THE WAYNE MESSENGER

PUBLISHED BY THE WAYNE COMMUNITY CHURCH

April 2023

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WAYNE COMMUNITY CHURCH

P.O. Box 300, Wayne, ME 04284 (207) 685-3505

Hannah Faulkner, Admin.

(207) 685-3505 wayneumc@roadrunner.com Church Office Hours: 1pm-3pm Tues,

Wed, and Thurs

Rev. Angela Rotherham pastorwayneumc@gmail.com (207) 685-3505

Rev. Angela usually off on Mondays except in case of emergency.

Services will be available in person and livestreamed on Facebook every Sunday morning at 9:30. If you are unable to join us at that time, the recorded service will remain on Facebook for you to watch at your convenience. Just look for Wayne Community Church on Facebook or go to www.wayneumc.com to find the link. On the church website, you can also listen to our sermon podcast, and check out the Worship Duty Schedule, as well as find current and past issues of the Wayne Messenger.

THE WAYNE MESSENGER Carol Steck, Editor

May Messenger news is due by April 15th at editorwcc@gmail.com.

WAYNE MAINE EVENTS CALENDAR

All in one event platform designed to strengthen and connect our community. **SEARCH** for an event or **SUBMIT** an event with the click of a button.

www.waynemaineevents.com







Dear Neighbors & Friends,

Spring greetings to you! At a recent training I attended, we reflected on our core selves being like an acorn and all the ways love works to help us sprout and grow. We need love to awaken our true selves, to help us break down the hard shells that protect our tender and vulnerable centers. We need love to root us, to ground us with a firm foundation so that we can stretch out our arms toward the sun. We need love to center us in our values, our calling, our purpose in life so that our trunks will grow strong and resilient, able to bend when the wind blows. And when we have all these things, we are then able to bear our own fruit of love through our lives, branching out, and reaching out to others. (Credit to Rev. Dr. Lawrence Jay for the visualizaton.) What better imagery as spring begins to peak around the corner!

I think Wayne has been that foundation for many of us or has become a source of love in some form or fashion that has helped each of us to grow and connect. At Wayne Community Church, we certainly believe that is our call as we seek to Build Bridges of Healing and Hope – that we might be a source of the kind of love you need in the moment. For some, you might need comfort and centering love. Others may be in need of love that encourages you to take risks or reach out for nourishment. Still, others have received so much love that they are ready to give back, but are not sure where to start. I hope you know that Wayne Community Church is a faith community that can offer all of this support, no matter where you are in your life right now.

If you are in need of spiritual care in a low-key setting, I encourage you to join me at the Wayne General Store on Thursdays from noon-2 pm. If you are looking to explore your faith in a safe-space among friends, join us on Tuesday mornings in May (10-11 am) when we will read and discuss: "Inspired: Slaying Giants, Walking on Water, and Loving the Bible Again" by Rachel Held Evans. (It's a fantastic book for those who have wrestled with, doubted, imagined, and debated the mysteries of Christian Scripture.) If you are looking for ways to reach out to others, our Missions and Community Outreach team would love to hear your ideas or welcome you into the many ways we are already at work in the community, including the "Mother's Night Out" event in May. Or maybe you need some time for quiet contemplation. If that is the case, you won't want to miss our Maundy Thursday and Good Friday services (April 6 & 7 at 6 pm) during Holy Week.

My prayer for you in April is that you find the "things of spring" in life that awaken your true self, that strengthen you, that center you, and that encourage you to reach out and make connections. As the Hebrew Scriptures teach us: we have been blessed so that we might be a blessing to others (Genesis 12: 2-3).

In grace and peace, Rev. Angela

Administrative/Accounting Assistant

The Wayne Community Church is seeking an administrative/ accounting assistant for a part-time position to work in our church office. Applicants should have strong interpersonal, organizational, and computer skills, experience with accounting/bookkeeping, and strong communication skills with a cooperative, team-oriented work ethic. Interested applicants, please send a cover letter along with your resume to the Wayne Community Church, ATTN: SPRC, PO Box 300, Wayne, ME 04284. Applications will be accepted thru April 15, 2023.

CHURCH NEWS

CHURCH CALENDAR

April 5, 7 pm – Finance (hybrid)

Holy Week Schedule of Services & Events

(All Holy Week services will be held in-person. Only the 9:30 Sunday service will be Livestreamed. Pre-recorded Maundy Thursday and Good Friday services will be available on our Facebook and YouTube pages. Find the links at www.wayneumc.com)

April 6, 6 pm - Maundy Thursday Communion Service 6:45 pm – Choir Rehearsal (NO CAFÉ OFFICE HOURS DURING HOLY WEEK)

April 7, 6 pm - Good Friday Stations of the Cross

April 9, 7 am – Easter Sunrise Service at 30 Pond Rd, Wayne 7:30 am – Trustees Easter breakfast 9:30 am - Resurrection Sunday Service - Happy Easter!

