

Cookin' With CASPAR

A volunteer experience that feeds the soul!

The Basics: *Cookin' With CASPAR* (CWC) is a team-building engagement that involves sponsoring, preparing, serving, and cleaning up after dinner for guests at the CASPAR Emergency Services Shelter, and preparing bagged lunches for individuals served by our First Step Street Outreach team. Both programs are based at 240 Albany Street, Cambridge.

How it works: Our team will order all of the necessary groceries. Your group will arrive onsite, receive an informational greeting from our Shelter staff, and then be led through the *Cookin'* experience by our CWC leader.

Impact: The *Cookin' With CASPAR* program ensures that we are able to provide nutritious and high-quality meals to our guests at the Shelter and to people served by our First Step Street Outreach team. Not only does your sponsorship cover the cost of the food your team will prepare and serve, but it helps to fund our nutrition program throughout the year.

The act of offering a meal can be the starting point that allows CASPAR to connect our guests with additional services—with the goal of transitioning people from the street and out of homelessness. Your kindness helps people who often try to be invisible feel seen, important, and valued as individuals.

Group Details: Our kitchen is not large, so this project works best for groups of 8-10 people. All participants must be at least 18 years old, show proof of COVID vaccination, and wear surgical grade masks for the entirety of the project.

Scheduling: We schedule CWC groups for Wednesday afternoons from 1:30-5:30 p.m. Because our Shelter staff and guests depend on your commitment, we charge a cancellation fee of \$500 if your group cancels within two weeks of your confirmed CWC date.

Sponsorship Levels:

- Start Up - \$1,500 (Taco night)
- Incubator - \$2,000 (Vegetable lasagna dinner)
- Innovator - \$2,500 (Roasted chicken dinner)
- Venture Capital - \$3,000 (Beef/Pork dinner)

We can't wait to welcome you!

To learn more about CASPAR, please visit www.casparinc.org.

Follow us on Twitter @CASPARCamSom. See past CWC pictures using #CookinwithCASPAR.

For more information about *Cookin' With CASPAR*, or to schedule a volunteer opportunity, please contact Julia W. Londergan at jlondergan@baycove.org.

To make a *Cookin' With CASPAR* donation online directly, [click here](#).