

WAYNE COMMUNITY CHURCH

P.O. Box 300, Wayne, ME 04284 (207) 685-3505

Rev. Marcos Juliao pastorjuliao@yahoo.com (781) 520-3459 Pastor Marcos is off on Mondays but always available when needed

Carol Steck, Admin wayneumc@roadrunner.com (207) 685-3505

Services will be available in person and livestreamed on Facebook every Sunday morning at 9:30. If you are unable to join us at that time, the recorded service will remain on Facebook for you to watch at your convenience. Just look for Wayne Community Church on Facebook or go to www.wayneumc.com to find the link. On the church website, you can also listen to our sermon podcast, and check out the Worship Duty Schedule, as well as find current and past issues of the Wayne Messenger.

WAYNE MAINE
EVENTS CALENDAR
All in one event platform
designed to strengthen and
connect our community. SEARCH
for an event or SUBMIT an event
with the click of a button.
www.waynemaineevents.com

THE WAYNE MESSENGER Carol Steck, Editor

Sept. news is due by Aug. 15th editorwcc@gmail.com.

 \boldsymbol{G} od is Always with us.

"Don't ever be afraid or discouraged! I am the Lord your God, and I will be there to help you wherever you go." (Joshua1.9)

Surely we all have had times in life when we felt afraid or discouraged. Especially when new times or new journeys are to start. In those times, the words from God to Joshua can bring us some confidence, even knowing that it's not easy don't be afraid. Times of transitions and new journeys can be scary, but they are, actually, times of opportunity. Last month, the first page of "The Wayne Messenger" brought us a reflection on transition. Yes, they expressed their understanding about it and their gratitude and recognition of Pastor Angela's life and ministry. They remembered that as a church we have an itinerant pastoral system. From time to time pastors go and pastors come. Knowing that does not make it easy or simple. Believe me, I do know it. Despite that knowing we can always expand our group of friends and our faith's family, love does not take up room.

I was so pleased when I saw Mauren's name and mine on this newsletter's front page, not only once but twice. It encouraged me and took away some fear that was in my heart. I know that as Christians we should not be afraid because it was supposed that we know that God is in control over everything. However, we have this normal fear that is always possible as humans. I thank God for Wayne Community Church and for all the people who are part of this beloved community and have been welcoming us so graciously.

There is a new opportunity in front of us. Yes, there is a novelty for all of us. I can hear God telling me "My presence will go with you, and I will give you rest." (Exodus 33.14). Rest here is not an idea of not doing things, but in your doing you feel accomplishment in something new and flourish, bloom, and bear fruit.

These words from God to me and the words that I read and listen to from you all, have been my strength. God is also telling you all "So do not fear, for I am with you" (Isaiah 41.10) The idea here is to have the consciousness that God is still with you. Does not matter where it could be. God is always with you. We know that in all things God is working for the good of those who love him. (Romans 8.28) These words are to make you strong and make you and me believe that in God our future will be always fruitful. I feel myself a privileged person who has the opportunity to live in this amazing community built in this wonderful and natural garden and to be a pastor in a historic church and an important pillar in the Wayne community as a whole. The best thing of all is God is with us. (John Wesley)

May Jesus bless us all. Reverend Marcos Juliao.



PIANO CONCERT at Wayne Community Church Sunday, August 13th 3 - 4 pm Showcasing the Kawai Grand Piano

Doors open at 2:30 pm. Talented musicians will play the instrument, performing solos and duets with other instruments.

No tickets required. Donations accepted.

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Light refreshments and an opportunity to meet the performers will be held after in the Fellowship Hall.

CHURCH NEWS

CHURCH CALENDAR

Aug 8-7pm Ad Council Meeting

Aug 9 - 7 pm SPRC Meeting

Aug 10 - 5:30 pm Trustees Meeting

Aug 12 - Lobster Luncheon under the tent on the Parsonage Lawn

Aug 13 - 3 pm Piano Concert at church

Aug 21 - Bishop Peggy Johnson and Rev. Mary Johnson will share their personal stories

The Great Wayne Kid's Fishing Derby, sponsored by the

Church was held on July 1st, timed with the long weekend, bake sales, and the Farmer's Market. The Church is grateful for support received from Johnston Lewis Associates Insurance Group, Audette's Hardware, Winthrop Veterinary Hospital, Cobbie's Corner Store, Edward Abbey Memorial Foundation and ALT RV Service. A group of church members and supporters made it happen.