April 11, 11 am - Worship Committee (zoom) 7 pm – Ad Council (zoom)

April 12, 6:30 pm – SPRC (zoom)

April 13, noon-2 pm - Rev. Angela at the Café

April 15, 2 pm – Bishop Johnson on the district at Auburn UMC

April 16 - 22 - Rev. Angela away on Spiritual Retreat; Rev. Dr. Wesley Palmer, Executive Director of Preachers' Aid Society, guest preacher on April 16



DUTY SCHEDULE

4/2 Palm Sunday Liturgist/Leader: Lloyd Irland; Usher & Greeter: Jay & Tammy Lindsey; Flowers: Palms

4/9 Easter Sunday Liturgist/Leader: Doug Stevenson; Usher & Greeter: Rick & LouAnne Parker; Flowers: Easter Plants

4/16 Liturgist/Leader: Sue Spalding; Usher & Greeter: Mike &

Carol Ladd; Flowers: Easter Plants

4/23 Liturgist/Leader: Connie Irland; Usher & Greeter: Charley &

Sharon Bonney; Flowers: Holly Stevenson

4/30 Liturgist/Leader: Sid Rao; Usher & Greeter: Emily Clifton &

Hazel Stevenson; Flowers: Cindy Pelliccia



Attention Parents of Youngsters -Save the Date for a Mother's Night Out! May 13, 4:30 - 7:30 PM.

In honor of Mother's Day, the Church is planning to offer a Mother's Night Out, on Saturday, May 13 from 4:30 - 7:30 PM. Bring your kids to us and we will keep them occupied while you go for a hike, out to dinner, or maybe just go back home for a quiet evening! We will feed them dinner and offer outdoor play (weather permitting), crafts, stories, games, and a movie! We will need you to make reservations, so we know how many children to plan for. Please call the church at 685-3505 by May 1st to let us know if you would like to participate. We will need the children's ages and to know of any food allergies or restrictions.

April

Birthdays & Anniversaries

May

10--Stan Davis

10--Ric Dodge

11--Chris Ladd

13--Gary Kelley

15--Hobie Ellis

15--Dave Petell

16--Steve Saunders

18--Carroll Paradis

21--Jon Lamarche

21--Lynette Stinneford

21--Christina Goucher

27--Anna Cushman

29--Wendy Allen

29--Susan Misner

30--Trent Emery

30--Sue Stevenson

21--Ray Kelley

10--Steve Dodge

11—Dick Merriam

1--Karla Seymour

2--Jeff Ireland

2--Vinnie Burns

3--Audrey Bogdan

3--Jeanie Dorson

3--Bruce Bornstein

3--Linda Gatti-Fyler

4--Doug Stevenson

5--Karen McNamara

8--Rusty (Russ) Dodge

8--Mary Sheridan

9--Gina Lamarche

9—Kiara Simonds

4--Meredith Lane

4--Sarah Reed

5--Brian Moore

5--Sid Rao

3--Rhona Wade

- 1 Denise Boothby
- 1 Kerry Brenner
- 1 Erin Frawley
- 2 Barbara Jacobsen
- 2 Pat McLaughlin
- 2 Laurel Danforth
- 2 Rhonda Smith
- 3 Pat Ellis
- 4 Susan Welsh
- 6 David Van Cott
- 8 Sue Parent Dorson
- 8 Lorraine Ravis
- 9 Cindy Pelliccia
- 9 Alice Lincoln
- 10 Mark Bachelder
- 11 Norma Boothby
- 11 Randy McNear
- 12 Gloria Ladd
- 12 Joanne O'Connor
- 13 Gerry Paradis

- 14 Candace Roche

- 19 William Ault

- 26 Christina Rao
- 27 Charley Bonney
- 27 Tyler Stevenson
- 28 Tammy McNear
- 28 Emily Clifton
- 29 Stuart Smith
- 30 Louise Pike
- 30 Mike French
- 6 Wayne & Karen Bryant (38 years)
- 7 Larry & Christine Judd (62 years)
- 8 Noel & Cindy Pelliccia (51 years)
- 12 Paul & Pam Chenea (37 years)
- 13 Paul & Karen Criss (33 years)
- 13 Dan & Sue Dorson (27 years)

- 14 Bev Petell
- **16 Bernard Campbell**
- 17 Alice Robinson
- 18 Cindy Pettengill
- 19 Megan Bachelder
- 20 Don Gatti
- 20 Nate Murray-James
- 21 Michael McGrail
- 24 Dr. Tom Cook

