MENTAL HEALTH FACT SHEET

1 IN 5 YOUTH
Mental health conditions are on the rise, with 1 in 5 children experiencing a mental health condition annually and 50% of mental illnesses beginning before age 14.

60% INCREASE
Suicide is the second leading cause of death of youth ages 10-24 in the U.S. and rates have been rising for decades, with a 60% increase from 2007-2018.

COVID-19
The pandemic has exacerbated the mental health crisis, especially among children of color. The number of children ages 3-17 years diagnosed with anxiety grew by 29% and those with depression by 27%.

NEED FOR MENTAL HEALTH SERVICES

Increased demand for inpatient pediatric mental health services has left many children and adolescents boarded in Emergency Departments awaiting placement for appropriate care.

Currently, only 20% of children who have a mental, behavioral, or emotional health disorder receive care from a specialist.

Barriers include persistent stigma, limited coverage for mental health services, and shortages of pediatric mental health professionals.

IT'S TIME TO TAKE ACTION

- Expand mental health services and capacity in both inpatient and outpatient settings
- Increase capacity, training, and compensation for trauma-informed care providers
- Promote statewide suicide prevention standards
- Fully fund CMH centers

- Promote integrated behavioral health with embedded mental health providers by enhancing reimbursement and support to providers through programs such as MC3.
- Support, recruitment, training, and retention of more child psychiatrists to the state.

For more information, contact the Michigan Chapter American Academy of Pediatrics at: miaap.org
(517) 484-3013
Sierra Cameron at: sierra.cameron@miaap.org