Prizes were fishing rods awarded for different kinds of fish. Winners were Leo Cormier, Luke and Grace Ryerson, Ryan Speranza, Damyan Purington, Liam Harris, Mia Harris, and



DUTY SCHEDULE

8/6 - Liturgist/Leader: Sue Spalding; Usher & Greeter: Mike & Sue

Faulkner; Flowers: Hazel Stevenson

8/13 - Liturgist/Leader: Margaret Lane; Usher & Greeter: Matt

Nadeau & Doug Stevenson; Flowers: Beth Breazeale

8/20 - Liturgist/Leader: Connie Irland; Usher & Greeter: Anna &

Perry Ryerson; Flowers: Martha Bennet Jackson

8/27 - Liturgist/Leader: Linda Kindig; Usher & Greeter: Jim Van

Cott & Don Welsh; Flowers: Patty VanCott

PASTOR MARCOS' SCHEDULE

Tuesdays - Every 1st and 3rd Tuesday 6 pm worship Bartlett Memorial UMC

Wednesdays - 8 am Men's Breakfast at Wayne General Store Visitations from 10 am to 3 pm

Fridays - Visitations from 3 pm - evening

For visitations call Pastor Marcos at 781-520-3459

WAYNE COMMUNITY CHURCH **LOBSTER & CHICKEN ROLL LUNCH**

Please join us under the tent on Saturday, August 12th. Orders being accepted now as pre-order and pre-pay ONLY. Lobster Roll -\$28 Chicken Salad - \$10 PJ&J - \$5 All lunches come with chips, drink, and blueberry cake Eat In or Take Out 11:30 - 1:00 Order before August 4th

Contact Anna (207-458-1002) or Connie (207-446-3681)



AUGUST

BIRTHDAYS

Happy Birthday!

SEPTEMBER

1--Pamela Hedden

1--Peter Libbey

4--Duncan Lovejoy

5--Chuck Jackson

6--Kaylinda Libbey

7--Nancy Teachout

9--Helen Murray

9--Dan Dorson

9--Linda Kindig

9--Joan Peterson

10--Sonny Farnham

10--Pamela Abzan

11--Stephanie Cook Borges

11--Elaine Briggs

12--Emily Woodbury

14--Barb Rothe

16-Mike Brenner

20--Noel Pelliccia

20—Gunnar Higgins

21—Peter Drown

21--Carol Hurley

23--Sue Faulkner

28--David Stevenson

30--Phyllis Gailey

30--Susan Burleigh

1--Linda McKee

3--Dale Hinds

4--Paul Householder

5--Eric Lovejoy

5--Nell Dalheim

6--Tom Isaacson

7--Joe Stevenson

8--Monica Harkins

9--Andrew Barnes

13--Pete Peterson

15--Lee Goucher

19--Mike Kaberle 19--David Pearson

19--Gisela Tatem

20--Adam Harkins

22--Betsy Bowen

23--Mary Alice Cook

23--Steve Lincoln

25--Larry Stewart

25—Sarah Morrill

27--Robert Fyler

28--Corby Burns

28—Jim Breazeale

28--Cathy Cook

29--Nancy Martin

AUGUST ANNIVERSARIES

3 - Lance & Ellen Gurney (38 yrs)

3 - Peter & Debbie Emery (49 yrs)

5 - Michael & Jenny Bennett (17 yrs) 8 - Jay & Tammy Lindsey (36 yrs)

8 - Woody & Louise Thompson (52 yrs)

11 - Alice & Stephen Lincoln (61 yrs)

11 - Dick & Joanne O'Connor (56

12 - Eric & Dawna Gardner (17 yrs)

14 - Chris & Kim McKee (24 yrs)

17 - Tom & Tina Barden (32 yrs)

19 - John & Phyllis Gailey

22 - Tom & Jan Cook (52 yrs)

12 - Rodney Herman

13--Alison Lincoln-Rich

14--Barbara Penrod

29--Jane Giglio

You're a Keeper

28- Rich & Barb Rothe (35 yrs)

28 - Jon & Alice Olson (46 yrs) 28 - Nate & Kristin Murray-James

29 - Donald & Susan Welsh (53 yrs)

SEPTEMBER ANNIVERSARIES

2--William & Andrea Haigney (33

2--Ken & Brenda Gould (46 yrs)

3--Tom Isaacson/Emily Woodbury (19 yrs)

4—John & Donna DeBlois (13 yrs) 5--Ron & Beth Milliken (42 yrs)

10--Barbara J. Lane 10—Sarah Pottle 11--Josh Reynolds 12—Chet Coulombe

5--Robert & Linda Fyler (36 yrs)

