



ALBEMARLE REGIONAL HEALTH SERVICES
Partners in Public Health

711 Roanoke Ave. Elizabeth City, NC 27909

NEWS RELEASE

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FOR IMMEDIATE RELEASE

Contact Information:
Amy Underhill, Public Information Officer
252-338-4448
aunderhill@arhs-nc.org

**ALBEMARLE REGIONAL HEALTH SERVICES REPORTS COVID-19 RELATED
DEATH IN PASQUOTANK COUNTY**

Elizabeth City, NC - Albemarle Regional Health Services (ARHS) has received notification confirming the first death associated with COVID-19 in a Pasquotank County resident. The individual, who was over the age of 65, succumbed to complications associated with the virus. To protect the family's privacy, no further information about this patient will be released.

“It is with deep regret that we make this announcement and we extend our deepest condolences to the individual's family and friends,” states R. Battle Betts Jr., MPA, Health Director. “It is still important for our community to practice prevention measures needed to slow the spread of COVID-19, especially handwashing, sanitation, and social distancing.”

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ARHS is continuing to ask our community citizens to be mindful in practicing preventive and safety measures. These precautions include:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Practice social distancing; stay at least six feet away from others, avoid unnecessary travel, avoid handshakes, hugs and other close contact.
- Wear a cloth face covering in public when social distancing measures are hard to maintain

To slow the spread of COVID-19 and reduce the number of people infected, communities should be following the guidance set by local, state, and federal officials to reduce frequency of contact and increase physical distance between persons, thereby reducing the risks of person-to-person transmission.

For more information about COVID-19 visit these sites:

Albemarle Regional Health Services - <http://www.arhs-nc.org/> or call **252-338-WELL**

North Carolina Department of Health and Human Services - <https://www.ncdhhs.gov/>

Center for Disease Control - <https://www.cdc.gov/>

For more information, please contact Amy Underhill, ARHS Public Information Officer at 252-338-4448

or aunderhill@arhs-nc.org.

Albemarle Regional Health Services is dedicated to disease prevention and the promotion of a healthy environment to reduce morbidity, mortality, and disability through quality service, education, and advocacy.

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