The 2019 Changing Lives Gala: A Night to Remember for Bay Cove!

May 23 was a very special evening for Bay Cove and nearly 300 of the agency’s staff, friends and supporters who gathered together for our annual Changing Lives Gala. The event at the Renaissance Boston Waterfront Hotel raised $300,000 to support our programs and services, and also saw Bay Cove present the Changing Lives Award to Massachusetts’ former Governor and First Lady, Michael and Kitty Dukakis.

Guests enjoyed a cocktail reception and live jazz from Heliotrope Swing, took part in a silent auction filled with amazing and unique items and experiences, and were then treated to wonderful Chinese cuisine created by our special guest chef, Lydia Shire. The menu was inspired by a trip to China that Lydia took with Kitty back in 1985, and guests were treated to a slideshow of some of Lydia’s photos from that once-in-a-lifetime journey.

Our emcee and auctioneer extraordinaire Susan Wornick delighted the crowd, as always, as she conducted a truly spirited live auction. And our Director of Recovery for Mental Health Services, Joe Spinale, also delivered powerful and inspiring remarks at the event, describing how Bay Cove partners with each person we serve to support them in their recovery.

“People who have lived experience receiving services have been advocating for system change for decades... asking for the system to believe in people and inspire hope rather than self-doubt,” Joe said. “At Bay Cove, we have embraced this change like no other agency ever has. In Mental Health Services, we are showing people we believe in them, and, most importantly, making it safe for people to believe in themselves once again.”

The evening closed with the presentation of the Changing Lives Award. Bay Cove was truly proud to honor Michael and Kitty Dukakis for their decades of steadfast leadership in the fight against the marginalization and stigmatization of individuals impacted by mental illness and substance use disorder.

For more photos from the Changing Lives Gala, please turn to page 4.
Bay Cove was founded on the core principle that everyone deserves to receive the services they need to achieve a full, rich life, and that remains true to this day. Not everyone we serve is the most-challenged person in the community, but many of the people we serve are, and their challenges may be so complex that other agencies can’t or won’t work with them. Bay Cove, however, has always responded to the call, and as a result, we have seen many positive results for men and women with long histories of unsuccessful interventions and treatments.

I’ve been working in human services for quite a while, and I’ve been privileged to spend the bulk of my career with Center House and Bay Cove. As you may know, some of our agency’s services are designed to intervene during a time of crisis, where we may work with an individual for days, or weeks, or months. Other Bay Cove services offer a much longer commitment, where our relationship with a person—and our work on their behalf—extends for decades.

A gentleman who I’ll call “Nate” was one of three men I helped move out of Dever State School, 30 or so years ago. At the time, Nate’s parents opposed this move, and tried every avenue to block it. I hadn’t yet met his parents, but from my young, ideological viewpoint they were clearly unenlightened about the benefits of life in the community and—despite their best intentions—were advocating a position that would be to Nate’s detriment.

I ended up in an appeal hearing with them, and it was there that I listened quietly as Nate’s father explained that he and his wife were from Poland, that he was a survivor of the Holocaust, and that all of his relatives had been killed. Nate was his only child, and he and his wife were getting older—Dever was, in his mind, the only security he had that Nate would be supported and cared for after he and his wife passed away. I respectfully suggested that Nate would be moving into a community that would include his home and a day program, and that the services he would get there would offer better security and support in the future than anything a state school could offer. Obviously, it required a leap of faith on the part of Nate’s parents, but we were able to go ahead with the move.

I worked closely with Nate for several years, but as I changed jobs I no longer saw him on a day-to-day basis. Nate is only a little older than me, but today he is dealing with some significant age-related challenges known to be associated with Down syndrome. He’s now living in his third Bay Cove residence, having moved into different houses over the years as we’ve responded to his changing needs. He has lived in his current home since 2003, and has been supported for the past 16 years by a wonderful Program Director named Natalia Levin. I see Nate periodically, and while he’s forgotten many things, his face lights up whenever we see each other—as does mine. Nate’s parents have passed away, but because of the efforts of Natalia and her team, I’m happy to report that we’ve lived up to the assurances I gave them all those many years ago.

I regularly say that we serve thousands of people, but we serve them one at a time. But what does that really mean? In the cases of Nate, and so many others, it means knowing them individually and caring about them, as well as for them.

