## Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 AM–8:45 AM</td>
<td>Welcome and Introductions (Breakfast)</td>
</tr>
<tr>
<td>8:45 AM–9:00 AM</td>
<td>State Advocacy Topic Overview of Mental Health by McCall Hamilton Advocacy and Public Affairs</td>
</tr>
<tr>
<td>9:00 AM–9:45 AM</td>
<td>Mental Health Panel Discussion</td>
</tr>
<tr>
<td></td>
<td>Panelists include an adolescent pediatric specialist, a general pediatrician, and three pediatric psychiatrists. Learn more about the panelists below.</td>
</tr>
<tr>
<td>9:45 AM–11:10 AM</td>
<td>Attendees Meet with Legislators</td>
</tr>
<tr>
<td>11:15 AM–11:25 AM</td>
<td>Resident Program Group Photos on the Capitol Stairs</td>
</tr>
<tr>
<td>11:25 AM–11:55 AM</td>
<td>Legislative Meeting Debrief (Lunch)</td>
</tr>
<tr>
<td>11:55 AM–12:25 PM</td>
<td>Social Media Training and Practice by McCall Hamilton Advocacy Firm</td>
</tr>
<tr>
<td>12:25 PM–1:00 PM</td>
<td>Discussion of On-going Statewide Advocacy Work</td>
</tr>
<tr>
<td></td>
<td>Resident opportunities at the Michigan Chapter of the American Academy of Pediatrics (MIAAP)</td>
</tr>
<tr>
<td></td>
<td>Natalia Tanner Scholarship Debrief with Stacy Gorman (virtual)</td>
</tr>
</tbody>
</table>
Advocacy Day 2022
Mental Health Panel

Dr. Melissa Hendriks
Board certified child and adolescent psychiatrist with Henry Ford Health System

Dr. Sarah Mohiuddin
Child and adolescent psychiatrist and Director of the Multidisciplinary Autism Program at the University of Michigan

Dr. Lisa Lowery
Adolescent Medicine specialist and Section Chief of Adolescent Medicine at Michigan State University College of Human Medicine

Dr. Jeanette Scheid
Board certified general and child and adolescent psychiatrist and Associate Professor of Psychiatry at Michigan State University

Dr. Sathyanarayan Sudhanthar
Practicing pediatrician at Michigan State University
About Our Panelists

Melissa Hendriks, MD

Dr. Melissa Hendriks is a board certified child and adolescent psychiatrist with Henry Ford Health System. Before her career in medicine, Dr. Hendriks worked as a Speech-Language Pathologist in various settings and holds a Master's degree in Speech and Language Pathology. Dr. Hendriks earned her medical degree at Wayne State University School of Medicine in 2010. She completed her residency with Henry Ford Health System, followed by a fellowship in Child and Adolescent Psychiatry at the University of Michigan. She has held multiple leadership roles at Henry Ford Health System, where she is currently serving as Director of Pediatric Behavioral Health Integration, a program designed to provide access to mental health services through collaboration with primary care. Dr. Hendriks is the immediate past president of Michigan Council of Child and Adolescent Psychiatry.

Jeanette Scheid MD, PhD Biosketch

Dr. Scheid is a board certified general and child and adolescent psychiatrist and Associate Professor of Psychiatry at Michigan State University. She provides psychiatric treatment in partnership with children and their families in the Community Mental Health system. She has a long-standing interest in the issues faced by children and youth who have been exposed to trauma. Dr. Scheid is an active member of the American Psychiatric Association, Michigan Psychiatric Society, the American Academy of Child and Adolescent Psychiatry, where she co-chairs the Child Maltreatment and Violence Committee, the Michigan Council of Child and Adolescent Psychiatry and the Michigan Chapter, American Academy of Pediatrics.

Sathyanarayan Sudhanthar, MD

Sathyanarayan Sudhanthar, MD is a practicing Pediatrician in East Lansing, MI. Dr. Sudhanthar graduated from Michigan State University College of Human Medicine in 2005 and has been in practice for 12 years. He completed a residency at Sparrow Health System. He currently practices at Michigan State University and is affiliated with Sparrow Hospital. Dr. Sudhanthar accepts multiple insurance plans including Aetna, Medicare and Humana. Dr. Sudhanthar also practices at MSU Pediatrics & Subspecialties Clinics in East Lansing, MI. In addition to English, Dr. Sudhanthar's practice supports these languages: Vietnamese, Spanish, French and Russian.

