Ballet Beyond Barriers

Ballet Royale Minnesota’s Ballet Beyond Barriers: Adaptive Dance Program is an inclusion program designed for children of all abilities and needs. It is ideal for both girls and boys who are interested in exploring a new way of movement through dance, and will focus on rhythm, musicality, and gross motor skills, while pushing the barriers of the child’s everyday capabilities. All multi-week sessions are led by a ballet instructor, along with a secondary instructor and live music. Multi-week sessions will culminate in an in-studio class demonstration for families.

*If your child has a CSG grant or CDCS waiver, Ballet Beyond Barriers may be added into your budget.

6 Week Fall Semester Classes:

Age Range: 6-13 years old (limited class size) Time Investment: 1 hr./ week
Dates: 10/14/23–11/18/23

Class Day/Time: Saturdays, 4:15–5:15pm (First class begins Saturday, October 14)
Cost: $196
Includes: In-studio showcase/class demonstration for families.

Dress Code: Please have your dancer wear the dress code they are most comfortable in.

Girls: Comfortable clothes and socks or shoes, or solid-colored leotard, tights, leather ballet slippers, ballet skirt, and hair gently pulled-back ponytail or bun.
Boys: Comfortable clothes and socks or shoes, or White tucked-in t-shirt, black shorts or sweat pants, white socks, and black or white ballet slippers.