**OUR MISSION** is to enrich the lives of people affected by Alzheimer's disease and related conditions by providing safe and nurturing intergenerational services and support.

**OUR VISION** is to create a culture that respects, protects, and values people with Alzheimer's disease and related dementia.
MESSAGE FROM OUR PRESIDENT AND EXECUTIVE DIRECTOR

Dear Friends,

We are pleased to share with you our accomplishments, highlights, and the personal stories of our clients and volunteers from this past year.

RRAD continues to make significant progress in expanding and improving the services we provide and has laid the foundation for a number of exciting changes in the upcoming fiscal year. The interior of the building will be renovated, floors and furnishings replaced, and walls painted. The introduction of a new online platform will streamline communication between our staff and allow caregivers to digitally access and contribute to the latest information regarding the care of their loved one. These enhancements will allow us to continue to provide quality, person-centered care and grow our organization.

Our commitment to respectfully and compassionately serving those individuals living with and affected by dementia is unwavering and would not be possible without the generosity of our supporters, the tireless dedication of our staff and board members, and the hard work of our volunteers. We are strengthened by your passion. Thank you for for your continued partnership in our journey to fulfill our shared vision.

Sincerely,

Maria Nicolacoudis
Executive Director

Marcos Herrera
Board President
"The programs, the staff, and everything at the AAC exceeded our expectations. My dad thoroughly enjoyed every minute he spent at the AAC. The benefits to his dignity and sense of independence are priceless."

A VIEW FROM OUR MEMBERS: OTHO

Raised in Sioux City, Iowa – home of Jolly Time popcorn – Otho cultivated a love of learning at a young age. It was this passion for learning that drove him to leave for California to pursue a degree in education at San Francisco State University. Otho quickly climbed the corporate ladder, working as Vice President of Operations at Toys R Us for nearly two decades.

When he’s not spending time with his eight children and eighteen grandchildren, Otho can be found at the Club laughing and joking with the new friends he’s made. Although he’s been a member of other centers in the past, he says that the AAC is his favorite. The Club allows him to meet “a diverse group of people with a variety of experiences” from whom he can learn new things.
ALZHEIMER’S ACTIVITY CENTER

Founded in 1984, the Alzheimer’s Activity Center (AAC) emerged as the first large capacity dementia-specific adult day program in the country. As a licensed 501(c)(3) nonprofit, the AAC provides respite services in a safe and dignified environment and serves up to ninety people per day, six days per week, for up to ten and a half hours per day. At “The Club,” as it is known informally, clients participate in a variety of therapeutic and cognitively stimulating activities, including multigenerational socialization, exercise, and recreation. Staff provide individualized nutritional support and, as needed, assistance with personal care when toileting or showering. In addition to offering haircut and podiatry services, the AAC fosters a network of support among caregivers via informational sessions and support groups. In 2017, caregivers accessed 463 hours of support services. Ninety-nine percent of caregivers cited the AAC and its services as vital in helping them improve their ability to care for their loved one. Ninety-seven percent felt that not only does the AAC facilitate self-expression, but the same number of caregivers also reported that they felt that their loved one’s placement at the AAC slowed the progression of symptoms and stabilized their functional decline.

ROSA ELENA CHILDCARE CENTER

The Rosa Elena Childcare Center (RECC), like the AAC, is a program of Respite and Research for Alzheimer’s Disease (RRAD) and shares a location with its counterpart. Originally a parent co-operative for members of staff, the RECC has since evolved into a licensed daycare, open to the public for fifteen years. Accepting children ages two through entry-level first grade, the programming of the RECC progresses based upon each child’s developmental needs, rather than a predetermined curriculum. The low teacher-child ratio allows for a child-centered, play-based curriculum that emphasizes hands-on learning. Intergenerational activities are an integral component of the program, as the RECC aims to dispel fear of older adults by desensitizing students through classroom teachings and exposure. Every weekday, children visit the “grandmas and grandpas” and participate in a variety of activities. Of those services provided, ninety-one percent of parents identified the intergenerational program as one of the most important factors in enrolling their child in the RECC. One-hundred percent of parents of enrollees expressed that they were “very satisfied” with the quality of activities, education, and care programming provided.

