

3-Day Train the Trainer in Restorative Practices (RP) Overview & Sequencing

Day/Theme	Topic	Objectives for Participants
DAY 1 <i>How to be a Trainer</i>	Community Building	State the different purposes for community building and identify several community building strategies they can use for their training
	Social Identity & Supporting others in RP	Define social identity and name several of the common identities. Reflect on their own social identities and explain how those identities impact one's ability to support restorative practices.
	Adult Learning	Identify the parts of an active-participatory workshop and explain how the parts build on one another and meet adult learning needs. Explain the experiential learning cycle, the framework for debriefing and be able to create effective questions for each part of a debrief
	Review of the Standard 2-Day RP Curriculum	Identify all of the theoretical components and RP strategies embedded in the 2-day RP training Explain the purpose and intent of each section of the 2-day RP training. Name and explain the training activities accompanying each section of the 2 day RP training
	Closure/Wrap Up	Take a section of "2 day RP training" and prepare for peer presentations Read a section on RP history for and present back key information to peers
DAY 2 The RP Content	History of RP	Recite both some of the ancient and modern contexts of RP in order to help trainees have a grounding in what they are learning
	Trainer Self-Awareness Reflection and Plan	Reflect on our own lived experiences, thoughts, and abilities and identify the areas where we will be a) most personally effective as a trainer and b) the areas where we need to work to improve to better support others in training.
	Ingredients/Strategies for Facilitation (Active Listening)	Identify and name effective facilitator skills (including LAPA). Demonstrate use of LAPA strategies

		<p>Identify cooperative grouping and learning strategies to use in training.</p> <p>Reflect on questioning frameworks (Bloom's Taxonomy and Experiential Learning Model) and use these while planning debrief during peer presentation.</p>
	Adapting content	Adapt workshop activities to successfully meet the goals of an active-participatory workshop.
	Peer Presentation Planning	Create a plan for a peer presentation, including the development of debrief questions and explanation of an area of RP content
DAY 3 Delivering the RP Content	Peer Presentations	Deliver training in one component of RP training, with 1-2 partner(s), and incorporate feedback from peers to improve teaching and learning
	Basics of Training/ Coaching Others	Identify the important aspects of training and coaching others and apply those ideas to a personal implementation plan
	Responding to Resistance	<p>Identify common challenges in a training setting</p> <p>Name strategies for responding to resistant training participants</p> <p>Practice responding to resistant participant, using strategies identified.</p>
	Closure	Reflect on ToT program and identify how you plan to use what you've learned going forward in next 3-6 months