5—Mike & Kerrie Brenner (20 yrs)

7—Jonathan & Gina Lamarche (21 yrs)

9--Jeff & Robin Mullen (34 yrs)

10--Mike French & Tori Jackson (18 yrs)

11--David & Ellen Randall (41 yrs)

12 -Ken & Sue Spalding (42 yrs)

17--Randy & Tanya Evans (40 yrs)

19--Adam & Monica Harkins (13 yrs)

20--Sam & Kate Saunders (15 yrs) 21--Mary Sheridan & Matt Crane (19 yrs)

23--Carroll & Gerry Paradis (34 yrs)

23—Sid and Christina Rao (34 yrs)

26--Greg & Amy Black (36 yrs)

26--Andrew & Rachel McPhedran (14 yrs)

TOWN NEWS

The Town Office <u>moved</u> to the North Wayne Fire Station at 14 Kents Hill Road. The same office hours: Tues. thru Thurs., 9:00 AM to 5:00 PM. The same phone number (207) 685-4983 and the same fax number (207) 685-3836. The same cool staff: Cathy, Bryce, Chip, Bruce, and Matt. The only change is just new digs, come on down, check it out, and sit a spell. If you have any questions, please don't hesitate to contact me, at (207) 685-4983 or townmanager@waynemaine.org.

This month the **Selectboard** will be meeting on **Tuesday**, **August 1**, and **Tuesday**, **August 15** at **6:30 PM** at Ladd Recreation Center and remotely.

The Selectboard now has one new email account that auto forwards to all their individual Selectboard email accounts. To contact the Wayne Selectboard by email: selectboard@waynemaine.org

This month the **Planning Board** will be meeting on **Thursday**, **August 3** at **6:30 PM** at **Ladd Recreation Center** and remotely.

The Planning Board now has one new email account that auto forwards to all their individual email accounts. To contact the Wayne Planning Board by email: planningboard@waynemaine.org.

This month the Conservation Commission will be meeting on Wednesday, August 9 at 5:30 PM at Cary Memorial Library.

The Town's **Assessor Agent Matt Caldwell** from RJD Appraisal will be available by appointment on **Wednesday**, **August 30**, from **8:00 AM to 4:00 PM** to answer any questions you might have about your assessment or tax bill. To schedule an appointment, please don't hesitate to contact the Town Office at (207) 685-4983.

Readfield Transfer Station's last Sunday for the summer will be **September 3**, **2023**, from 8 AM to 12 Noon.

In observation of Labor Day, Monday, September 4, 2022, the Town Offices will be closed.

Your **2023 property taxes** will be committed on August 1st, and tax bills will be mailed at the end of August. Property taxes are due on **Saturday, September 30th, 2023**.

Please be courteous to your neighbors and drive responsibly. The Town has contracted with Kennebec County Sheriff's Office for rural patrol this summer. Police will take notice.

Several years ago, the Town adopted a **Consumer Fireworks ban**. Please respect this ban for everyone's safety and peaceful enjoyment of town.

The Town has an Animal Control Ordinance that states no domesticated animal, licensed or unlicensed, shall be permitted on Town property (highways, sidewalks, Ladd Recreation Center, parks, footbridge, Wayne Town House, North Wayne School House, Town Boat Launch, Fire Stations, or old Town Office) without a leash. The Town provides dog waste bags in the parks around the millpond, please be courteous to others

Update on the Property Tax Stabilization Program for Seniors.

The State of Maine legislature decided to sunset the **Property Tax Stabilization Program for Seniors** after one year. As a result, the Town cannot accept applications for the 2024 tax year. However, if you were accepted into the program, your 2023 tax bill will be frozen at the 2022 tax amount, the same as your 2022 tax bill

If seniors are looking for tax relief going forward, the legislature has expanded the existing **Property Tax**Fairness Credit and State Property Tax Deferral Program. Both programs will be handled through the Maine Revenue Service. For more, go to the https://www.maine.gov/revenue/taxes/tax-relief-credits-programs/property-tax-relief-programs.

Browntail Moth Update

How can I prevent attracting browntail moth adults?

- *Turn off unnecessary outdoor lights at night from July until the first week of August to dissuade moths from flying near your property.
- *Consider switching to yellow-spectrum lights instead of the traditional cool white-colored lights as yellow bulbs are less attractive to adults.

If you already have browntail moth adults near you, you can put a HEPA filter into a wet/dry vacuum and fill the base of the vacuum with a few inches of soapy water. Vacuum the moths off the side of your house, porch, garage, or other surfaces. Leave them in soapy water for a few days before disposing of the vacuum contents.

