



2018

2019

RESOURCE GUIDE

Programs & Services

For children, teens,
and adults with
intellectual and
developmental
disabilities and their
families.

Published through a grant from the
Washington State Office of
Crime Victims Advocacy



Partnership 4 Safety


The Arc
of Spokane

Important Phone Numbers

For emergencies, call 911

Police: _____

Fire Department: _____

Medical









Frequently called numbers

























Before you begin...

Many of the programs and services in this book have web sites and Facebook pages. You are encouraged to look up the sites and pages for more detailed and up to date information.

If you do not have a computer, public computers are available at:

- City and County Libraries
- Community Centers

This guide has three goals:

1. To help find services for children, teens, and adults with intellectual and developmental disabilities,
2. To give information about the *prevention* of sexual abuse of people with intellectual and developmental disabilities, and
3. To give information about who to call for help if someone *has been* abused.

This book is provided by the Partnership 4 Safety, a program of The Arc of Spokane. Our mission is:

“To prevent the sexual abuse of people with developmental disabilities through education, community development and individual empowerment”

The guide is updated every year. If you have suggestions for improvement, or information about a program, please see the back of the guide for the addition/update form.

The Partnership 4 Safety does not evaluate, recommend, or endorse organizations included in this guide. This guide is not comprehensive and absence does not indicate disapproval.

Tips on calling about services

- Keep a pen and paper handy.
- Know what you want to ask about before calling.
- Write down the date you call.
- Write down the name and job title of the person you talk to.
- Ask if there is a fee for the service.
- Call when you have enough time to get through all your questions.
- Remember to be polite and patient, so do not call if you are tired or upset.
- Use the notes in this guide to keep your information in one place (*included within many of the chapters*).

If you need to make a complaint about a service:

- Wait until you feel calm and have time to go through all your concerns.
- Call the agency and ask for a supervisor.
- Be specific- include details such as names and dates.
- Be clear about what you want the supervisor to do with your complaint. Some ideas to consider are:
 - ✓ To let a supervisor know there is a problem,
 - ✓ To receive an apology,
 - ✓ To have a person get additional training,
 - ✓ To change a process or procedure, or
 - ✓ To receive better service.

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Abuse – Reporting and Victim Services

Did you know? - Children with disabilities **are 4-6 times** more likely to be sexually abused than children without disabilities.

Ninety percent of people with intellectual and developmental disabilities (I/DD) have been sexually assaulted in their lifetime.

Is abuse preventable?

Yes, much can be done to protect people with IDD from abuse.

Some ways to reduce abuse of people with IDD are listed below.

- Parents can take abuse awareness and prevention classes
- Children can learn about personal space
- Children can learn self-value
- Children can learn to be self-advocates
- Children can learn about healthy relationships
- Children can learn about their right to say “no” to unwanted touch
- All school children can receive sex education
- Children can be taught to recognize abuse
- Children can be taught who to ask for help
- The community can learn to accept and value people with disabilities as a *part* of the community
- Teens can be taught about social network safety
- Parents can teach about the *meaning* of sex in a relationship

With Sexual Assault and Healthy Relationship education for parents, professionals and children, teens and adults with IDD, we can significantly reduce the rates of abuse in our community.

Abuse – Reporting and Victim Services

To report abuse of an ADULT

Adult Protective Services (APS)

www.dshs.wa.gov/altsa

End Harm Hotline: (866) 363-4276

Phone: (800) 459-0421 / TTY: (509) 568-3086

Fax: (509) 568-3699

Contact APS if you are concerned about the safety of an adult with a disability (18 or over), who does *not* live in a licensed facility. The web site has useful information about:

- The definition of a vulnerable adult
- How to report abuse
- When to report abuse
- Abuse prevention tips

For concerns about people living in licensed facilities, see Residential Care Services on page 12.

To report abuse of a CHILD

Child Protective Services (CPS)

<http://www.dshs.wa.gov/child-safety-and-protection/how-report-abuse-or-neglect>

1313 N Atlantic, Ste 2000, Spokane, WA 99201

Toll Free Reception: (800) 557-9671

Toll Free Intake: (800) 557-9671

After Hours: (800) 562-5624

TTY: (509) 363-3567

Fax: (509) 363-4601

Call CPS if you are concerned about abuse or neglect of a child (17 and under). You do not need to have all the information when you call to make a report, but the more accurate information you can provide, the better equipped the offices will be able to access the child's safety.

Abuse – Reporting and Victim Services

For help with DOMESTIC VIOLENCE

The YWCA

www.ywcaspokane.org

930 N Monroe, Spokane WA 99201

Phone: (509) 326-1190

DV Helpline: (509) 326-2255 / 24 Hour Helpline: (509) 326-2255

Fax: (509) 326-1597

The YWCA supports and advocates for people who are experiencing abuse and violence in their relationships. Services are free and confidential and *only* for victims/survivors.

Alternatives to Domestic Violence Programs

- Safety Planning
- Shelter & Housing
- Legal Advocate
- Counseling & Support
- Wrap-Around Access

Women's Opportunity Center

- Our Sister's Closet (509) 789-9280
- Essentials Soft Skill Development
- Women to Work Program

Children and Youth Services

- Early Childhood Education and Assistance Program
- Free On-Site Childcare
- Trauma Support Services
- Healthy Relationships

Please visit the website for more information.

National Domestic Violence Hotline

www.thehotline.org

Voice: (800) 799-SAFE / TTY: (800) 787-3224

Abuse – Reporting and Victim Services

Lutheran Community Services Northwest

www.lcsnw.org/office/spokane

210 W. Sprague Ave., Spokane, WA 99201

Main Phone: (509) 747-8224 / 24-hour Crisis Line: (509) 624-7273

Fax: (509) 747-0609

M-Thu, 8:00am - 5:00pm; F: 8:30am - 3:00pm

LCS Northwest is a local non-profit agency that is dedicated to empowering individuals and families who have experienced trauma. LCS Northwest specializes in supporting individuals who have witnessed or experienced traumatic crimes such as sexual assault, homicide, harassment, assault, child sexual and physical abuse, sexual exploitation, hate crimes, robbery, and many more. LCS Northwest houses the Sexual Assault and Family Trauma Response Center (SAFeT) which is the only certified sexual assault center in the Spokane area. Certified advocates are on call to provide support at all hours by informing survivors of their rights and options and providing support, which includes responding to the hospital after a sexual assault. Advocates also provide criminal legal advocacy which can include a supportive presence while reporting to law enforcement or any follow-up needed. In terms of civil legal advocacy, advocates can assist survivors with petitioning for protection orders and other civil issues. LCS Northwest has a counseling department and offers free support groups for survivors.

Notes:

Abuse – Reporting and Victim Services

For help after a SEXUAL ASSAULT

Lutheran Community Services Northwest

www.lcsnw.org/office/spokane

210 W. Sprague Ave., Spokane, WA 99201

Main Phone: (509) 747-8224 / 24-hour Crisis Line: (509) 624-7273

M-Thu, 8:00am - 5:00pm; F: 8:30am - 3:00pm

LCSNW is the local sexual assault service center; it offers many programs for child, teen and adult survivors. Services include:

- Clinical services for survivors of sexual violence, physical assault and abuse,
- Medical and legal victim advocacy
- Support groups
- Information and referral

To report abuse in a LICENSED FACILITY

Complaint Resolution Unit (CRU)/Residential Care Services (RCS)

www.dshs.wa.gov/altsa/residential-care-services

316 W Boone, Suite 170, Spokane, WA 99201

Phone: (509) 323-7303 / Reporting: (800) 562-6078

Fax: (509) 329-3993

CRU/RCS provides licensing, certification, and regulatory oversight to long-term care facilities including:

- Adult Family Home Providers & Assisted Living Providers
- Nursing Home Professionals
- Certified Community Residential Services and Support (Supported Living)
- Intermediate Care Facilities for Individuals with Intellectual Disabilities

Please visit the website for online reporting and information on Mandatory Reporting.

Abuse – Reporting and Victim Services

Help for VICTIMS OF CRIME

Spokane Crime Victim Service Center

www.spokanecrimevictimservicecenter.com

210 W Sprague Ave., Spokane 99201

Spokane area, crime victim advocate line: (509) 747-8224

24-hour Crime Victim Crisis Line (888) 288-9221

M-Thu, 8:00am - 5:00pm; F: 8:30am - 3:00pm

- Advocacy: Personal Support and/or assistance
- Crisis Intervention: A personal response to an individual impacted by crime
- Information and Referral: Connecting victims of crime and others impacted by violence and/or crime to appropriate resources.
- Legal Advocacy: Personal support and assistance with victims of crime to ensure their interests are represented.
- Medical Advocacy: Personal support and assistance for victims of crime to ensure health care needs are addressed

Please call If you have experienced any crime such as: Assault, Stalking, Homicide, Elder Abuse, or Hate Crimes. These services are free and confidential.

Support for victims of sexual assault with intellectual and developmental disabilities

Partnership 4 Safety (P4S)-The Arc of Spokane

www.arc-spokane.org

320 E Second Ave, Spokane 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 9:00am - 5:00pm

P4S works in cooperation with LCS Northwest and the YWCA to meet the needs of people with intellectual and developmental disabilities. P4S offers: assistance and support for child, teens or adults sexual assault survivors with intellectual and developmental disabilities and support to the parents/care givers.

Abuse – Prevention

Partnership 4 Safety (P4S) – The Arc of Spokane

www.arc-spokane.org

320 E Second Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 9:00am - 5:00pm

Partnership 4 Safety is the only sexual abuse prevention program in Eastern Washington for children, teens and adults with intellectual and developmental disabilities. P4S offers the following services:

Disability Service Professionals Education – WA State credited trainings on sexual abuse awareness, identification, response and reporting for direct service professionals and others.

Friday Movies – A movie night held on the second Friday of the month for youth with I/DD ages 16 to 21. Youth meet new people and hang out with friends, giving each person an opportunity for positive social interaction.

Healthy Relationships Classes – Offered in partnership with public schools, these 8-week classes are for youth ages 16 to 21 in special education programs to teach about healthy relationships and abuse identification.

Information – Call us for information about healthy relationships, including how to talk about sexual development, puberty and abuse prevention--for children, youth and adults with I/DD, teachers, case managers and direct care professionals.

The Safety Rally – A yearly safety-oriented event for middle and high school students in special education classes. Students learn about personal and community safety while dancing to the live DJ and winning prizes.

Visit The Arc of Spokane web page and the P4S Facebook page for current information on program activities.

Advocacy and Information

What is an advocate? An advocate is a person who represents and works with a person or group of people who may need support, information, and encouragement to exercise their rights.

Advocacy and Family Support Team- The Arc of Spokane

www.arc-spokane.org

320 E Second Ave., Spokane, WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

Days and hours vary with programs.

The Arc of Spokane's Advocacy and Family Support Programs help people with intellectual and developmental disabilities and their families navigate a wide variety of challenges:

- Home Ownership Opportunities
- Individual Advocacy
- Partnership 4 Safety
- Parent to Parent and Parent Training
- Home Ownership Opportunities
- Spokane County Parent Coalition
- Life after High School

Please visit the website for more program information.

Notes:

Advocacy and Information

Autism Society of Washington - Spokane

www.autismsocietyofwa.org/asw-spokane

Spokane@autismsocietyofwa.org

The Autism Society promotes lifelong community access for persons within the Autism spectrum including those with Asperger's Syndrome through family support, public awareness, advocacy and collaboration with community partners. We follow the ASW "options policy". We are chartered as a support group and are volunteer run. Membership is free and encouraged.

Family Support:

- Our Family Support Meetings are held monthly at various locations to encourage families to participate in a variety of activities to encourage community access. We strive to keep the activities low cost or free by subsidizing the cost if necessary. Some events include, sensory friendly movies, bowling, art activity, Easter egg hunt rehearsal, picnics and Splashdown Water Park.
- Our support for adults and teens on the spectrum include; support meetings with a game meeting during the school year, an annual dinner meeting with a speaker, and an annual pot luck picnic. The purpose of the meetings is to provide opportunities for socialization and friendship.
- We publish a monthly e-newsletter.
- Best in the Northwest Conference features speakers on various topics of concern with families dealing with autism.

Awareness, Advocacy & Community Partnership:

- We donate funds for Spokane Public Library and the Spokane County Library to purchase autism materials.
- We co-sponsor Ican Shine Camp where children with disabilities are taught to ride a 2-wheeler bike.
- We co-sponsor the Steps for Autism 5k walk to raise awareness and celebrate April Autism Awareness Month.

Advocacy and Information

Client Assistance Program (CAP)

<http://washingtoncap.org>

Toll-Free Voice: (800) 544-2121 / Toll-Free TTY: (888) 721-6072

Local Seattle Voice: (206) 721-5999 / TTY: (206) 721-6072

M-F, 8:00am - 5:00pm

CAP is a non-profit advocacy program that provides information, advocacy and mediation for the following State programs:

- Provides information about the Division of Vocational Rehabilitation (DVR)
- The Department of Services for the Blind (DSB), Independent Living Programs (ILP's) and Tribal Vocational Rehabilitation Programs.

Please visit the website for more programs and information

Dads M.O.V.E.

www.dadsmove.org

P.O. Box 950 Tacoma, WA 98401

Main Phone: (425) 243-7028

Email: info@dadsmove.org

Dads MOVE is a family-focused, dads driven peer support model providing support, training, advocacy, and resources to the parents and families of special needs kids.

Eparent

www.eparent.com

An online multi-media company dedicated to being the ultimate resource for everything related to the Special Needs community. The website includes:

- Providing Practical Advice & Emotional Support
- Educational information to empower caregivers/families
- Community Action Network (CAN) Program

Visit the website to sign up for a weekly newsletter.

Advocacy and Information

Epilepsy Foundation Northwest/ Greater Spokane

www.epilepsynw.org

2311 N. 45th St., #134, Seattle, WA 98103

Phone: (206) 547-4551 / Toll Free: (844) 721-3369 (EFNW)

Fax: (206) 400-1651

Email: mail@epilepsynw.org

T-F, 7:30am - 3:00pm

The Epilepsy Foundation Northwest is the principal advocate for the epilepsy community in Washington offering the following programs and services to people with epilepsy and their families:

- Camp Discovery & Speak Up Speak Out Program
- Emergency Medication Assistance
- Teen, Adult, Parent Support Groups

Please visit the website for more program & information

Inclusion Daily Express

www.inclusiondaily.com

2321 W. Boone Ave, # 711., Spokane, Washington 99201

Phone: (509) 326-5811

Email: news@inclusiondaily.com

An award winning independent daily internet disability rights news service, providing comprehensive, timely and relevant information on disability rights issues.

Informing Families Building Trust (IFBT)

www.Informingfamilies.org

Informing Families is a resource provided by several agencies and organizations throughout the state of Washington.

Informing Families offers trusted news and information to individuals and families. Site offers information through all types of social media.

Please visit the web site for more information on all services

Advocacy and Information

Long Term Care Ombudsman Program (LTCOP)

www.snapwa.org

3102 W. Ft. George Wright Dr., Spokane, WA 99224

Main Phone: (509) 456-7133 / Toll Free: (800) 660-7133

Fax: (509) 594-5874

M-F, 8:00am - 4:30pm

The LTC Ombudsmen program protects and promotes quality of life for people living in State licensed facilities/residential housing: Adult family homes, Assisted living facilities, & Nursing homes. An Ombudsman: Advocates for the rights of people in facilities & provides a way to get complaints and concerns heard and resolved

If you have a problem or concern with the quality of care with any long-term care facility, an Ombudsman may be able to help resolve the issue.

Martin Luther King, Jr. Family Outreach Center (MLK)

www.mlkspokane.org

845 South Sherman Street, Spokane, WA 99202

Main Phone: (509) 455-8722 / Fax: (509) 455-3643

Days and hours vary with programs.

MLK provides culturally responsive educational and social services with the framework of Dr. King's vision. Their programs and services include:

Child and Youth Services Department

- Early Childhood Education and Assistance Program (ECEAP)
- Summer Youth Academy (SYA)
- Teen Leadership Program (TLP)

Family Services Department

- Prevention & Intervention Services
- Family Emergency Services Programs

Please call for most current information.

Advocacy and Information

National Gateway to Self Determination

<http://www.ngsd.org/>

This site is a clearinghouse for resources, training, and information on self-determination. It provides access about the current best practices and evidence-based activities in enhancing self-determination in the lives of people with I/DD.

NEXUS Inland NW

<http://www.nexusinw.com>

1206 N Howard St., Spokane, WA 99201

Voice/TTY: (509) 328-9220 / Fax: (509) 435-0886

M-Thurs., 9:00am - 4:00pm; F, 9:00am - 3:00pm

Services Provided to Individuals, families, schools, businesses, and organizations:

- Interpreter Services & American Sign Language Classes
- Communication Access Advocacy
- Information & Referral

Please visit the website for more program information

Northwest Autism Center

www.nwautism.org

528 E. Spokane Falls Blvd. Suite 14, Spokane, WA, 99202

Main Phone: (509) 328-1582 / Fax: (877) 376-3335

Email: info@nwautism.org

Services Include:

- Applied Behavior Analysis (ABA)
- T.E.A.M. Outreach (P-12)
- Community Based Training

Please visit the website for more program information

Advocacy and Information

Office of the Education Ombudsman

<http://oeo.wa.gov/>

3518 Fremont Avenue North, #349, Seattle, WA 98103

Toll Free: (866) 297-2597

Email: oeoinfo@gov.wa.gov

The Office of the Education Ombudsman (OEO)

- Resolves complaints, disputes, and problems between: families and Washington State elementary and secondary.
- OEO is a statewide agency that functions independently from the public-school system. Services are free, confidential and available from K to 12th grade.

We intervene in issues such as:

- Special education & Academic Progress
- Bullying/harassment/cyber bullying
- Suspensions, expulsions

Please see web site for full range of services and online intake form.

