

WAYNE COMMUNITY CHURCH

P.O. Box 300, Wayne, ME 04284 (207) 685-3505

Rev. Marcos Juliao pastorjuliao@yahoo.com (781) 520-3459 Pastor Marcos is off on Mondays but always available when needed

Carol Steck, Admin wayneumc@roadrunner.com (207) 685-3505

Church Office Hours: 10 am-12 pm Tues, Wed, and Thurs

Services will be available in person and livestreamed on Facebook every Sunday morning at 9:30. If you are unable to join us at that time, the recorded service will remain on Facebook for you to watch at your convenience. Just look for Wayne Community Church on Facebook or go to www.wayneumc.com to find the link. On the church website, you can also listen to our sermon podcast, and check out the Worship Duty Schedule, as well as find current and past issues of the Wayne Messenger.

THE WAYNE MESSENGER Carol Steck, Editor

Oct. news is due by Sept. 15th editorwcc@gmail.com.

It is going to be beautiful

The heavens declare the glory of God; the skies proclaim the work of his hands. (Psalm 19.1)

How great are your works, LORD, how profound your thoughts! (Psalm 92.5)

The time goes fast. It is September, it looks like New Year's Eve was yesterday. The Summer is gone, and winter is coming. However, we are going to see the most beautiful season of the year, Fall.

When I moved from Sao Paulo to Boston, I arrived in February, wintertime; the white and beautiful snow was new to me. Then, I could see the Spring and the Summer and I was amazed how quickly the green comes up and how bright all flowers were; the warm Summer with the blue sky was also impressive. Then, someone told me that "It is going to be the most beautiful season of all". When I first saw Autumn, I remembered those two Psalms at the beginning. YES! Fall is the most beautiful season around here.

When I was looking for some information about Maine, before moving, the first thing about Maine that I came across was how Fall is gorgeous around here, and I said to myself: "It is going to be beautiful."

I am working with myself every time to be aware of God's presence and God's glory in everything, at every time. It is for me a way to keep me open and prepared to face my day and meet people in a meaningful way and I invite you to do the same. May this colorful season bring us new perspectives about God's love and Grace. Let us be grateful for all those gifts that are surrounding us.

Because I know that some days are hard to face and go through, I invite you to be inspired and encouraged by the Creation – it has no voice, although, every small piece declares God's Glory and shows us God's power. To observe carefully everything around us can help us understand that every difficult time shall pass, and tomorrow can be beautiful and full of new possibilities, because life has seasons, and they go and come back, always bringing something new.

Remember: God's grace is among us.

Pastor Marcos Juliao





Thank you for being part of the Wayne Community.

As you know our Messenger has been a small piece that is helping our community to keep in touch with everything that happens and everyone who is sharing life in our community. As Messenger's sponsors, we cannot work without your support. Like everything in life and in our society, we have seasons, different times with different possibilities and necessities. September is the time to share our dream to continue and improve our minister of communication through the Messenger, a familiar and community-centered newsletter. We can do it and make it better year by year with your help. We would love to have you as our partner and supporter for the next year.

If you receive a hard copy, there is an envelope for your donation. If you do not receive the envelope for contribution, you can send it to Wayne Community Church, PO Box 300, Wayne, ME 04284. Please indicate "Messenger Donation" on your check or in the envelope. There is also an online donate button at www.wayneumc.com. Scroll to bottom of opening page.

If you have already donated in 2023, thank you so much for your support!



CHURCH NEWS

CHURCH CALENDAR

September 12 – Ad Council meeting at 7:00 pm September 14 - Trustee's meeting at 5:30 pm September 20 - SPRC meeting at 7:00 pm

PASTOR MARCOS' SCHEDULE

Visitation sign-up sheet is available in the church sanctuary or call Pastor Marcos at 781-520-3459

Sundays -9:30 am Worship Service

Tuesdays -Every 1st and 3rd Tuesdays at 6 pm

worship and preaching at Bartlett

Memorial UMC

Wednesdays - 8 am Men's Breakfast

Visitations from 10 am to 3 pm Prayer meeting 5 pm at WCC

Fellowship Hall

Visitation From 3 pm to evening Fridays -

WAYNE MAINE **EVENTS CALENDAR**

All in one event platform designed to strengthen and connect our community. **SEARCH** for an event or **SUBMIT** an event with the click of a button.

