June 19, 2018

Lifting Up Westchester and St. John’s Riverside Hospital host inaugural Heath Screening Fair for 65 County residents in need.

WHITE PLAINS – Lifting Up Westchester (LUW), provider of poverty and homeless services in Westchester County, partnered with St. John’s Riverside Hospital to host its first annual health screening fair for local residents in need on Wednesday, June 13, 2018. The health fair was held at Grace’s Kitchen, LUW’s soup kitchen located at 33 Church St. in White Plains.

Grace’s Kitchen, the largest soup kitchen in White Plains, is usually busy at lunchtime, serving an average of 60-100 individuals each weekday, but on Wednesday, guests were treated to more than a meal. They also had the opportunity to meet with medical professionals, participate in health screenings and learn more about what resources are available to them.

Invitations to the fair were also extended to members of the local community as well as residents of LUW’s two homeless shelters, Open Arms Men’s Shelter and Samaritan House Women’s Shelter. A total of 65 individuals participated.

Stations at the health fair manned by first year residents included: nutritional, skin, and cognitive behavior assessments, blood pressure and hyperglycemia checks, and sleep history analysis for mood disorder. Participants were provided with the names of local doctors who accept Medicare in order to receive any follow up treatment required.

In addition to the screenings, participants received care packages filled with basic necessities such as socks, toothbrushes and food packages generously donated by the Rotary Club of Hartsdale-Greenburgh and bottles of olive oil from Oiladi.

“We are delighted to work with Lifting Up Westchester and have our medical residents participate in such a meaningful event,” said Denise Mananas, St. John’s Riverside Hospital’s Senior Director of Marketing & Public Relations. “As the first community hospital in Westchester, we try to honor our mission of service to the community by educating and providing resources that will improve the health and well-being of all who live and work in
We wanted to host this event to help bring resources directly to the community we serve because many visitors to our soup kitchen do not have regular access to medical professionals. We are grateful to St. John's Riverside Hospital for their willingness to participate in this event and look forward to hosting other health fairs in the future,” said Anahaita Kotval, Executive Director of Lifting Up Westchester.

If you are interested in partnering with Lifting Up Westchester, please contact Chris Schwartz, Director of Development of Lifting Up Westchester at (914) 949-3098 ext. 9737 or CSchwartz@LiftingUpWestchester.org.

About Lifting Up Westchester

Lifting Up Westchester (www.liftingupwestchester.org) is a 501 (c )(3) organization whose mission is to restore hope to Westchester County’s men, women and children in need by providing them with food, shelter and support- lifting them to greater self-sufficiency with dignity and respect. It is one of the largest social services agencies in Westchester County and has been fulfilling its mission since 1979 through the operation of eight community-based programs. The agency serves 3,500 men, women and children each year providing almost 100,000 meals to the hungry and 20,000 nights of shelter to the homeless.

For more information about Lifting Up Westchester, visit www.liftingupwestchester.org or contact Chris Schwartz at cschwartz@liftingupwestchester.org or (914) 949-3098.

About St. John’s Riverside Hospital

St. John’s Riverside Hospital has been an integral part of its community since 1869 and its commitment to providing the most advanced medical services available continues to be part of St. John’s vision, mission and values. St. John’s built itself around an early foundation of nursing and community service. In 1894, the Cochran School of Nursing, the oldest hospital-based school of nursing in the metropolitan area, was founded, making the St. John’s Nursing staff the backbone of the hospital. Approximately 400 physicians, representing almost every medical and surgical specialty, choose St. John’s for their patients’ care. St. John’s is a 4-campus health system that includes St. John’s Andrus, Dobbs Ferry, ParkCare and Boyce Thompson Pavilions. Please visit us on the web at RiversideHealth.org and on Facebook.