Parent to Parent and Parent Training – The Arc of Spokane

www.arc-spokane.org

320 E. 2nd Ave. Spokane, WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 8:30am - 5:00pm

P2P offers workshops to help parents understand important issues affecting them and their child with a developmental disability. Workshops include:

- Sibling & Guardianship Workshops
- Parent Empowerment Workshops
- Peer Mentor Matching Program & Support Groups

Please visit the website for detailed information

Advocacy and Information

People First

<http://www.peoplefirstofwashington.org/>

Email: pfow@clarkston.com

People First is the longest standing self-advocacy organization of, for, and by people with developmental and other disabilities in the world. Some activities Include: Self-advocacy information and training, Community, social involvement and youth groups in public schools

Please visit the website for more detailed information

Plan to Work - Community-Minded Enterprises

www.community-minded.org/plan-to-work

222 W Mission Ave, Ste. 120, Spokane, WA 99201

Main Phone: (509) 242-345

Email: info@community-minded.org

M-F, 8:00am - 4:00pm

If you receive Social Security disability benefits Plan to Work can help you: understand how working will affect your cash and/or medical benefits as well as other state-specific benefits and Develop an individualized Work Incentive Plan which allows you to make informed decisions

Community Minded offers 4 different locations, please visit website for more information.

Spokane Cares

www.spokanecares.org

Email: spokanecares@gmail.com

Strives to improve our community by: helping those in need find appropriate resources, helping service organizations communicate and helping community members embrace services.

This is an online community with resources. Please visit the website for more information

Advocacy and Information

Spokane County Parent Coalition

www.arc-spokane.org/Parent.Coalition

320 E. 2nd Ave Spokane, WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 8:30am - 3:00pm

The SCPC is a network of parents in Spokane County who have a child with a developmental disability. Resources include: Advocacy & Family Support Newsletter, Leadership Development & Advocacy Days and Workshops.

Please visit the website for more information

Spokane Center for Independent Living (SCIL)

<http://scilwa.org/>

8817 E. Mission Ave, Suite 106. Spokane Valley, WA 99216

Main Phone: (509) 326-6355 / Toll free (877) 606-2680

M-Thu, 10:00am - 4:00pm

SCIL strives to enhance independent living opportunities and self-determination through advocacy, promoting civil rights, and empowerment. Services include: Information Referral & Peer Support, Service Animal Education & Skills Training & Youth in Transition (YIT)

Please visit the website for more information

TASH

<http://tash.org>

Main Phone: (202) 429-2080 / Fax: (202) 540-9019

Email: info@tash.org

TASH works to advance inclusive communities through advocacy, research, professional development, policy, and information and resources for parents, families and self-advocates. TASH offers: Online Information, Podcast Services & Newsletter

Please see the web site for more information and to join TASH.

Advocacy and Information

Washington Autism Alliance & Advocacy

www.washingtonautismadvocacy.org

16225 NE 87th St. Suite A-2, Redmond, WA 98052

Main Phone: (425) 894-7231 / Fax: (425) 836-6512

M-F, 9:00am - 1:00 pm

Washington Autism Alliance & Advocacy is a personal advocate and legislative champion for children and adults with autism spectrum disorder (ASD) & other developmental disabilities. We help by: Insurance & Family Navigation, Special Education Parent Partners and Supporting Parents of Autism (SPA) Group

Please visit the website for more information and services

Washington Sensory Disability Service (WSDS)

www.wsdsonline.org

800 Oakesdale Ave SW., Renton WA 98057

Voice/TTY: (425) 917-7827 / Toll Free: (800) 572-7000

Fax: (425) 917-7838

Washington Sensory Disabilities Services (WSDS) provides online training and other support to families and service providers in education to assist children birth to 21, who are: Deaf or hard of hearing, Blind or visually impaired or have a combined hearing and visual impairment

Please visit the web site for more information

Washington State Fathers Network

www.fathersnetwork.org

Main Phone: (425) 653-4286 / Fax: (425) 747-1069

We do our work by connecting fathers of children, of all ages, who have special needs with each other and with resources, information, and education to assist them as they become more competent and compassionate caregivers for their children.

Please visit the website for more information

Assessment and Screening

Achieve Center Pediatric Therapy

www.achievecenter.net

528 E Spokane Falls Blvd. Ste. 401 Spokane, WA 99202

Phone: (509) 435-0481 / Fax: (509) 435-0485

M-Thu, 8:00am - 6:00pm; F, 8:00am - 4:00pm

For children with developmental disabilities from birth - 21 who have minor delays in speech or motor development, with conditions such as; Autism, Cerebral Palsy, and Down's syndrome. Some services include:

- Autism Spectrum Therapy
- Feeding & Swallowing Therapy
- Occupational & Physical Therapy
- Pragmatic Social Therapy
- Tongue Thrust Therapy
- Sensory Processing Therapy
- Speech and Language Therapy

Serves Eastern Washington in 4 different locations, please visit the website for more information.

Children FIRST

www.childrenfirstspokane.org

2510 N. Pines Rd. Ste. 3. Spokane Valley, WA 99206

Main Phone: (509) 315-5711

T-F, 8:00am - 3:30pm

Children FIRST Therapy provides the highest quality early intervention services for children birth to three with developmental delays through our unique, integrated preschool and group therapy programs. Children FIRST Therapy serves the child's parents and caregivers as well; offering in-depth resource coordination and hands-on involvement in the child's therapy. We also provide in home therapy sessions for children within our service area.

Assessment and Screening

Greenleaf Psychology & Counseling

www.greenleafpsychology.com

3157 E. 17th Ave., Spokane, WA 99223

Main Phone: (509) 838-8066 / Fax: (800) 594-8305

Greenleaf Psychology is a clinic that works with patients of all ages. Greenleaf has been designated as a Center of Excellence by the Washington State Healthcare Authority for the diagnosis of Autism Spectrum Disorder and is FDA-compliant in the Diagnosis of ADD/ADHD. Some services include:

- Electroencephalographic (EEG) Examinations
- Psychological/Neuropsychological Testing and Evaluation
- Surface Electromyography Examinations (EMG)

Please visit the website for all services offered

ICARD PLLC

www.icardpllc.com

Marycliff Hall, 701 W 7th Ave., Suite 130, Spokane, WA 99204

Main Phone: (509) 838-3932 / Fax: (509) 838-1163

Email: icardpllc@protonmail.com

M-F, 7:00am - 6:00pm; S-S, Appointments only

ICARD PLLC is a center of Excellence (COE) for diagnosing Autism for the Washington State Healthcare Authority (HCA) & Apple Health Plans. ICARD PLLC offers the following services:

- Comprehensive evaluations for ADHD, Autism Spectrum Disorders, Learning disorder, anxiety, mood and attachment.
- Consultation for Individual Education Plans (IEP) & 504 Accommodation Plans
- Counseling: Individual & Groups
- Feeding & Speech Therapy

Please visit the website for more information on all services

Assessment and Screening

Infant Toddler Network (ITN)

www.srhd.org/services/itn.asp

1101 W College Ave, Spokane WA, 99201

Main Phone: (509) 324-1651

M-F, 8:00am - 5:00pm

The Infant Toddler Network is the local lead agency in Spokane County for supporting children with disabilities or developmental delays, from birth to 3. Parents who have concerns about their child's development can contact ITN to receive assistance and information about entering the program.

Please visit the website for more information about this program.

Milestones Pediatric Therapy Services

www.milestonespediatrictherapy.net

801 E 2nd Avenue, Suite 100, Spokane, WA 99202

Main Phone: (509) 835-4404 / Fax: (509) 835-4400

Providing outstanding assessments and individual treatment services to children and adolescents with speech, language, feeding, social-communication, sensory, motor, reading, and cognitive learning needs. We collaborate with families and professionals to build strong intervention teams. Some services provided:

Evaluations and Consultations

- Speech & Language Consultation & Evaluation
- Occupational & Social Emotional Evaluation
- Sensory Integration & Praxis Tests (SIPT)

Treatment

- Individual Speech & Language Therapy
- Co-Treatment with Speech & Occupational Therapy
- Individual Occupational Therapy & Therapeutic Listening

Please visit the website for all services and information.

Assessment and Screening

Martin Luther King, Jr. Family Outreach Center (MLK)

www.mlkspokane.org

845 South Sherman Street, Spokane, WA 99202

Main Phone: (509) 455-8722 / Fax: (509) 455-3643

Days and hours vary with programs.

MLK provides culturally responsive educational and social services with the framework of Dr. King's vision. Their programs and services include:

Child and Youth Services Department

- Early Childhood Education and Assistance Program (ECEAP)
- Summer Youth Academy (SYA)
- Teen Leadership Program (TLP)

Family Services Department

- Prevention & Intervention Services
- Family Emergency Services Programs

Please call for most current information.

Northwest Autism Center

www.nwautism.org

528 E. Spokane Falls Blvd. Suite 14, Spokane, WA, 99202

Main Phone: (509) 328-1582 / Fax (877) 376-3335

Email: info@nwautism.org

Days and hours vary with programs

Services Include:

- Applied Behavior Analysis (ABA)
- T.E.A.M. Outreach (P-12)
- Community Based Training

Please visit the website for more information

Assessment and Screening

Early Life Speech and Language

<http://earlylifesppeech.org/>

506 W 2nd Ave, WA 99201

Main Phone: (509) 838-2310 / Fax: (509) 838-1019

M-F, 9:00am - 5:00pm

Email: info@earlylifesppeech.org

Early Life Speech & Language provides intensive speech therapy services to children ages 2 – 7 struggling with speech delays. No cost to the families. All Washington children will have the verbal communication skills needed for success at home, in school and in life.

Spokane Ear Nose and Throat Clinic (ENT)

www.columbiasurgicalspecialists.com

Main Phone: (509) 624-2326

ENT Surgical: (509) 747-6194 / Hearing: (509) 789-1020

Toll free: (800) 724-3261

Spokane ENT has surgical and hearing centers. Services are for children and adults. Some of the services that are offered are:

- Hearing evaluations
- Speech pathology
- Hearing aids and implants
- Swallowing and reflux disorders, snoring disorders
- Allergy testing and review
- Sleep disorders
- Reconstructive and cosmetic facial plastic surgery

Spokane Ear Nose and Throat offers four locations, please visit the website for more information

Assessment and Screening

Spokane Guilds' School and Neuromuscular Center

www.guildschool.org

2118 W. Garland Ave. Spokane, WA 99205

Main Phone: (509) 326-1651 / Fax: (509) 326-1658

Email: Guild@guildschool.org

We believe in the worth of every individual and their right to a meaningful life. Our purpose is to nurture the full potential of families and their children, from birth to three, with disabilities.

We do this through a personalized, comprehensive program of assessment, therapy, education, and support.

Please visit our website and Facebook page to learn more

Stepping Stones Pediatric Therapy

<http://ssptherapy.com/>

319 S. Cedar St. Spokane, WA 99204

Main Phone: (509) 209-7429 / Fax: (509) 340-9942

Email: hello@ssptherapy.com

We offer occupational, physical and speech therapy services, and medical nutrition therapy. We also provide mental health counseling for our patients and their families. We pride ourselves on being a team that continuously coordinates services with parents, caregivers, physicians and other providers.

Please visit the website for more program information

Notes:

Assessment and Screening

University Hearing and Speech Clinic /WSU

www.medicine.wsu.edu

310 N. Riverpoint Blvd. #V, Spokane WA 99202

Main Phone: (509) 828-1323

E-mail: upcd@wsu.edu

Hours may vary

The University Hearing and Speech Clinic provides comprehensive evaluation and therapeutic services to adults and children for speech, language, and hearing problems.

These include:

- Child language delay
- Stuttering and fluency disorders
- Oral motor disorders
- Dysphagia (swallowing)
- Speech and language problems associated with hearing impairment
- Speech or language problems resulting from brain injury or neuromuscular disability
- Speech production errors resulting from craniofacial abnormalities.

Audiology services - Diagnostic and rehabilitative services for children and adults include:

- Hearing assessment
- Hearing aid assessment and dispensing
- Electroacoustic analysis of hearing aids
- Consultation for assistive listening devices and signaling systems

Enrollment

- The Clinic enrolls clients for speech and language therapy according to the university calendar for the fall, spring, or summer sessions.

Assessment and Screening

WA State Center for Childhood Deafness and Hearing Loss (CDHL)

www.wsd.org

Voice: (360) 696-6525 / Video Phone: (360) 334-5448

Outreach Services: (855) 342-1670 / Fax: (360) 696-6291

Email: outreachteam@cdhl.wa.gov

M-F, 8:00am - 5:00pm

CDHL statewide outreach team offers statewide services to deaf and hard of hearing students, teachers of the deaf, school districts, educators serving the deaf, educational interpreters and families of deaf infants, toddlers and students. Services include:

- ASL Specialists & Audiology Services
- Counseling & Evaluation Services
- Speech & Language Pathology
- Career/Transition Services

Please visit the website for more information

Youthful Horizons

www.youthfulhorizonstherapy.com

325 S. University Rd, Spokane Valley, WA 99206

Main Phone: (509) 921-9798 / Fax: (509) 921-9774

M-F, 7:00am - 6:00pm

Offers pediatric therapy and treatment, including early intervention services, which can be provided on-site, in the home or at an Early Head Start or day care setting when appropriate or medically necessary. Youthful Horizons Provides:

- Pediatric Physical & Occupational therapy
- Pediatric speech therapy
- Developmental evaluation
- Massage & Aquatic Therapy

Please visit the website for more information

Assistive Technology

Assistive technology (AT): products, equipment, and systems that enhance learning, working, and daily living for persons with disabilities. Assistive technology is used to increase, maintain, or improve functional capabilities.

AssistiveWare

<http://www.assistiveware.com/>

Email: info@assistiveware.com

Focused on its vision to empower people through innovative technology. AssistiveWare proudly works in close collaboration with end users and professionals to offer a wide-range of cutting-edge assistive technology products and service solutions for individuals with physical, vision, communication, and reading impairments.

Please visit our website for more information

Inland Northwest Lighthouse for the Blind

<http://thelighthousefortheblind.org>

6405 N. Addison Street, Spokane, WA 99208

Main Phone: (509) 487-0405 / Toll Free: (800) 914-7307

Our philosophy maintains that each employee be provided with whatever supports are necessary for success in the workplace.

Supports include:

- In-house Sign Language Interpreting Department
- Staff mobility Instructors to teach Independent Travel
- One Hundred Computer Workstations

Other programs include:

- Accessibility & Braille Literacy Program
- Computer Training Program (CTP)
- Deaf-Blind Program & Interpreting Services
- Orientation & Mobility (O&M)
- Supported Employment Program (SEP)

Please visit the website for more information

Assistive Technology

Lilac Services for the blind

www.lilacblind.org

1212 N Howard St, Spokane WA 99201

Main Phone: (509) 328-9116 / Toll Free: (800) 422-7893

Fax: (509) 328-8965

Email: contact@lilacblind.org

Our primary service, the Independent Living Program, provides personalized training, adaptive devices, and support, which includes instruction in alternative techniques in home management, activities of daily living, communication methods, and more. Both in-office and in-home training are available. Other important services include the low-vision department and adaptive-aid demonstrations and our extensive Braille transcription services and Braille lending library.

Please visit our website for more information

WA Assistive Tech Act Program

www.watap.org

University of WA, UW Box 354237, Seattle WA 98195

Toll Free: (800) 214-8731 / TTY: (866) 866-0162

Fax: (206) 543-4779

Email: watap@uw.edu

WATAP provides assistive technology resources and expertise to Washington residents with disabilities as well as family members, employers, and service providers in employment, healthcare, community living, and education.

Help with devices for: Seeing, hearing, speaking, managing information, fine motor and getting around.

Please visit the website for more detailed information

Autism Services

Autism Society of Washington - Spokane

www.autismsocietyofwa.org/asw-spokane

Spokane@autismsocietyofwa.org

The Autism Society promotes lifelong community access for persons within the Autism spectrum including those with Asperger's Syndrome through family support, public awareness, advocacy and collaboration with community partners. We follow the ASW "options policy". We are chartered as a support group and are volunteer run. Membership is free and encouraged.

Family Support:

- Our Family Support Meetings are held monthly at various locations to encourage families to participate in a variety of activities to encourage community access. We strive to keep the activities low cost or free by subsidizing the cost if necessary. Some events include, sensory friendly movies, bowling, art activity, Easter egg hunt rehearsal, picnics and Splashdown Water Park.
- Our support for adults and teens on the spectrum include; support meetings with a game meeting during the school year, an annual dinner meeting with a speaker, and an annual pot luck picnic. The purpose of the meetings is to provide opportunities for socialization and friendship.
- We publish a monthly e-newsletter.
- Best in the Northwest Conference features speakers on various topics of concern with families dealing with autism.

Awareness, Advocacy & Community Partnership:

- We donate funds for Spokane Public Library and the Spokane County Library to purchase autism materials.
- We co-sponsor Ican Shine Camp where children with disabilities are taught to ride a 2-wheeler bike.
- We co-sponsor the Steps for Autism 5k walk to raise awareness and celebrate April Autism Awareness Month.

Autism Services

Autism Guidebook for Washington State

<http://here.doh.wa.gov/portals/14/materials//970-NonDOH-AutismGd-en-L.pdf>

TTY/TDD: (800) 833-6388 / Submit Requests: (800) 525-0127

The Autism Guidebook for Washington State (2010) is a free downloadable 145-page comprehensive source book for parents of children on the spectrum. Chapters include these and many more topics:

- Introduction to Autism & Commonly used terms
- Medical Aspects & School Assessments
- Community Transitions & Future planning

Please call the number above to submit a request for this document

Greenleaf Psychology & Counseling

www.greenleafpsychology.com

3157 E. 17th Ave., Spokane, WA 99223

Main Phone: (509) 838-8066 / Fax: (800) 594-8305

Greenleaf Psychology is a clinic that works with patients of all ages. Greenleaf has been designated as a Center of Excellence by the Washington State Healthcare Authority for the diagnosis of Autism Spectrum Disorder and is FDA-compliant in the Diagnosis of ADD/ADHD. Some services include:

- Electroencephalographic (EEG) Examinations
- Psychological/Neuropsychological Testing and Evaluation
- Surface Electromyography Examinations (EMG)

Please visit the website for all services offered

Autism Services

ICARD PLLC

www.icardpllc.com

Marycliff Hall, 701 W 7th Ave., Suite 130, Spokane, WA 99204

Main Phone: (509) 838-3932 / Fax: (509) 838-1163

Email: icardpllc@protonmail.com

M-F, 7:00am - 6:00pm; S-S, Appointments only

ICARD PLLC is a center of Excellence (COE) for diagnosing Autism for the Washington State Healthcare Authority (HCA) & Apple Health Plans. ICARD PLLC offers the following services:

- Comprehensive evaluations for ADHD, Autism Spectrum Disorders, Learning disorder, anxiety, mood and attachment.
- Consultation for Individual Education Plans (IEP) & 504 Accommodation Plans
- Counseling: Individual & Groups
- Feeding & Speech Therapy

Please see website for more information on all services

Notes:

Autism Services

Milestones Pediatric Therapy Services

www.milestonespediatrictherapy.net

801 E 2nd Avenue, Suite 100, Spokane, WA 99202

Main Phone: (509) 835-4404 / Fax: (509) 835-4400

Providing outstanding assessments and individual treatment services to children and adolescents with speech, language, feeding, social-communication, sensory, motor, reading, and cognitive learning needs. We collaborate with families and professionals to build strong intervention teams.

Evaluations and Consultations

- Speech & Language Consultation & Evaluations
- Occupational & Social Emotional Evaluation
- Sensory Integration & Praxis Tests (SIPT)

Treatment

- Individual Speech & Language Therapy
- Co-Treatment with Speech & Occupational Therapy
- Individual Occupational Therapy & Therapeutic Listening

Please visit the website for all services and information.

Morning Star Boys Ranch

<http://www.morningstarboysranch.org/community/>

P.O. Box 8087, Spokane, WA 99203

Main Phone: (509) 448-1202 / Fax: (509) 448-1413

Email: msbr@msbranch.org

M-F, 9:00am - 5:00pm

Morning Star Boys' Ranch has provided safe, compassionate, residential care to boys in need and their families. Some services include:

- Individual and Family Counseling
- Foster Care Licensing & Child Placement Programs
- Permanency Planning & Adoption Disruption Prevention

Please visit the website for more information

Autism Services

NueroEducation – Assessment and Treatment of: Learning Differences and Behavior

www.nueroeducation.com

905 W Riverside Ave., Suite 208, Spokane, WA 99201

Main Phone: (509) 747-0165 / Fax: (509) 747-8016

NueroEducation offers: Testing/Evaluation services geared towards effectively pinpointing the source of your needs, allowing us to make an individualized game plan for success. The psychological and behavioral service encompasses treatment of conditions such as ADHD, Attention, Anxiety, Communication, Depression, Socialization, Conduct, Motivation, and many more. Our tutoring service is designed to assist those clients in grades Kindergarten through college who struggle with learning.

Northwest Autism Center

www.nwautism.org

528 E. Spokane Falls Blvd. Suite 14, Spokane, WA, 99202

Main Phone: (509) 328-1582 / Fax (877) 376-3335

Email: info@nwautism.org

Days and hours vary with programs

Some services Include:

- Applied Behavior Analysis (ABA)
- T.E.A.M. Outreach (P-12)
- Community Based Training

Please visit the website for more information

Autism Services

Northwest Neurobehavioral Institute (NNI)

www.spokanebrain.com

1303 N Division St. Ste. A. Spokane, WA 99202

Main Phone: (509) 456-3600 / Fax: (509) 747-4420

Therapy Services include:

ADHD	Disruptive Behavior
Anxiety or Panic	Disorders
Autism Spectrum	Fetal Alcohol Syndrome
Disorder	Disorder
Attachment Disorders	Impulse Control
Behavior Problems	Disorders
Caregiver Support	Obsessions & Compulsive
Cerebral Palsy	Behaviors

NNI offers a wide range of therapy services beyond the given list, please reference their website for a comprehensive list.

The ISAAC Foundation

<http://theisaacfoundation.org/>

PO Box 19202, Spokane, WA 99219

Main Phone: (509) 325-1515 / Fax (509) 325-1516

Email: hello@theisaacfoundation.org

Enhancing the live of your friends and family touched by autism through educational, emotional and financial support programs.

Some Programs and Services:

- Therapy Equipment Grants & Weighted blankets/lap pads
- Emergency preparedness workshops
- Curriculum-based sibling support program (ages 6-11) and mentor program (ages 12-22).
- Monthly parent/caregiver newsletter

Please see website or ISAAC Foundation smart phone app for dates and times.

Autism Services

MyAutismTeam

www.myautismteam.com

We believe in making it easy to find the best people around you to help you get the answers you need, and to find support from people who can truly relate. MyAutismTeam is the only network where you can truly connect, make real friendships, and share daily ups and downs in a judgement free place. MyAutismTeam is a free social network that makes it easy for you to:

- Get the emotional support you need from others like you
- Gain practical advice and insights on managing treatment or therapies for Autism

Washington Autism Alliance & Advocacy

www.washingtonautismadvocacy.org

16225 NE 87th St. Suite A-2, Redmond, WA 98052

Main Phone: (425) 894-7231 / Fax: (425) 836-6512

M-F, 9:00am - 1:00pm

Washington Autism Alliance & Advocacy is a personal advocate and legislative champion for children and adults with autism spectrum disorder (ASD) & other developmental disabilities. We help by: Insurance & Family Navigation, Special Education Parent Partners and Supporting Parents of Autism (SPA) Group.

Please visit the website for more information and services

Notes

Behavioral Health / Counseling

Camas Path

www.kalispeltribe.com

934 S Garfield Road, Airway Heights WA 99001

Main Phone: (509) 789-7630

M-Th, 7:00am - 5:00pm

The program allows Kalispel Tribal members, members of other Native American Tribe and the community as a whole to learn and grow in a positive environment that encourages individual development. Programs and services include: Education, Behavioral Health, Community Services, Early Learning Center, and Medical Services.

Please visit the website for more information and locations

Catholic Charities

www.catholiccharitiesspokane.org/

12 E 5th Ave, Spokane WA 99202

Mailing Address: PO Box 2253, Spokane WA 99210

Main Number (509) 358-4250

Emergency Financial Assistance: (509) 455-4963

Furniture Bank: (509) 991-9345 / Fax (509) 358-4259

M-Th, 7:00am - 6:00pm

Catholic Charities administers programs in the 13 counties of Eastern Washington which provide food, shelter, clothing, educations, counseling and support to those in need. Programs include:

- Childbirth & Parenting Assistance (CAPA)
- Immigration Legal Services
- St. Anne's Children & Family Center & St. Margaret's
- Senior & Family Housing & Services

Please visit the website for more information

Behavioral Health / Counseling

Center for Family Development

www.cffdspokane.com/

1404 E. 11th Ave., Spokane, WA 99202

Main Phone: (509) 744-1117

The Center for Family Development offers a variety of mental health services for children, adolescents and adults. Some services include: Child, Adolescent, and Adult Counseling, Support for Family of Children with Special Needs and Social Skills Development for Children.

Please see web site for all services provided

Childbirth and Parenting Assistance (CAPA)

www.catholiccharitiesspokane.org/capa-2

25 E 5th Ave, Spokane WA 99202

Main Phone: (509) 455-4986 / Fax: (509) 358-4259

M-Thu, 8:30am - 5:00pm

The Childbirth and Parenting Assistance program works with vulnerable families to provide support to strengthen families. Services offered: Counseling & Childbirth Education, Toddler Time, New Parent Café and Parenting Classes & Parent Mentors.

Children FIRST

www.childrenfirstspokane.org

2510 N. Pines Rd. Ste. 3. Spokane Valley, WA 99206

Main Phone: (509) 315-5711

T-F, 8:00am - 3:30pm

Children FIRST Therapy provides the highest quality early intervention services for children birth to three with developmental delays through our unique, integrated preschool and group therapy programs. Children FIRST Therapy serves the child's parents and caregivers as well; offering in-depth resource coordination and hands-on involvement in the child's therapy. We also provide in home therapy sessions within our service area.

Behavioral Health / Counseling

Children's Home Society

www.childrenshomesociety.org/spokane

2323 N Discovery Place, Spokane Valley, WA 99216

Main Phone: (509) 747-4174

M - Thurs., 8:30am - 6:00pm / F, 8:30am - 5:00pm

Our mission today is to develop healthy children, create strong families build engaged communities, and speak and advocate for children. We provide services to local children and families by providing Child & Family Counseling & Early Learning.

Fairfax Behavioral Health-help, hope & healing

www.fairfaxbehavioralhealth.com

10200 NE 132ND St., Kirkland WA 98034

Main Phone: (425) 821-2000 / Fax: (425) 458-2431

More information or Referral: (425) 284-8300

Providence Health Care and Fairfax Behavioral Health/Universal Health Services (UHS), formed a joint venture to build a 100-bed freestanding psychiatric hospital on the Providence Sacred Heart Medical Center campus. The hospital will increase both inpatient and outpatient capacity. Services include:

- Adolescent Inpatient (13-17) & Adult Inpatient (18-65+)
- Voluntary & Involuntary Hospitalization
- Co-occurring Treatment & Detox

Please visit website for all program information

Behavioral Health / Counseling

Freedom Consulting

www.freedomconsultingllc.com

12830 E Mirabeau Pkwy Unit B-2. Spokane Valley, WA 99216

Main Phone: (509) 241-3081 / Fax: (877) 268-9105

Email: info@freedomconsultingllc.com

M-F, 9:00am - 5:00pm

For all ages and abilities-High School students to adults and seniors. We provide four different levels of vocational or career evaluations. We also provide all levels of Independent Living (IL) services.

Independent Living Evaluations are used to help discover what areas in a person's life need support or training to ensure their foundation for employment is stable and they are ready to be successful in work. We can help your access services in the community or learn the skills to live independently. Through:

IL Work-Related Systems Access & IL Skills Training

Please see website for more detailed information

Frontier Behavioral Health

<http://www.fbhwa.org/>

107 S Division Street. Spokane, WA 99202

TDD: (509) 624-0004

First Call for Help Crisis Line (24-hr): (509) 838-4428

EW211: call 211 or (866) 904-9060

M-F, 8:00am - 5:00pm

Frontier Behavioral Health has several offices and service locations throughout the Spokane area. Please call 509-838-4651 or 509-838-4128 to determine which location is most relevant to your needs. Services Include:

- Adult, Child, Family & Elder Services
- Crisis Outreach and Involuntary Treatment Act (ITA)
- Inpatient & Stabilization Services Mental Health First Aid
- Mobile Community Assertive Treatment (MCAT)

Behavioral Health / Counseling

Greenleaf Psychology & Counseling

www.greenleafpsychology.com

3157 E. 17th Ave., Spokane, WA 99223

Main Phone: (509) 838-8066 / Fax: (800) 594-8305

Greenleaf Psychology is a clinic that works with patients of all ages. Greenleaf has been designated as a Center of Excellence by the Washington State Healthcare Authority for the diagnosis of Autism Spectrum Disorder and is FDA-compliant in the Diagnosis of ADD/ADHD. Some services include:

- Electroencephalographic (EEG) Examinations
- Psychological/Neuropsychological Testing and Evaluation
- Surface Electromyography Examinations (EMG)

Please visit the website for all services offered

Hospice of Spokane

www.hospiceofspokane.org

121 S Arthur, Spokane, WA 99202

Main Phone: (509) 456-0438 / Toll Free: (888) 459-0438

M-F, 8:00am - 5:00pm

Dealing with terminal illness and the emotions and physical burdens of this kind can be overwhelming. Our hope is that we are providing the education, support and high-quality care that you need. Hospice of Spokane provides the following free services: Grief Support Groups & Counseling, Community support and Hospice Care

Please visit the website for more information

Behavioral Health / Counseling

ICARD PLLC

www.icardpllc.com

Marycliff Hall, 701 W 7th Ave., Suite 130, Spokane, WA 99204

Main Phone: (509) 838-3932 / Fax: (509) 838-1163

Email: icardpllc@protonmail.com

M-F, 7:00am - 6:00pm; S-S, Appointments only

ICARD PLLC is a center of Excellence (COE) for diagnosing Autism for the Washington State Healthcare Authority (HCA) & Apple Health Plans. ICARD PLLC offers the following services:

- Comprehensive evaluations for ADHD, Autism Spectrum Disorders, Learning disorder, anxiety, mood & attachment.
- Consultation for Individual Education Plans (IEP) & 504 Accommodation Plans
- Counseling: Individual & Groups
- Feeding & Speech Therapy

Imagine

www.imaginebehaviorwashington.com

5709 West Sunset Highway, Suite 100, Spokane, Washington 99224

Email: rjustus@imaginebehavior.com

M-F, 8:00am - 5:00pm

Imagine Washington provides evidence-based intervention grounded in the science of Applied Behavior Analysis in order to promote maximum independence. We believe that all individuals, regardless of severity of disability or socioeconomic status deserve state of the art, individualized service. From the moment services are initiated, a personalized, analytic approach is employed to ensure maximum results. Services include:

- Early Intervention (Five & younger)
- Youth & Adult Behavioral Therapy/Consultation
- Family & Care provider Education
- Professional Training & Development

Behavioral Health / Counseling

Lilac Services for the blind

www.lilacblind.org

1212 N Howard St, Spokane WA 99201

Main Phone: (509) 328-9116 / Fax: (509) 328-8965

Email: contact@lilacblind.org

Our primary service, the Independent Living Program, provides personalized training, adaptive devices, and support, which includes instruction in alternative techniques in home management, activities of daily living, communication methods, and more. Both in-office and in-home training are available. Other important services include the low-vision department and adaptive-aid demonstrations and our extensive Braille transcription services and lending library.

Please visit our website for more information

Lutheran Community Services Northwest

www.lcsnw.org/office/spokane

210 W. Sprague Ave., Spokane, WA 99201

Main Phone: (509) 747-8224 / 24-hour Crisis Line: (509) 624-7273

M-Thu, 8:00am - 5:00pm; F: 8:30am - 3:00pm

LCSNW is the local sexual assault service center; it offers many programs for child, teen and adult survivors. Services include:

- Clinical services for survivors of sexual violence, physical assault and abuse,
- Medical and legal victim advocacy
- Support groups
- Information and referral

Please visit website for full range of services

Behavioral Health / Counseling

Martin Luther King, Jr. Family Outreach Center (MLK)

www.mlkspokane.org

845 South Sherman Street, Spokane, WA 99202

Main Phone: (509) 455-8722 / Fax: (509) 455-3643

Days and hours vary with programs.

MLK provides culturally responsive educational and social services with the framework of Dr. King's vision. Their programs and services include:

Child and Youth Services Department

- Early Childhood Education and Assistance Program (ECEAP)
- Summer Youth Academy (SYA)
- Teen Leadership Program (TLP)

Family Services Department

- Prevention & Intervention Services
- Family Emergency Services Programs

Please call for most current information

Morning Star Boys Ranch

<http://www.morningstarboysranch.org/community/>

P.O. Box 8087, Spokane, WA 99203

Main Phone: (509) 448-1202 / Fax: (509) 448-1413

Email: msbr@msbranch.org

M-F, 9:00am - 5:00pm

Morning Star Boys' Ranch has provided safe, compassionate, residential care to boys in need and their families. Services Include:

- Individual and Family Counseling
- Foster Care Licensing & Child Placement Programs
- Permanency Planning & Adoption Disruption Prevention

Behavioral Health / Counseling

NueroEducation – Assessment and Treatment of: Learning Differences and Behavior

www.nueroeducation.com

905 W Riverside Ave., Suite 208, Spokane, WA 99201

Main Phone: (509) 747-0165 / Fax: (509) 747-8016

NueroEducation offers: Testing/Evaluation services geared towards effectively pinpointing the source of your needs, allowing us to make an individualized game plan for success. The psychological and behavioral service encompasses treatment of conditions such as ADHD, Attention, Anxiety, Communication, Depression, Socialization, Conduct, Motivation, and many more. Our tutoring service is designed to assist those clients in grades Kindergarten through college who struggle with learning.

Please visit the website for more information

Northwest Autism Center

www.nwautism.org

528 E. Spokane Falls Blvd. Suite 14, Spokane, WA, 99202

Main Phone: (509) 328-1582 / Fax (877) 376-3335

Email: info@nwautism.org

Days and hours vary with programs

Some services Include:

- Applied Behavior Analysis (ABA)
- T.E.A.M. Outreach (P-12)
- Community Based Training

Please visit the website for more information

Behavioral Health / Counseling

Northwest Neurobehavioral Institute (NNI)

www.spokanebrain.com

1303 N Division St. Ste. A. Spokane, WA 99202

Main Phone: (509) 456-3600 / Fax: (509) 747-4420

Therapy Services include:

ADHD	Disruptive Behavior
Anxiety or Panic	Disorders
Autism Spectrum	Fetal Alcohol Syndrome
Disorder	Disorder
Attachment Disorders	Impulse Control
Behavior Problems	Disorders
Caregiver Support	Obsessions & Compulsive
Cerebral Palsy	Behaviors

NNI offers a wide range of therapy services beyond the given list, please reference their website for a comprehensive list.

Passages Family Support

www.passages-spokane.org

1002 N Superior St, Spokane WA 99202

Main Phone: (509) 892-9241 / Fax: (509) 892-9251

M-F, 9:00am - 5:00pm

Families, youth, and children living in Spokane County and facing mental health challenges are welcome at Passages, a peer support organization that strives to form healthy partnerships with clients by providing recovery-based support services, coordination of care, classes and advocacy.

Please visit the website of Facebook page for more information

Behavioral Health / Counseling

Rockwood Behavioral Health Center

www.multicare.org/rockwood/behavioral-health-center

Deaconess Medical Office Building

801 W 5th Ave, Suite 422, Spokane, WA 99204

Main Phone: (509) 342-3480 / Fax: (509) 459-1335

M-F, 9:00am - 5:00pm

Our specialists at MultiCare Rockwood Behavioral Health Center treat children, families and adults for a multitude of mental health conditions. Our caring and experienced providers provide the following services at various levels of care for:

- Individuals, Couples, and Family Counseling
- Depression, Grief, and Loss
- Learning Disabilities
- Coping with Physical Illness, Mental Illness, and Developmental Disorders.

Vanessa Behan Crisis Nursery

www.vanessabehan.org

1004 E 8th Ave, Spokane, WA 99202

Main Phone: (509) 535-3155 / Fax: (509) 534-7099

Email: vbcn@vanessabehan.org

Open 24 hours a day, 365 days a year

The Vanessa Behan Crisis Nursery is a safe, confidential place for anyone who may be experiencing a crisis and needs a helping hand. What is the definition of “crisis”? Anything that keeps you from taking care of your child as well as you would like.

Here are a few reasons why we are here:

- To provide a safe place for your child to stay while you resolve personal problems
- If you have an important appointment but no one to watch your child
- If you or a member of your family has a medical emergency, or you are expecting the birth of a child

Daycare

Ascend to the Heights Child Development Center

www.ascendtotheheights.com

116 W. Indiana, Spokane, WA 99205

Main Phone: (509) 327-3311

Email: info@ascendtotheheights.com

M-F, 5:30am - 8:00pm

Welcomes children with special needs and has trained staff to support and care for children with: Medically fragile conditions, Neurological conditions or Behavioral issues. We have worked hard to provide the setting we believe will not only be perfect for your child, but for the parents as well.

Early Achievers

<http://www.del.wa.gov>

Early Achievers improves the quality of early care and learning in Washington State. Families deserve to know their children are receiving care that promotes their unique skills and supports the development of the whole child. Early Achievers helps:

- Children gain high-quality early learning experiences
- Families find high-quality child care & early learning programs that fit their needs
- Early learning professionals access the resources & supports they need to support each child's learning & development

CareLuLu

www.carelulu.com

Toll Free: (844) 801-5437

Email: info@carelulu.com

We believe parents should have easy access to high quality information of all childcare options-photos, parent reviews, tuition rates & thorough descriptions. We rigorously collect information on local childcare programs by visiting daycares and pre-school. *Please visit the website for more information*

Daycare

Child Care Check

www.findchildcare.org

4202 S Regal St, Spokane WA 99223

Main Phone: (509) 789-3820 / Fax: (509) 789-3821

Child Care Check is Washington State's licensed child care status and record data base. Search providers and find out: background Check Status, Licensing History and Monitoring Reports.

Visit the website for more services and information

Child Care Aware of Washington

www.childcarenet.org

1001 Pacific Ave., Suite 400, Tacoma WA 98402

Main Phone: (253) 383-1735 / Toll Free: (866) 416-4321

Scholarship Program: (866) 308-3224 / Fax: (253) 572-4140

Email: familycenter@childcare.org

Child Care Aware of Washington is dedicated to ensuring that every child in Washington has access to high-quality child care and early learning programs. Our program provides thorough and independent information and support: for families seeking quality child care and for child care programs seeking to improve quality

Please visit our website for more information

Children's Waiting Room

www.childrenshomesociety.org/spokane

721 Jefferson St, Spokane WA 99201

Main Phone: (509) 477-6815 / Fax: (509) 477-6816

M-F, 8:00am - 5:00pm (closed 12:00pm - 1:00pm)

Children's Waiting Room is a free drop-in child care center for children ages 1-12 when parents or guardians are conducting court related business at the Spokane County Courthouse.

While reservations are not required, parents are encouraged to call in advance.

Daycare

Child Care Assistance Program (CCAP)

www.community-minded.org

Community-Minded Enterprises

104 W 3rd Ave Ste B, Spokane WA 99201

Phone: (509) 362-2521 / Fax: (509) 315-5526

Email: ccap@community-minded.org

The Child Care Assistance Program provides parents in outpatient substance abuse treatment programs in Spokane County with access to quality licensed child care. While parents are in outpatient substance abuse treatment groups, individual sessions, support group meetings, drug court, or other appointments, CCAP provides parents with access to children's programs such as:

- Infant or Toddler care & Preschool
- Before and After School Programs
- Summer Camps

Spokane Child Development Center

www.spokanechilddevelopmentcenter.com

3120 N Industrial Park 1st St. Spokane Valley, WA 99216

Main Phone: (509) 924-2850

M-F, 5:30am - 6:00pm; S-S, Closed

Spokane Child Development Center is a Washington State Licensed Childcare center open to the public. We accept both private and state paid children of families who need our services between the ages of 1 year to 12 years of age. It is the mission of Spokane Child Development Center in Spokane Valley to provide an environment geared to nurture and develop the growth and learning initiated in the family experience.

Please visit the website for more information on services

Daycare

Sunshine Daycare and Preschool

N 36911 Newport Highway, Chattaroy, WA 99003

Main Phone: (509) 292-8538

M-F, 6:30am - 6:00pm

Sunshine Day Care is a child care and child development center that offers programs geared for young children. We admit kids between the ages of 2-8 years old. Sunshine Day Care's programs are designed to support children's holistic growth and education.

No current website, but check out the Facebook page

Vanessa Behan Crisis Nursery

www.vanessabehan.org

1004 E 8th Ave, Spokane, WA 99202

Main Phone: (509) 535-3155

Fax: (509) 534-7099

Email: vbcn@vanessabehan.org

Open 24 hours a day, 365 days a year

The Vanessa Behan Crisis Nursery is a safe, confidential place for anyone who may be experiencing a crisis and needs a helping hand. What is the definition of "crisis"? Anything that keeps you from taking care of your child as well as you would like.

Here are a few reasons why we are here:

- To provide a safe place for your child to stay while you resolve personal problems
- If you have an important appointment but no one to watch your child
- If you or a member of your family has a medical emergency, or you are expecting the birth of a child

Please visit the website for more information

Daycare

Washington Connection

www.washingtonconnection.org/home

Washington Connection offers a fast and easy way to apply for a variety of services such as Food, Cash, Child Care, Long-Term Care, Medicare Savings Program, and Medical assistance for individuals age 65 or older, blind, or disabled.

Please visit the website for more information

West Central Community Center (WCCC)

<http://westcentralcc.org>

1603 N. Belt, Spokane WA 99205

Main Phone: (509) 326-9540 / Fax: (509) 326-2347

Email: info@westcentralc.org

West Central Community Center (WCCC) is home to a variety of programs that support the whole person. We focus on providing well-rounded resources, with an emphasis on health, socialization, education, recreation, and access to tools needed to live a full life.

Programs include:

- Youth Development/Recreation
- Community Access Program & Learning Skills Center
- WIC & Head Start

Please visit the website for more information

Notes

Deaf and Hearing Loss

HOPE (Hearing Oral Program of Excellence) School

<https://spokanehope.org/>

502 E Fifth Ave, Suite A., Spokane, WA 99202-1675

Main Phone: (509) 868-0044

Email: info@spokanehope.org

Through our early intervention programs, HOPE targets a critical intervention window that helps children with hearing loss develop the speech and language skills they need to reach their full potential in school and in life. Services include:

- Birth-3 In Home Therapy
- Pre-School & Toddler Group
- Parent/Caregiver Support & Parent Support Meetings
- Outreach Mainstream & Family Communication Services

Inland Northwest Lighthouse for the Blind

<http://thelighthousefortheblind.org>

6405 N. Addison Street, Spokane, WA 99208

Main Phone: (509) 487-0405

Toll Free: (800) 914-7307

Our philosophy maintains that each employee be provided with whatever supports are necessary for success in the workplace.

Supports include:

- In-house Sign Language Interpreting Department
- Staff mobility Instructors to teach Independent Travel
- One Hundred Computer Workstations

Other programs include:

- Accessibility Program
- Braille Literacy Program
- Computer Training Program (CTP)
- Deaf-Blind Program
- Interpreting Services
- Supported Employment Program (SEP)

Deaf and Hearing Loss

Listen and Talk

<http://www.listentalk.org/>

8610 8 Ave NE, Seattle WA 98115

Main Phone: (206) 985-6646 / Fax: (206) 985-6687

Email: info@listentalk.org

Listen and Talk believes that children who are deaf or hard of hearing can communicate and learn through listening and spoken language. In our specialized programs, children with all degrees of hearing loss learn to listen and talk, allowing them to be independent and involved within their families, among friends and in their communities. We currently offer:

- Early Intervention Services for very young children (0-3 years) & Blended Classrooms for preschool-age and pre-K
- Listening and Spoken Language Therapy
- Consultations for families and school teams
- Training and Professional Development

Please see web site for more information about services offered

NEXUS Inland NW

<http://www.nexusinw.com>

1206 N Howard St., Spokane, WA 99201

Voice/TTY: (509) 328-9220 / Fax: (509) 435-0886

M-Thurs., 9:00am - 4:00pm; F, 9:00am - 3:00pm

Services Provided to Individuals, families, schools, businesses, and organizations:

- Interpreter Services & Communication Access Advocacy
- Education/Outreach Workshops
- Assisted Listening Devices Program
- American Sign Language (ASL) Classes

Deaf and Hearing Loss

Spokane Ear Nose and Throat Clinic (ENT)

www.columbiasurgicalspecialists.com

Main Phone: (509) 624-2326

ENT Surgical: (509) 747-6194 / Hearing: (509) 789-1020

Toll free: (800) 724-3261

Spokane ENT has surgical and hearing centers. Services are for children and adults. Some of the services that are offered are:

- Hearing evaluations
- Speech pathology
- Hearing aids and implants
- Swallowing and reflux disorders, snoring disorders
- Allergy testing and review
- Sleep disorders
- Reconstructive and cosmetic facial plastic surgery

Please visit the website for more information

University Hearing and Speech Clinic-EWU

www2.ewu.edu/chsph/programs/communication-sciences-and-disorders/clinic

Main Phone: (509) 828-1323

M-F, 9:00am - 5:30pm

University Hearing and Speech Clinic is dedicated to the evaluation and treatment of conditions that limits one's ability to communicate. The clinic is an educational training facility for students preparing for careers in Speech-Language Pathology. Services provided include screenings, evaluations and rehabilitation for a broad range of communication problems.

Please visit the website for more information

Deaf and Hearing Loss

University Hearing and Speech Clinic /WSU

www.medicine.wsu.edu

310 N. Riverpoint Blvd. #V, Spokane WA 99202

Main Phone: (509) 828-1323

E-mail: upcd@wsu.edu

Hours may vary

The University Hearing and Speech Clinic provides comprehensive evaluation and therapeutic services to adults and children for speech, language, and hearing problems.

These include:

- Child language delay
- Stuttering and fluency disorders
- Oral motor disorders
- Dysphagia (swallowing)
- Speech and language problems associated with hearing impairment
- Speech or language problems resulting from brain injury or neuromuscular disability
- Speech production errors resulting from craniofacial abnormalities.

Audiology services - Diagnostic and rehabilitative services for children and adults include:

- Hearing assessment
- Hearing aid assessment and dispensing
- Electroacoustic analysis of hearing aids
- Consultation for assistive listening devices and signaling systems

Enrollment

- The Clinic enrolls clients for speech and language therapy according to the university calendar for the fall, spring, or summer sessions.

Deaf and Hearing Loss

WA State Center for Childhood Deafness and Hearing Loss (CDHL)

www.wsd.org

Voice: (360) 696-6525 / Video Phone: (360) 334-5448

Outreach Services: (855) 342-1670 / Fax: (360) 696-6291

Email: outreachteam@cdhl.wa.gov

M-F, 8:00am - 5:00pm

CDHL statewide outreach team offers statewide services to deaf and hard of hearing students, teachers of the deaf, school districts, educators serving the deaf, educational interpreters and families of deaf infants, toddlers and students. Some services include:

- ASL Specialists & Audiology Services
- Counseling & Evaluation Services
- Speech & Language Pathology
- Career/Transition Services

WA State Hands & Voices

<https://wahandsandvoices.org>

2950 Newmarket St., Suite 101-124, Bellingham WA 98226

Main Phone: (425) 268-7087 / Fax: (877) 289-2796

Email: info@wahandsandvoices.org

Washington State Hands & Voices was founded on a concept to provide information and support to all families equally across our state. For some of us the journey into deafness and hearing loss is brand new and there is much to learn. As a parent-driven organization we understand first-hand the value that comes with learning up to date information, having guidance by experienced parents, and making connections with other families and community members.

Please visit the website for more information and to sign up for a monthly newsletter

Deaf and Hearing Loss

Washington Relay-Telecommunications Relay Services

<https://www.dshs.wa.gov/altsa/odhh/telecommunication-relay-services>

Toll Free: 711 or (800) 833-6384

- Telecommunication Relay Services in Washington State is also known as Washington Relay which is a free service provided by the Washington State Office of the Deaf and Hard of Hearing (ODHH) ensuring equal communication access to the telephone service for people who are deaf, deaf-blind, hard of hearing and speech disabled.
- This service allows hearing callers to communicate with deaf, hard of hearing, deaf-blind and speech disabled relay users and vice versa.
- Calls can be made to anywhere in the world, 24 hours a day, 365 days a year with no restrictions on the number, length, or type of calls.

Please visit the website for more information

Washington Sensory Disability Service (WSDS)

www.wsdsonline.org

800 Oakesdale Ave SW., Renton WA 98057

Voice/TTY: (425) 917-7827 / Toll Free: (800) 572-7000

Fax: (425) 917-7838

Washington Sensory Disabilities Services (WSDS) provides online training and other support to families and service providers in education to assist children birth to 21, who are: Deaf or hard of hearing, Blind or visually impaired, or have a combined hearing and visual impairment

Please visit the web site for more information

Early Intervention and Education

What is “Early Intervention”?

Early intervention is a set of services designed to meet the developmental needs of infants and toddlers and the needs of the family related to enhancing the child’s development. These services are provided, whenever possible, in natural environments including the home and community settings.

Early intervention services include:

- Assistive technology devices and services
- Audiology services
- Family training, counseling, and home visits
- Health services necessary to enable the infant or toddler to benefit from the other early intervention services
- Medical services only for diagnostic or evaluation purposes
- Nursing services
- Nutrition services
- Occupational therapy
- Physical therapy
- Psychological services
- Social work services
- Special instruction
- Speech/language therapy
- Transportation related costs that are necessary to enable an infant or toddler and their family to receive early intervention services
- Vision services

Financial assistance may be available for these services regardless of income. All funding sources and medical insurance must be explored first.

The Spokane Health District’s Infant **Toddler Network** is the single point of contact for anyone who has a concern about the development of a local child from birth to age 3.

Early Intervention and Education

Infant Toddler Network (ITN)

www.srhd.org/services/itn.asp

1101 W College Ave, Spokane WA, 99201

Main Phone: (509) 324-1651

M-F, 8:00am - 5:00pm

The Infant Toddler Network is the local lead agency in Spokane County for supporting children with disabilities or developmental delays, from birth to 3. Parents who have concerns about their child's development can contact ITN to receive assistance and information about entering the program.

Please visit the website for more information about this program

Center for Pediatric Therapy

www.spokanecpt.com

6710 N Country Homes Blvd, Spokane, WA 99208

Mailing Address: PO Box 4870, Spokane WA 99228

Main Phone: (509) 487-2958 / Fax (509) 487-3025

We have therapists who have specialized training and knowledge in various areas to include:

- Cleft Lip & Palate & Palate Dysfunction
- Swallowing Dysfunction
- Vital Stim for Swallowing
- Videofluoroscopy/Swallow Study
- Sensory Processing
- Neurodevelopmental Training
- Kinesio Taping

Please visit the website for more information

Early Intervention and Education

Children FIRST

www.childrenfirstspokane.org

2510 N. Pines Rd. Ste. 3. Spokane Valley, WA 99206

Main Phone: (509) 315-5711

T-F, 8:00am - 3:30pm

Children FIRST Therapy provides the highest quality early intervention services for children birth to three with developmental delays through our unique, integrated preschool and group therapy programs. Children FIRST Therapy serves the child's parents and caregivers as well; offering in-depth resource coordination and hands-on involvement in the child's therapy. We also provide in home therapy sessions for children within our service area.

Spokane Guilds' School and Neuromuscular Center

www.guildschool.org

2118 W. Garland Ave. Spokane, WA 99205

Main Phone: (509) 326-1651 / Fax: (509) 326-1658

Email: Guild@guildschool.org

We believe in the worth of every individual and their right to a meaningful life. Our purpose is to nurture the full potential of families and their children, from birth to three, with disabilities. We do this through a personalized, comprehensive program of assessment, therapy, education, and support.

Please visit our website and Facebook page to learn more

Stepping Stones Pediatric Therapy

<http://ssptherapy.com/>

319 S. Cedar St. Spokane, WA 99204

Main Phone: (509) 209-7429 / Fax: (509) 340-9942

Email: hello@ssptherapy.com

We offer occupational, physical and speech therapy services, and medical nutrition therapy. We also provide mental health counseling for our patients and their families.