For more information about Browntail Moth, go to: https://www.waynemaine.org/browntailmoth

CARY MEMORIAL LIBRARY NEWS

Tuesday, Aug. 15, 7 pm

Mark Rochkind Presents ROME - The Most Visited City in the World

There are good reasons why Rome is perhaps the most visited city in the world. My wife and I spent 14 days there in Spring of 2023. Rome is a visual delight. I'll comment on the most visited sites and then focus on art, architecture, and cuisine. Through art and architecture we get introduced to some of the history of Rome and a few personages who contributed importantly to its grandeur. As for cuisine — well, that represents a fun aspect of any Rome experience. Drawing on our 14 day stay, I'll suggest some not to miss opportunities and some ways to make a visit to Rome and its environs a pleasant adventure.

Saturday, Aug. 12 9 am Library 5K



Run, Stroll, Bike, Walk Your (Leashed) Dog through the village beginning and ending at the Wayne Elementary School.

Registration forms and details at https://www.cary-memorial.lib.me.us/. A big shout of appreciation to the Wayne Volunteer Fire Department for the traffic/safety assist that morning—THANK YOU! All proceeds benefit the library. Prizes for the winners and Tubby's tokens for the kids who participate. Questions? Contact the library.

Monday, Story & Craft Series

Monday, Aug. 7, 10:30 am: Bev Petell Fun with Owls

Monday, Aug. 14, 10:30 am: Paula Norton Stories of Kindness and Friendship

Summer Reading Club: Our program is geared to kids of all ages, toddlers thru Middle School. Reading logs can be downloaded from our website or picked up at the library. Complete your reading goal and return the filled-out log to the library to earn a free prize book and a free Tubby's. https://www.cary-memorial.lib.me.us/

Monday, August 21st at 7:00 pm at the Wayne Community Church (sanctuary) A collaborative program sponsored by the Wayne Community Church and the Cary Memorial Library

Community Conversation on Gender Identity We are pleased to present the Interim Bishop of the New England Annual Conference of the United Methodist Church, Bishop Peggy Johnson and her transgender wife, Rev. Mary Johnson who will share their personal stories. Bishop Johnson is the author of The Ever-Expansive Spirit of God. While this program is a presentation and not a book discussion, her book is available through ACTApublications.com and Amazon for interested readers.

Note: Copies of the book Becoming Nicole (discussed in our July book discussion) are available to borrow from the Cary Memorial Library, and reading it would pair very well with this presentation.

Cary Memorial Library Silent Auction at the Williams House Aug. 10-Aug. 16

We are excited to host our traditional Silent Auction, a library tradition since the 1990s. Our twist on "tradition" is that we'll continue the hybrid mode — we will have a lovely display at the Williams House for you to peruse in person, but all bidding will be online.

The Auction Team welcomes your donations of hand-crafted, art, antique, vintage, downsizing items, or attic treasures, as well as interesting/fun experiences. (Thanks to those who have already contributed wonderful donations!)

We depend on your eclectic donations to make the auction fun for the community, and a good fundraiser for the library. Items are needed by Aug.5. (Earlier is better.) Please contact the library if you have a question about a donation. If you have something that needs to be transported, like furniture or a boat, we can help when advance notice is given.

With Appreciation from the Auction Team:

Janet Adelberg, Patti Lawson, Jo Moore, Bev Petell, Pat Rochkind and Lynette Stinneford

Thursday, August 10, 5 p.m.- 7 p.m. Opening Reception Open Viewing Hours

August 11-14, 9 a.m.- 3 p.m.

Tuesday, August 15, 9 a.m.- 7 p.m.

All Bidding Online Only at

https://www.32auctions.com/carymemorial2023

Bidding Closes: Wednesday, August 16 at 10 a.m.

Thursday, August 3, 3:30 PM Chewonki Presents Tide Pools

The tide pool is home to a variety of species whose unique adaptations allow them to maintain stability in a world that is in a constant state of change. Which species can endure the waves, tides and temperature changes of the rocky coast? Using this interactive traveling display, participants will dip their hands into the three zones of Maine's rocky intertidal ecosystem and touch some of the ocean's most magnificent species. (Program runs 1 hour and is best for kids aged 4 and above; younger is OK if they can listen and have a bit of attention span:) (This program was originally scheduled for July 3.)







First Saturday at the Cary Memorial Library's Williams House

August 5th - 9 am to Noon



More than 100 people visited the Williams House on July 1st but we still have many interesting boutique items and books available. Come and relax in the happy atmosphere. Enjoy the quiches, scones and cinnamon buns made by our dedicated, talented bakers with a delicious cup of coffee or tea. Browse the rooms of books and boutique items. New items include a Keurig coffee machine, mini billiard table, tons of puzzles, a country red cupboard & vintage short dresser.

Visit the Alice Room which is open on each First Saturday. Also open by appointment. We look forward to seeing you.

MT. PLEASANT CEMETERY ASSOCIATION

Anyone who has family buried in this private cemetery (off the Gott Road) or owns a plot here, is a member of the Association. I am developing an email list to distribute information of interest to members. Please let me know if you would like to be on this email list.

Judy Danielson, Secretary, Mt. Pleasant Cemetery Association Judydanielson@gmail.com

Wayne Fire Dept monthly meeting
All welcome
the second Wednesday of every month,
6:30 PM



Wayne Farmers' Market Saturdays from 9 am until noon

Come for great local products, visit with neighbors and friends, talk with vendors and producers,

and enjoy music by the mill pond!

For sale this summer: vegetables, herbs, plants, fruit (in season), flowers, eggs, micro greens, goat cheeses, pepper jellies, baked goods, maple products, natural skin care products, gournet candy, crafts and more. It's a great opportunity to stock up for your week and buy some treats, while supporting hard-working local growers and producers.

Beautiful three bedroom cottages on Lake Pocasset and Pickerel Pond for rent from mid May through mid October. All cottages have a private dock in front and a sandy beach in common.

Contact Deb Duplisea at debrduplisea@gmail.com. Current rentals are available in spring and fall.

Jarre Sa Jawa Jaka Jarre Sa Jawa Jarre Sa Jarre

In Loving Memory
James "Jim" Whitney Brush



James "Jim" Whitney Brush, 98, a resident of Mills River, NC, and summer resident of Wayne, ME from 1933 until 2014, passed away peacefully on Saturday June 24 after a brief illness.

James was an Electronic Engineer who worked on the Manhattan Project and worked for the Dept. of the Navy in Washington D.C. He was married to Penelope Joyce Stevenson until her passing in May 1977. He remarried in 1980. He is survived by his wife, Evie Brush, his daughter Tricia Thompson and son-in-law, Charlie; Tricia's sons Tim Perando and Chris Perando and his wife Jen, and their children, Alyssa and Austin; his son Charlie Brush and daughter-in-law, Kathy, and their sons, Brian Brush and Laurel Anderson, James Brush and Rose Harvey, and Stephen Brush and his wife, Allison; his son Joe Brush and daughter-in-law Pam; and daughter Mary Beth Drake and her children, Emilie and Kannon. He also leaves behind four step-children.

A more detailed obituary/memorial can be found at: https://jameswhitneybrush.blogspot.com

A memorial service will be held at St. Andrew's Episcopal Church, 9 Turkey Lane, Winthrop at 11 a.m. on August 19th. In lieu of flowers donations may be made to: Veterans History Museum of the Carolinas (VHMC), 21 East Main Street, Brevard, NC 28712 with a memo "In Memory of James W. Brush"

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Surface Use Restriction on Androscoggin Lake.

With water recreation activities in full swing, please remember to stay well away from the restricted area in the Inner Cove of Androscoggin Lake, not far from the public boat launch. The Surface Use Restriction is in place because invasive milfoil has been found there, and efforts are underway to contain and eradicate it. The area is well-marked, and there is a channel for passage if you need to access the dock for Cobbie's Corner Store. This means not casting fishing lines into the area as well. Fishing lures can catch on delicate stems, and risk spreading plant fragments that can quickly take root in other areas. Please inform your guests and renters as well, if applicable. FMI: https://30mileriver.org/androscoggin-milfoil/

SAVE ANDROSCOGGIN: MID-SUMMER WATER QUALITY REPORT

Despite the challenges of persistent rain throughout much of July, the important work of the Save Androscoggin project to combat milfoil and future algae blooms has continued.

Using kayaks and scopes, the 30 Mile River Watershed survey team monitored the Inner Cove lake bottom approximately four days a week throughout July, depending on weather conditions, to detect the presence of invasive milfoil. As of mid-July, the survey team discovered five invasive milfoil plants, which were marked by buoys and removed by scuba divers trained in safe milfoil removal practices. No milfoil was discovered outside the surface area restriction zone.

