Over 5 million teens are impacted by issues of bullying and cyberbullying every year. Students, parents, and educators have grown increasingly concerned and struggle to find the appropriate solution to these problems. In response to these relevant and destructive social issues, the Megan Meier Foundation developed a Leadership Workshop designed to spread awareness, educate, and empower youth to be leaders against bullying within their own schools and communities.

**EVENT DETAILS**

The Megan Meier Foundation Change Starts with Me Leadership Workshop will take place at Maryville University, St. Louis on November 25, 2019. Maryville University is located at 650 Maryville University Drive | St. Louis, MO 63141. Transportation to this event will not be provided. Registration will open at 8:00 AM. The program will start at approximately 8:30 AM and end around 1:45 PM. More detailed schedules will be released closer to the date of the event. Each student will be provided all necessary materials for the day, as well as small breakfast and lunch.

**PARTICIPANTS**

The Megan Meier Foundation welcomes 25 high school students from each interested school. We will be accepting no more than 250 students total this year. Schools will be selected on a first-come, first serve basis. It is best if we have a mixture of students, e.g., students who have been bullied, students who have been known to be aggressors, student bystanders, and student leaders. If for some reason spots open up later in the registration process, we will inform your school in case you would like to add more students to your roster. We require at least (1) school administrator, educator, and counselor from each high school to attend as a support system for the students. We also ask that each student have a media release on file. Media release forms are included in this packet if needed. Please submit all school contracts, student roster, educator roster, and media releases to our office no later than October 1, 2019.

**STAFF**

Tina Meier, Founder & Executive Director of the Megan Meier Foundation, will kick off the event by telling the history of the Megan Meier Foundation and her inspiration, her daughter, Megan Taylor Meier. Tina along with other qualified individuals will provide an Educator Panel Discussion, while students will be advised by trained and experienced Team Leaders. A licensed counselor and licensed social worker will be present the entire event to help if needed.

**CONTENT**

Team Leaders will facilitate small group discussion and activities with students during a morning session where they will be able to explore topics of bullying, cyberbullying, peer-advocacy, bystanders, digital footprints, diversity, inclusion, empathy, and suicide awareness. At an afternoon session, Team Leaders, students, and school staff will brainstorm creative, impactful initiatives to take back to their school and community in an effort to develop a more positive, inclusive environment.
PAYMENT
Participants will be required to pay a registration fee of $20 per student. If your school is interested in being considered for financial aid, please indicate your interest on your registration. Payment for schools will be due by October 1, 2019.

IF PAYMENT AND ALL OTHER INFORMATION HAS NOT BEEN SUBMITTED BY OCTOBER 1ST, THE SCHOOL WILL FORFEIT ITS PLACEMENT IN THE PROGRAM AND ALLOW ANOTHER WAIT-LISTED SCHOOL TO ATTEND.

TINA MEIER & THE MEGAN MEIER FOUNDATION
On October 16, 2006, Tina Meier’s life took a devastating turn when her 13-year-old daughter, Megan Taylor Meier took her own life after being cyberbullied by an adult neighbor who created a fictitious MySpace account posing as a 16-year-old boy named Josh Evans.

In December of 2007, Tina Meier founded the Megan Meier Foundation, a 501(c)3 non-profit with a mission to support and inspire actions to end bullying, cyberbullying, and suicide. Since its inception, MMF has grown into a global bullying and cyberbullying prevention foundation. We believe that through empowering our society to celebrate individuality and the acceptance of others, that we can work together to make a difference and create a safer and kinder world.

The Megan Meier Foundation has led 18 Leadership Workshops since 2011 serving over 131,000 middle school and high school students and school officials.

We look forward to your participation this fall – Change Starts with YOU!

CHANGE STARTS WITH ME LEADERSHIP WORKSHOP DEADLINES & TIMELINES

<table>
<thead>
<tr>
<th>DEADLINE</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>REGISTRATION OPENS</td>
<td>May 1, 2019</td>
</tr>
<tr>
<td>FINANCIAL AID DUE</td>
<td>September 16, 2019</td>
</tr>
<tr>
<td>REGISTRATION CLOSES</td>
<td>October 1, 2019</td>
</tr>
<tr>
<td>CONTRACTS, MEDIA RELEASES, ROSTERS &amp; PAYMENT DUE</td>
<td>October 1, 2019</td>
</tr>
<tr>
<td>CHANGE STARTS WITH ME LEADERSHIP WORKSHOP</td>
<td>November 25, 2019</td>
</tr>
</tbody>
</table>

My school is interested in attending! What do we do next?

You can register your school online at www.meganmeierfoundation.org.

If you have any questions, please do not hesitate to contact us at:

MEGAN MEIER FOUNDATION
CHANGE STARTS WITH ME LEADERSHIP WORKSHOP
515 Jefferson Street, Suite A
St. Charles, MO 63301

programs@meganmeierfoundation.org
(P) 636-757-3501 | (F) 636-757-3504