Please visit the website for more program information

Early Intervention and Education

Youthful Horizons

www.youthfulhorizonstherapy.com

325 S. University Rd, Spokane Valley, WA 99206

Main Phone: (509) 921-9798 / Fax: (509) 921-9774

M-F, 7:00am - 6:00pm

Offers pediatric therapy and treatment, including early intervention services, which can be provided on-site, in the home or at an Early Head Start or day care setting when appropriate or medically necessary. Youthful Horizons Provides:

- Pediatric Physical & Occupational Therapy
- Pediatric speech therapy
- Developmental evaluation
- Massage & Aquatic Therapy

Education and Educational Supports

Center for Change in Transition Services (CCTS)

www.seattleu.edu/ccts

901 12th Ave, PO Box 222000, Seattle WA 98122

Main Phone: (206) 296-6494 / Fax: (206) 296-2689

Email: ccts@seattleu.edu

CCTS envisions a world where all individuals live with independence and self-sufficiency. Our mission is to improve post-school outcomes for students with disabilities. We work to achieve this mission by creating broader visibility for quality data and robust research, informing policy, supporting effective teaching and learning, and maintaining critical partnerships and connection in special education. Some services include:

- DVR Collaboration Project
- Transition Services

Please see web site to access these and many other transition services

Early Intervention and Education

Head Start/Early Head Start

<http://www.ccs.spokane.edu/head-start>

501 N. Riverpoint Blvd. MS 1009, Spokane WA 99217

We offer safe and secure environments that nurture child growth and development and provide learning opportunities for children to enhance their skills and abilities for school success.

We provide high quality education, health, and social services for the wellbeing of young children and their families. Programs are for: Infants and Toddlers (0 to 3) & Preschool Age (3 to 4).

We serve children from families with low income, according to the Poverty Guidelines published by the Federal Government.

ICARD PLLC

www.icardpllc.com

Marycliff Hall, 701 W 7th Ave., Suite 130, Spokane, WA 99204

Main Phone: (509) 838-3932 / Fax: (509) 838-1163

Email: icardpllc@protonmail.com

M-F, 7:00am - 6:00pm; S-S, Appointments only

ICARD PLLC is a center of Excellence (COE) for diagnosing Autism for the Washington State Healthcare Authority (HCA) & Apple Health Plans. ICARD PLLC offers the following services:

- Comprehensive evaluations for ADHD, Autism Spectrum Disorders, Learning disorder, anxiety, mood and attachment.
- Consultation for Individual Education Plans (IEP) & 504 Accommodation Plans
- Counseling: Individual & Groups
- Feeding & Speech Therapy

Please visit the website for more information on services

Early Intervention and Education

Imagine

www.imaginebehaviorwashington.com

5709 West Sunset Highway, Suite 100, Spokane, Washington 99224

Email: rjustus@imaginebehavior.com

M-F, 8:00am - 5:00pm

Imagine Washington provides evidence-based intervention grounded in the science of Applied Behavior Analysis in order to promote maximum independence. We believe that all individuals, regardless of severity of disability or socioeconomic status deserve state of the art, individualized service. From the moment services are initiated, a personalized, analytic approach is employed to ensure maximum results. Services include:

- Early Intervention (Five & younger)
- Youth & Adult Behavioral Therapy/Consultation
- Family & Care provider Education
- Professional Training & Development

Martin Luther King, Jr. Family Outreach Center

www.mlkspokane.org

845 South Sherman Street, Spokane, WA 99202

Main Phone: (509) 455-8722 / Fax: (509) 455-3643

Days and hours vary with programs.

Martin Luther King, Jr. Family outreach center provides culturally responsive educational and social services with the framework of Dr. King's vision. Their programs and services include:

Child and Youth Services Department

- Early Childhood Education and Assistance Program (ECEAP)
- Summer Youth Academy (SYA)
- Teen Leadership Program (TLP)

Family Services Department

- Prevention & Intervention Services
- Family Emergency Services Programs

Early Intervention and Education

Morning Star Boys Ranch

<http://www.morningstarboysranch.org/community/>

P.O. Box 8087, Spokane, WA 99203

Main Phone: (509) 448-1202 / Fax: (509) 448-1413

Email: msbr@msbranch.org

M - F, 9:00am - 5:00pm

Morning Star Boys' Ranch has provided safe, compassionate, residential care to boys in need and their families. Services Include:

- Individual and Family Counseling
- Foster Care Licensing & Child Placement Programs
- Permanency Planning & Adoption Disruption Prevention

Please see website for more information

NueroEducation – Assessment and Treatment of:

Learning Differences and Behavior

www.nueroeducation.com

905 W Riverside Ave., Suite 208, Spokane, WA 99201

Main Phone: (509) 747-0165 / Fax: (509) 747-8016

NueroEducation offers: Testing/Evaluation services geared towards effectively pinpointing the source of your needs, allowing us to make an individualized game plan for success.

The psychological and behavioral service encompasses treatment of conditions such as ADHD, Attention, Anxiety, Communication, Depression, Socialization, Conduct, Motivation, and many more. Our tutoring service is designed to assist those clients in grades Kindergarten through college who struggle with learning.

Please visit the website for more information

Early Intervention and Education

Office of the Education Ombudsman

<http://oeo.wa.gov/>

3518 Fremont Avenue North, #349, Seattle, WA 98103

Toll Free: (866) 297-2597

Email: oeoinfo@gov.wa.gov

The Office of the Education Ombudsman (OEO)

- Resolves complaints, disputes, and problems between: families and Washington State elementary and secondary public schools in all areas that affect student learning.
- OEO is a statewide agency that functions independently from the public-school system.
- Services are free, confidential and available to families and students from Kindergarten to 12th grade.

We intervene in issues such as:

- Special education
- Bullying/harassment/cyber bullying
- Suspensions, expulsions

Please visit the website for more information

Notes

[illegible]

Early Intervention and Education

Dispute Resolution

<http://www.k12.wa.us/specialEd/DisputeResolution/default.aspx>

Office of Superintendent of Public Instruction (OSPI)

600 Washington Street SE, Olympia WA 98504

Main Phone: (360) 725-6075

Hearing and/or Speech Impaired: (360) 644-3631

Fax: (360) 586-0247

We encourage parents and school districts to work together to resolve disagreements about a student's special education program. However, we understand there are times when additional support is needed to resolve a disagreement.

There are **three options** available under the Individuals with Disabilities Education Act (IDEA). These options can address concerns about identification, evaluation, educational placement, and provision of Free Appropriate Public Education to a student ages three to twenty-one.

1. Mediation

Mediation is a voluntary process for parents and districts to meet to discuss their concerns with the help of a trained, neutral mediator. There is no cost to the parties.

2. File a Citizen Complaint

Any citizen can file a complaint alleging that a federal or state special education rule or law has been violated. OSPI can investigate allegations that occurred within the past year.

3. Due Process Hearing

In a hearing, parents and districts appear before an independent administrative law judge. The parties present information and documents about the issues so the judge can reach a decision.

Please see web site for full range of services

Early Intervention and Education

Partnerships for Action, Voices and Empowerment (PAVE)

www.wapave.org

6316 S. 12th St, Tacoma, WA 98465

Main Phone: (253) 565-2266 / Eastern Washington: (509) 570-8512

Fax: (253) 566-8052

E-mail: pave@wapave.org

PAVE is a parent organization providing support, training and informational resources to empower families and individuals with disabilities. Outcomes PAVE aims to achieve:

- Enhanced knowledge & Increased self-reliance
- Tools, information and resources for you, as a parent/caregiver of a child with disabilities and/or special health care needs and for youth, with or without disabilities
- Inclusion in one's community, wider opportunities and understanding of the neighbors, friends, and co-workers who have disabilities
- Community acceptance, tolerance and understanding of individuals with disabilities/special needs

Please visit the website for more information

Notes:

Early Intervention and Education

Spokane Community College- Center for Students with Disabilities

<http://www.scc.spokane.edu/Disability-Support-Services>

1810 N Greene Street, Spokane WA 99217

Voice: (509) 533-7169 / VP: (509) 321-4406

Fax: (509) 533-8877

Email: dds@scc.spokane.edu

M-Th, 8:00am - 4:00pm; F, 8:00am - 12:00pm

We recognize disability as a valued part of diversity. We help students with disabilities receive equal access to Spokane Community College (SCC) programs and services. Services provided may include but are not limited to:

- Assistance in completing the admissions process
- Accommodations related to completing financial aid forms
- Referral to counseling or academic advising
- Classroom accommodations
- Priority registration (if justified by disability)
- Referral to resources on and off campus
- Use of assistive technology

Spokane Falls Community College – Disability Support Services

[http://www.spokanefalls.edu/for-our-students/student-](http://www.spokanefalls.edu/for-our-students/student-Resources/disability-support-services)

[Resources/disability-support-services](http://www.spokanefalls.edu/for-our-students/student-Resources/disability-support-services)

MS 3011, 3410 W. Fort George Wright Drive, Spokane, WA 99224

Voice: (509) 533-4166 / VP: (509) 315-2310 / FAX: (509) 533-4171

Email: dds@sfcc.spokane.edu

M-F, 8:00am - 4:00pm

We look forward to working with you! We help hundreds of students with learning, sensory, physical, and/or psychological disabilities. Our staff makes sure students with disabilities have equal access to SFCC programs, equipment, and activities.

The same services are provided at SFCC & SCC, please visit the website for more information.

Early Intervention and Education

The Moose Project

www.mooseproject.net

801 East 2nd AVE, Spokane, Washington 99201 (lower level
backside of building)

Voice: (509) 534-1402 / Text: (509) 443-5905

Vides: (509) 315-2321

Email: mooseproject@comcast.net

Our mission is to provide quality education, support, and resources using both sign language and spoken word not only to those with hearing loss, but all children, families, and the community. We offer programming for preschool through 1st grade students.

The YWCA-ECEAP Program

www.ywcaspokane.org

930 N Monroe, Spokane WA 99201

Phone: (509) 326-1190

Fax: (509) 326-1597

Children and Youth Services

- Early Childhood Education and Assistance Program
- Free On-Site Childcare
- Trauma Support Services
- Healthy Relationships

Please visit the website for more information.

Treehouse

www.treehouseforkids.org

2100 24th Avenue S. Suite 200, Seattle, WA 98144-4643

Main Phone: (206) 767-7000 / Fax: (206) 767-7773

Email: info@treehouseforkids.org

Treehouse works with schools, social workers, foster families and foster youth throughout Washington State to resolve difficult issues and remove barriers to foster kids' school success. Services include: Academic support, Drivers Assistance, The Wearhouse, Little Wishes & Holiday Magic.

Early Intervention and Education

Washington's Early Childhood Education and Assistance Program (ECEAP)

<https://wsaheadstarteceap.com>

Main Phone: (425) 453-1227

ECEAP is a comprehensive, state-funded preschool program that provides free educational services and supports to eligible children and their families. The programs goal is to help ensure all Washington children enter kindergarten ready to succeed. Serves children 3 to 4 years of age.

Please visit the website for more information

Washington Sensory Disability Service (WSDS)

www.wsdsonline.org

800 Oakesdale Ave SW., Renton WA 98057

Voice/TTY: (425) 917-7827 / Toll Free: (800) 572-7000

Fax: (425) 917-7838

Washington Sensory Disabilities Services (WSDS) provides online training and other support to families and service providers in education to assist children birth to 21, who are: Deaf or hard of hearing, Blind or visually impaired or have a combined hearing and visual impairment

WA State Department of Services for the Blind

www.wa.gov/dsb

510 W Riverside, Room 209, Spokane WA 99201

Main Phone: (509) 456-4458 / Toll Free: (800) 552-7103

Fax: (509) 625-5239

M-Th, 7:30am - 5:30pm

Washington State Department of Services for the Blind (DSB) provides training, counseling, and support to help Washington residents of all ages, who are blind or visually impaired, pursue employment, education and independent living.

Please visit website for more information

Early Intervention and Education

Washington State Special Education Coalition (WSSEC)

www.wssec.org

2500 Hewitt Ave, Suite 300, Everett WA 98201

Email: wssec@mail.com

WSSEC is a coalition of parents and education professionals with the following goals: To identify unmet needs of children & students with disabilities ages 0 to 21 and Advocacy & Awareness.

Please visit website for more information

West Central Community Center (WCCC)

<http://westcentralcc.org>

1603 N. Belt, Spokane WA 99205

Main Phone: (509) 326-9540 / Fax: (509) 326-2347

Email: info@westcentralc.org

West Central Community Center (WCCC) is home to a variety of programs. We focus on providing well-rounded resources, with an emphasis on health, socialization, education, recreation, and access to tools needed to live a full life. Programs include:

- Youth Development/Recreation
- Community Access Program & Learning Skills Center
- WIC & Head Start

Please visit the website for more information

Wright's Law

www.wrightslaw.com

Visit website for up to date and reliable information about special education law and information on how to advocate for children with disabilities. Web site offers:

- Advocacy & Law Library
- Resources & Directories
- Books & Training

Emergency Services

For emergencies, call 911

Keep your local Police and Fire Department numbers in the front of this guide, located on the Important Phone Numbers page.

Red Cross (Disaster Preparedness for People with Disabilities)

<http://www.redcross.org/get-help/how-to-prepare-for-emergencies/disaster-safety-for-people-with-disabilities>

315 W Nora Ave, Spokane WA 99205

Main Phone: (509) 329-3330

Emergencies can happen at a moment's notice. Mobility, hearing, learning, or seeing disabilities can create specific needs that individuals need to address to be able to respond to an emergency. We urge everyone to become "Red Cross Ready" for any urgent situation, which means assembling a survival kit, making an emergency plan, and being informed. In addition, people with disabilities, and their caregivers, may benefit from the tips below about managing communications, equipment, service animals, pets and home. Website includes:

- Plan Ahead
- Back-up Plan
- Evacuation Plan

Please visit the website for more information

Salvation Army

www.spokane.salvationarmy.org

Spokane Citadel Corps Community Center

222 E. Indiana Ave. Spokane, WA 99207-2318

Main Phone: (509) 325-6810

Salvation Army services include:

- Emergency disaster response
- Food bank
- Housing/Homeless services

Please visit the website for all services

Emergency Services

Spokane Fire Department

<https://my.spokanecity.org/fire/>

44 W Riverside Ave, Spokane WA 99201

Main Phone: (509) 625-7002

Email: Brian Schaeffer: bschaeffer@spokanefire.org

The Spokane City Fire Department offers many services on fire safety, prevention and response. The website offers information and education on:

- Operations
- Prevention
- Training
- News
- Community Assistance Response Team (CARES)

Spokane City Fire Department's, CARES work in collaboration with the Spokane Fire Department to assist vulnerable populations who face barriers in identifying and utilizing appropriate community resources. The CARES Team visits individuals in their home, works with them to identify their needs, advocates with them and connects them to appropriate resources.

Spokane Police Department

<https://my.spokanecity.org/police/patrol/>

1100 W. Mallon Ave., Spokane, WA 99260

Crime Check: (509) 456-2233

SPD Tipline: (509) 242-8477 (TIPS)

Email: spdwebmail@spokanepolice.org

The mission of the Spokane Police Department is to demonstrate excellence in policing by working in partnership with the community we serve to:

- Prevent & reduce crime, the fear of crime, and improve the quality of life for our residents & visitors
- Enforce laws while safeguarding the constitutional rights of all people
- Provide high quality police services to all of our residents & visitors through integrity, compassion, and a commitment to innovation

Emergency Services

Spokane Valley Partners

<http://www.svpart.org/>

10814 East Broadway Ave., Spokane Valley, WA 99206-5003

Main Phone: (509) 927-1153

We provide accurate and swift service. There is eligibility requirements that includes:

- Current Address for all adult in the household
- Documents must be dated within the last 30 days and must show adult's name, street address and zip code
- Driver's License & Social Security card not accepted

Spokane Valley Partners services include:

- Food bank, Clothing & Diaper bank
- Representative Payee
- Food4Thought & Community Garden
- Emergency Assistance

Union Gospel Mission

www.uniongospelmission.org

1224 E Trent Ave, Spokane, WA 99202

Mailing Address: PO Box 4066, Spokane WA 99220

Main Phone: (509) 535-8310 / Fax: (509) 535-0315

Email: info@uniongospelmission.org

M-F, 8:30am - 5:00pm

Union Gospel Services include:

- Crisis Shelter for women and children
- Men's Shelter & Recovery
- Union Gospel Mission Camp
- Women's Recovery at Anna Ogden Hall
- Student Impact Center

Union Gospel Mission offers many non-emergency services. Refer to their website for a complete list. Two convenient locations available.

Emergency Services

Vanessa Behan Crisis Nursery

www.vanessabehan.org

1004 E 8th Ave, Spokane, WA 99202

Main Phone: (509) 535-3155 / Fax: (509) 534-7099

Email: vbcn@vanessabehan.org

Open 24 hours a day, 365 days a year

The Vanessa Behan Crisis Nursery is a safe, confidential place for anyone who may be experiencing a crisis and needs a helping hand. What is the definition of “crisis”? Anything that keeps you from taking care of your child as well as you would like.

Here are a few reasons why we are here:

- To provide a safe place for your child to stay while you resolve personal problems
- If you have an important appointment but no one to watch your child
- If you or a member of your family has a medical emergency, or you are expecting the birth of a child

Please visit the website for more information

Notes

Employment Services and Community Access

Employment Services

Spokane County Developmental Disabilities

www.spokanecounty.org/1301/developmental-disabilities

Address: Spokane County Community Services, Housing and Community Development, Developmental Disabilities, 312 West 8th Avenue, Spokane, WA 99204

Contact: Brian Nichols, Program Manager- (509) 477-2029

Relay Service of WA: (800) 833-6384 / Fax: (509) 477-6827

A network of qualified service providers is managed by Spokane County through contracts and regular monitoring. Qualified agencies have the expertise to support individuals with development disabilities to pursue, obtain and retain employment by:

- Child development services for children ages birth to three years old with developmental delays or disabilities
- School to Work Program services to students with developmental disabilities, in their last eligible year of High School
- Adult services to assist adults with developmental disabilities find and maintain employment and live full participating and contributing lives within the community
- Community Education and information services designed to increase public awareness and build community capacity for including people with disabilities.

