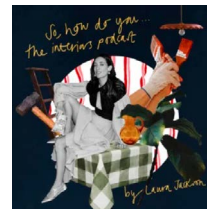


# heard mentality

Whether you're on a bus or cleaning out your wardrobe, this diverse selection of podcasts are bound by one thing: our unending obsession with them



**The Writer's Voice** Listen up! Literally. The Writer's Voice provides nothing other than captivating, fabulous short stories read by their writers. Experience the joy of storytelling in a whole new way. **The Goop Podcast** If you're eager to absorb as much wellness-centered content as Gwyneth Paltrow is willing to provide, then start listening. Culturally relevant topics with a keen spotlight on wellbeing? Swoon! **Chat 10 Looks 3** The familiar voices of journalists and friends, Leigh Sales and Annabel Crabb amusingly unpack what their reading, watching and listening to in 30 captivating minutes of "me" time. **A Well-Designed Business** Imagine an interior design business convention that you didn't have to leave your house to attend. A must-listen for anyone on their entrepreneurial journey. **Desert Island Discs** With episodes dating back to its 1942 origin as a radio show, guests share eight tracks, a book and a luxury they would take with them to a desert island. **More Than One Thing** This podcast strips back the mystique of successful creatives and their journey to success, revealing achievable steps to creating a dream life. **By The Book** A witty account of two New York women who scrupulously abide by a different self-help book each episode. This is therapy and comedy all in one. **After Work Drinks** Former magazine editors Isabelle Truman and Grace O'Neill helm analysis of fashion, news, pop culture and politics. Ten out of ten! **So, How Do You** The daunting world of interior design seems achievable after listening to Laura Jackson and her guests share their do's and don't's of creating a dream space, no matter the budget. **Imprint** Embark on a journey of creating a home you love and discover there is more to this podcast than just interior design tips. **Hit Parade** Lose time listening to pop-chart analyst Chris Molanphy explain how "that song" made it to number one. **Shameless** Hosts Michelle and Zara cover all the deliciously dirty pop-culture gossip your heart desires. **KICPOD** Steph and Laura tackle topics related to health and wellness with a strong focus on balancing life so you can feel your best. **The BOF Podcast** Boasting more than 342 episodes of intelligent and informative discussions around the fashion community, consider this an essential resource for all fashion creatives. **Still Processing** A witty and insightful breakdown of culture in all aspects, from social media to method acting. 🎧