate existing suicide prevention services and activities.

Collaboration

The regional response coordinator will continue to collaborate with Murrumbidgee Local Health District (MLHD), Community Managed Organisations (CMOs), community-based suicide prevention and wellbeing groups, the Murrumbidgee Suicide Prevention and Aftercare Collaborative, the Murrumbidgee Local Response Group, the Murrumbidgee Mental Health Drug and Alcohol Alliance, first responders and priority population and other relevant groups from across the region.



Activity Milestone Details/Duration

Activity Start Date

01/12/2022

Activity End Date

29/06/2026

Service Delivery Start Date

2 December 2022

Service Delivery End Date

30 June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 119 - 2022-23 MH- 119 -Wellbeing and Resilience Grants



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

119

Activity Title *

2022-23 MH- 119 -Wellbeing and Resilience Grants

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Population Health

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to strengthen social connectedness and assist flood-affected communities with their recovery process. This includes developing the capacity of the community to be prepared for any future disasters.

Description of Activity ***Elevator Pitch:**

Wellbeing and Resilience Grants are small community grants aimed at increasing the delivery of non-clinical supports in flood-affected communities and providing an opportunity for communities to choose their own response to the loss, anxiety, and distress they have experienced due to flooding.

Describe the activity

Wellbeing and Resilience Grants are small community grants aimed at increasing the delivery of non-clinical supports in flood-affected communities.

Grants will provide an opportunity for communities to choose their own response to the loss, anxiety, and distress they have experienced. The aim of these activities is to strengthen social connectedness and assist communities with the recovery process, including developing the capacity of the community and being prepared for any future disasters.

Outcomes:

Communities will have increased access to supports to address the loss, anxiety, and distress they have experienced due to flooding. The activities will result in strengthened social connectedness and capacity developed to be prepared for any future disasters.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
P29 Respond to emerging issues related to disasters (drought, bushfires, floods, pandemic)	49



Activity Demographics

Target Population Cohort

Communities from LGAs impacted by the 2022 flood events in the Murrumbidgee region including Cootamundra-Gundagai, Edward River, Lachlan, Murray River, Murrumbidgee, Narrandera, Snowy Valleys, Wagga Wagga.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

Emergency and disaster recovery support agencies are part of MPHNs regular stakeholders and will be consulted specifically regarding the mental health emergency response activity. Some examples of these agencies are The Reconstruction Authority, Red Cross, Local Government, First responders.

In addition, Murrumbidgee Local Health District (MLHD), General Practice, impacted communities, MPHN Clinical Councils, Community Advisory Committee, the Murrumbidgee Mental Health, Drug and Alcohol Alliance and Local Health Advisory Committees will also be part of consultations for this activity.

Collaboration

Ongoing collaboration will occur with emergency and disaster recovery support agencies, MLHD and Community Managed Organisations (CMOs) delivering mental health and wellbeing services to support coordination and integration of supports for people impacted by the 2022 flood events in the Murrumbidgee region.



Activity Milestone Details/Duration

Activity Start Date

31/01/2023

Activity End Date

29/06/2023

Service Delivery Start Date

01/02/2023

Service Delivery End Date

30/06/2023

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 120 - 2023-26 120 Low Intensity Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

120

Activity Title *

2023-26 120 Low Intensity Mental Health Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

To ensure that mental health services provide a continuum of care from intake through a hub model allowing stepped care between intensity levels with a focus on low intensity interventions.

Provision of low intensity mental health services as part of a stepped care model will address the needs of people with mild mental health conditions requiring less intensive mental health support.

Description of Activity *

Stepped care is an integrated mental health care system wherein consumers can move to and from services when their clinical needs change. The services differ in type and intensity to accommodate the range of needs, and in an effective system the service providers understand the options they have for referring a consumer 'up' to more intensive treatment or 'down' to less intensive treatment, other support or self-care. MPHNN will incorporate commissioning of low intensity mental health services as part of the MPHNN primary mental health stepped care model.

Prior to the implementation of the new model which has providers able to deliver interventions across the spectrum from low intensity to high intensity, MPHNN will continue to commission an existing provider to deliver low intensity mental health services.

If there are changes to the stepped care model there may be a transition period of three months.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P29 Respond to emerging issues related to disasters (drought, bushfires, floods, pandemic)	49
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43



Activity Demographics

Target Population Cohort

People experiencing life pressures, at risk of, or experiencing mild mental illness

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Albury	10901
Young - Yass	10106
Lower Murray	10902
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

MPHN Health Needs Assessment, Clinical Councils, Clinical Governance Committee, Community Advisory Committee, Local Health Advisory Committees. During 2018-19 MPHN engaged with the Centre for Rural and Remote Mental Health to review commissioned mental health care services in the Murrumbidgee region. The review focussed on assessing the existing model of mental health service delivery, synthesis of other mental health stepped care models and a workshop to inform the design of the MPHN primary mental health stepped care model.

Collaboration

MPHN previously led the review and co-design of mental health services in primary health care across the region. MLHD, service providers, people with lived experience, and carers were involved in the implementation and continue to contribute to model effectiveness review via the Murrumbidgee Mental Health Drug and Alcohol Consortium..