The Developmental Disabilities Division follows both County Guidelines and Residential Guidelines, which provide the philosophical foundation for all programs for individuals with developmental disabilities and their families.

Please visit the website for more information

Employment Services and Community Access

Helpful Employments Terms to Know:

Individual Supported Employment – Job Development, placement, and ongoing support for people working in typical community businesses.

Group Supported Employment – Employment involving small groups of people working in a typical community business with on-site support.

Pre-Vocational/Specialized Industries – Provide training and skill development to groups of people with disabilities in a segregated workshop setting.

Community Access – Services that assist individuals to participate in integrated activities, events and organizations in the local community in ways similar to other of retirement age.

School 2 Work – Students in their last year of high school (20-21 years old), qualify for Developmental Disabilities Administration and interested in Individual Supported Employment can participate.

Bridge – Individuals over 21, out of school, eligible for Developmental Disabilities Administration but do not have a Medicaid waiver, and interested in Individual Supported Employment, are eligible to participation.

Community Access- The Arc of Spokane

www.arc-spokane.org

320 E Second Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax (509) 328-6324

M-F, 8:30am - 5:00pm

The Arc of Spokane provides community access service for people with developmental disabilities through the developmental Disabilities Administration (DDA). The service offers: Person Centered Planning, Opportunity Development and Community and Inclusion.

Employment Services and Community Access

Employment- The Arc of Spokane

www.arc-spokane.org

320 E Second Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax (509) 328-6324

M-F, 8:30am - 5:00pm

The Arc of Spokane provides employment services for people with developmental disabilities through the Developmental Disabilities Administration (DDA) and the Division of Vocational Rehabilitation (DVR). Programs develop employment opportunities for individuals or in a group setting. The Arc offers: Individualized Supported Employment, Group Supported Employment and Individual Technical Assistance.

The Artisans

<http://www.theartisans.org>

Downtown Address: 200 E 2nd Ave, Spokane WA 99202

Northside Address: 4019 E. Central Ave. Spokane, WA 99217

Main Phone: (509) 325-4489 / Fax: (509) 325-5034

Email: admin@tehartisans.org

M-F, 8:00am - 5:00pm

The Artisans is a non-profit agency providing services necessary for individual job development, employment support and employment opportunities in the community for persons with disabilities. The Artisans Provides:

- Community Inclusion (CI) & DVR Services
- Group & Individual Supported Employment (GSE) (ISE)
- School to Work (STW)

Employment Services and Community Access

Division of Vocational Rehabilitation (DVR)

www.dshs.wa.gov/office-of-the-secretary/divison-vocational-rehabilitation

1313 North Atlantic, Ste. 1000, Spokane WA 99201

Main Phone: (509) 363-4700 / Voice: (800) 548-0941

TTY: (888) 468-9736 / Relay: 711

FAX: (509) 329-3718

DVR believes employment contributes to a person's ability to live independently and everyone has a right to work. Our purpose is to empower people with disabilities to achieve a greater quality of life by obtaining and maintaining employment. DVR provides: Individualized employment services & counseling and Technical assistance & training to employers about the employment of people with disabilities

ENSO

www.enso.ws

508 W 6th Ave, Ste. 210, Spokane WA 99204

Main Phone: (509) 329-6010 / Fax: (509) 326-8188

508 W 6th Ave, Ste. 400, Spokane WA 99204

M-F, 8:00am - 5:00pm

Facilitate individualized employment for people with developmental disabilities and others who experience barriers to meaningful jobs. With the help of: Individual Supported Employment and Individual Technical Assistance.

Please visit the website to download a free participant handbook and for more information

Employment Services and Community Access

Freedom Consulting

www.freedomconsultingllc.com

12830 E Mirabeau Pkwy Unit B-2, Spokane Valley, WA 99216

Main Phone: (509) 241-3081 / Fax: (877) 268-9105

Email: info@freedomconsultingllc.com

M-F, 9:00am - 5:00pm

For all ages and abilities-High School students to adults and seniors. We provide four different levels of vocational or career evaluations. We also provide all levels of Independent Living (IL) services.

Independent Living Evaluations are used to help discover what areas in a person's life need support or training to ensure their foundation for employment is stable and they are ready to be successful in work. We can help your access services in the community or learn the skills to live independently. Through: IL Work-Related Systems Access & IL Skills Training.

Please visit the website for more information

Goodwill Industries of the Inland Northwest

www.discovergoodwill.org

130 E Third, Spokane WA 99202

Main Phone: (509) 838-4246 / Fax: (509) 838-0176

M-F, 8:00am - 5:00pm

Many we serve have physical or developmental disabilities, while others seek to overcome mental health impairments, a lack of work skill/history, a record of incarceration, or homelessness. Some services are:

- Employment & Job Placement
- Housing Assistance & Independent Living
- Pre-Employment & Training
- Re-Entry & Supportive Services for Veteran Families

Please visit the website for all services and more information

Employment Services and Community Access

Imagine

www.imaginebehaviorwashington.com

5709 West Sunset Highway, Suite 100, Spokane, Washington 99224

Email: rjustus@imaginebehavior.com

M-F, 8:00am - 5:00pm

Imagine Washington provides evidence-based intervention grounded in the science of Applied Behavior Analysis in order to promote maximum independence. We believe that all individuals, regardless of severity of disability or socioeconomic status deserve state of the art, individualized service. From the moment services are initiated, a personalized, analytic approach is employed to ensure maximum results. Some services include:

- Early Intervention (Five & younger)
- Youth & Adult Behavioral Therapy/Consultation
- Family & Care provider Education
- Professional Training & Development

Inland Northwest Lighthouse for the Blind

<http://thelighthousefortheblind.org>

6405 N. Addison Street, Spokane, WA 99208

Main Phone: (509) 487-0405 / Toll Free: (800) 914-7307

Our philosophy maintains that each employee be provided with whatever supports are necessary for success in the workplace.

Supports include:

- In-house Sign Language Interpreting Department
- Staff mobility Instructors to teach Independent Travel

Other programs include:

- Accessibility & Braille Literacy Program
- Computer Training Program (CTP)
- Deaf-Blind Program
- Interpreting Services
- Supported Employment Program (SEP)

Employment Services and Community Access

PACE Services Community Colleges of Spokane

<http://scc.spokane.edu/become-a-student/PACE>

3305 W. Ft. George Wright Dr., Spokane WA 99224

Main Phone: (509) 279-6033

M-F, 8:00am - 4:30pm

Assists people with significant obstacles to employment or community inclusion in achieving their life goals through education, resource coordination and vocational support.

Requirements:

- 18 or older (excludes PACE Academy Students)
- High School Diploma is not required to participate
- Serves individuals who experience intellectual/development disabilities and/or psychiatric disabilities

Please visit the website for more information

Plan to Work - Community-Minded Enterprises

www.community-minded.org/plan-to-work

222 W Mission Ave, Ste. 120, Spokane, WA 99201

Main Phone: (509) 242-345

Email: info@community-minded.org

M-F, 8:00am - 4:00pm

If you receive Social Security disability benefits Plan to Work can help you: understand how working will affect your cash and/or medical benefits as well as other state-specific benefits and Develop an individualized Work Incentive Plan which allows you to make informed decisions

Community Minded offers 4 different locations, please visit website for more information.

Employment Services and Community Access

School 2 Work

<http://www.spokanecounty.org/1332/transitionservices>

312 W 8th, Spokane WA 99204

Main Phone: (509) 477-4377 / Fax: (509) 477-6827

School 2 Work is a collaboration between the Developmental Disabilities Division of Spokane county, your school, and the Department of Vocational Rehabilitation (DVR) to help students with developmental disabilities, in their last year of school, find jobs before they graduate. Eligibility-Students must:

- Be the ages of 16-21 and want to learn more about transitioning from High School to Employment

Please visit the website for more information and eligibility requirements

Skills'kin

www.skils-kin.org

4004 E Boone, Spokane WA 99202

Main Phone: (509) 326-6760 / Fax: (509) 624-3052

M-F, 8:00am - 4:30pm

Skills'kin assists people with a wide variety of disabilities to become more self-reliant and economically self-sufficient and offers: Ability One, Employment Services, Community Access and Payee Services.

SL Start

www.slstartwashington.com

5709 W Sunset Hwy, Ste. 100, Spokane, WA 99224

Main Phone: (509) 209-2779 / Fax: (509) 326-9207

Email: info@slstart.com

M-F, 8:00am - 5:00pm

Employment training and placement services are matched to people's abilities and interests. SL Start offers, Community Access and Individual Support Employment.

Employment Services and Community Access

Washington Career Bridge

www.CareerBridge.wa.gov

An online tool for exploring different types of employment and education opportunities with downloadable guide. Good information for job planning and employment search.

Please visit the website for more information

WA State Department of Services for the Blind

www.wa.gov/dsb

510 W Riverside, Room 209, Spokane WA 99201

Main Phone: (509) 456-4458 / Toll Free: (800) 552-7103

Fax: (509) 625-5239

M-Th, 7:30am - 5:30pm

Washington State Department of Services for the Blind (DSB) provides training, counseling, and support to help Washington residents of all ages, who are blind or visually impaired, pursue employment, education and independent living.

Please visit website for more information

West Central Community Center (WCCC)

<http://westcentralcc.org>

1603 N. Belt, Spokane WA 99205

Main Phone: (509) 326-9540 / Fax: (509) 326-2347

Email: info@westcentralc.org

West Central Community Center (WCCC) is home to a variety of programs that support the whole person. We focus on providing well-rounded resources, with an emphasis on health, socialization, education, recreation, and access to tools needed to live a full life. Programs include:

- Youth Development/Recreation
- Community Access Program & Learning Skills Center
- WIC & Head Start

Please visit the website for more information

Employment Services and Community Access

WiSE

www.gowise.org

Spokane Office: 203 N. Washington, Suite 200. Spokane, WA 99201

Main Phone: (206) 343-0881

Email: info@gowise.org

Promoting Equitable Employment for People with Developmental Disabilities connecting people with disabilities with a workplace that offers supportive employment. WiSE promotes and brings diversity to the workplace. Some services offered:

- School to Work and Transition
- Washington State Training and Technical Assistance
- Partners for Work
- Person Centered Planning
- Family Training Series
- Oregon Transformation Project
- Highline College - Employment Professional Certificate Program
- North Dakota VR Pilot Project
- Work Study

Please visit the website for more information

Notes

Financial Assistance and Planning

What is a representative payee?

A representative payee is an organization appointed by the Social Security Administration (SSA) to receive Social Security and/or SSI benefits for someone who cannot manage his or her money.

What does a payee do?

The main responsibilities of a payee are to use the benefits to pay for the housing, electricity, utilities, food, and medical needs of the client, and establish a monthly savings plan. Payees also provide financial counseling and training on money management. All services are individualized to the needs of the client.

Spokane County representative payee programs are:

American Indian Community Center

<http://aiccinc.org/>

610 E. North Foothills Drive, Spokane, WA 99207

Phone: (509) 535-0886 / Fax: (509) 534-7210

M-F, 8:30am - 5:00 pm

Goodwill Industries

<http://discovergoodwill.org>

130 E 3rd Ave., Spokane WA 99202

Main Phone: (509) 838-4246 / Fax: (509) 838-0176

Financial Management Program- The Arc of Spokane

www.arc-spokane.org

320 E. 2nd Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 10:00am - 12:00pm; 1:00pm - 4:30pm

Skills'kin

www.skills-kin.org

4004 E Boone, Spokane WA 99202

Main Phone: (509) 326-6760 / Fax: (509) 624-3052

Financial Assistance and Planning

Spokane Valley Partners

<http://www.svpart.org/>

10814 East Broadway Ave., Spokane Valley, WA 99206-5003

Main Phone: (509) 927-1153

We provide accurate and swift service. There is eligibility requirements that includes:

- Current Address for all adult in the household
- Documents must be dated within the last 30 days and must show adult's name, street address and zip code
- Driver's License & Social Security card not accepted

Spokane Valley Partners services include:

- Food bank, Clothing & Diaper bank
- Representative Payee & Emergency Assistance
- Food4Thought & Community Garden

Other Financial Programs and Services

Developmental Disabilities Life Opportunities Trust (DDLLOT)

www.ddetf.wa.gov

Mailing Address: Developmental Disabilities Endowment Trust Fund, c/o The Arc Washington State, 2638 State Ave NE, Olympia WA, 98506

Toll Free: (888) 754-8798 ext. 1 / Fax: (360) 705-9084

The DD Endowment Trust Fund is administered by The Arc Washington State and overseen by a Governor-appointed board that includes family members of individuals with intellectual/developmental disabilities. Trust holders can be assured that we understand the needs of people with developmental disabilities. We take out the challenge of establishing a special needs trust, and puts affordability back into the equation for investing in the future.

Additional benefits:

Please visit the website for more information

Financial Assistance and Planning

Spokane Neighborhood Action Partners (SNAP)

<https://www.snapwa.org/index.php>

500 S. Stone, Spokane, WA 99202 (inside East Central CC)

Phone: (509) 456-7627 (SNAP) / Fax: (509) 456-7159

M/T/W/F: 8:00am - 4:30pm (closed: 12:00pm - 1:00pm)

TH: 10:30am - 4:30pm (closed: 12:00 - 1:00pm)

SNAP offers the following services:

- Financial Access & Money Management
- Small Business Lenders & Development
- Housing Counseling & Foreclosure Prevention
- The Business Center & Women's Business Center

SNAP has six different locations in Spokane, each offering a variety of services. Refer to the SNAP website for more information.

Northwest Access Fund

1437 S Jackson St. Suite 302. Seattle, WA 98144

Voice: (206) 328-5116 / TTY: (888) 494-4775

Fax: (877) 428-5116 or (206) 328-5126

Email: info@nwaccessfund.org

Our mission is to provide funding for people with disabilities in Washington and Oregon to purchase assistive technology and achieve greater independence. Our friendly and professional coaches can meet with you in person (Seattle), over the phone, or by video chat. Some services include:

- Assistive Technology Loans
- Washington Council of the Blind members equipment Loan Fund
- Business Loans & One-on-one Financial Coaching
- Credit & Savings (including ABLE Accounts & IDA's)
- Budgeting

Visit the website for more information

Guardianship

Did you know? There are two *types* of Guardians;

- Certified Professional and
- Lay/Family (non-professional) Guardians.

The sites below have information about the requirements and laws for both types of guardians.

➤ **Certified Professional Guardians (CPG)**

A Certified Professional Guardian has taken training and is certified by the State of Washington to provide guardianship services for recompense. To learn more about CPG go to the site below:

www.courts.wa.gov/programs_orgs/guardian

This site has the following information:

- Duties and Responsibilities of a Certified Professional Guardian (CPG)
- Qualifications Needed to Become a CPG
- Rules and Regulations
- Standards of Practice
- Filing a Complaint about a Professional Guardian

IMPORTANT Information– the site has a search function to help in finding local area Certified Professional Guardians.

➤ **Lay/Family Guardian**

A Lay/Family Guardian is a person who is appointed by the courts. The court prefers to appoint a family member as guardian in most cases when there is a willing and able family member who has no clash with the person who needs the guardianship. To learn about the training required to be a lay or family guardian, visit the following site:

www.courts.wa.gov/programs_orgs/guardian/?fa=guardian.layGuardianship&type=training

Guardianship

The Arc of Spokane

www.arc-spokane.org

320 E 2nd Ave, Spokane, WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 8:30am - 5:00pm

Offers presentations on guardianships and alternatives to guardianships for parents of children with disabilities; please see the Advocacy and Family Support newsletter for upcoming dates. You can download a current copy of the newsletter from the website.

The Guardianship Monitoring Program

<https://www.spokanecounty.org/1162/Guardianship>

1116 W. Broadway Ave, Spokane 99260

Main Phone: (509) 477-2622

The Spokane County Superior Court Guardianship Monitoring Program was implemented to improve the Superior Court's ability to monitor guardians' handling of the ongoing care and financial affairs of Spokane County's incapacitated citizens under court-supervised guardianships.

Notes

Guardianship

Special Needs Alliance (SNA)

<http://specialneedsalliance.org>

Spokane's local SNA attorney: Richard Sayre, CELA

<http://www.sayrelaw.com>

Sayre, Sayre & Fossum, Attorneys at Law

201 W. North River Dr. Suite 460, Spokane, WA 99201

Email: dick@sayrelaw.com

Main Phone: (509) 325-7330 / Fax: (509) 325-7334

The Special Needs Alliance (SNA) is a national organization comprised of attorneys dedicated to the practice of disability and public benefits law. Individuals with disabilities, their families and their advisors rely on the SNA to connect them with nearby attorneys who focus their practices in the disability law arena.

SNA Practice Areas & Services:

- Special Needs Trust & Wills
- Medicaid, SSI & Entitlement Program Eligibility
- Estate, Trust & Tax Planning
- Guardianships & Conservatorships
- Healthcare Decisions & Advance Directives

Please visit the website for more programs and information

Washington Law Help

www.washingtonlawhelp.org

Washington Law Help is a guide to free civil legal services for low-income persons and seniors in Washington. This site provides legal education materials and tools that give you basic information on several legal problems, and in some cases, detailed instructions and forms to help you represent yourself in court. You can also locate information on free legal aid programs in Washington, including basic eligibility and contact information.

Please visit the website for more information

Healthy Relationships / Sexual Education

Have you spoken to your child about... sex?

Many parents dread “the sex talk”. Some remember uncomfortable discussions with their own parents while others do not feel prepared to teach about anatomy and puberty.