- 29 Aaron Chrostowsky
- 30 John Ireland
- 9—Angie Harris
 - 4--Lloyd & Connie Irland (43 years)
 - 12-Lou-Anne & Ric Parker (44 years)
 - 25—Angie & John Harris (27 years)
 - 26--George & Jamie Ault (38 years)
 - 28--Kevin Wellenius & Alane O'Connor (23 years)

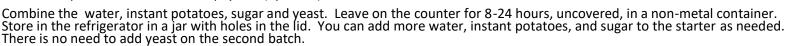
7--Bette-Jeanne Townsend 23--Mary Pettengill

CHURCH NEWS

${\cal B}$ lessing Bread

Starter

1 c. warm water 1 c. sugar 3 T. instant potatoes 1 tsp. yeast (optional)





6 c. unbleached King Arthur bread flour 1/2 c. vegetable oil

1/2 c. sugar 1 c. starter

1 T. plain salt, non-iodized 1 3/4 c. warm water

In a large plastic bowl combine the flour, sugar, and salt. Add 1/4 cup of oil, starter, and warm water. Using your hands, mix just until combined. Do not overmix. Pull the dough to one side of the bowl and add 1/4 cup of oil to the other side of the bowl and use it to coat the dough. Cover the bowl tightly. Let rise in a warm place until double, then hit the bottom of the bowl on the counter to de-flate. Sprinkle a handful of flour on top of the dough and pull it away from the sides of the bowl. Divide into 3 loaves and place in loaf pans that have been lined with foil and then sprayed with cooking spray. Let rise until double and then bake at 350 degrees for about 30 minutes. Rub tops of loaves with butter while the bread is still hot.

NOTE: My cousin, Deborah Irick, lives in Orangeburg, SC. She is famous for making this bread for special occasions and she often brings loaves to those who are sick or alone or grieving. It's my favorite bread and is especially good toasted with a bit of jam on top.

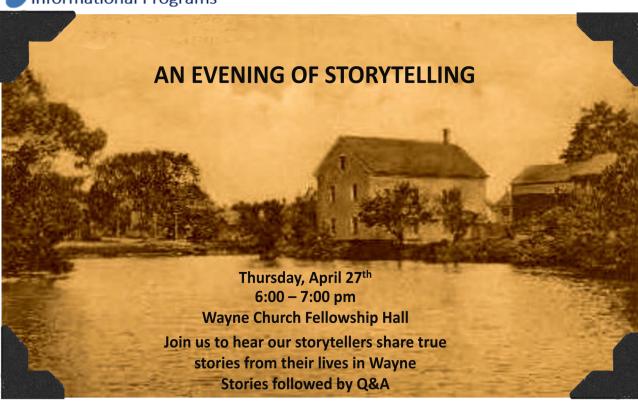


Connie Irland

Bridges - Recipes from the Past for the Future.

More delicious recipes available in the Bridges Cookbook. Please call the church (685-3505) and/or stop by to purchase a book. Keep an eye out for further family favorite recipes from our community families.









MT. PLEASANT CEMETERY ASSOCIATION

Anyone who has family buried in this private cemetery (off the Gott Road) or owns a plot here, is a member of the Association. I am developing an email list to distribute information of interest to members. Please let me know if you would like to be on this email list.

Judy Danielson, Secretary, Mt. Pleasant Cemetery Association

TOWN NEWS

Your third and final installments of property taxes are due by **Friday, March 31st, 2023**, at 5:00 PM. Interest will begin to accrue on April 2nd, 2023, at 4% per annum.

This month the **Selectboard** will be meeting on **Tuesday, April 4**, and **April 18**, at **6:30 PM** at the Ladd Recreation Center and by Remote.

This month the **Planning Board** will be meeting on **Thursday, April 6, at 6:30 PM** at the Ladd Recreation Center.

This month the Conservation Commission will be meeting on Wednesday, April 5, 2023, at 5:30 PM at the Cary Memorial Library.

This month the **Budget Committee** will be meeting on **Tuesday, April 11, and April 25, at 6:30 PM** at the Ladd Recreation Center and by Remote.

This month the **RSU Board of Directors** will be meeting **Wednesday, April 5**, and **Wednesday, April 12**, at **6:30 PM** at the Maranacook Community Middle School and by Remote. On **April 12**, they will be meeting to approve the school budget.

Nominations Papers will be available from the Town Clerk's Office for several positions on **Friday, March 3rd, 2023.** The following positions will be vacant on June 30th , 2023:

two Selectboard (3-Year term, Term Expires 2026);

one Budget Committee (5-Year term, Term Expires 2028);

Local School Committee (3-Year term, Term Expires 2026);

one RSU#38 School Board (3-Year term, Term Expires 2026); seats are available.