Activity Milestone Details/Duration

Activity Start Date

31/12/2022

Activity End Date

29/06/2026

Service Delivery Start Date

July 2023

Service Delivery End Date

June 2026

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 201 - 2022-24 - 201 - Aboriginal and Torres Strait Islander Mental Health services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

201

Activity Title *

2022-24 - 201 - Aboriginal and Torres Strait Islander Mental Health services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase access to mental health services and increase the capacity of providers to deliver culturally appropriate mental health services to Aboriginal and Torres Strait Islander people to reduce mental health issues. MPHNS will also continue to support the development of Aboriginal and Torres Strait Islander mental health workforce with initiatives including traineeships

Description of Activity ***Elevator Pitch:**

Engagement of Aboriginal Medical Services to deliver mental health supports to Aboriginal and Torres Strait Islander people

Describe the activity

Commission Aboriginal Medical Services to deliver mental health supports to Aboriginal and Torres Strait Islander people. MPHNS will also continue to support the development of Aboriginal and Torres Strait Islander mental health workforce with initiatives including traineeships.

Outcomes

Outcome 1: Increasing culturally appropriate mental health supports for Aboriginal and Torres Strait Islander people.

Outcome 2: Increasing the Aboriginal and Torres Strait Islander mental health workforce

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
P12 Reduce ED presentations and admissions for PPH	44
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
AH2 Reduce admissions for Ab original and Torres Strait Islander people for chronic PPH including genitourinary, acute UTIs, kidney disease, digestive disease, chronic iron deficiency anaemia, acute c	41
AH1 Increase respect and reduce racism and discrimination	41
P3 Increase specific age related services increasing life expectancy – Youth	42



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander people across the Murrumbidgee region.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

MPHN will leverage our relationship with the Murrumbidgee Aboriginal Health Consortium and Aboriginal Medical Services in the region to support access to culturally appropriate mental health services for Aboriginal people. MPHN will be guided by Aboriginal and Torres Strait Islander people within the above groups to ensure that Aboriginal and Torres Strait Islander people are determinants of their own health.

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Albury	10901
Young - Yass	10106
Lower Murray	10902
Lachlan Valley	10302
Tumut - Tumbarumba	11302
Upper Murray exc. Albury	10903
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

MPHN consults with the Murrumbidgee Aboriginal Health Consortium for all activities that involve Aboriginal and Torres Strait Islander people in the Murrumbidgee region. MPHN additionally consults with Aboriginal Medical Services within the region, Community Advisory Committee, Clinical Councils and the Murrumbidgee Mental Health Drug and Alcohol Alliance.

Collaboration

MPHN will continue to actively participate in the Murrumbidgee Aboriginal Health Consortium. The Aboriginal Health Consortium includes representation from Aboriginal communities, Aboriginal Land Councils, Aboriginal Medical Services, Community Managed Organisations, non government agencies and Murrumbidgee Local Health District.



Activity Milestone Details/Duration

Activity Start Date

31/03/2019

Activity End Date

29/06/2024

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2024

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH-Op - 1 - 2023-26 - 1 - Mental Health Operational



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-Op

Activity Number *

1

Activity Title *

2023-26 - 1 - Mental Health Operational

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



MH-Op - 1 - Indigenous Operational



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-Op

Activity Number *

1

Activity Title *

Indigenous Operational

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



CHHP - 300 - 2022-25 - 300 - headspace Demand Management and Enhancement Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

300

Activity Title *

2022-25 - 300 - headspace Demand Management and Enhancement Program

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aims of this activity are:

- Wait Time Reduction: address demand and wait list management at headspace services; and
- Capital Enhancement: enhance the quality of service and to improve access to services.

Description of Activity *

Elevator Pitch:

Increase access and reduce wait times at headspace centres and enhancing the quality of experience for young people accessing care through the centres.

Describe the activity

Commencing December 2022 - wait time reduction for young people who access services at headspace Wagga Wagga and capital enhancement and infrastructure works to the centre to support office relocation.

Outcomes:

Outcome 1: to improve demand management at headspace services, increase access and reduce wait times for young people aged 12 to 25 years to access high quality youth friendly mental health support;

Outcome 2: to enhance quality of experience for young people aged 12 to 25 years accessing mental health services provided through headspace.

Needs Assessment Priorities *

Needs Assessment

Murrumbidgee Primary Health Network

Priorities

Priority	Page reference
MH2 Reduction of prevalence, incidence, mortality and or morbidity and identified by community consultations for; suicide and intentional self-harm	48
MH1 Reduction of prevalence, incidence, mortality and or morbidity and high use of services in ED or hospital and identified by community consultations for; mental health conditions including social i	47
AH2 Reduce admissions for Ab original and Torres Strait Islander people for chronic PPH including genitourinary, acute UTIs, kidney disease, digestive disease, chronic iron deficiency anaemia, acute c	41
P9 Improve poor health literacy due to less education or lack of internet access	43
P8 Increase access to services impacted by limitations for fee-based healthcare services	43
P3 Increase specific age related services increasing life expectancy – Youth	42



Activity Demographics

Target Population Cohort

Young people aged 12-25

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Young - Yass	10106
Tumut - Tumbarumba	11302
Griffith - Murrumbidgee (West)	11301
Wagga Wagga	11303



Activity Consultation and Collaboration

Consultation

Consultation with headspace centres, headspace National, Murrumbidgee Local Health District (MLHD), schools, communities and the headspace youth reference groups, the Murrumbidgee Mental Health Drug and Alcohol Alliance, MPHN Community Advisory Committee, and Clinical Councils.

Collaboration

headspace services are commissioned by the MPHN but enjoy collaboration with other providers in the region for youth based mental health and related services, including headspace National, MLHD and schools throughout the region.



Activity Milestone Details/Duration

Activity Start Date

30/06/2020

Activity End Date

30/12/2025

Service Delivery Start Date

1/02/2023

Service Delivery End Date

30 June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

n/a



CHHP-Op - 2 - 2023-25 headspace Demand Management Operational



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP-Op

Activity Number *

2

Activity Title *

2023-25 headspace Demand Management Operational

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments