Fostering Wellbeing in Ministry
Gathering First Fruits Summit

Matt Bloom and the Flourishing in Ministry team
Our time together...
self-care
Happiness
Authentic happiness
Is happiness good for people?
Money matters for happiness.
the love of money...
- weakened with use
- strengthened with “practice”
Quiet self
Strength
of calling
The financial side of wellbeing
1 in 5 millennials with debt expect to die without ever paying it off

Megan Leonhardt | @Megan_Leonhardt | 23 Hours Ago
More than 1/2 of all Americans feel anxious or insecure about their personal finances.
Whitehall Studies
Death among lowest paid 3 times the rate of highest paid.
• Pastor—Parishioners
• Pastor — Other pastors
Trajectories of wellbeing
Your Wellbeing Profile

You are viewing your own Wellbeing Profile. Think of it as a snapshot in time, a place to begin learning more about the dimensions of your own wellbeing.

Click on any dimension to learn more.
No matter where you are...

flourishing.nd.edu
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