www.waynemaineevents.com



DUTY SCHEDULE

9/3 - Liturgist/Leader: Jim VanCott; Usher & Greeter: Lou-Anne &

Rick Parker; Flowers: Cindy Pelliccia

9/10 - Liturgist/Leader: Kathryn Soderberg; Usher & Greeter: Doug &

Holly Stevenson; Flowers: Tammy Lindsey

9/17 - Liturgist/Leader: Wendy Allen; Usher & Greeter: Lloyd Irland &

Emily Clifton; Flowers: Gloria Ladd

9/24 - Liturgist/Leader: Doug Stevenson; Usher & Greeter: Kathryn

Soderberg & Bahar Uttam; Flowers: Judy Danielson

The Wayne Community Church thanks all that helped make this

luncheon a successful event! The total raised was \$2,043. Special thanks to all of our blueberry cake bakers (Holly Stevenson, Muffy Ireland, Lynette Johnson, Gloria Ladd, Sue Faulkner, Sue Spalding, Lou-Anne Parker, Kim Moulton, Connie Irland and Anna Ryerson), Larochelle's Seafood in Auburn for the delicious lobster meat, Cobbie's Corner

Store for their donation of all potato chips (please thank them when you stop in), Taylor and Ford Stevenson for use of the tent including setup, Rick Parker and Pastor Marcos and the entire Wayne community for their gracious support. We are hoping to make this an annual event.

Many thanks from the Kitchen Crew – Kim Moulton, Lou-Anne Parker, Mike and Sue Faulkner, Connie and Lloyd Irland, and Anna and Perry Ryerson

Thank you!

SEPTEMBER

BIRTHDAYS

OCTOBER

--Linda McKee 19--Mike Kaberle 1--Dawna Gardner 3--Dale Hinds 19--David Pearson 3—Mike Mullen 4--Paul Householder 5--Karin Lyman 19--Gisela Tatem

5--Eric Lovejoy 20--Adam Harkins 5--Nell Dalheim 22--Betsy Bowen

23--Mary Alice Cook 23--Steve Lincoln 7--Dick O'Connor 8--Monica Harkins

25--Larry Stewart 25—Sarah Morrill 9--Mary Freeman

10--Dr. Tony Gotto 27--Robert Fyler 28--Corby Burns

28—Jim Breazeale

28--Cathy Cook

12—Chet Coulombe 13--Pete Peterson 14--Eric Stinneford 29--Nancy Martin 15--Lee Goucher

5--Art Cleaves 6--Brenda Gould 6--Carroll Lane 9--Charlotte Coulombe 11--Russell Bousquet

13--Kristin Murray-James

14--Elaine Lincoln

14—Lana Sturtevant

If hugs were lightning, I'd

send you a thunderstorm

SEPTEMBER ANNIVERSARIES

6--Tom Isaacson

7--Joe Stevenson

9--Andrew Barnes

10--Barbara J. Lane

10—Sarah Pottle

11--Josh Reynolds

2--William & Andrea Haigney (33 yrs)

2--Ken & Brenda Gould (46 yrs)

3--Tom Isaacson/Emily Woodbury (19 yrs)

4—John & Donna DeBlois (13 yrs)/

5--Ron & Beth Milliken (42 yrs)

5 - Robert & Linda Fyler (36 yrs)

5—Mike & Kerrie Brenner (20 yrs)

7—Jonathan & Gina Lamarche (21 yrs)

9--Jeff & Robin Mullen (34 yrs)

10--Mike French & Tori Jackson (18 yrs)

11--David & Ellen Randall (41 yrs)

12 -Ken & Sue Spalding (42 yrs)

17--Randy & Tanya Evans (40 yrs)

19--Adam & Monica Harkins (13 yrs)

20--Sam & Kate Saunders (15 yrs)

21--Mary Sheridan & Matt Crane (19 yrs)

23--Carroll & Gerry Paradis (34 yrs)

23—Sid and Christina Rao (34 yrs)

26--Greg & Amy Black (36 yrs)

26--Andrew & Rachel McPhedran (14 yrs)

15--Lois Dole 16—Wallace Penrod

17--Jennifer Ross

17--Ken Spalding

18--Doris Anne Holman

20--Anita Gotto

20--Roger Kneeland

21--Connie Cleaves

22--Dorian Edwin

23--Rev. Dr. Bill Nye

25--Jon Olson

25--Karen Weiner

26--Rachel McPhedran

27--Ray Jacobsen

28--Florence Rollins

29--Beth Milliken

30--Sue Boothby

31--Linda Morin

1--Henry & Mary Alice Cook (63 years)

5--David & Hazel Stevenson (38 years)

7--John & Bonnie Wilder (56 years)

8--Andy & Kelly Kittel (35 years)

8—Tracy and Patrick McAleer (6 years)

17--Sonny & Mary Farnham 70 years)

20--Chet & Charlotte Coulombe (33 yrs.)

TOWN NEWS

The **Town Office** <u>moved</u> to the **North Wayne Fire Station** at **14 Kents Hill Road**. The same office hours: **Tues. thru Thurs., 9:00 AM to 5:00 PM**. The same phone number (207) 685-4983 and the same fax number (207) 685-3836. The same cool staff: Cathy, Bryce, Chip, Bruce, and Matt. The only change is just new digs, come on down, check it out, and sit a spell. If you have any questions, please don't hesitate to contact me, at (207) 685-4983 or townmanager@waynemaine.org.

Readfield Transfer Station's last Sunday for the summer will be **September 3, 2023,** from 8 AM to 12 Noon.

In observation of Labor Day, Monday, September 4, 2022, the Town Offices will be closed.

Your **2023 property taxes** will be committed on August 1st, and tax bills will be mailed at the end of August. Property taxes are due on **Saturday, September 30th, 2023**.

Please be courteous to your neighbors and drive responsibly. The Town has contracted with Kennebec County Sheriff's Office for rural patrol this summer. Police will take notice.

Several years ago, the Town adopted a **Consumer Fireworks ban**. Please respect this ban for everyone's safety and peaceful enjoyment of town.

The Town has an Animal Control Ordinance that states no domesticated animal, licensed or unlicensed, shall be permitted on Town property (highways, sidewalks, Ladd Recreation Center, parks, footbridge, Wayne Town House, North Wayne School House, Town Boat Launch, Fire Stations, or old Town Office) without a leash. The Town provides dog waste bags in the parks around the millpond, please be courteous to others who use these public facilities, and please pick up after your dogs.

Thanks to a generous grant from AARP Maine, Wayne's Aging At Home (AAH) program received 40 rechargeable power banks in mid-August to distribute to elders in town- see the description below. These power banks help people to stay connected during power outages. The grant paid \$70 of the \$80 cost for each of these power banks, so the net cost to Wayne elders is \$10. Donations above that \$10 amount are welcome and will allow AAH to buy more power banks. The power banks may be all spoken for by the time this issue of the Messenger is published, but please contact Stan Davis at sdavis@waynemaine.org if you are interested. If they are all taken and there is more interest, we will try to find a way to get more of them.

What are power banks and why do people need them?

A power bank is a rechargeable battery about the length and width of a smartphone, but somewhat thicker. It can be charged using the same kind of power supply and USB charging cord that people use to charge a smartphone. When fully charged, it can recharge a smartphone or any similar device during a power outage as many as seven times or up to a week-long power outage. We increasingly rely on our cell phones for many things such as getting needed help, checking on the weather and when power will be restored, and keeping in touch with family. During a power outage, a dead cell phone battery can be a serious problem.

How often do I have to charge the power bank?

Modern power banks will hold a charge for 3-6 months; charging the power bank 3 or 4 times a year (and after it is used) should be adequate.

Should I leave the power bank plugged in to a charger all the time?

That is not necessary and could eventually lead to the power bank overheating. It's best to charge only every three months or so and after each use.

Can I use the power bank to recharge anything else?

Power banks can be used to recharge tablets and e-readers. There are also rechargeable LED lamps that can be recharged from a power bank. Almost anything that can be charged through a USB cable can be charged by a power bank.



Wayne Farmers' Market

The last market of the season will be Saturday, September 2 from 9am until noon

Come support your local makers and producers!

Wayne Fire Dept monthly meeting
All welcome
the second Wednesday of every month,
6:30 PM

The Ladd Recreation Center is offering an afterschool program to Wayne Elementary students. The primary purpose of this program is to provide childcare after school. We are a state-licensed childcare provider. Contact Adam at laddrec@gmail.com or 685-4616 to check for availability. Spots are limited and filling fast.



CARY MEMORIAL LIBRARY NEWS

Fall Hours: Say it isn't so!

Monday: 9-1 Tuesday: 3-5 Wednesday: 1-7 Thursday: 3-5 Saturday: 9-3

"A rainy day is a special gift to readers"

The library will be closed Monday, Sept. 4 (Labor Day) and Monday, Oct. 9 (Indigenous People's

Weekly Storytime: After Labor Day, we will try to have Storytime 10 am every Monday. If little ones show up, it will happen.

Monday, Sept. 11, at 1:15 Brown Bag Book Discussion. Complementing our summer Community Conversation, we will spend a bit more time discussing the powerful title Becoming Nicole. On Monday October 16, at 1:15, we will talk about Mad Honey by Jodi Piccoult and Jennifer F Boylan.



Saturday Sept. 23, 9 am-3 pm. Fall Used Book Sale: Wayne is a well-read community. I know this because the library is well used and supported and ...because we are given many, many good used books for our book sales. We expect to have a fine selection of all genres, including good children's books, a large selection of cookbooks, large print books, and more. Come browse and treat yourself to a bag full of books--ready for those quiet winter days. Note: only books in very nice condition can be accepted, thank you for understanding.

Friends of the Library: All FOL members and anyone interested are invited to our Fall Planning Meeting on Sept. 30, 9:30am. We'll hear the year's round-up of successful programs, choose new co-chairs, and make plans going forward. We'd love to have your participation. Also, please watch for our Fall Spring Bulb Sale in late September. (If you've wanted early Snowdrops in your spring garden, here's your chance.) Details coming. And, if you enjoyed the November Soup-to-Go Sale last year, stay tuned for updates as we get into Fall.

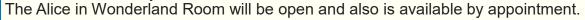
Harvest time at the Williams House Tower Garden! You'll see the greens in the tower on the Williams House patio. Please feel free to pinch off a serving or two and leave the plant to continue producing. Spring Greens, basil and lettuces are ready, with more coming along.

ALICE IN WONDERLAND ROOM at the Williams House- Will be open 9/2 during First Saturday, 9am-12noon but we also are very happy to open up for you to enjoy. Have summer friends or family/grandkids visiting? Please give us a call and we will arrange a time for your visit, Holly, 685-9005 or Cindy, 685-4235

First Saturday at the Cary Memorial Library's Williams House September 2, 2023, 9 a.m. until noon

Here comes the last First Saturday of the Summer. Can you believe it? Do drop by and enjoy the coffee and goodies and visiting with old and new friends. Browse our 4 rooms of books and interesting things.

The boutique items that were packed away for the Cary Library's Silent Auction will be unpacked and displayed for you. Perhaps you will see an item you hadn't noticed. Among those interesting items are a Japanese tea set, a Williams Sonoma popcorn maker, a stunning silver-based salad bowl, antique glass vases and moustache cups, outdoor- themed flags and banners, and art for your walls.



We look forward to seeing you.



In Loving Memory Mark N. Folk

Mark N. Folk, age 61, died Saturday, August 12, 2023, at the Maine General Hospital in Augusta following a long illness. He was born in Fort Sill, Oklahoma on December 2, 1961, the son of Dallas N. and Janet E. (Syson)

He was a graduate of Maranacook High School and attended the University of Maine, Orono, majoring in Soils Management. Mark was employed by several golf courses in Maine and worked in the field of agriculture for many years. He was a member and former club officer of the Maine Gold Prospectors.

Mark is survived by his wife, Lisa S. Liza (McClellan) Folk of Fayette; his parents of Wayne, a brother, Karl J. Folk of Atlanta, Georgia as well as several nieces, nephews and cousins. At his request, there will be no public visiting hours. A Celebration of Mark's Life will take place on September 9th at the Ladd Center in Wayne, beginning at 10:00 a.m. A private burial will take place at a later date.



SAVE THE DATE! SEPTEMBER 28 2023

WHAT IS A WATERSHED?

A watershed is the total area of land that drains into a lake, stream, river or bay. Watersheds drain (or "shed") water into lakes via streams or ditches, directly over the ground surface via roadways and development, or through groundwater. Everything that happens in a lake watershed has the potential to impact the health of the lake, for better or for worse. No matter where you live – you are in a watershed! The Pocasset Lake direct watershed covers approximately six square miles in the towns of Wayne and Fayette.

WHAT IS A WATERSHED SURVEY?

Locally-led watershed surveys such as this one have been used successfully for decades throughout Maine to document threats to water quality. During a survey, trained volunteers work alongside technical leaders, surveying the watershed by foot and by car, to identify sources of erosion and polluted stormwater runoff. Information gathered during the survey will give us a better understanding of the watershed's condition, provide solutions for landowners, and provide the information needed to apply for grant funding to fix priority problems.





Project partners include: PLA, 30 Mile, Town of Wayne, and Maine Department of Environmental Protection. Funding provided by the Davis Conservation Foundation, 30 Mile, and PLA.

POCASSET LAKEWATERSHED SURVEY



VOLUNTEERS ARE NEEDED!

Attend a FREE training seminar and learn about watersheds, how to identify erosion and other sources of polluted stormwater runoff, and ways to help protect water quality in Pocasset Lake.

If you would like to be a survey volunteer, register online here:

www.30mileriver.org/volunteer

or contact Whitney Baker at (207) 860-4043 or whitney@30mileriver.org



RECIPE CORNER

Granny Hight's Blueberry Buckle

Cake

3/4 c. sugar 2 c. flour

1/4 c. butter 2 tsp. baking powder

1 egg 1/2 tsp. salt

1/2 c. milk 2 c. fresh or frozen blueberries

Heat oven to 375 degrees. Mix butter and sugar until creamy. Stir in egg and milk. In a separate bowl, sift together flour, baking powder, and salt. Mix into butter mixture. Fold in blueberries. Spread in a greased 9x9 pan. Cover with topping. Bake 40 minutes.

Topping

1/2 c. sugar 1/2 tsp. cinnamon

1/3 c. flour 1/4 c. melted butter

Mix all ingredients together.

Note: The Hights lived down the road from the parsonage in Kent's Hill and were members in our church. They "adopted" us when we moved back to Maine in 1965 because our grandparents lived so far away. We went there for Trick or Treat and always had Christmas dinner at their house.



Susan Misner

Thomas M. Carhart

1946 - 2023

EAST LONGMEADOW, MA – Thomas M. Carhart, 77, passed away on July 14, 2023, at Brigham and Women's Hospital in Boston. Born in Flushing, NY, on March 5, 1946, he was the son of the late Clinton P. and Marjorie (Nash) Carhart.

Tom had a longtime connection and love of Wayne as he spent summers there every year at his home on Lake Street enjoying much of his time on Androscoggin Lake. The Carhart's have a long, rich history in Wayne through the Millett family, who arrived there in the early 1800s. They occupied the large white house on Memorial Drive as well as owning all the property to Pine Point. More than six generations followed. In the late 1960s, Clint and Midge Carhart, Tom's parents, built a year-round home on the property to spend the retirement. Over the years, holidays and summers were spent with them in Wayne, and the family continues to enjoy spending time on the lake after their passing.

To cherish his memory, Tom leaves his beloved wife of 38 years, Frances M. (Lembo) Carhart; his children Jennifer Macznik and her husband Eric, and Jonathan Byron and his wife Megan; his grandchildren Taylor Blake and his father John Blake, and Anthony, Dominic, and Gianna Byron and their mother Patsy Basile; his brothers Peter Carhart and his wife Margaret of New Jersey, and James Carhart and his wife Linda of California; niece Sarah and nephew Christopher Carhart of New Jersey; niece Caitlin and nephew Timothy Carhart of California. Memorial contributions in memory of

Tom may be made to the Sarcoma Foundation of America,
P.O. Box 98160, Washington, DC, 20090. For more information or to leave
an online condolence, please visit www.forastiere.com.