VOLUNTEERS

RRAD maintains long-standing partnerships with both members of the community and various high school and college service-learning programs. Among those institutions from which students volunteer are the following: Bellarmine College Preparatory, Presentation High School, Harker Upper School, Pioneer High School, Notre Dame High School, Prospect High School, Cupertino High School, Lincoln High School, Silicon Valley Career Technical Education (formerly Central County Occupational Center), San Jose Job Corps, Santa Clara University, San Jose City College, and Foothill College. Santa Clara Valley Medical Center residents as well as San Jose State University and Carrington College nursing students also engage in experiential learning on site. A number of members of the community also generously volunteer their time - whether assisting with facilities maintenance, teaching arts and crafts, providing front office support, delivering compassionate care in the form of pet therapy, engaging directly with our clients, or performing as an entertainer. Many of RRAD’s community volunteers are former service-learning students eager to return!
YEAR IN REVIEW: HIGHLIGHTS FROM 2017

FACILITIES UPGRADE

The Sovereign Order of St. John of Jerusalem, a Ecumenical Christian Order devoted to helping the sick and poor, generously funded the remodeling of our thirty year-old kitchen. The new kitchen incorporates a dementia-friendly design; a pantry for food and storage of materials for special diets; cabinetry that locks and closes safely; a tech area for staff to update client data; and a working stove, oven, and dishwasher. The new kitchen has quickly become a hub for children and clients to participate in cooking activities, bonding with each other, staff, and children of the RECC.

EXPANDED CAREGIVER SUPPORT

In addition to our number of existing support groups, the center has introduced two new support groups: Dementia Support for Vietnamese Caregivers and Walk and Talk. The Vietnamese support group provides guidance regarding proper care at home, presents other support resources available in the community, and provides attendees with the opportunity to connect with others who share their experiences and struggles. Held weekly at the Los Gatos Creek Trail, Walk and Talk provides caregivers with a friendly ear and the opportunity to meet other caregivers - all while in a mood-boosting environment. Due to the success of these new groups, there are plans to expand our offerings of support groups to be more inclusive of other groups of caregivers for whom English is a second language.

WISH BOOK FUND RECIPIENTS

The Mercury News Wishbook, a non-profit organization run by the daily newspaper, The Mercury News, raises awareness for the needs of various organizations in the community and encourages readers to give back. Each year, several organizations are selected and profiled, allowing members of the community the opportunity to make donations to fulfill the “wishes” of each agency. The RECC had the honor of being chosen, and donors generously provided $13.5k in funding for the purchase supplies and technology to enhance our intergenerational program.

A VIEW FROM OUR MEMBERS: KOKO

Koko is no stranger to hard work; she grew up on a farm in Tacoma, Washington, helping tend to her family's various animals and crops. Energetic and spirited, she has always led an active life - whether it be giving back to the community, participating in various clubs, or pursuing her hobbies and passions. She spent a number of years as a synchronized swimmer, working at department stores, providing daycare services, and eventually raising her own two children.

Even with her children now grown, Koko’s lifestyle has not changed. The Club keeps her active and provides her with the stimulation that she craves. Koko enjoys the variety of activities that the Club provides; she can often be found dancing, cooking, or doing arts and crafts. Her favorite way to spend her time, though, is with the children of our childcare center, describing the intergenerational program as "the best."
END OF YEAR FINANCIALS

FUNDING SOURCES

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<td>Government Revenue</td>
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<td>Program Fees</td>
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<tr>
<td>Investments</td>
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<td><strong>TOTAL</strong></td>
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USES OF FUNDS

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<td>Rosa Elena Childcare Center</td>
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<td>Edmondson Living Center</td>
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<td>Management and General</td>
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<td><strong>TOTAL EXPENSES</strong></td>
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STATEMENT OF FINANCIAL POSITION

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<th>Year</th>
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<th>Liabilities</th>
<th>Net Assets</th>
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<tr>
<td>2017</td>
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<td>173,493</td>
<td>$ 3,468,246</td>
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<td>2016</td>
<td>$ 3,294,911</td>
<td>139,426</td>
<td>$ 3,155,485</td>
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“...I have found the staff to be very engaging and caring of each of their clients. Their care is very apparent in the genuine smiles that shine from their faces as they greet each person at the door, calling each person by name, and providing support that enhances their dignity and self-esteem...

...This is truly a wonderful program. It impresses me that not only do they support the clients, they go out of their way to provide support groups for family members...

