Neutral Zone's Training of Trainers in Restorative Practice

3-Day Course Objectives:

- Reflect on the different purposes for community building and provide some community building strategies to participants
- Reflect on our own social identities and how that impacts our ability to support relationship development and address harm when it occurs
- Reflect on our own lived experiences, thoughts, and abilities and identify the areas where we will be most personally effective as a trainer and the areas where we need to work to improve to better support others in training.
- Identify the parts of an active-participatory workshop and explain how the parts build on one another and meet adult learning needs.
- Explain the experiential learning cycle, the framework for debriefing and be able to create effective questions for each part of a debrief
- Identify and name effective facilitator skills (including LAPA – Listen, Affirm, Probe, Add Information).
- Demonstrate use of LAPA strategies
- To be able to articulate both some of the ancient and modern context of RP so that they can help trainees have a grounding in what they are learning
- Identify all of the theoretical components and RP strategies embedded in the 2 day RP training
- Explain the purpose and intent of each section of the 2-day RP training.
- Name and explain the training activities accompanying each section of the 2 day RP training
- Create a plan for a peer presentation, including the development of debrief questions and explanation of an area of RP content
- Adapt workshop activities to successfully meet the goals of an active-participatory workshop.
- Deliver training in one component of RP training, with a partner, and incorporate feedback from peers to improve teaching and learning
- Identify the important aspects of training and coaching others and apply those ideas to a personal implementation plan
- Identify common challenges in a training setting
- Name strategies for responding to resistant training participants
- Reflect on ToT program and identify how you plan to use what you’ve learned going forward in next 3-6 months
Day 1: How to Be an Effective (Self Aware) Trainer

Part I: Community Building, Leading Community Building, Agenda and Ground Rules

Part II Social Identities and Supporting Others in RP

Part III Adult Learning

Wrap-up Closure Day 1

DAY 2 – Facilitation & The Restorative Practices Content

Part IV Ingredients/Strategies for Facilitation

PART V History and Research on Restorative Practices

Part VI Review of 2-day Intro Curriculum

Part VII Peer Presentations Overview

Wrap-up Closure Day 2

DAY 3: Training Others in the RP Content

Part VIII Peer Presentations

Part IX Basics of Training/Coaching Others & Responding to Resistance

Part X Closure