With respect to water quality testing, clarity readings in mid-July showed a depth of 5.68 meters (over 15 feet). This clarity level was an improvement over the reading taken earlier in July. The 30 Mile River team and Androscoggin Lake Association (ALIC) volunteers are testing phosphorous levels every two weeks. This testing is important because phosphorous levels have a major impact on triggering algae blooms. Due to persistent high water conditions, the water quality testing team has been able to measure conditions down to a greater depth than is typical. Generally, testing shows that temperatures of the bottom layers of water in the lake are cooler than last year.

All of the work being done to preserve and protect Androscoggin Lake would not be possible without your support of *Save Androscoggin – Campaign for a Healthy Lake*. Please go to 30mileriver.org and click on Donate to find the link to *Save Androscoggin*.



Androscoggin Lake Association (ALIC)
Annual Meeting
Sat. August 5th
Check in 9:30 am
Potluck after the meeting
Location: Wayne Ladd Rec center
Come join us!



Notice: Pocasset Lake Association Annual Business Meeting and Social Hour that will be held at the Androscoggin Yacht Club on Thursday, August 17, 2023, at 5:30 p.m. For the social hour, we ask each family attending to bring a hearty appetizer to share.

We welcome new members. You do not have to be a lake/pond property owner to join, only to care about Pocasset Lake, Pickerel Pond as well as our surrounding lakes and ponds.

The association needs your help in continuing their support of the many programs in our area which monitor and help maintain the quality of our beautiful lakes and ponds.

Our guest speaker this year will be Charlie Tyburski speaking on Pocasset and Androscoggin Lake and its fishing history.

Looking forward to seeing you at the meeting.

LOVEJOY POND IMPROVEMENT ASSOCIATION

Saturday, **August 5 at 5 p.m**. The Annual Meeting of the Lovejoy Pond Improvement Association will be held at the Kents Hill Alpine Ski Lodge, which is across Route 41 from the Kents Hill School Campus.

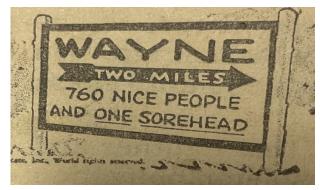
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Continued Conversations on Gender Identity Sponsored by The Wayne Community Church and

The Cary Memorial Library

Monday, August 21st at 7:00 pm at the Wayne Community Church

We are pleased to present the interim Bishop of the New England Conference of the United Methodist Church, Bishop Peggy Johnson and her transgender wife, Rev. Mary Johnson who will share their personal stories. Bishop Johnson is the author of *The Ever-Expansive Spirit of God*. While this program is a presentation and not a book discussion, her book is available through ACTApublications.com and Amazon for interested readers.



"I found this while going through a box of correspondence from the 1950's belonging to my grandfather, Jack Perkins, a prominent Wayne resident."

Janet Bernhards

J

RECIPE CORNER

Bon Appetit!

Moroccan Lamb

2 1/2 lbs. lamb shoulder (or leg) boned and cut into 1 1/2-inch cubes

1/4 c. olive oil

4 sm. onions, peeled and quartered (or 1 lg.onion, chopped)

2 T. fresh ginger, chopped (or 2 tsp. ground)

2 cloves garlic, peeled and crushed

3/4 c. raisins

1 (16 oz.) can chopped tomatoes with liquid

1/2 c. fresh parsley, chopped

1/2 tsp. salt (optional)

1/4 tsp. pepper, freshly ground

1/2 c. almonds with skins, sauteed in butter (optional)

2 eggs, hard boiled, chopped fine (optional)

Brown lamb in olive oil and set aside. Add onions, ginger, and garlic to drippings in pan and saute for 5 minutes or until onion is golden brown. Cover raisins in hot water and set aside Return lamb to pot and stir in tomatoes, parsley, salt and pepper. Cover pot and simmer for 1 hr and 15 min, stirring occasionally, until meat is tender. When meat is done, drain raisins and add to the pot of meat. Garnish with almonds, chopped egg, and minced parsley.

Moroccan Lamb is a favorite at the Ladd Family Summer Camp.

"Wayne Creates!" COMMUNITY ARTSHOW

Wayne's Aging at Home Center is inviting Wayne people, and their families and friends with a Wayne connection, to share their original artwork for a show at the AAH Center. Do you paint, draw, take photographs, or create fiber art? Perhaps you have a painting done by a relative long gone. Perhaps you have loved to draw or paint since you were young; perhaps you have a career in the visual arts; or perhaps you have found new artistic outlets in retirement.

We would like to celebrate the joy found in making and sharing art.

Enter your work by submitting the entry form to the Aging at Home committee by the deadline of Friday, Aug 18.