Sarah Mohiuddin, MD

Dr. Sarah Mohiuddin is the Director of the Multidisciplinary Autism Program at the University of Michigan. She is also the training director for the Child Psychiatry Fellowship Program and Co-Director of the Behavioral Science Sequence at the University of Michigan Medical School. She is currently the President-Elect of the Michigan Chapter of Child and Adolescent Psychiatry and serves on the Medical Advisory Board for the Autism Alliance of Michigan. She has written numerous papers on Autism, ADHD, and medical education and training.

Lisa M. Lowery, MD, MPH, FAAP, FSAHM

Dr. Lisa Lowery, a Grand Rapids native received her Bachelor of Science Degree in Microbiology, with Honors from Michigan State University. Dr. Lowery received her medical degree from the University of Michigan Medical School. She completed a combined Internal Medicine and Pediatric Residency program at Spectrum Health-Butterworth Michigan State University/Grand Rapids. Dr. Lowery completed a subspecialty fellowship in Adolescent Medicine at the Johns Hopkins University in Baltimore, MD. While at the Johns Hopkins, she obtained a Master of Public Health in the Department of Population and Family Health Sciences. Dr. Lowery is the Section Chief of Adolescent Medicine and Assistant Dean for Diversity and Cultural Initiatives Michigan State University College of Human Medicine. Dr. Lowery is an Associate Program Director for the Combined Internal Medicine/Pediatrics Residency Program. She is an Associate Professor at Michigan State University College of Human Medicine Department of Pediatrics and Human Development. She is the president of the West Michigan Medical Society/National Medical Association and serves on the Urban League of West Michigan Board of Directors, the Cherry Health Foundation Board, Wedgewood Christian Services Board of Directors and Grand Rapids LGBTQ Health Consortium Board of Directors. Dr. Lowery has a servant and democratic leadership style and a passion for clinical education. She sees herself as a clinician educator around issues of adolescent medicine including eating disorders, gender affirming care and reproductive health. Additionally, her passion for diversity and inclusion, has led her to work on improving the learning and work environment for medical students and residents. Dr. Lowery is also developing faculty projects to enhance the skills and knowledge of faculty to have conversations around microaggression, unconscious bias, and allyship.
Mental and behavioral health concerns in children and in teens have been on the rise for many years.

- According to the Centers for Disease Control and Prevention (CDC), mental health conditions in youth are common, with one in five children and adolescents experiencing a mental health condition annually and 50 percent of mental illnesses beginning before age 14.
- Data shows that 50 percent of adolescents have a mental disorder in their lifetime, while 22 percent of adolescents have severe mental health impairment.
- Suicide is the second leading cause of death of youth ages ten–24 in the U.S. and rates have been rising for decades, with a 60 percent increase occurring between 2007 and 2018.

The COVID-19 pandemic is exacerbating the existing mental health crisis.

- Rates of anxiety, depression, and posttraumatic symptoms among children are higher during the pandemic, especially among children of color.
- A recent study conducted by the U.S. Department of Health and Human Services found that from 2016–2020, the number of children ages three to 17 years diagnosed with anxiety grew by 29 percent and those with depression by 27 percent.
- As of July 2021, nearly 140,000 children in the U.S. lost a primary caregiver to COVID-19. Black youth experienced the highest rates of loss.
- According to the CDC, between March and October 2020, emergency department visits for children with mental health emergencies rose by 24 percent (ages five–11) and by 31 percent (ages 12–17).
- In June, the CDC reported a 51 percent rise in suspected suicide attempts among girls ages 12–17 from February 2021 to March 2021 compared to the same time period in 2019.

Too many children are not receiving the mental and behavioral health services that they need.

- Due to a range of barriers—including persistent stigma associated with mental health conditions, lacking or limited coverage for mental health treatment, and severe shortages of pediatric mental health professionals across disciplines—many children and adolescents have difficulty accessing needed mental health services and supports.
- Approximately 10 percent of U.S. children and adolescents ages three to 17 years received mental health services from a mental health professional in the past year, and approximately 25 percent of adolescents ages 12–17 years reported receiving mental health services in the past year.
- Increased demand for inpatient pediatric mental health services has left far too many children and adolescents boarding in emergency departments awaiting placement for appropriate care.
- Currently, only 20 percent of children who have a mental, emotional, or behavioral health disorder receive care from a specialist. Barriers that prevent pediatricians from providing mental healthcare must be addressed.

