I want to volunteer, but I am 16 years of age or younger.

How can I help?

Please make sure your parents or guardians are aware of your interest in help in the Megan Meier Foundation and agree to your participation.

Should they have any questions, they can call us at our office at: 636-757-3501.

1. The Megan Meier Foundation is always busy working on upcoming fundraising events, programs, special projects, etc. and could certainly use your help here at our office. If you would like to help in the office, please email info@meganmeierfoundation.org and let us know what day(s)/time(s) work best for you. Also, please double check that mom and dad are aware of your interest in volunteering and are comfortable with you coming into our office.

2. A major way we are able to do what we do is through the generous donations we receive from individuals all around the world. If you would like, we can help you hold your own fundraising event. Be creative and have fun with it! Also, make sure you have a sponsor or adult to help you in your fundraising efforts. Here are a few fundraising ideas:

- **Anti-Bullying Lemonade Sale** - Set up a table on the curb-side of your house and make a mean batch of lemonade to sell to passersby.

- **Awareness Run/Walk** - Work with the community to come up with a run/walk in the area. Choose a date and a route, make up some pledge forms, and advertise with posters. Have participants gather donations or pledges using their pledge forms. You can look at the different kinds like Susan G. Komen Race for the Cure or the Color Run. This may take a group of you to accomplish, so make a committee of your friends, youth group, sports team, etc.

- **Perform a Free Service** - Rake leaves, shovel snow, take care of a pet for a donation. When offering your service, ask the person who benefited from your actions for a donation toward your worthy cause.

- More ideas can be found here: [http://services.juniata.edu/osa/100FundraisingIdeas.html](http://services.juniata.edu/osa/100FundraisingIdeas.html)

3. Celebrate Megan Meier Day on October 17, 2014 every year! Gather friends, family, and other members of your community, and decorate in black and white polka dots or use Megan’s name in a creative way. In honor of Megan’s passing, we celebrate every year by honoring her spirit on the anniversary of her death. You can send pictures of how you celebrated Megan Meier Day in your town to go out on social media by emailing them to: media@meganmeierfoundation.org. Again, have fun and be creative!

Should you have any questions regarding volunteering for the Megan Meier Foundation, please contact our office at:

515 Jefferson Street, Suite A | St. Charles, MO 63301
Phone: 636-757-3501 | Fax: 636-757-3504
Email: info@meganmeierfoundation.org

Be the Change...Stop Bullying & Cyberbullying!