All Nomination papers are due to the Town Clerk on Wednesday, April 12, 2023.

In observance of Patriots' Day, Monday, April 17, 2023, the Town Office will be closed.

The Town's **Assessor Agent** Matt Caldwell from RJD Appraisal will be available by appointment on **Wednesday, April 19, 2023**, to answer any questions you might have about your assessment or tax bill. Please contact, the Town Office to schedule an appointment.

The Town of Wayne has **posted all Town roads for the mud season.** All overweight trucks will need to get permits at the Town Office to travel Posted Roads. During the spring thaw, please use caution while driving on Town roads, water can be on the road, new potholes can form, and thick mud can be present. If you have any road issues, please don't hesitate to contact the Town Office at (207) 685-4983 or towmanager@waynemaine.org.



Where's the Golden Egg?



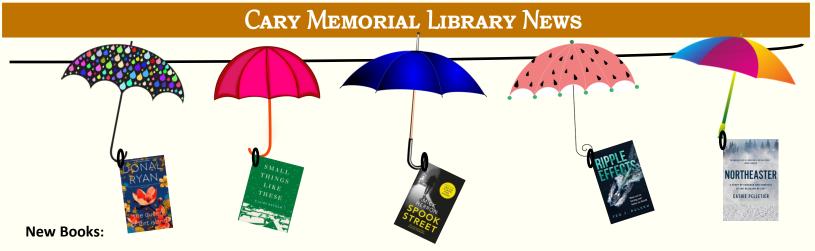
The Ladd Center Easter Egg Hunt will be on Saturday, April 8th at 10:00 AM. More details will be posted on the Ladd Recreation Center Facebook page. At the time of this writing, outdoor conditions are up in the air. The event could be held inside or outside. If it is held inside, there will be two time slots for different age groups. This information will be posted on Facebook. Be on the lookout for the golden egg. This egg is about 8 inches tall, and it will be hidden somewhere between the Ladd Center and Wayne Elementary. It will be hidden by April 2nd at noon. Return it to the Ladd Center to win an Easter basket.



The Ladd Center is accepting donations of toys and games suitable for children aged 5-12. Contact Adam Brooks at laddrec@gmail.com or 685-4616 with any questions. Thank you in advance.

Country Rhythms Line Dancing will hold a six week session beginning Thursdays, March 30 - May 18. Classes will be held at the Ladd Center on the Gott Road from 6:00pm-7:30pm +/-. The cost of \$42 due on the first day remains unchanged.

Due to weather conditions the last class of the previous session was cancelled and will be held on May 25 for those participants at no charge; others wishing to join us will owe an additional \$7 and can be paid during class. Please note: The first Thursday of each month the space is dedicated to the Town for committee meetings. I look forward to being with you, and enjoying the rhythm with Spring.



Non-Fiction: Northeaster: A Story of Courage and Survival (C. Pelletier); All New Square Foot Gardening (M. Batholomew); Reading the Glass: A Captain's View of Weather, Water and Life on Ships (E. Rappaport);

Empress of the Nile: the Daredevil Archaeologist Who Saved Egypt's Temples (L. Olson); Ripple Effects: How We're Loving Our Lakes to Death (T. Rulseh);

Fiction: Queen of Dirt Island (D. Ryan); Storm Watch (C. Box); Spook Street (M. Herron); Blown by the same Wind (J. Straley); The Lost Kingdom (S. Berry); the Sanctuary (K. Engberg); Locust Lane (S. Amidon); Exiles (J. Harper); Small Things Like These (C. Keegan); I Will Find You (H. Coben); Owl Babes in the Woods (M. Atwood); Real Tigers (M. Herron); So Shall You Reap (D. Leon) and more. Monday

Summer Dates:

Friends of the Library Spring Plant & Bake Sale: Sat. May 27, 9-11:30

Library Silent Auction Aug. 10-16

Library 5K: Sat. Aug. 12, 9 am

Monday Morning Story & Craft Series: July 3-Aug. 14

Lego Club: Youngsters invited for Lego fun, Wed. Apr.19, 6-7 pm. Bring your creativity, we've got the Legos.

Stories & Social Time for Little Ones: Mondays 9:30-10:30 (drop-in)

Hoopla: Our new streaming service, Hoopla, expands our collection of offerings by over a million eBooks, audiobooks, movies, tv programs, comics, and music. Contact the library to get your patron code--you will need that to set up a Hoopla account.