Parents of children with disabilities have additional worries. They may wonder if they are competent to teach the subject or if their child can understand the information. They may even wonder if it is information their child will ever need, or-worse yet- misuse.

The challenge is to give the right information at the right time and in the right way. There are many workbooks and internet sites available to help parents to teach human development and sex education.

When should parents begin “having the talk”?

Sooner rather than later because sexual development is a healthy part of a child’s emotional, physical, and social development. Believing that one is attractive to others and concepts of masculinity and femininity are a part of sexuality.

When teaching about sexual development, it is vital to teach about the *meaning* of sex. It is very important to talk about how the family’s religion or beliefs incorporate sexual life into adult life. Without meaning, sex is just a physical activity, but *with* meaning, it becomes one of the most moving and significant experiences of adult life.

Please check out the resources on the following pages. They have been chosen to assist parents to develop comfort and confidence through education. Many of the resources have been developed *just for* parents of children with IDD.

Healthy Relationships / Sexual Education

Children's Sexual Development- The Arc of Spokane

www.arc-spokane.org

320 E 2nd Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

A brief guide for parents on the typical behaviors of children at different developmental stages.

F.L.A.S.H. Lesson Plans

www.kingcounty.gov/depts/health/locations/family-planning/educators/FLASH.aspx

Main Phone: (206) 296-0100 / Fax Toll Free: (800) 325-6165

The FLASH curriculum is based on the Theory of Planned Behavior. It is designed to support young people on making healthy choices: abstain from sex, use protection, communicate effectively with their families, and respect other's decisions not to have sex.

Healthy Relationships Workbook- The Arc of Spokane

www.arc-spokane.org

320 E 2nd Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

This workbook is suitable for teens and younger adults. The workbook covers personal boundaries, friendships, healthy relationships, social media, phone safety, and much more.

Little Children BIG Challenges

<http://SesameStreet.org/challenges>

Welcome to Sesame Street's press room for our newest resiliency initiative Little Children, Big Challenges. This is for families with young children, to help increase self-awareness, boost self-esteem, and help children persevere through changes.

Please visit the website for more information

Healthy Relationships / Sexual Education

Partnership 4 Safety (P4S) – The Arc of Spokane

www.arc-spokane.org

320 E Second Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 9:00am - 5:00pm

Partnership 4 Safety is the only sexual abuse prevention program in Eastern Washington for children, teens and adults with intellectual and developmental disabilities. P4S offers the following services:

Disability Service Professionals Education – WA State credited trainings on sexual abuse awareness, identification, response and reporting.

Friday Movies – A movie night held on the second Friday of the month for youth with I/DD ages 16 to 21.

Healthy Relationships Classes – Offered in partnership with public schools, these 8-week classes are for youth ages 16 to 21 in special education programs to teach about healthy relationships and abuse identification.

Information – Call us for information about healthy relationships.

The Safety Rally – A yearly safety-oriented event for middle and high school students in special education classes.

Visit The Arc of Spokane web page and the P4S Facebook page for current information on program activities

Sexuality and Disability: A Guide for Parents- The Arc of Spokane

www.arc-spokane.org

320 E 2nd Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

This informative guide was published by Alberta Health Services and addresses questions many parents have and offers many great ideas for how and when to begin conversations with your son or daughter. Includes 6 pages of additional resources.

Housing/Home Ownership

The Homeownership Opportunities Program (HOP) is a federal program that helps first-time homebuyers at or below 80% of area median income (AMI) with down payment and closing costs and improves their eligibility for mortgage financing.

Home Ownership Opportunities Program- The Arc of Spokane

www.arc-spokane.org

320 E Second Ave, Spokane WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

M-F, 8:30am - 5:00pm (hours can vary)

The Arc's Homeownership Opportunities Program has down payment assistance for people with developmental disabilities and their families. The program also provides assistance and counseling about:

- Qualifying for a mortgage & Applying for a loan
- Finding the right house
- Making an offer & closing escrow

Please visit the website for more information

Housing Search Northwest

www.HousingSearchNW.org

Main Phone: (704) 334-8722 / Toll Free: (877) 428-8844

Fax: (704) 344-0779

Email: info@socialserve.com

HousingSearchNW is a free, online property-search service that links people with the available housing in our communities.

Website offers:

- Free searching & listing of rental housing (updated daily)
- Detailed Listing of properties
- Simple & Detailed search options
- Helpful Tools & 24/7 Access Online & Support

Please visit the website for more information

Housing/Home Ownership

Northwest Fair Housing Alliance (NFHA)

www.nwfairhouse.org

35 W Main Ave, Suite 250 Spokane WA 99201

Main Phone: (509) 325-2665 / Toll Free: (800) 200-3247

Email: execdir@nwfairhouse.org

Must call for an appointment – no walk-ins

The mission of Northwest Fair Housing Alliance (NWFHA) is to eliminate housing discrimination and to ensure equal housing opportunity for the people of Washington State.

Please visit the website for more information

Spokane Neighborhood Action Partners (SNAP)

<https://www.snapwa.org/index.php>

3102 W Fort George Wright Drive, Spokane, WA 99224

Phone: (509) 456-7627 (SNAP) / Fax: (509) 534-5874

M-F, 8:00am - 4:30pm

SNAP offers the following services:

- Financial Access & Money Management
- Small Business Lenders & Development
- Housing Counseling & Foreclosure Prevention
- The Business Center & Women's Business Center

SNAP has six different locations in Spokane, each offering a variety of services. Refer to the SNAP website for more information.

Spokane Housing Authority

www.spokanehousing.org

55 W Mission Ave, Spokane WA 99201

Main Phone: (509) 328-2953 / TDD: 711

Waitlist Hotline: (509) 252-7122 / Fax: (509) 327-5246

M, T, Thurs., F, 8:30am - 4:30pm; W, 1:00pm - 4:00pm

Spokane Housing Authority provides a variety of affordable housing options in Spokane County: Public Housing & Section 8 Housing Vouchers.

Legal Information

The Partnership 4 Safety does not evaluate, recommend, or endorse organizations or direct service providers included in this guide. This guide is not comprehensive and absence does not indicate disapproval.

Center for Justice

www.cforjustice.org

35 W. Main, Suite 300, Spokane WA 99201

Main Phone: (509) 835-5211 / Fax: (509) 835-3867

No walk-in's-must have an appointment

On the individual level, the Center helps thousands of people in Spokane with civil legal services such as:

- Getting driver license's back
- Dealing with Landlord Abuse
- Helping people who have been incarcerated

On the Community level, we advocate to keep our local governments accountable for things like:

- Police Misconduct
- Public Safety & Enforcing Land use Laws
- Medical & Legal Access for the disadvantaged

Please visit the website for all programs and information

CLEAR /Northwest Justice

<http://nwjustice.org/get-legal-help>

1702 W. Broadway, Spokane, WA 99201

Main Phone: (509) 324-9128 / Toll Free: (888) 201-1019

Client Intake: (888) 201-1014 / Fax: (509) 324-0065

NJP is Washington's publicly funded statewide legal aid program for low income persons and groups in Washington.

CLEAR and NJP provides: Washington's centralized intake, advice and referral hotline. NJP provides: free legal information, advice, limited assistance, representation, community education, outreach and other community-based advocacy.

Legal Information

Disability Assistance Program (DAP)-WEAR Law Office

<http://www.wearlaw.net/disability-assistance-project.html>

601 W 1st Ave, Suite 1400, Spokane, WA 99201

Main Phone: (509) 252-5053 / Fax: (509) 385-0040

We take a very proactive approach to getting you the benefits you deserve.

Free Services to Individuals:

- Free Consultation with a Lawyer
- Free DSHS Status Checks and Applications

Free Services to Providers

- Free Social Service & Medical Provider Trainings
- Free Answers to Social Security and DSHS Questions

Please visit the website for more information & locations

Special Needs Alliance (SNA)

<http://specialneedsalliance.org>

Spokane's local SNA attorney: Richard Sayre, CELA

<http://www.sayrelaw.com>

Sayre, Sayre & Fossum, Attorneys at Law

201 W. North River Dr. Suite 460, Spokane, WA 99201

Email: dick@sayrelaw.com

Main Phone: (509) 325-7330 / Fax: (509) 325-7334

The Special Needs Alliance (SNA) is a national organization comprised of attorneys dedicated to the practice of disability and public benefits law. Individuals with disabilities, their families and their advisors rely on the SNA to connect them with nearby attorneys who focus their practices in the disability law arena.

SNA Practice Areas & Services:

- Special Needs Trust & Wills
- Medicaid, SSI & Entitlement Program Eligibility
- Estate, Trust & Tax Planning
- Guardianships & Conservatorships
- Healthcare Decisions & Advance Directives

Legal Information

Team Child

www.TeamChild.org

1704 W. Broadway, Spokane, WA 99201

Main Phone: (509) 323-1166 / Fax (509) 232-3051

Email: spokaneinfo@teamchild.org

A nonprofit that provides civil legal aid. Staff attorneys who provide free legal representation and advice to help youth assert their civil legal rights to community-based services that meet their basic needs.

University Legal Assistance (ULA) -Gonzaga University

<https://www.law.gonzaga.edu/academics/law-clinic/>

721 N Cincinnati Street, Spokane WA 99202

Main Phone: (509) 313-5791 / Fax: (509) 313-5805

The clinic supports the community by taking on the causes of the people who otherwise would have no representation. The clinic supports the legitimacy of the legal system, by helping provide access to it. This is student-based program.

Please visit the website for more information

Washington Law Help

www.washingtonlawhelp.org

Washington Law Help is a guide to free civil legal services for low-income persons and seniors in Washington. This site provides legal education materials and tools that give you basic information on several legal problems, and in some cases, detailed instructions and forms to help you represent yourself in court. You can also locate information on free legal aid programs in Washington, including basic eligibility and contact information.

Please visit the website for more information

Social / Recreational

Access 4 All Spokane (A4A)

www.Access4AllSpokane.org

Main Phone: (509) 216-6111

Email: dave@access4allspokane.org

Contact: Dave Reynolds

Access 4 All Spokane is a diverse group of local people who are passionate about celebrating and encouraging accessible and disability-friendly places, services, and events in Spokane County. We believe that reaching out to businesses, retail services, local governments, service groups, healthcare providers, faith communities, education, related disability groups and others will help all our communities be places where everyone has the same chances to participate, work, play, eat, recreate, learn, meet, visit, and otherwise contribute, regardless of ability or age.

Please see the web site for complete information. Web site updated regularly.

Notes

Social / Recreational

Autism Society of Washington - Spokane

www.autismsocietyofwa.org/asw-spokane

Spokane@autismsocietyofwa.org

The Autism Society promotes lifelong community access for persons within the Autism spectrum including those with Asperger's Syndrome through family support, public awareness, advocacy and collaboration with community partners. We follow the ASW "options policy". We are chartered as a support group and are volunteer run. Membership is free and encouraged.

Family Support:

- Our Family Support Meetings are held monthly at various locations to encourage families to participate in a variety of activities to encourage community access. We strive to keep the activities low cost or free by subsidizing the cost if necessary. Some events include, sensory friendly movies, bowling, art activity, Easter egg hunt rehearsal, picnics and Splashdown Water Park.
- Our support for adults and teens on the spectrum include; support meetings with a game meeting during the school year, an annual dinner meeting with a speaker, and an annual pot luck picnic. The purpose of the meetings is to provide opportunities for socialization and friendship.
- We publish a monthly e-newsletter.
- Best in the Northwest Conference features speakers on various topics of concern with families dealing with autism.

Awareness, Advocacy & Community Partnership:

- We donate funds for Spokane Public Library and the Spokane County Library to purchase autism materials.
- We co-sponsor I can Shine Camp where children with disabilities are taught to ride a 2-wheeler bike.
- We co-sponsor the Steps for Autism 5k walk to raise awareness and celebrate April Autism Awareness Month

Social / Recreational

Babe Ruth Bambino Buddy Ball

www.spokaneindiansyouthbaseball.org

1221 N Howard St, Spokane WA 99202

Main Phone: (509) 251-2588

Email: info@siby.org

A support-based baseball league for people with disabilities ages 5 - 20. The division makes allowance for a “buddy” to help the player swing a bat, round the bases, catch a ball, etc. The Bambino Buddy-Ball division is designed so that everyone has the opportunity to have fun.

Camp Champ – Lutherhaven Ministries

www.lutherhaven.com

3258 West Lutherhaven Road, Coeur ‘d Alene ID, 83814

Main Phone: (208) 667-3459 / Toll Free: (866) 729-8372

Fax: (206) 426-1031

Email: info@lutherhaven.com

For campers 8 years old through young adulthood, older campers may register with prior approval. Activities specially tailored to the child’s needs.

Please visit web page for dates, prices and registration information

Camp Fire USA

<http://CampFireInc.org>

524 North Mullan Rd, Ste. 102. Spokane Valley, WA 99206

Main Phone: (509) 747-6191 / Fax: (509) 747-4913

Email: campfire@campfireinc.org

Camp Fire is open to everyone. Our inclusive program focuses on building skills and gaining self-esteem as a part of the outdoor experience. Campers with special needs are encouraged to attend our camp sessions.

- Camp Sweyolakan accepts campers ages 6 - 25
- Camp Dart-Lo can accommodate campers ages 6 - 21.

Social / Recreational

Camp Prime Time

<http://campprimetime.org/index.html>

6 S. 2nd Street Suite 815, Yakima, WA 98901

Main Phone: (509) 248-2854 / Fax: (509) 248-5505

Email: families@campprimetime.org

Camp Prime Time is for children who have a serious illness or developmental disability. Camp Prime Time provides an outdoor wilderness experience where families can enjoy themselves in a supportive atmosphere without financial burden.

C.A.S.T. for Kids

www.castforkids.org/

Main Phone: (509) 951-1451

Event Location: Clear Lake, Spokane WA

Contact: Darrel Startin

The C.A.S.T. for Kids event is designed to provide children with disabilities, ages 5-17, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing.

Please see web site for Spokane area information.

Community Center -The Arc of Spokane

www.arc-spokane.org/Community_Center

320 E Second Ave, Spokane, WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

The Community Center is a hub of activity for adults with intellectual and developmental disabilities. The Center offers the following activities for adults:

- Computer Classes
- Arts and Crafts
- Monthly dances & Community outings

Please see web page for additional information

Social / Recreational

East Central Community Center

www.ecspokane.org

500 South Stone Street, Spokane, WA 99202

Main Phone: (509) 868-0856

East Central Community Center offers a fun recreation program, for people high school age and up, where people can build friendships and participate in a wide range of activities that meet their strengths. Services include:

- Community garden, outdoor activities, arts & crafts, 3 flat screen TVs for Wii Sports and movies, a computer lab, a full functioning gym with tennis, basketball, Zumba, & Sit N Be Fit, a music room, as well as daily field trips. East Central also provides breakfast, lunch & snacks every day.
- DDA Basketball League & DDA Softball League

Epilepsy Foundation Northwest/ Greater Spokane

www.epilepsynw.org

2311 N. 45th St., #134, Seattle, WA 98103

Phone: (206) 547-4551 / Toll Free: (844) 721-3369 (EFNW)

Fax: (206) 400-1651

Email: mail@epilepsynw.org

T-F, 7:30am - 3:00pm

The Epilepsy Foundation Northwest is the principal advocate for the epilepsy community in Washington offering the following programs and services to people with epilepsy and their families:

- Camp Discovery & Speak Up Speak Out Program
- Emergency Medication Assistance
- Teen, Adult, Parent Support Groups

Please visit the website for more detailed information

Social / Recreational

Funshine Day Camp

www.spokaneparks.org

808 West Spokane Falls Boulevard, Spokane WA 99201

Main Phone: (509) 625-6245

Email: abusch@spokanecity.org

Funshine Day Camp is a fun-filled camp for those with developmental and/or physical disabilities. Campers will have the opportunity to interact and socialize with their peers through science experiments, group activities, swimming, and more.

- 5 weeks of kids camp for children ages 6-21
- 1 week of adult camp ages 21+

Please visit the website for more information

Gonzaga University Specialized Recreation (GUSR)

<https://www.gonzaga.edu/student-life/Community-Action-and-Service-Learning/StudentEngagement/GUSR/default.asp>

Main Phone: (509) 313-6832

GUSR pairs students with adults who have disabilities to form relationships of friendship, respect, and mutual support. The program's goals include breaking down stigmas faced by people with disabilities, celebrating all abilities, and advocating for inclusion. Students and their partners participate in weekly play practice programming that culminates in a performance at the end of each semester or in sports programming that focuses on bowling in the fall and basketball in the spring. Special events throughout the year include activities to educate and build community during Disabilities Awareness Week, a two-day retreat called Way of the Heart, and an inclusive 5K run.

Social / Recreational

ICARD PLLC

www.icardpllc.com

Marycliff Hall, 701 W 7th Ave., Suite 130, Spokane, WA 99204

Main Phone: (509) 838-3932 / Fax: (509) 838-1163

Email: icardpllc@protonmail.com

M-F, 7:00am - 6:00pm; S-S, Appointments only

ICARD PLLC is a center of Excellence (COE) for diagnosing Autism for the Washington State Healthcare Authority (HCA) & Apple Health Plans. ICARD PLLC offers the following services:

- Comprehensive evaluations for ADHD, Autism Spectrum Disorders, Learning disorder, anxiety, mood and attachment.
- Consultation for Individual Education Plans (IEP) & 504 Accommodation Plans
- Counseling: Individual & Groups
- Feeding & Speech Therapy

ICan Shine Bike Camp

www.icanshine.org

Contact: Casey Travers

Email: icanshine.spokane@comcast.net

ICan Shine is a nonprofit organization that teaches individuals with disabilities to ride a conventional two-wheeled bicycle through its ICan Bile Program. The Spokane camp is hosted by ICanShine Spokane, Center for Pediatric Therapy and Autism Society of WA.