1 Citations available upon request.
What Should Be Done?

Legislative Asks from the 2022 Blueprint for Children

- Expand mental health services and capacity in both inpatient and outpatient settings and include both trauma-informed care and evidence-based suicide prevention standards
- Increase capacity, training and compensation for trauma-informed and socioemotional care providers with emphasis on parent training for children ages zero to three years
- Promote integrated behavioral health in primary care pediatric practices with embedded mental health providers by enhancing reimbursement for these services and support to providers through consultation programs such as the Michigan Child Collaborative Care program (MC3)
- Expand home-based and wrap-around services for all children with serious mental health concerns regardless of payer (currently limited only to Community Mental Health (CMH) eligible children)
- Fully fund CMH centers
- Promote timely seamless access to assessment and comprehensive treatment for Autism Spectrum Disorders that is equitable across payers
- Promote statewide suicide prevention standards for evidence-based screening, risk assessment, and safety planning for emergency departments, medical inpatient pediatric patients, and for pediatric outpatients
- Support legislation to allow suicide death review team information sharing mirroring Fetal Infant Mortality Review (FIMR)
- Support coverage of substance abuse services for parents and teens struggling with opioid addiction and other substances of abuse, addiction, and dependency
  - Support care of infants with neonatal abstinence syndrome
- Support recruitment, training, and retention of more child psychiatrists to the state

Budgetary Asks Related to the Governor’s Recommendations

1. **Promote integrated behavioral health in primary care pediatric practices with embedded mental health providers by enhancing reimbursement for these services and support to providers through consultation programs such as MC3.**

   The governor’s recommendation included $5 million to expand specialized service for children with severe mental health needs through MC3. Expanded funding supports school-based mental health personnel access to professional development and same-day consultation with behavioral health clinicians to respond to complex student mental health needs.

2. **Promote statewide suicide prevention standards for evidence-based screening, risk assessment, and safety planning for emergency departments, medical inpatient pediatric patients, and for pediatric outpatients.**

   The governor’s recommendation includes $25 million for universal mental health screenings and screening tools to make referrals, support care management and coordination, and provide virtual visits that would be made available to all districts.

   The governor’s recommendation also included $150 million for Transforming Research into Action to Improve the Lives of Students (TRAILS) programs.

3. **Support recruitment, training, and retention of more child psychiatrists to the state. MIAAP is asking for continued support for the Michigan State Loan Repayment Program and expansion to behavioral health practitioners.**

   The governor proposed $25 million to expand the Michigan State Loan Repayment Program to behavioral health practitioners working in federally designated health professional shortage areas (HPSA). Previously funded through the FY 22, the supplemental included $135 million for a one-year bonus payment to 1,000 state psychiatric hospital direct care staff and 50,000 community behavioral health workers and direct care workers.
## Legislation Overview

### Michigan Mental Health Legislation

<table>
<thead>
<tr>
<th>Current Law</th>
<th>Governor’s Recommendation</th>
<th>House Recommendation</th>
<th>Senate Recommendation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sec. 31p: Appropriated $5,400,000 to School Aid Fund (SAF) for FY 2020–21 for grants to intermediate school districts to implement a TRAILS program to improve youth access to evidence-based mental health services.</td>
<td>$150 million to offer training for teachers in partnership with TRAILS.</td>
<td>Repeals Section. No appropriation.</td>
<td>Appropriates $10.0 million for TRAILS for FY 2022–23. Maintain existing language.</td>
</tr>
<tr>
<td>Sec. 31n School Mental Health and Support Services</td>
<td>New $25 million to give every school free access to quality mental health screeners.</td>
<td>Not included. No appropriation.</td>
<td>Not included. No appropriation.</td>
</tr>
<tr>
<td>(1) Appropriates $240,000,000 SAF for FY 2021–22 for districts to increase the number of school psychologists, school social workers, school counselors, and school nurses.</td>
<td>Additional $120 million to hire more school-based mental health professionals.</td>
<td>Does not provide a new appropriation for FY 2022–23 but does not repeal current language and $240M.</td>
<td>Does not provide a new appropriation for FY 2022–23 but does not repeal current language and $240M.</td>
</tr>
</tbody>
</table>

### Other Bills Related to Child Health

- (HB 4983–4984) Child Safety Seats
- (HB 4970) Seizure Safe Schools
- (HB 4878) Tobacco 21
- (HB 572–577) Tobacco Retail Licensure
- (HB 5677-5658) Gun Safety
- (SB 191) Mental Health Scope of Practice

For more information about current bills and the legislative process, scan the QR code!
Thank You for Joining Us at Our 2022 Advocacy Day!

To ensure the continued support of your efforts and pediatric mental health, please complete the following post-Advocacy Day checklist!

- Email legislators and staff a thank you note and any information you promised to send.
- Continue to foster relationships with your local lawmakers in your community by attending coffee hours and local town halls or work with MIAAP to host a legislator visit.
- Share your thoughts on Advocacy Day using the evaluation survey link or QR code below!

https://www.surveymonkey.com/r/7PNS6WF