Library WiFi: Ask at the library to get the password

Wayne Readers Blog: Please send along your posts in early April--another edition is in the works. For the Wayne Reader's Blog archive, visit our website: https://www.cary-memorial.lib.me.us/

First Saturday at the Cary Memorial Library's Williams House

April 1 - 9 a.m. until noon

This is not an April Fools' Day prank, trick or hoax. The Williams House crew is looking forward to seeing you on April 1st for scones, cinnamon buns, quiche, and possibly other treats and coffee. Oh, and you can visit with old and new friends and browse our books and boutique items. We still have some cute Easter items and many other interesting items and books spread around the rooms.

For 2 months we have had to postpone First Saturday to Second Saturday due to weather. We will hope for First Saturday on the first Saturday in April.

People continue to enjoy visits to the Alice in Wonderland Room and it will be open for your visit.



9-1

3-5

3-5 **CLOSED**

9-3

CLOSED

Tuesday

Thursday

Friday Saturday

Sunday

Wednesday 1-6



Library Silent Auction Set for Aug. 10-16 Now that we've set the dates, it's Treasure Hunt Time! Keep us in mind when you are Spring Cleaning and find some treasure for the Library Auction. We support upcycling! And if you are downsizing, your discards (in good, clean condition of course) are sure to be someone else's treasure. Please contact Lynette Stinneford or Janet Adelberg.

LOCAL ANNOUNCEMENTS

Paul H. Cummings M.D.

1930 - 2023

NAPLES, Fla. - Paul H. Cummings M.D., of Wayne, Maine, and Naples, Fla.,

passed away March 2, 2023, at Avow Hospice in Naples.

Born in Tewksbury, Mass., Nov. 5, 1930, he was the son of the Reverend and Mrs. John Cummings. He graduated from Northfield Mount Hermon School in

Massachusetts, received a Bachelor's degree from Gettysburg College, Pennsylvania, and an M.D. from Tufts University Medical School in Massachusetts.

Dr. Cummings completed his surgical residency at the New England Medical Center Hospital in Boston Maine Medical and at in Portland. Center served as a surgeon at the Albert Schweitzer Hospital in Haiti for one year, served his country as a flight surgeon for the USAF and was an Industrial Physician for United Aircraft Corporation before joining the staffs of Central Maine Medical Center and St. Mary's Hospital in Lewiston until his retirement in 2003.

Paul had a great fondness

for Maine and in particular Lake Androscoggin in Wayne where he spent sum-

mers as a child, and where he and his family and friends reclose united each summer. He especially watching his children and grandchildren the lake enjoy with its myriad boating. skiing. and other water

and beach activities.

Dr. Cummings is survived by his wife Pennie of Wayne and Naples, Fla.; his son Scott of Fort Lauderdale, Fla.; his daughter Lisa Kramer, her husband Erik, grandchildren Leah, his Caleb and Sam Kramer of Scarborough, Maine; and several nieces and nephews. His brothers Donald and John predeceased him. Paul's request there will be no funeral visitation.

In iteu of flowers, please consider a donation to: Androscoggin Lake Improvement Corporation PO Box 307 Wayne, ME 04284 or

Albert Schweitzer Hospital www.hashaiti.org/take-action/ways-to-give/donate/



Chad has recently accepted the prestigious Naval Postgraduate School in Monterey, California, for the spring 2023 cohort of the Center for Homeland Defense and Security Masters of Arts in Strategic Studies Program thru the Center for Homeland Defense and Security (DHS). This highly competitive 18-month program is fully funded by the DHS, providing a unique opportunity for select DHS employees to enhance their expertise in the field. Chad was one of only 12 DHS employees chosen for this exceptional opportunity from a pool of 250 highly qualified applicants. Chad has been working with DHS, Federal Emergency Management Agency (FEMA) for the last twelve years. Currently, he serves as the Deputy Cadre Coordinator, a crucial role in which he is responsible for dispatching environmental, floodplain, and historic preservation specialists to areas in the aftermath of natural disasters, helping communities rebuild and recover. Chad has completed several leadership programs thru FEMA including a Fellows Program. Chad is a 2001 graduate of Maranacook Community School, an Undergraduate with Randolph Macon College (Political Science/ International Relations), and a Master's Degree in International Development Management. Chad also served for 2 years in the Peace Corps in Juticalpa, Honduras. He remains active with the Returning Peace Corps Volunteers of Washington, DC, and has served as President and Professional Development Director. Chad is the son of proud parents Anna and Perry Ryerson. He currently lives in DC with his wife Gladys and daughter Malaya (Maya).

