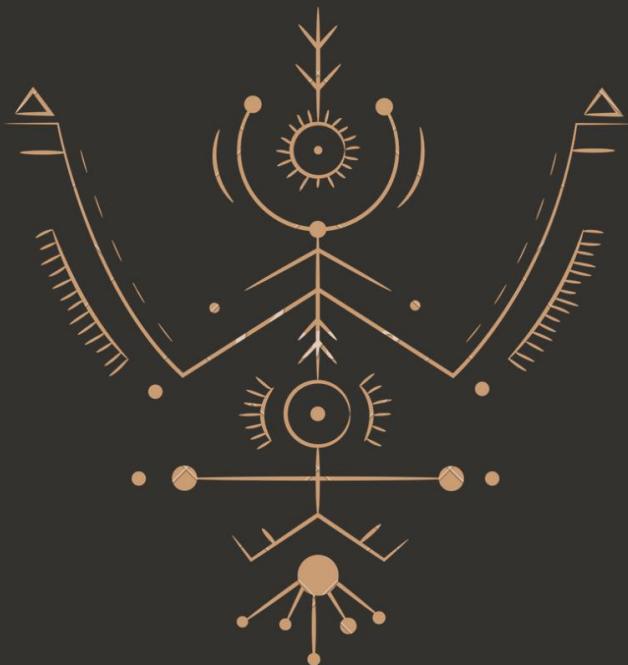


# 2022

## MERCURY RETROGRADE

Distilling the Medicine  
EVENING STAR TO MORNING STAR



with Jacqueline Allen, L.Ac.

where Live Online (through Zoom)

when 3 Sessions 6:00-8:00pmMST Th 9/8, Sun 9/18, Sun 10/2

We will meet before the Retrograde begins, during the Retrograde, and our last session will be the day Mercury turns direct.

There will be additional recorded offerings for further distillation of Mercury's Retrograde Medicine throughout this planet's transition from evening star to morning star. And a potential Equinox gathering on Thursday September 22<sup>nd</sup> – details TBD.

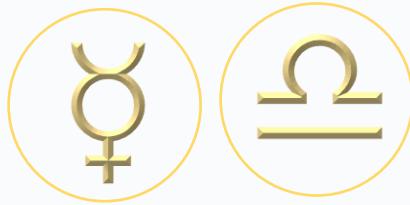
We will navigate an embodied journey throughout Mercury Retrograde – distilling the medicine of death, rebirth, and transformation as the planet closest to the Sun transitions from an evening star to a morning star. We will incorporate astrology, astronomy, myth, dreams, intention-

setting, and ample room for sharing of our lived experience, so we may conjure up an entirely new brew of this planet's medicine together.

# PROSPECTUS

*Mercury Retrograde: Distilling the Medicine is a specially crafted sanctum  
to journey the upcoming Mercury retrograde cycle,  
so that we may dive deep into the soul's terrain  
by way of experiential astrology practices and rites.*





8<sup>TH</sup> SEPTEMBER 2022

## Distillation 1 Letting Go | Mercury Falls

Guided Meditation

Introductions

### Setting the Foundation

“I come here out of love for myself...”  
Who joins us in Spirit?

### Mercury:: Soulfulness of Perception

Myth  
Archetype  
Astrology

### Learning the Cycle – Elemental Rhythms

Astronomy

### Evening Star Medicine

### “Waning Mercury” – Intention

### Continuation Practice

Journaling of your experience

Art in any medium to further your dreaming with this material

RECORDED Meditation – Listen by 9/18



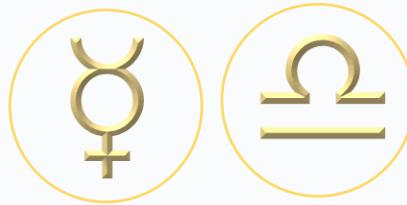
## ***From Libra to Virgo and Back Again***

***The “pre shadow, retrograde, and post shadow” –  
3 passes from 24° Virgo to 8° Libra***

*Mercury begins their retrograde at 8°55' Libra when the planet is visible in the evening skies, visible only briefly and just after sunset. His conjunction with the Heart of the Sun, known as Cazimi, or rather more relateably his “New Moon” or “New Mercury” phase is on September 23 at 12:47am is at 0°14' Libra. Yet he further retrogrades to 24°12' degrees of Virgo, before stationing direct and retracing his steps forward again through these same degrees of the zodiac for his third and final pass of these energies.*

*There is an air of reclaiming the Cardinal point of this powerful Libran archetype, a soulful remembering of its true power which is to maintain oneself so that one can reach the depths of exploration with another – like a part we can play in a song, it is in the dedication and commitment to one’s “role”, in relationship to others committing also to their own “roles”, that harmony becomes possible, we sing our part clearly while others sing their part clearly and the resonance takes shape, the formulation of many pieces creating the one song. The culturally hijacked perspective of Libra is the notion that in order to meet another we must compromise or lose ourselves in the process – yet we know if we couldn’t hold our part in a song and we just started doing what the person next to us was doing...we would in effect delineate the experience back to one note or one “role” – effectively eliminating any potential for harmony a true soulful relationship offers.*

*And in the grace of Virgo at the beginning flanks of the next Mercury cycle there is an earthly felt sense of manifesting this reclamation of the Libran archetype for the greater service of our commUNITY for the benefit of all beings, everywhere, without exception. An opportunity to ritualize this reharmonizing of ourselves within the shared space of relationship for our spiritual grounding here on Earth.*



18<sup>TH</sup> SEPTEMBER 2022

## Distillation 2 Retrograde (Rx) Medicine | Approaching Cazimi – the Heart of the Sun

Guided Meditation

Mercury Cazimi Medicine

Story & Art Sharing

Myth

Continuation Practice

Journaling of your experience

Art in any medium to further your dreaming with this material

RECORDED Meditation – Listen by 10/2



2<sup>ND</sup> OCTOBER 2022

## Distillation 3 Direct Beginnings | Morning Star

Guided Meditation

## Morning Star Medicine

### Ode to Your Mercury

What has been stirring, what would you like to share, learn, or grow from this place of Eastern Morning Sky Manifestation sparked by the magic of the planet Mercury?

What can you feel you have let go of?

### Closing the Ritual Container

#### Continuation Practice

Journaling of your experience

Art in any medium to further your dreaming with this material

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### Sacred Commitment

Holding sacred space for yourself and others as we journey the soul-scape together.

Fully engaging shared materials and continuation practices in addition to attending sessions, tends to allow for the greatest distillation of this medicine during this Mercury retrograde experience.

The journey is yours! Stay true to your heart.

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## Resources

- **Comfortable attire** for meditation
  - **Journal** – This is your journal and memoir of this Mercury Retrograde sojourn, so please enjoy choosing whatever journal style/ format you think you might like the most. At a minimum we will be writing and scrawling rudimentary astrology symbols and the like. If you would like to express yourself with more elaborate journal art and design, you are welcome. In true Mercury fashion, ‘the bounty will be in your curiosity and multiplicities of consciousness’ – anything goes and let there be no limitations to your expression.
  - **Art supplies**
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## REGISTRATION & PAYMENT

1. Register at [www.tworootsacupuncture.com/events](http://www.tworootsacupuncture.com/events)
2. Make payment - **\$120 Investment**
3. Receive a ‘confirmation of placement’ email with further details
4. For more information email [tworootsastrology@gmail.com](mailto:tworootsastrology@gmail.com)

\*Please note that exact course material is subject to the guiding spirit within the present moment and may not emerge exactly as written here, but opening ourselves up to the unknown will sweeten our developing brew of this Mercury retrograde journey together!



**Jacqueline Allen**

*is a Licensed Acupuncturist, Astrologer, and Soul Alchemist on the path to knowing wholeness through understanding the cycles and rhythms of the natural world. Her roots in Eastern Medicine stem from Earth-based, holistic, pattern differentiation and her years of studying Astrology has given her the sky-based knowledge for greater internal awareness and transformation. When coupled with meditative practices to open our hearts and reach our highest potentials, these two approaches bridge the gap between Earth and Cosmos and help us to integratively navigate our understanding of the world and ourselves.*