You can do that in one of two ways:

Fill out an entry form at the AAH Center during regular open hours.

OR, send an email with the subject line AAH art show to janedavismaine@gmail.com, and we will email you the form.

All items accepted for the show must be ready for hanging by the drop-off date. (Note: we also have limited windowsill space for small and <u>unbreakable</u> three-dimensional objects).

This is not a juried show. All levels of expertise are welcome. Adults of all ages are invited to join. We are not including children's art due to space limitations, but we may have a kids' art show in the future.

You may submit up to three items, but if we have many pieces to share, we may have to limit each artist to one piece. We will let you know through the contact information you provide.

Art will be displayed at the discretion of the AAH committee. All artists will be asked to sign a waiver of liability.

Drop-off dates for your work will be Wednesday, September 6 from 1 to 4 pm and Friday, September 8 from 9 am until 12:30 pm, at the AAH Center on the lower level of the Wayne Community Church.

For more information, call Jane Davis at 207 458-4371.

The show will run from September 12 through October 18. An opening reception with light refreshments will be held on Tuesday, September 12 from 5 to 7 pm. The show may be viewed during regular AAH hours: Tuesdays 9 am to 1 pm; Wednesdays 1 to 4 pm; Fridays 9 am to 12:30 pm.



As you read this, we will have had our Open House, a celebration of our presence in the new space at the Wayne Community Church for a whole year! The celebration was scheduled for July 22. Our program has expanded and expanded since

we moved in. We are grateful to the church for the space to serve Wayne's elders. We hope to continue for years to come!

Our newest adventure is WRITING YOUR OWN OBITUARY, a group endeavor scheduled to begin Friday, August 4th, 9:30 to 11 at the Center. Come and explore what is important to you, what to include, and what perhaps to leave out. You know your history better than anyone else, and on what dates you did what important things. Your family will be thankful that you thought of this ahead of time and wrote it down! We have seen examples of hilarious obituaries done by the person before their death! Patti Lawson has agreed to lead the group. Thank you, Patti!

Aging At Home had a table at the wonderful Strawberry Festival on July 8. We distributed flashlights, reflective numbers, and the Files of Life to many people. We signed up several others to our mailing list, and they will receive information about who we are and what we are planning. If you want to join our email list or regular mail list, call or email me to get it done.

Friday September 8 at 9:30 AM Ken Foss and his daughter Deborah Emery will present a program about Ken's Honor Flight to Washington DC. Ken and Deborah (as helper) were flown to DC to be honored for his service during wartime. It was a 3-day trip to celebrate Ken and other veterans. Come with your questions about the trip and about how you can help family veterans be honored in the same way.

Our next Luncheon will be Wednesday, Sept 27, at Noon at the Aging At Home Center. Everyone is invited and the luncheon is free. Donations accepted. The usual fare is pizza and salad. Please come and meet your friends and neighbors or make new friends.

The Grief Support Group continues to meet on the 2nd Wednesday of the month (Sept 13) at the Center. Lead by Sue Gould, it is a comfort, no matter how long it has been since you lost your loved one.

Chair Yoga with Sue Coady is taking off the month of August. We will see her again in September. (Isn't that a song?) for more no-stress yoga.

We have many more programs. Get in touch if you have a question about any program or a suggestion for something new.

Pam Chenea, Coordinator Aging At Home, Wayne berryponder@ gmail.com 207-685-9378



Botanical Sketching Workshop Camp Bearnstow, Mount Vernon Tuesday, Aug 1, 5:30 - 7:30 PM

REGISTRATION REQUIRED

Join Kennebec Land Trust and artists Alison C. Dibble, Ph.D. and Candace McKellar for a workshop on botanical sketching on August 1 from 5:30 - 7:30 PM. Suspend your self-imposed limitations while you have fun being creative. Sharpen your observation skills, and appreciate plants even more. Materials provided. Limit: 12 people, age 16 and over.

Our purpose, for the sake of this workshop, is not necessarily to represent a plant for identification purposes. Instead, we provide a method by which to sharpen your observation skills, allow yourself more time with a fascinating plant, and perhaps discover something about yourself. By calling this "sketching" we relieve

ourselves of the expectations that we must produce a masterpiece. We can just have fun creating. Cost: \$18 (\$13 for KLT members) - includes materials. To register, email Marie



Oil on panel by Alison Dibble

Hales Pond Woodland Preserve Dedication Thursday, August 17, 5:30 PM Hales Pond Woodland Preserve, Fayette

Kennebec Land Trust permanently conserved the 74acre Hales Pond Woodland Preserve in 2022 thanks to a generous donation from Albert Ferguson and his wife, Effie, and John Moore's companion Marilyn Donnelly.

