

# Book Shelf with Natalie Walton

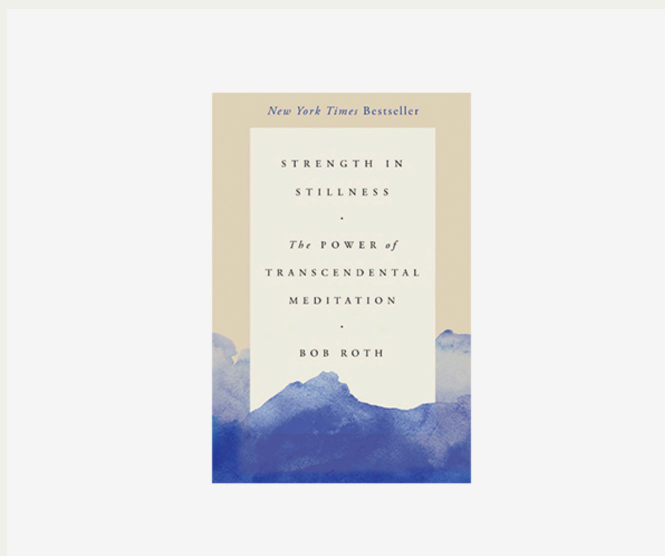


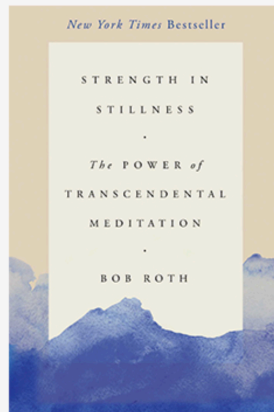
*A coffee table carefully curated with books to admire, inspire and stretch the mind is the perfect way to revitalise an otherwise blank space. We asked designer, creative director and writer Natalie Walton to reveal her favourite tomes for design lovers and creatives alike.*



***Home Is Where the Heart Is?* by Ilse Crawford (Rizzoli, 2005)**

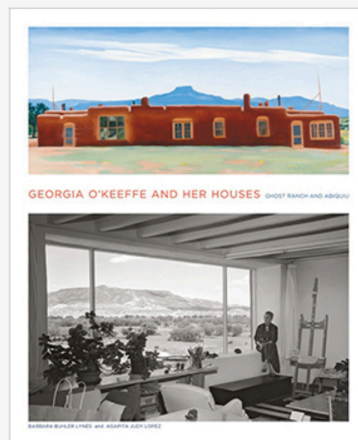
This is one of my most-thumbed books. I return to it time and time again for timeless interiors and inspiring words. Ilse Crawford is one of my design heroes, and her words were often in my mind while writing my own book.





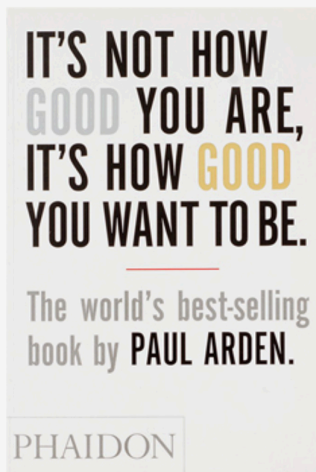
***Strength in Stillness: The Power of Transcendental Meditation* by Bob Roth  
(Simon & Schuster, 2018)**

I have a busy mind, and we live in a world that keeps on accelerating. This book came to me at just the right time, and gave me tools to slow my mind and appreciate the moment that is right before me.



***Georgia O'Keeffe and Her Houses* by Barbara Buhler Lynes and Agapita Lopez  
(Harry N. Abrams, 2012)**

I came across this book at the Art Gallery of New South Wales in Sydney after seeing some of Georgia O'Keeffe's works in an exhibition. I was taken by the interiors that she created at Ghost Ranch and Abiquiú – they are quiet yet personal and moving spaces, and I was struck by the timelessness of the homes. I am also in awe of what O'Keeffe achieved as a female artist at a time when it was not so easy to make a name, as well as a woman who was able to make her mark in a remote environment.



*It's Not How Good You Are, It's How Good You Want To Be* by Paul Arden  
(Phaidon, 2003)

I read this book at least once a year, and the start of a new year is a good time to revisit it. One of the quotes actually propelled me last year to launch styling workshops, which have transformed my working life: "Do not covet your ideas. Give away everything you know, and more will come back to you."



*This is Home: The Art of Simple Living* by Natalie Walton (Hardie Grant Books,  
2018)

It's been almost a year since my debut book was published, and it is still a thrill to see it on my coffee table and on those of others around the world – the joy of connecting with people via Instagram. I poured my heart and soul into this book, and hope that others enjoy immersing themselves in it as much as I did creating it.



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