Today, Bay Cove is in the forefront of the effort to combat the opioid crisis and the homelessness crisis. We work each day with people who show up in hospital emergency rooms in psychiatric crisis. We work with children under the age of three in Early Intervention, and we work with seniors in Adult Day Health who otherwise might be in a nursing home. We provide homes and support across Eastern Massachusetts, offering treatment, education, training and therapy. We help people get sober, get a job, get a place to live—or all three. Most importantly, we do so while remaining focused on the fact that each person we work with, like Nate, has their own unique set of challenges and goals—their own unique story.

Thank you, as always, for the role you play in helping us do this vitally important work!
Andrew House Dedicates “Matthew’s Bureau” to Former Patient and his Family

Our Andrew House acute treatment program in Stoughton recently hosted a heartwarming dedication ceremony for “Matthew’s Bureau.” The bureau is a clothing pantry that provides new clothing and personal items for patients undergoing detox treatment at the program.

“Matthew’s Bureau” was established by the family members of Matthew Pariseau, a former Andrew House patient who, sadly, lost his battle with addiction, succumbing to an overdose in 2017.

As a way of honoring his memory, Matthew’s parents and extended family have made it their mission to keep a physical dresser housed at the program continually stocked with clothing, toiletries and other items of need for new patients at the program—many of whom arrive at Andrew House with little more than the clothing on their backs.

At the dedication ceremony—which featured the unveiling of a shadowbox put together by program staff containing photos and mementos of Matthew’s life—Matthew’s mother, Betty, described the Bureau as something wholly consistent with her late son’s kind and giving nature.

All of us at Bay Cove offer our profound thanks and appreciation to the Pariseau family for their kindness to those struggling with substance use disorder and beginning their recovery journey at Andrew House, and for the inspiring way they’ve chosen to keep Matthew’s memory alive.

Strengthening Our Community Event Unites Cambridge in Support of CASPAR

The annual “Strengthening Our Community” event in support of our CASPAR programs took place March 28, and was a tremendous success, raising more than $240,000 to support our life-saving work with individuals challenged by homelessness and substance use disorder.

Close to 250 friends—including members of Cambridge’s civic and business communities, elected officials and neighbors—joined us at the headquarters of Pfizer (our generous hosts for the event) for our most successful “Strengthening Our Community” event to date!

We were proud to present the Carl F. Barron Catalyst for Change Award to Sarah MacDonald and Rob Perez of Life Science Cares (pictured) for their support of CASPAR and their commitment to fighting poverty and its effects in Cambridge, Boston and beyond.

Profound thanks to our event committee, including co-chairs Jeff Lockwood and Sarah Gallop; our amazing sponsors, led by Cambridge Crossing (DivcoWest), MIT, Pfizer, and Alexandria Real Estate; guest auctioneer Eric Lander; our hard-working event staff and volunteers; and all who attended!
The Changing Lives Gala was a truly inspiring celebration of the men, women and children served everyday by Bay Cove. We offer our profound thanks to everyone who made the evening such a special one, including Chef Lydia Shire and her partner in culinary mastery, Simon Restrepo; our host and dear friend, Susan Wornick; our inspiring guest speaker, Joe Spinale; our wonderful honorees, Michael and Kitty Dukakis; our event co-chairs, Tan Gopal and Bob Thomas, and our hard-working Gala Committee; all our generous event sponsors, led by Presenting Sponsors Liberty Mutual Insurance; our volunteers and staff who made the event run so smoothly; and, of course, all our guests who shared the evening with us and made the celebration complete.

To see more photos from the Gala, please visit our Facebook page. And we hope to see you next year at The 2020 Changing Lives Gala!
The confetti has long since been swept off Boylston Street, and all the sore hamstrings have had a chance to heal, but the members of Team Bay Cove 2019—and all the thousands who shared in the thrill of running and finishing this year’s Boston Marathon—can still rightfully bask in the glow of their monumental achievement.

All of us at Bay Cove offer our heartiest congratulations to Team Bay Cove members: (clockwise from top left): Jason Hyland, Andrew Teal and Jill Antenucci; Hannah Conley; CJ Dunn; and Andrea Schussler. Their combined fundraising efforts (along with those of our Emeritus Runners Bill Sprague and Jim Laprade) brought in just over $80,000 to support Bay Cove’s services and programs. We are extraordinarily proud of our whole team, and thank them all for being true Bay Cove champions!