UPDATE: SAVE ANDROSCOGGIN CAMPAIGN

Started in 2022, Save Androscoggin – Campaign For A Healthy Lake is an ambitious three-year program to preserve and protect the health and water quality of Androscoggin Lake -- particularly from the threats posed by invasive variable leaf milfoil in the Inner Cove and recent algae blooms that threaten both fish and wildlife and recreational use of the lake. To fund this program, we set a fundraising goal of \$150,000. Androscoggin Lake Association (ALIC) and 30 Mile River Watershed Association (30 Mile) are pleased to report that significant progress was accomplished in 2022 to meet the goals of Save Androscoggin. Thanks to the generosity of nearly 100 donors so far, we have raised almost \$125,000 in gifts and future pledges.

Later this spring, we will announce the next phase of the *Save Androscoggin* campaign with exciting news about how you can participate to help protect the lake and help *Save Androscoggin* meet (or even exceed) our campaign target. Making the *Save Androscoggin* campaign a success in 2023 is crucial for the work needed to protect Androscoggin Lake to happen this summer. Below is a brief report on what *Save Androscoggin* accomplished in 2022 thanks to the funds raised so far.

In 2022, ALIC and 30 Mile partnered to achieve several major objectives to protect Androscoggin Lake. Thanks to the money raised through *Save Androscoggin*, we aggressively fought the milfoil threat by completing more than 500 hours of lake surveys to detect possible milfoil spread, trained divers successfully removed all milfoil plants that were found through survey efforts, and we convinced the state to maintain the surface use restriction and to post increased signage to keep boaters out of the infested area. We also created an educational brochure to hand out to boaters at the Route 133 launch to guard against milfoil spread to other parts of the lake. Because of the funds raised through *Save Androscoggin*, we also completed the first comprehensive survey of the Androscoggin Lake watershed in over twenty years. This effort resulted in a 50-plus page comprehensive report that identified those properties and shoreline conditions that contribute runoff into the lake that fosters algae blooms. We also funded an intensive water quality testing/monitoring program to take samples throughout the lake to measure the phosphorous loading that triggers algae blooms. The data generated from this testing will provide a greater understanding of the lake's ecosystem and what we can do to limit future blooms.

We are not done yet. The work of *Save Androscoggin* will continue in 2023 with continued milfoil monitoring and removal, as well as water quality testing. We will also move ahead with a detailed Androscoggin Lake Watershed Management Plan that will be the blueprint for prioritizing the work that needs to be done to fix shoreline erosion and runoff problems that contribute to algae blooms. You can help protect the future of Androscoggin Lake in 2023 by contributing generously when the next phase of *Save Androscoggin – Campaign for a Healthy Lake* starts later this spring.

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Hello all,

We have a busy time coming up in April. Happy Spring!!

Grief support: a small group of people meets once a month at the AAH center for mutual support around grieving. If you have lost a loved one, no matter the connection to you or how long ago it happened, you are welcome to attend this group. Lead by Sue Gould, a long-time, empathetic support group leader. It meets on the 2nd Wednesday of the month at 2 PM, in our AAH space. Next scheduled: Wednesday, April 12, at 2 PM.

Music: April 15 at 2 PM Stone Quarry (Bill Stone and Stacey Jacobsohn) will be at the AAH Center to present their music. These local professional musicians have offered to donate their time and their art to entertain us. Let's show our appreciation through an enthusiastic turnout. Please let us know if you need a ride or if you have any questions. Donations of snacks, and tips for the musicians, are welcome.

On April 18 at 9::30 AM Craig Young and another will present a program of Colonial Pemaquid Interpreters of the 1600s along coastal Maine. The group leader is Michael Dekker who wrote "French & Indian Wars in Maine". Come see and hear this unique presentation and ask questions of the presenters. 9:30 AM at the AAH Center in the Wayne Community Church.

May 9 at 10:00 AM Dawna Gardner will present a unique way to document your life. Quoting from her description:

"I started a nature journal, in the form of a calendar, using a watercolor sketchbook and watercolor pencils. Each day, I jot down a thought or an occurrence, and /or I draw something.

It helps me keep track of what is important to me, whether, it is a news story, a family event...the weather...it can be just words or small drawings. It became a picture diary of my life. It's a fun way of jotting down ideas and remembering parts of my life...in a creative way. It's not an art lesson.

I would love to show you this great way of keeping track of your own life.

I can pick up all the supplies that go with this idea.

I've put a supply list together and the total cost would be \$25.

(9x12 watercolor sketchbook, a black waterproof pen, a clear ruler(for setting up the calendar each month), and a set of 36 watercolor pencils, which can be used wet or dry.

The cost is only for the supplies." I will bring supplies with me. Dawna Gardner

Ask Pam for more details.

Unscheduled so far: Trish Hanley-Goodwin will present a program on balance. This is not a physical training, but a look at the importance of balance work to improve your life. If you are interested in attending this program, please let me know, and we will schedule a presentation by Trish accordingly.