Join KLT on August 17 to celebrate this conservation accomplishment and explore a new trail. There will be brief comments at 5:30 followed by refreshments and a hike on the new trail on the property.

For more information or to RSVP, contact Marie at mring@tklt.org or 207-377-2848. RSVPs are helpful, but not required.

Directions: From Wayne, take Pond Road north to the four-way intersection with the Berry, Walton, and Richmond Mills Roads. Continue north onto Richmond Mills Road for approximately 1.3 miles; turn right onto Bamford Pond Rd.

KLT's 35th Anniversary Annual Meeting Sun., Aug 20 Camp Androscoggin, Wayne

Celebrate Kennebec Land Trust's 35th Anniversary and 2023 conservation accomplishments at KLT's Annual Meeting on August 20. Join KLT for a walk at Perkins Woods Preserve, kids' nature art activities, or an open swim and paddle at Camp Androscoggin before the annual meeting. There will be live music by the Sandy River Ramblers during the bring-your-own picnic lunch with desserts and drinks provided.

For more information or to RSVP, visit www.tklt.org/ annual-meeting or contact Marie at mring@tklt.org or 207-377-2848.

Nonprofit Offers Insulating Window Inserts for Energy Savings and a Warmer Home

The nonprofit organization **WindowDressers** provides insulating window inserts that fit inside a home's existing windows, to let in all the sunlight and views while keeping more heat inside the home. The inserts are high quality and low cost because they are built at barn-raising-style Community Builds across Maine, Vermont and New Hampshire. Everyone who orders inserts also participates in the Community Build.

Local WindowDressers volunteer teams in Winthrop, Manchester, and Hallowell are accepting orders now for the fall Community Build season. The Winthrop Build is sponsored by Winthrop Area Rotary Club and will take place October 27 – November 1, 2023, at Winthrop Middle School, 400 Rambler Rd, Winthrop. The Manchester-Hallowell Build is sponsored by Manchester Conservation Commission and Hallowell Conservation Commission in partnership with Capital Area New Mainers Project, and will take place November 3 – 8, 2023, at the Hallowell Multicultural Center, 20 Union St., in Hallowell

The inserts are built of attractive pine frames and wrapped drum-tight with two layers of durable plastic film. These layers create an insulating air space while letting in all the light and views. Foam weather-stripping around the outer edges stops drafts and ensures the insert's snug fit. Depending on the efficiency of your windows and home, you could see fuel savings of up to 20% with inserts in place.

Once you sign up, trained volunteers will schedule a time to measure your windows for the custom-built inserts. Then, you and other community volunteers will gather to build the inserts at the Community Build near you.

For people who are experiencing financial hardship, WindowDressers offers up to 10 inserts per year for no-cost. For middle and high income homes and businesses, the price is a fraction of the cost of similar commercial products. Pricing is based on the exact size of the insert to cover the cost of materials. A medium-sized 30" x 52" insert in pine costs \$48.50 plus tax.

The deadline for having your windows measured is around September 30, 2023, so interested households in any community should sign up right away at www.WindowDressers.org or call (207) 596-3073. Orders will be assigned to the Winthrop or Manchester-Hallowell Build or to a build closer to your home.



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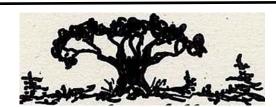








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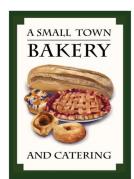
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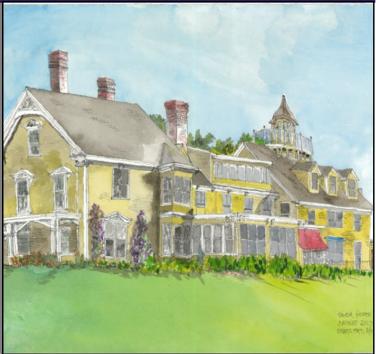
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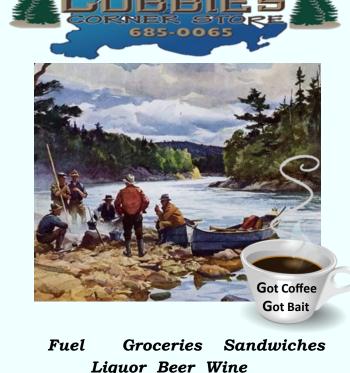




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