...I truly believe that the Alzheimer's Activity Center is a great asset to our community and should set a standard for other day programs for those living with dementia.
Fostering Connections

Meet Katie
What started as a requirement for a high school service and research project three years ago quickly evolved into the formation of lasting bonds with the clients of the AAC. Katie loves learning more about each of them - whether it is their interests, family life, or simply sharing a laugh. Volunteering at the AAC has had the added benefit of affording her the opportunity to practice her Spanish and Vietnamese with native speakers.

When she's not volunteering, Katie enjoys running, photography, and cooking. She is also passionate about art and can often be found attending museums, concerts, and poetry slams. Although she will be leaving the area to attend college next year, Katie has already made plans to return on her visits home!

Get to Know Our Volunteers

Meet Chris and Lucy
Chris was no stranger to the demands that result from a diagnosis of Alzheimer's disease; not only did his wife and mother-in-law both pass away as a result of the disease, but his soon-to-be father-in-law also has Alzheimer's. This was an experience that drove him to seek out volunteer work at the AAC.

Over the past two years, on a weekly basis, Chris has volunteered at the center with his pet therapy dog, Lucy. He finds his time at the AAC to be very rewarding, stating, "Many times I have seen the joy in peoples' spirit when they reach down and give Lucy a big hug. It seems to lift them up, away from depression or despair, even if it is only for a few moments."

In his spare time, Chris loves to hike with his fiancé and dogs, listen to jazz and instrumental guitar, visit the beach, and tend to his garden.

$67K+ Value Added

"It has been amazing getting to know the staff and clients at the Alzheimer's Activity Center. I am so grateful for this opportunity. It's been eye-opening and humbling. I think it's such a great experience and program. All schools should be doing the same."
Intergenerational services have a number of benefits: the cognitive stimulation from these interactions often results in a delay of the progression of symptoms, decreases the occurrence of agitation and depression, and improves overall quality of life.

Our intergenerational program bridges generational gaps via planned activities designed to foster meaningful and ongoing interactions between both younger and older generations. These experiences enable both generations to come together to share their knowledge, experiences, and skills. Intergenerational activities between the RECC and AAC occur on a weekly basis, Monday through Friday. Activities vary from day-to-day and include singing, arts and crafts, gardening, dancing, "Storytime," and games.

"My son seems to be building empathy and a desire to support his grandma. He is respectful of adults and can engage in dialogue with them because of his experience with the grandmas and grandpas."
FOR THE INDIVIDUALS, ORGANIZATIONS, AND BUSINESSES WHOSE GENEROSITY MAKE OUR WORK POSSIBLE.

Mr. and Mrs. Richard Moley
Mr. Edward Morimoto
Ms. Donna Young Morrison
Ms. Katherine Mughnol
Mr. and Mrs. Richard Murrell
Mrs. Marjorie Nakajii
Ms. Kathy Nakamatsu
Ms. Charlene Needham
Ms. Nancy Negron
Mr. Dominic Ngean
Maria Nicolaidi
Mr. John O’Bryan
Mr. and Mrs. Rick Odero
Ms. Allison Okashima
Mr. Mark Okashima
Ms. Taro Onozawa
Mr. James Ottiggen
Mr. John Ottoboni
Mr. and Mrs. Michael Ottoboni
Ms. Brenda Paciolla
Ms. Janet Parker
Bill and Maggie Parkin
Mr. Kurt Paulson
Mr. and Mrs. Joe Pehl
Mr. and Mrs. Iiro Pellegrini
Mr. and Mrs. Steven Petrick
Mr. Lang Phan
Mr. and Mrs. Art Pinkston
Mrs. Leslie Pinney
Ms. Rosie Pollock
Mr. Greg Price
Mr. James Ramoni
Ms. Marilyn-Andrew Recupero
Ms. Diane Ricci
Mary Ristoph
Mrs. Louise Roberts
Ms. Christine Robertson
Mr. and Mrs. Alex Robertson
Mr. and Mrs. Scott Roseveare
Ms. Doris Rothschild
Mrs. Ayako Saito
Ms. Doris Rothschild
Mrs. Ayako Saito
Taeleen Sarkissian
Mr. and Mrs. Lee Schmidt

This list includes gifts received between July 1, 2016 and June 30, 2017. If we have omitted your name or made an error, please accept our sincerest apologies.