Pam Chenea, Coordinator Aging At Home, Wayne berryponder@gmail.com 207-685-9378

Wilderness First Aid Hosted by Kennebec Land Trust at Camp Mechuwana May 9 & 10, 8 AM - 6 PM



The best and most comprehensive course of its kind to offer relevant and realistic first-aid training for seasonal outdoor activities or short-term wilderness endeavors and pursuits.

Wilderness First Aid is a two-day introduction to general medical concepts and basic life support skills. It is targeted to the outdoor enthusiast on day trips or short adventures. The course is taught by professional instructors with significant patient care and backcountry experience.

Licensed Training Company: Wilderness Medicine Leadership Collective

Location: Camp Mechuwana, Winthrop, ME 04364 - United States

Dates: 5/9/23 - 5/10/23 8 AM - 6 PM

Cost:\$250 for course instruction (\$200 for KLT members)

Meals and lodging are available for an additional cost. Please indicate interest when registering

To register, please visit hhttps://www.tklt.org/upcomingevents/2023/5/9/wilderness-first-aid-wfa



Parker Pond Headland Preserve Mud Season Trail Closure

Kennebec Land Trust's (KLT) Parker Pond Headland Preserve on Fellows Cove Road in Fayette is temporarily closed to hikers during mud season (mid March – April/May). Currently, the Fellows Cove Road is only open to homeowners to minimize the impacts on the road.

During mud season, KLT recommends hikers visit the nearby Ezra Smith Conservation Area in Mount Vernon, Torsey Pond Nature Preserve or Rosmarin & Saunders Family Forest in Readfield or Hutchinson Pond in Manchester instead. However, please help take care of all our local trails by staying off them when they are muddy. To find driving directions and more information about these beautiful trails visit KLT's website: https://www.tklt.org/property-list, email info@tklt.org or call 207-377-2848





Veggie Club Sign Up Time Is Now!

Spring is here! After quite an interesting winter we're very excited to see what this season will have in store for us. We're already getting ready for a busy 2023 season at Stevenson Farm Stand, Rt. 202, Winthrop. Sign up for your Veggie Club share today. The Veggie Club is a Community Supported Agriculture (CSA) program at Stevenson Farm. Unlike other CSA programs, the Veggie Club allows the members to select the goods they want all season long at Stevenson Farm Stand in Winthrop. Please email us at stevensonstrawberryfarm@gmail.com or call 207.689-5993 for more information.

** Anyone who is was in the Veggie Club last year will automatically receive an application in the mail. **

Goodpost Refill Shop 508 Main St. Wayne, Maine



Winter Hours

Saturday's from 10:30 - 1:30 (weather permitting)

Join our Facebook or Instagram page for hours, product information and daily tips!

April means fishing season is here!

Perhaps a **guided fly fishing trip** just might be the thing as the weather warms.

Registered Maine Guide, Jeff Ireland, offers highly personalized and professional guide services for the novice to the experienced angler.

The gift of a guided fly fishing adventure could be the perfect way to welcome the new fishing season..

Email Jeff at maineflyfishingguide@gmail.com
or call at (207) 931-7677
Visit us at www.maineflyfishingguide.com





- ♦ Have FUN working outdoors on beautiful lakes in central Maine.
 - Provide a valuable service to your community, protecting our lakes.

Gain hands-on experience while building your resume.

30 Mile River Watershed Association is seeking applicants for:

Courtesy Boat Inspectors

- Prevent harmful invasive species attached to boats and trailers from entering lakes.
- Educate boaters about the threats of invasive species.
- Work outdoors at public boat launches on Androscoggin Lake, Flying Pond, Minnehonk Lake and Parker Pond
- Memorial Day to Labor Day.

Youth Conservation Corps

- Protect lake water quality through projects that reduce erosion and polluted stormwater runoff
- Install conservation practices like planting shrubs, building paths, and stabilizing shorelines.
- Work outdoors and learn handson skills.
 6 weeks (late June-early August).

Invasive Plant Surveyor

- Survey by kayak the lakes and ponds in the 30 Mile River Watershed for invasive aquatic plants.
- Assist SCUBA divers in removing invasive milfoil by providing surface support.
- Collect and report data on invasive aquatic plants.
- 12 weeks, late May to mid-August.

For more information or to apply, please visit: www.30mileriver.org/join-our-team/



lakes located in:

Chesterville
Fayette
Leeds
Mount Vernon
Readfield
Vienna
Wayne





Priority given to applications received by March 26th, 2023

Community yoga Classes

Live via ZOOM from the comfort of your own home

SUSAN COADY Certified Kripalu Yoga Instructor 40 years teaching experience

Mondays: 9:00 - 10:30 AM \$15
Tuesdays: 5:00 - 6:15 PM \$10
Thursday: 5:00 - 6:15 PM \$10
(Yin style to stretch connective tissue)
Sundays: 8:00 - 9:00 PM \$10
(Yoga Nidra guided deep relaxation)

Emailed invitation needed to get into classes. To register or any questions call: 207-500-0314 or email: yogalady108@gmail.com

EVERYONE WELCOME!