LOCAL ANNOUNCEMENTS



The power banks charging stations went fast. If you would like to contribute more than your \$10. for yours, You can help us purchase more to give to others for that low price. Thank you!

We have hosted a 2-week workshop, "Write your Own Obituary" taught by Patti Lawson. Patti was an animated and knowledgeable teacher. Some thought it might be morbid, but it was most interesting! Thank you Patti!

We have finished the Autobiography workshop also. Run by Tammie Fowles, the group met to discuss their lives and record them. Tammie was there to guide the process. Thank you Tammie!

On September 8th, Ken Foss and his daughter Deborah Emery will discuss their great experience going to Washington DC for Ken to be honored as a Veteran on the "Honor Flight." Don't miss this presentation. Thank you Ken and Deborah.

Beginning again in September, Tuesdays at 11 AM will be Chair Yoga, taught by Sue Coady. This gentle stretching and meditation process is helpful for those who want to improve their balance and calm their souls. Join us and learn the simple techniques. You need not get down on the floor, or better still, need not try to get up from the floor. Donations are requested for this program.

We will host an ART SHOW, "Wayne Creates" using our new hanging system to show the works. This will be works of different types, all of which have some connection to Wayne. The opening reception will be Saturday, Sept 16 from 5 to 7 PM.

For those of you who don't know, I have resigned from my position as Coordinator of the Aging At Home program for the Town of Wayne effective August 11, 2023.

I have felt supported and encouraged in my role as coordinator by the Town Manager, the Wayne Select Board, and you, the people of Wayne. This position has been rewarding for me personally and professionally.

It has been an honor being a part of the lives of the elders of Wayne, and I am grateful for the opportunity I've had to interact with and support you in my tenure since I began this position. I plan to take time to "Smell the roses." To paint watercolors, visit art galleries, and spend more time with my family. I will still see you all around Wayne! My best to you!

Deborah Emery will be the AAH Coordinator during the interim. To reach Deborah, call her at 207-592-9421 or send an email to her at agingathome@waynemaine.org

Pam Chenea, Coordinator Aging At Home, Wayne

Grassland Bird and Pollinator Habitat Workshop Surry Hill, Fayette Thursday, September 21, 4:00 PM



KLT has been working with Laura Suomi-Lecker, statewide grassland bird program manager for Ag Allies, and US Fish and Wildlife biologist Hannah Mullally to improve the Surry Hill fields for grassland bird and pollinator habitat. Join KLT staff, Laura, and Hannah for a field workshop focusing on the project. For more info and to RSVP, please contact Marie at mring@tklt.org or 207-377-2848

Photo: Bobolink, Laura Suomi-Lecker

At KLT's annual meeting, the following land donors were honored for their generous land conservation donations:

Donna & Owen Buck - Downing Woods Mount Pisgah Addition, Winthrop -36 acres

Leann Diehl - Reynolds Forest Diehl Addition, Sidney - 7 acres

Dick Wagner, Scott Wagner, & Mary Jo Wagner Dedon - Wagner Woods Conservation Area, Manchester

KLT's newest conservation property was acquired on August 8, 2023 when long-time Manchester resident Dick Wagner donated the 68-acre Wagner Woods Conservation Area to the Trust. Wagner Woods is contiguous with the Maine Department of Inland Fisheries and Wildlife's 1,140-acre Jamie's Pond Wildlife Management Area and the 228-acre Town of Manchester conservation lands. Taken together, these 1,436 acres comprise an ecologically significant conservation landscape.

KLT's newest property protects valuable woodland, wetland, and field habitats and features beautiful ledges and stone walls, as well as views of Manchester Bog and Cobbosseecontee Lake. KLT Lands Committee member Norm Rodrigue recently stated: Donations like this is where the larger community gains water quality benefits and open space are uncommon in areas with high development pressure. KLT is grateful to the Wagner family for their generosity and conservation vision.

The Wagner Woods Conservation Area opens the door for possible future trail connectivity through lands owned by the Town of Manchester, which would enhance outdoor recreation opportunities, including hiking, skiing, nature observation, and hunting. Access to the property will be over frozen ground in the winter across lands owned by the Town of Manchester and MDIFW's Jamie's Pond Wildlife Management Area.

