



Recommended Resources on Adult Abuse

Since the mission of GRACE is to educate and empower churches to recognize, prevent and respond to abuse, the recommended resources list includes sensitive content and covers topics that range from emotionally challenging to upsetting. GRACE advises practicing self-awareness and self-care before, during, and after engaging any of the resources listed below.

Domestic Violence/Intimate Partner Violence

Why Does He Do That? by Lundy Bancroft (Berkley Books, 2002)

Helping Her Get Free by Susan Brewster (Seal Press, 2006)

Taking It Seriously: A Faith Leader's Guide to Domestic Violence by Geneece Goertzen (Cascade Books, 2024)

Is It My Fault? Hope and Healing for those Suffering Domestic Violence by Justin Holcomb & Lindsey Holcomb, with Elyse M. Fitzpatrick (Moody Publishers, 2014)

Keeping the Faith: Guidance for Christian Women Facing Abuse by Marie M. Fortune (Harper One, 1987)

No Place for Abuse: Biblical and Practical Resources to Counteract Domestic Violence by Catherine Clark Kroeger and Nancy Nason-Clark (InterVarsity Press, 2010)

Refuge from Abuse: Healing and Hope for Abused Christian Women by Nancy Nason-Clark and Catherine Clark Kroeger (InterVarsity Press, 2004)

The Verbally Abusive Relationship: How to Recognize It and How to Respond by Patricia Evans (Adams Media, 2010)

Religion and Intimate Partner Violence: Understanding Challenges and Proposing Solutions by Nancy Nason-Clark, Barbara Fisher-Townsend, Catherine Holtmann, and Stephen McMullin (Oxford, 2018)

The Cry of Tamar: Violence against Women and the Church's Response by Pamela Cooper-White (Fortress Press, 2012)

"How Should the Church Respond to Abusers?" by Diane Langberg

Available here: <https://www.dianelangberg.com/2020/01/how-should-the-church-respond-to-abusers/>

Clergy Abuse, Sexual Harassment, and Assault

The Cry of Tamar: Violence against Women and the Church's Response by Pamela Cooper-White (Fortress Press, 2012)

Redeeming Power: Understanding Authority and Abuse in the Church by Diane Langberg (Brazos Press, 2020)

Escaping the Maze of Spiritual Abuse: Creating Healthy Christian Cultures by Lisa Oakley and Justin Humphreys (SPCK, 2019)

"When Wolves Wear Shepherds' Clothing: Helping Women Survive Clergy Sexual Abuse" by Diana R. Garland *Social Work & Christianity*, Vol. 33, No. 1 (2006), 1-35

Is Nothing Sacred? by Marie M. Fortune (Wipf and Stock Publishers, 1999)

Rid Of My Disgrace: Hope And Healing For Victims Of Sexual Assault by Justin Holcomb & Lindsey Holcomb (Crossway, 2011)

Spoils of the Kingdom: Clergy Misconduct and Religious Community by Anson Shupe (University of Illinois Press, 2007)

Suffering and the Heart of God by Dr. Diane Langberg (New Growth Press, 2015)

Something's Not Right: Decoding the Hidden Tactics of Abuse and Freeing Yourself from its Power by Wade Mullen (Tyndale Momentum, 2020)

For Survivors and Understanding the Impact of Trauma

On the Threshold of Hope: Opening the Door to Hope for Survivors of Sexual Abuse by Diane Langberg (Tyndale House, 1999)

Counseling Survivors of Sexual Abuse by Diane Langberg (Xulon Press, 2003)

Suffering and the Heart of God by Dr. Diane Langberg (New Growth Press, 2015)

Keeping the Faith: Guidance for Christian Women Facing Abuse by Marie Fortune (HarperOne, 1995)

Trauma and Recovery by Judith Herman (Basic Books, 2015)

The Long Journey Home: Understanding & Ministering to the Sexually Abused: A Collaborative Address from Psychology, Theology, and Pastoral Care edited by Andrew J. Schmutzer (Wipf & Stock Publishers, 2011)

"SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach" (SAMHSA's Trauma and Justice Strategic Initiative July 2014)

Available here: <https://store.samhsa.gov/sites/default/files/d7/priv/sma14-4884.pdf>

Rape, Abuse, and Incest National Network Hotline (RAINN) 1-800-656-4673 www.rainn.org

The National Domestic Violence Hotline 1-800-799-7233 www.thehotline.org