



Flyer revised Oct 1, 2023

www.thehopeclinic.org

Get this flyer sent directly to you each month. Sign up at www.tinyURL.com/HelpHealingMonthly

FOOD + BASIC NEEDS

PANTRY APPOINTMENTS

Includes nonperishable food, as well as produce, dairy, meat, and bread as available. **You must make an appointment in advance** - eligible once a month

734-484-2989

Tues 12:30-2:30p

Wed 4-6p

Fri 9:30-11:30a

Sat 10-11:30a

FARM STAND PRODUCE

454 HARRIET ST.

Open Mon/Wed/Fri 4:00p – 6:00p

You must sign up in advance - eligible once a week

734-484-2989

WALK-UP GROCERIES

AT THE FARM STAND 454 HARRIET ST.

Nonperishable, staple items only.

No appointment needed.

Mon 9:30a - 12p

Thur 12:30-3p

Sat 11am-12:30p

GROCERY DELIVERY

Can't pick up groceries?

Please call **734.484.2989**

to arrange a delivery

HOT MEALS

Mon/Tues/Thurs/Fri/Sat./Sun.

5:00p – 6:00p

Carry-out meals are available from the Hope Dining Room entrance.

No appointment needed.

This institution is an equal opportunity provider.

DIAPER PANTRY

Need help with diapers, baby wipes, formula or baby food?

Wednesday 4-6p

Thursday 11:30a-1:30p

No appointment needed.

Eligible once every 4wk.

Please bring your child's birth certificate to first visit. Amounts change based on availability.

LAUNDRY

Mon thru Fri, 9:00 am, 12:00 pm, & 2:00 pm

To schedule a laundry appointment please

call 734.961.3124

at 9a on Fridays.

DENTAL

Appointments are scheduled

Monday–Thursday 9am – 4pm.

If you are interested in scheduling an appointment, call **734.480.9575**.

Not Currently Taking New Patients

Dental Clinic closures are possible when COVID cases are high.

DONATIONS

Donations can be dropped off in the main lobby M-F 8:30a-4:30p.

Our preferred drop-off times are:

Tues—Thurs, 8:30am-4:00pm

Plan to fill out a tax receipt at drop-off.

This helps Hope maintain our high rating with nonprofit watchdog agencies.

Medical Clinic donations

MUST BE approved first.

Call 734 .481.0111, then press 7 to leave a message.

BEHAVIORAL HEALTH + PRAYER

We can help you apply for:

Birth certificates, Supplemental Nutrition Assistance Program (SNAP), Medicaid, Washtenaw Health Plan (WHP)

We can also help you navigate health insurance options.

Free Clinical Counseling Sessions

Available for the uninsured to talk through pain, sadness, or grief that occasionally feels unmanageable.

Appointments are required for all services. Call 734.484.2989.

Appointments Monday-Friday

You can also request prayer!

MEDICAL

Please call 734.481.0111 during our open hours:

Tues and Thurs 9:00a – 4:00p

Wednesday 1:00p – 4:00p

2nd & 4th Saturdays of the month: 9:00am-Noon

Neurology and Sleep Clinics (Ypsilanti) on rotating 3rd Saturdays. Please call for

information. We cannot take walk-ins at this time. In order to keep our staff, volunteers and patients safe, we ask that patients come to their appointments alone unless they need a translator.

SIGHT

Free Vision Exam

Free Glaucoma Screening

Free or Low Cost Eyeglasses

734-436-1186

518 HARRIET STREET - YPSILANTI, MI 48197