At the time of the donation Dick's children, MJ Wagner Dedon and Scott Wagner, noted:

Mom and Dad spent the better part of six decades maintaining the fields and woods around their home in Manchester. It was a labor of love. They always hoped to be able to save the land from development. Many thanks to KLT for giving Mom and Dad the opportunity to make that dream a reality. We are all thrilled that the land will remain undeveloped, preserving its varied habitats, helping to protect the water quality of Lake Cobbosseecontee, and leaving it as open space for future generations to enjoy.

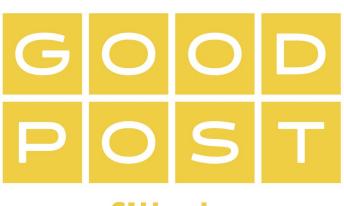
Train with Trish - Personal Fitness Training Services (Tigress Training, LLC)

Local health/fitness professional offers innovative personalized approaches to "functional fitness" - coached workouts, customized home exercise programs, and ongoing wholistic support. My mission is to help Wayne community members improve strength, balance, and mobility, and optimize well-being. If you need inspiration and support on how to "move well and move often" in all ways that matter to you, please contact me: Trish Hanley-Goodwin @ 207.441.5641 or patriciahanleygoodwin@gmail.com

- Fully equipped boutique studio located at 787 Main Street, Wayne by appointment only
- 1:1 training times available for weekdays: early morning, midday, and late afternoon/evenings; also Saturday mornings
- Also available upon request

Mobile training (at your home) Small Group Sessions Home Exercise Program Design/Consults

Duet Training Sessions (you and a workout partner)



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Fall Apple picking - Sept!!

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Tony & Michelle (207) 500-3886
hazelhillorchard@gmail.com



* TAG-A-TREE*
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Details @ www.hazelhillorchard.com

Farm stand open soon Pick - Macintosh, Cortland Purchase - Honey Crisp, G. Delicious

Beautiful three bedroom cottages

on Lake Pocasset and Pickerel Pond for rent from mid May through mid October. All cottages have a private dock in front and a sandy beach in common.

Contact Deb Duplisea at debrduplisea@gmail.com. Current rentals are available in spring and fall.





Community yoga Classes

Live via ZOOM from the comfort of your own home

SUSAN COADY Certified Kripalu Yoga Instructor 40 years teaching experience

Mondays: 9:00 - 10:30 AM \$15
Tuesdays: 5:00 - 6:15 PM \$10
Thursday: 5:00 - 6:15 PM \$10
(Yin style to stretch connective tissue)
Sundays: 8:00 - 9:00 PM \$10
(Yoga Nidra guided deep relaxation)

Emailed invitation needed to get into classes. To register or any questions call: 207-500-0314 or email: yogalady108@gmail.com

EVERYONE WELCOME!

Yoga is an incredible practice for longevity and enhancing well-being: physical, mental, and spiritual. All classes are gentle and accessible.



LOCAL ANNOUNCEMENTS



Check our facebook page for updates and

www.tubbysicecream.com

If you have family or friends visiting and don't have enough room staying over Tubby's Own Ice Cream may be the sweet answer.

Contact Stacy 207-754-1091 for more details. https://www.Airbnb.com/h/the-second-scoop



Johnny's Auto

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Paul Householder phousecar@bellsouth.net

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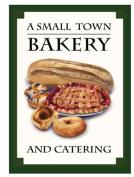


Fine Pruning Hazardous Removals Owl Box Installation **Dynamic Tree Cabling**

Licensed and Insured Colin Jones – Your Local Arborist InthePinesTreeCare.com InthePinesTreeCare@gmail.com



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Text: 207-500-6178

Email: asmalltownbakerycafe@gmail.com

WTS TREE EXPERTS

Residential Snow Plowing and Sanding in Wayne, Winthrop & Monmouth



Bucket Work, Climbing, Tree Pruning, Tree Removal, Brush Control, Hazardous Limb Removal, Emergency Storm Damage & Clean Up, and Utility Line Clearance

(power lines) *Free Estimates*



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Complete Tree Care Fully Licensed & Insured Arborist Lic #FCL&U1074 Board of Pesticides Control Lic #CMA3603/6A 6B





Apple Shed Bakery

New To The Apple Shed? You Likely Will Be Surprised By Our Large Selection Of Made-On-Site Entrees, Soups, And Other Meal Items, Along With Our Terrific Pies, Breads, Brownies, And Pastries. We Also Have A Wide Variety of Other Maine-Made Foods And Beverages From Some Of Our State's Best Specialty Food and Beverage Providers.

