You are the recipient of an anonymous good deed in memory of Megan Taylor Meier. Megan was a very outgoing girl and always kept you on your toes. She was a bright, funny, and kind girl who left this world too soon. Although she struggled, she always found a way to make a difference and help others. Let’s continue Megan’s legacy and help others with small acts of kindness.

Spread and share with #ChangeStartsWithMe. To learn more about Megan’s story and the Megan Meier Foundation created in her honor, visit facebook.com/MeganMeierFoundation and www.meganmeierfoundation.org. Use this card to show kindness to someone else.

Now it’s your turn to be Megan’s voice, be the change.

How can I help? Buy someone’s meal, give a compliment, help carry someone’s bags. There is no idea too small or too big. Leave a #ChangeStartsWithMe card. Repeat!