In addition to our runners, Bay Cove is profoundly grateful to our friends at the John Hancock Non-Profit Boston Marathon Program, who make it possible for our agency to field a team of runners in the world’s most famous and acclaimed marathon, and to ALL of our generous Bay Cove supporters who donated to Team Bay Cove and helped cheer them on throughout their training and on Marathon Monday itself!
Center Club holds an unusual distinction among Bay Cove programs, by virtue of being considerably older than Bay Cove itself! While Bay Cove was established in 1974, Center Club (which joined the agency through a merger in 1996), has actually been serving members since 1959—and is celebrating its 60th anniversary this year.

Center Club is a mental health clubhouse, dedicated to the principles of self-help, peer support and empowerment. A safe and supportive environment allows members to work at their own pace towards rewarding employment, education, decent and affordable housing, a social life, overall well-being and full community integration. Members are encouraged to actively assume a role in the day-to-day operations of the club, participating as much as they like, for as long as they like, with staff members working alongside them in a partnership model.

At Center Club, members share daily meals and celebrate holidays together. Members are connected with in-house literacy tutoring, ESOL classes and computer training, as well as help in applying to colleges and for financial aid; receive assistance in finding employment, including resume preparation and job coaching; and health supports including free gym membership and weekly Dual Recovery Anonymous meetings for members who struggle with substance use disorder and mental illness.

The Club is also very civic-minded, always on the lookout for projects that allow members to make a positive contribution to their local community. Last year, members and staff worked to restore one of the more than 100 hero square markers in Boston, which recognize members of the Armed Forces killed in service to the country, and on Memorial Day the club placed wreaths atop some of these hero squares. That spirit of community is just part of what makes Center Club such a cornerstone presence in the lives of its members.

The Club has special activities planned throughout the year to celebrate its milestone 60th year. In May, the Center Club Acting Workshop presented its very first full-length musical presentation, “Vaudeville Tonight.” And on October 23, the Club is hosting an Anniversary Dinner Dance, taking place at the Boston Teachers Union Hall in Dorchester.

For more information on Center Club, including how to join the celebration on October 23, please call Club Director Mary Gregorio at 617-788-1002.
Bay Cove Welcomes New Members to Our Board of Directors

The work that Bay Cove does everyday is made possible, in part, by our loyal supporters—and nobody delivers more steadfast support to the agency than the members of Bay Cove’s Board of Directors. This spring, we were proud to welcome two new members to Bay Cove’s governing board: Bob Bramson and Priscilla O’Reilly.

Dr. Bramson is a retired physician who worked in pediatric radiology in a number of prestigious hospitals, both in Boston and in and around Tampa, Fla. After ending his medical career, he joined the Merill Lynch Private Bank and Investment Group, working as a wealth advisor to non-profit organizations, and also spent time teaching high school physics and advanced biology in Boston’s South End neighborhood. He looks forward to his new role on the Board, and putting his myriad of experience to work for Bay Cove and those we serve.

Ms. O’Reilly is a public relations professional, with more than 25 years experience in high-level PR positions, most recently with the Grand Circle Corporation in Boston. She holds a bachelor’s degree from Georgetown University, and a master’s from Boston University. She is pleased to be bringing her background as an innovative and strategic communications professional, and her experience with non-profit organizations, to the Board.

Please join all of us at Bay Cove in welcoming Bob and Priscilla to the Board of Directors!

Hit The Links on September 17 for The 2019 Cutler Golf Tournament

Calling all golfers! Circle September 17 on your calendars—that’s the day you can join Bay Cove for the 24th Annual George C. Cutler Memorial Golf Tournament at the Myopia Hunt Club in South Hamilton. Sponsored by Liberty Mutual Insurance, the tournament raises funds for our Center House programs, helping individuals who face the challenges of mental illness and/or developmental disabilities to lead full, rich lives.

The event is named in honor of George Cutler, a founding member of Center House and one of its most ardent supporters who served on the Center House Board of Directors for more than 30 years.

To purchase a sponsorship or foursome, or for more event information, contact David Hirschberg at 617-371-3167 or dhirschberg@baycove.org, or visit www.baycove.org/golf.
You can always stay informed about the latest Bay Cove news and events by following us on your favorite social media channels.

Check out Bay Cove on Facebook at baycovehumanservicesinc, on Twitter at @BayCoveMA, and on Instagram at baycovehumanservices; and learn the latest about CASPAR on Facebook at CasparIncNonprofit, on Twitter at @CASPARCamSom, and on Instagram at casparshelter.

MISSION:

Bay Cove Human Services partners with people to overcome challenges and realize personal potential.

Our Medeiros Center is Boston’s first and only day shelter specifically for older adults. Individuals participate in recreational & therapeutic activities, and can receive referrals to housing, medical, addiction and mental health care resources.