Yoga is an incredible practice for longevity and enhancing well-being: physical, mental, and spiritual. All classes are gentle and accessible.





> REGISTER NOW <

121el Hill Orchard 5th Annual Apple Blossom Brunch



59 South Livermore Road Turner, Maine Tony & Michelle (207) 500-3886 hazelhillorchard@gmail.com

Saturday - May 20th 9am, 11am, 1pm seatings Donations \$15 Adult, \$8 under 15 Register: www.hazelhillorchard.com

*Proceeds benefit the TMS "Tiger Takeout" food support program

Also sign-up to "Tag-A-Tree" for Fall family apple picking

Classic Cars WANTED!

Paying top dollar for olders classic cars. MG, Triumph, Porsche, Alfa Romeo, Mercedes Benz, Austin Healey, Jaguar, VW Beetle, VW Vans, Corvettes. All Conditions Considered.

I am a CASH BUYER.

Paul Householder phousecar@bellsouth.net

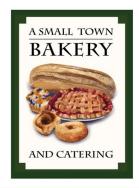
(954) 646-3321 Home: (207) 685-5338



Beautiful three bedroom cottages on Lake Pocasset and Pickerel Pond for rent from mid May through mid October. All cottages have a private dock in front and a sandy beach in common.

Contact Deb Duplisea at debrduplisea@gmail.com. Current rentals are available in spring and fall.

Wine Craft Beer **Local Products**



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Email: asmalltownbakerycafe@gmail.com

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Licensed and Insured Colin Jones – Your Local Arborist InthePinesTreeCare.com InthePinesTreeCare@gmail.com

WTS TREE EXPERTS



Residential Snow Plowing and Sanding in Wayne, Winthrop & Monmouth

Bucket Work, Climbing, Tree Pruning, Tree Removal, Brush Control, Hazardous Limb Removal, Emergency Storm Damage & Clean Up, and Utility Line Clearance (power lines) *Free Estimates*



207-242-8059







Complete Tree Care Fully Licensed & Insured Arborist Lic #FCL&U1074 Board of Pesticides Control Lic #CMA3603/6A 6B

Wayne Fire Dept monthly meeting All welcome the second Wednesday of every month, 6:30 PM



Apple Shed Bakery

New To The Apple Shed? You Likely Will Be Surprised By Our Large Selection Of Made-On-Site Entrees, Soups, And Other Meal Items, Along With Our Terrific Pies, Breads, Brownies, And Pastries. We Also Have A Wide Variety of Other Maine-Made Foods And Beverages From Some Of Our State's Best Specialty Food and Beverage Providers.

Already An Apple Shed Regular? Come In For Your Classic Apple Shed Favorites and New Items Coming Soon From Maureen Thompson, The Apple Shed's New Proprietor.

1625 Main Street, Kents Hill, ME 04349 (207) 685-3522

WAYNE COMMUNITY CHURCH UNITED METHODIST PO Box 300 Wayne, ME 04284

ADDRESS SERVICE REQUESTED

*** Church and Town

THE WAYNE MESSENGER **APRIL 2023**

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Train with Trish - Personal Fitness Training Services (Tigress Training, LLC)

Local health/fitness professional offers innovative personalized approaches to "functional fitness" - coached workouts, customized home exercise programs, and ongoing wholistic support. My mission is to help Wayne community members improve strength, balance, and mobility, and optimize well-being. If you need inspiration and support on how to "move well and move often" in all ways that matter to you, please contact me: Trish Hanley-Goodwin @ 207.441.5641 or patriciahanleygoodwin@gmail.com

- Fully equipped/ventilated boutique studio located at 787 Main Street, Wayne by appointment only
- Early morning, mid-day evening, and weekend time slots available for 1:1 training



AT YOUR SERVICE

No job too small. Home maintenance and repairs in Wayne and surrounding areas. Looking for interior and exterior projects, carpentry, wallpaper removal, etc. Both interior and exterior painting available. Have a truck for light hauling.

Norman Barris (207) 685-3252/(207) 557-







GREY GOOSE GOURMET Barn Shop

The Barn Shop opens May 1st for the season 9 to 5 most days No less then 12 varieties of pepper jellies will be available including our new 2023 variety:

"Hot Peach"

As in the past the honor box will be available when we are not.

536 Main Street, Wayne Maine 207-685-3252