Already An Apple Shed Regular? Come In For Your Classic Apple Shed Favorites and New Items Coming Soon From Maureen Thompson, The Apple Shed's New Proprietor.

1625 Main Street, Kents Hill, ME 04349 (207) 685-3522

MT. PLEASANT CEMETERY ASSOCIATION

Anyone who has family buried in this private cemetery (off the Gott Road) or owns a plot here, is a member of the Association. I am developing an email list to distribute information of interest to members. Please let me know if you would like to be on this email list.

Judy Danielson, Secretary, Mt. Pleasant Cemetery Association Judydanielson@gmail.com

TRACTOR SERVICE

Bush Hog - up to 3" • Rototilling - 6' wide Log Winch • Seed Drill Food Plots • Rock Bucket with Grapple Spreader for Lime, Fertilizer & Dust Control York Rake • Scraper Blade • 7' Sickle Bar Delivering: Loam, Aggregates, Compost / Mulch - one to six yards 7" Wood Chipper • Small Machine Transport

557-4202

Strawberry Festival 2023 a huge success!

Thank you to all who came to the Festival! It was a beautiful day with **NO RAIN**!! We could not be happier with the turn-out and support from all our patrons! A special Thank-you to all the local businesses, artisans, crafters, bakers, food trucks, non-profits, farms, the volunteers, and our community. Together, we make this happen! Looking forward to next year's festival already!

Sustain Wayne Stevenson Strawberry Farm Fall is around the corner. Enjoy the cool, crisp air and colorful leaves while chasing trout and salmon

Perhaps a **guided fly fishing trip** might be just the thing during this special time of year.

Registered Maine Guide, Jeff Ireland, offers highly personalized and professional guide services for the novice to the experienced angler.

A guided fly fishing adventure could be the perfect way to enjoy those things that make fall in Maine so special.

Email Jeff at <a href="mailto:



J.D.'s Maintenance

Jareb Dyer 40 Kents Hill Rd. Wayne, ME 04284

Tractor Work **Road Grading** Rototilling **Bush Hogging** Tree Work Demo Removal Light Trucking Tree/Brush Removal Handyman Work Mowing & Yard Care **Snow Plowing & Sanding** Home & Camp Maintenance Boat Repair & Winterizations Small Engine Repair & Services 207-689-4949 cell 207-685-3030 Home jdsmaintenance@gmail.com Fully Insured Limited Liability Company







Fuel Groceries Sandwiches
Liquor Beer Wine

Mon - Thurs 6 am until 7 pm Fri & Sat - 6 am until 8 pm Sun - 7 am until 7pm

672 Main Street, Wayne ME 04284

207-685-0065

Agency Liquor Store

WAYNE COMMUNITY CHURCH UNITED METHODIST PO Box 300 Wayne, ME 04284

ADDRESS SERVICE REQUESTED

*** Church and Town

THE WAYNE MESSENGER SEPTEMBER 2023

NON-PROFIT U.S. POSTAGE PAID MANCHESTER, ME 04351 PERMIT #4



Dear Wayne Messenger Recipient,

What is your favorite part of *The Messenger*? The Pastor's message, the town news, the lists of birthdays and anniversaries, the tidbits of historical information that our Editor and other writers contribute, the ads that inform you of local businesses and resources? Whatever the reason, if you enjoy receiving the Messenger each month, we hope you will consider sending an annual donation to help us with our production costs at our address on page one of the donate button at www.wayneumc.com. Scroll to bottom of opening page.

If you have already sent us a donation in 2023, thank you so much for your support!

The WCC Outreach and Missions Committee





Warm Apple Pie Pepper Jelly is ready for fall!

Other fall and holiday varieties will be coming soon. The barn shop has had a busy season and I am most grateful for all the support received.

For current updates check out our Facebook and Instragram pages.

536 Main Street, Wayne Maine **207-685-3252**