Requirements:

- Must be at least 8 years old & have a disability
- Must be able to walk without an assistive device & sidestep to both sides
- Must be able to attend the same 75-minute session each day of the 5-day camp
- Must be under 220lbs & have a minimum inseam measurement of 20ins.

Social / Recreational

Inspiration Dance Studios

www.inspirationsspokane.com

3618 E Broadway Ave, Spokane, WA, 99202

Main Phone: (509) 534-1128

Inspiration Dance Studios provides Love to Dance:

The Love to Dance program is for people who need some extra support. This class recognizes that all children grow and develop at different paces. It is designed to invite children with special needs into the world of dance. Classes are structured to support a variety of disabilities including, but not limited to: AD/HD, autism spectrum disorder, learning and communication disability and Down syndrome.

Please visit the website for more information

Learning Skills Center (LCS)

<http://westcentralcc.org/programs/community-access-learning-skills/>

1603 N Belt, Spokane WA 99205

Main Phone: (509) 326-9540

M-F, 9:00am - 3:00pm

Our Learning Skills Center provides recreational activities, skill building, socialization and advocacy for adults with developmental disabilities. This is a structured program with pre-planned monthly activities and is a private, fee-for-service program. Enrollment is required.

Notes

Social / Recreational

Martin Luther King, Jr. Family Outreach Center (MLK)

www.mlkspokane.org

845 South Sherman Street, Spokane, WA 99202

Main Phone: (509) 455-8722 / Fax: (509) 455-3643

Days and hours vary with programs.

MLK provides culturally responsive educational and social services with the framework of Dr. King's vision. Their programs and services include:

Child and Youth Services Department

- Early Childhood Education and Assistance Program (ECEAP)
- Summer Youth Academy (SYA)
- Teen Leadership Program (TLP)

Family Services Department

- Prevention & Intervention Services
- Family Emergency Services Programs

Please call for most current information

Passages Family Support

www.passages-spokane.org

1002 N Superior St, Spokane WA 99202

Main Phone: (509) 892-9241 / Fax: (509) 892-9251

M-F, 9:00am - 5:00pm

Passages offers several youth groups and adult groups. Some groups include:

- Kidz club (6-12)
- Youth N' Action (14-24)
- Youth Chat (13-19)
- Recovery Through Art (16-22)

Please visit the website for more information

Social / Recreational

Peaceful Valley Community Center

<http://www.swspokanecc.com/>

310 S Spruce St. Spokane, WA 99201-1201

Main Phone: (509) 995-8201

Email: prollison@iCloud.com

Peaceful Valley is a nonprofit organization that has provided services to people with disabilities for over 20 years.

Please visit website for full range of services

Project id

<https://projectidspokane.org/>

4209 E Pacific, Spokane WA 99202

Main Phone: (509) 475-7185

Project id is a multifaceted organization that encompasses The Wolf Den and regularly planned activities within The Den, Spokane's Wolfpack Special Olympics team, and various special events! In addition, The Friendship Group worship service will now be at The Wolf Den every Sunday! There is always something going on and ways to participate or volunteer!

Please visit the website for more information

Sinto Senior Activity Center

www.sintocenter.com

1124 W. Sinto, Spokane WA 99201

Main Phone: (509) 327-2861 / Fax: (509) 327-4210

To improve the health of seniors by providing activities for the mind and body, social connection and great affordable nutrition. Every month Sinto has special events for members and the community. Our dinners are prepared and served out of our onsite commercial kitchen. Sinto offers Great Escapes Travel Program so our seniors can see new things and stay active.

Please visit the website for more information

Social / Recreational

Special Olympics

www.specialolympicswashington.org

1809 7th Ave. Ste. 1509, Seattle, WA. 98101

Main Phone: (206) 362-4949 / Fax: (206) 361-8158

Email: info@sowa.org

Special Olympics offers year-round training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities.

Athletes have continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympic athletes, and the community.

Please see Website for Spokane area sports schedule.

Therapeutic Recreation Services - Spokane Parks and Recreation

<http://myspokane.org/recreation/therapeutic>

808 W Spokane Falls Blvd #5, Spokane WA 99201

Main Phone: (509) 625-6200 / TTY: (509) 625-6679

Email: parks@spokanecity.org

Therapeutic Recreation Services (TRS) strives to provide enjoyable specialized and adaptive recreational activities for individuals with disabilities. Our purpose is to create positive experiences that develop appropriate leisure and social skills for our participants. There is a wide choice for activities available. TRS serves a broad range of people with developmental and/or physical disabilities. The age range TRS serves is 6-99. TRS is unable to provide personal care, so caregivers are encouraged to accompany participants who need personal care and behavioral assistance.

All other Recreation department activities are open to individuals with disabilities and TRS can help facilitate that process.

Social / Recreational

TOPSoccer

<http://www.washingtonyouthsoccer.org/>

Main Phone: (253) 476-2237 / Toll Free: (877) 424-4318

Fax: (206) 420-1532

Locations: Spokane Shadow Youth Soccer Club

Main Phone: (509) 869-6176

Spokane Youth Sports Associations

(509) 328-7972

US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is for 4 years of age and older who have developmental and/or physical disabilities. The program is based on skill level, not age and participants include players, coaches and buddies.

TOPSoccer creates an opportunity for players with disabilities to be part of the soccer community.

Please visit website for more information

Youth Transition Summer Workshop

www.informingfamilies.org

Contact: (253) 582-1253 Ext 103 or (360) 393-3890 Ext 202

This free Youth Transition Summer Workshop is for youth with all disabilities, ages 16-21, who are planning to live independently someday and have career or educational goals.

Youth who have or had a 504 plan of IEP are encouraged to apply. The workshop focuses on preparing for college and/or employment, and developing independent living skills including self-advocacy, financial management, etc. It's a great opportunity for youth to get connected with community resources and meet other youth with disabilities. The individual who is interested in attending must be the one to call and request an application.

Please visit the website for more information

State Agencies

Client Assistance Program (CAP)

<http://washingtoncap.org>

Toll-Free Voice: (800) 544-2121 / Toll-Free TTY: (888) 721-6072

Local Seattle Voice: (206) 721-5999 / TTY: (206) 721-6072

M-F, 8:00am - 5:00pm

CAP is a non-profit advocacy program that provides information, advocacy and mediation for the following State programs:

- Provides information about the Division of Vocational Rehabilitation (DVR)
- The Department of Services for the Blind (DSB), Independent Living Programs (ILP's) & Tribal Vocational Rehabilitation Programs.
- Americans with Disability Act (ADA).

Please visit the website for more information

Developmental Disabilities Administration (DDA)

<http://www.dshs.wa.gov/dda>

1611 W. Indiana Ave, Spokane, WA 99205

Local: (509) 329-2900 / Toll Free: (800) 462-0624

TTY: (509) 568-3038 / Fax (509) 568-3037

Email: dd1fso@dshs.wa.gov

M-F, 8:00am - 5:00pm

The DDA mission is Transforming lives by providing support and fostering partnerships that empower people to live the lives they want. People with developmental disabilities and their families are valued citizens of the state of Washington. The DDA strives to develop and implement public policies that will promote individual worth, self-respect and dignity such that everyone is valued as a contributing member of the community.

Please see web site for information

State Agencies

Division of Vocational Rehabilitation (DVR)

www.dshs.wa.gov/office-of-the-secretary/divison-vocational-rehabilitation

1313 North Atlantic, Ste. 1000, Spokane WA 99201

Main Phone: (509) 363-4700 / Voice: (800) 548-0941

TTY: (888) 468-9736 / Relay: 711

FAX: (509) 329-3718

DVR believes employment contributes to a person's ability to live independently and everyone has a right to work. Our purpose is to empower people with disabilities to achieve a greater quality of life by obtaining and maintaining employment.

DVR provides:

- Individualized employment services and counseling
- Technical assistance & training to employers about the employment of people with disabilities

Social Security Administration (SSA)

www.ssa.gov

714 N Ironbridge Way Suite 100, Spokane, WA 99202

Toll Free: (800) 772-1213 / TTY: (800) 325-0778

M, T, Thurs, F: 9:00am - 4:00pm; W: 9:00am - 12:00pm

Provides benefits to: Eligible individuals who are insured under Social Security, Eligible for Supplemental Security Income (SSI) and Eligible for Supplemental Disability Security Income (SSDI).

Please visit the website. Applications can be made online.

Washington Connection

www.washingtonconnection.org/home

Washington Connection offers a fast and easy way to apply for a variety of services such as Food, Cash, Child Care, Long-Term Care, Medicare Savings Program, and Medical assistance for individuals age 65 or older, blind, or disabled.

State Agencies

Washington Relay-Telecommunications Relay Services

<https://www.dshs.wa.gov/altsa/odhh/telecommunication-relay-services>

Toll Free: 711 or (800) 833-6384

- Telecommunication Relay Services in Washington State is also known as Washington Relay which is a free service provided by the Washington State Office of the Deaf and Hard of Hearing (ODHH) ensuring equal communication access to the telephone service for people who are deaf, deaf-blind, hard of hearing and speech disabled.
- This service allows hearing callers to communicate with deaf, hard of hearing, deaf-blind and speech disabled relay users and vice versa.
- Calls can be made to anywhere in the world, 24 hours a day, 365 days a year with no restrictions on the number, length, or type of calls.

Please visit the website for more information

WA State Department of Services for the Blind

www.wa.gov/dsb

510 W Riverside, Room 209, Spokane WA 99201

Main Phone: (509) 456-4458 / Toll Free: (800) 552-7103

Fax: (509) 625-5239

M-Th, 7:30am - 5:30pm

Washington State Department of Services for the Blind (DSB) provides training, counseling, and support to help Washington residents of all ages, who are blind or visually impaired, pursue employment, education and independent living.

Please visit website for more information

Notes

Support for Parents and Families

Who is eligible for respite?

Caregivers who are providing care to a child, adult, or elder who may live with one or more of the following:

- A physical or developmental disability;
- A chronic or terminal physical, emotional or mental health condition requiring ongoing care and supervision;
- A disease or condition such as Alzheimer's disease, ALS (Lou Gehrig's disease), Multiple Sclerosis, Parkinson's, or a traumatic brain injury, or other related disorders;
- A medically fragile situation; and
- Individuals at risk for family separation due to caregiver burnout while caring for vulnerable adults and children with social, emotional, and behavioral issues (including children in foster or kinship care) who may test the limits of their caregivers.

Cerebral Palsy (CP) Family Network

www.cpfamilynetwork.org

Toll Free: (800) 273-2645

Email: families@cpfamilynetwork.org

We've created this online community to share resources, news, and support with other families raising children with CP. By connecting with other families and sharing what works, we help better the lives of all our CP kids. Families helping families.

Please visit the website to register to the newsletter

Down Syndrome Family Network-Spokane Cares

http://spokanecares.org/index.php?org_ref=269

3502 S Morrill Dr., Spokane, WA 99223

Main Phone: (509) 638-9550

Email: theothercarolyn@yahoo.com

Support group for parents of children with Down Syndrome (birth-adult). Provides opportunities for resource and information sharing, support, recognition and advocacy.

Support for Parents and Families

Epilepsy Foundation Northwest/ Greater Spokane

www.epilepsynw.org

2311 N. 45th St., #134, Seattle, WA 98103

Phone: (206) 547-4551 / Toll Free: (844) 721-3369 (EFNW)

Fax: (206) 400-1651

Email: mail@epilepsynw.org

T-F, 7:30am - 3:00pm

The Epilepsy Foundation Northwest is the principal advocate for the epilepsy community in Washington offering the following programs and services to people with epilepsy and their families:

- Camp Discovery & Speak Up Speak Out Program
- Emergency Medication Assistance
- Teen, Adult, Parent Support Groups

Visit the website for more detailed information

F.I.S.H. - Families In Support of Hearing

www.spokanehope.org/resources

Main Phone: (509) 230-1360

Email: Michelle.GBYS@yahoo.com

FISH is a local networking group offering informational opportunities and support for families who have a child with hearing loss using any/all modes of communication.

Lifespan Respite of Washington Voucher Program

<http://www.lifespanrespitewa.org/about-us>

Toll Free: (800) 422-2024 ext. 125 / Fax: (425) 290-5445

M-F, 8:00am - 4:30pm

Today Lifespan Respite Washington is hosted by Senior Services of Snohomish County to administer the new and improved Respite Voucher Program System.

Please call or check out the website for more information

Support for Parents and Families

The ISAAC Foundation

<http://theisaacfoundation.org/>

PO Box 19202, Spokane, WA 99219

Main Phone: (509) 325-1515

Fax (509) 325-1516

Email: hello@theisaacfoundation.org

Enhancing the live of your friends and family touched by autism through educational, emotional and financial support programs, so, individuals with autism and their families are given the tools needed to be active, secure and engaged members of our community. Programs and Services:

- Therapy Equipment Grants & Weighted blankets/lap pads
- Emergency preparedness workshops
- Curriculum-based sibling support program (ages 6-11) and mentor program (ages 12-22).

Please visit the website for more information

Lilac Services for the blind

www.lilacblind.org

1212 N Howard St, Spokane WA 99201

Main Phone: (509) 328-9116

Toll Free: (800) 422-7893

Fax: (509) 328-8965

Email: contact@lilacblind.org

Our primary service, the Independent Living Program, provides personalized training, adaptive devices, and support, which includes instruction in alternative techniques in home management, activities of daily living, communication methods, and more. Both in-office and in-home training are available. Other important services include the low-vision department and adaptive-aid demonstrations and our extensive Braille transcription services and Braille lending library.

Please visit our website for more information

Support for Parents and Families

MyAutismTeam

www.myautismteam.com

MyAutismTeam is the only network where you can truly connect, make real friendships, and share daily ups and downs in a judgement free place. MyAutismTeam is a free social network that makes it easy for you to: get the emotional support you need from others like you, gain practical advice and insights on managing treatment or therapies.

Northwest Neurobehavioral Institute (NNI)

www.spokanebrain.com

1303 N Division St. Ste. A. Spokane, WA 99202

Main Phone: (509) 456-3600 / Fax: (509) 747-4420

Therapy Services include:

ADHD	Disruptive Behavior
Anxiety or Panic	Disorders
Autism Spectrum	Fetal Alcohol Syndrome
Disorder	Disorder
Attachment Disorders	Impulse Control
Behavior Problems	Disorders
Caregiver Support	Obsessions and
Cerebral Palsy	Compulsive Behaviors

NNI offers a wide range of therapy services beyond the given list, please reference their website for a comprehensive list.

Parent 2 Parent (P2P) -The Arc of Spokane

www.arc-spokane.org

320 E. 2nd Ave., Spokane. WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

The Arc's Parent 2 Parent program matches parents who have recently learned that their child has a developmental disability to experienced parents who can offer understanding, encouragement and advice.

Support for Parents and Families

Sibshops- The Arc of Spokane

www.arc-spokane.org

320 E. 2nd Ave., Spokane. WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

Sibshops are JUST for siblings of youth with I/DD. They offer fun activities for kids between the ages of 8-13. Available throughout the year, please contact for next scheduled sibshop.

Spokane Fathers Network- The Arc of Spokane

320 E. 2nd Ave., Spokane. WA 99202

Main Phone: (509) 328-6326 / Fax: (509) 328-6342

Email: bholloway@arc-spokane.org

Being a father is a unique experience; being the father of a child with a developmental disability even more so. The Spokane Father's Network gives dads an opportunity to share their unique perspective in an atmosphere of understanding and trust.

Washington Autism Alliance & Advocacy

www.washingtonautismadvocacy.org

16225 NE 87th St. Suite A-2, Redmond, WA 98052

Main Phone: (425) 894-7231 / Fax: (425) 836-6512

M-F, 9:00am - 1:00 pm

Washington Autism Alliance & Advocacy is a personal advocate and legislative champion for children and adults with autism spectrum disorder (ASD) & other developmental disabilities.

- Insurance & Family Navigation
- Special Education Parent Partners
- Supporting Parents of Autism (SPA) Group

Therapy – Physical/Speech/Occupational

Acceleration Therapy Services

www.accelerationdeerpark.com

702 S. Park Rd Ste. B., Deer Park, WA 99006

Main Phone: (509) 276-2005 / Fax: (509) 276-5550

Email: info@acceleration.com

Acceleration Therapy Services provides two locations one is in Deer Park, WA and the other is on the North Side of Spokane.

These offices provide comprehensive physical, occupational, and speech therapy treatment for pediatric to elderly patients.

Please visit the website for more information

Achieve Center Pediatric Therapy

www.achievecenter.net

528 E Spokane Falls Blvd. Ste 401 Spokane, WA 99202

Phone: (509) 435-0481 / Fax: (509) 435-0485

M-Thu, 8:00am - 6:00pm; F, 8:00am - 4:00pm

For children with developmental disabilities from birth - 21 who have minor delays in speech or motor development, with conditions such as; Autism, Cerebral Palsy, and Down's syndrome. Services include:

- Autism Spectrum Therapy
- Feeding & Swallowing Therapy
- Occupational & Physical Therapy
- Pragmatic Social Therapy
- Tongue Thrust Therapy
- Sensory Processing Therapy
- Speech and Language Therapy

Serves Eastern Washington in 4 different locations, please visit the website for more information

Therapy – Physical/Speech/Occupational

Center for Music Therapy

www.musictherapypokane.com

1315 N Napa, Spokane, WA 99202

Main Phone: (509) 979- 4357

Email: musictherapy4health@gmail.com

Center for Music Therapy allows children, teens, adults and seniors to improve social, cognitive, physical and emotional health, eventually improving the quality of life. Experience a time-tested and highly effective approach that can enhance your mental and emotional well-being.

Center for Pediatric Therapy

www.spokanecpt.com

6710 N Country Homes Blvd, Spokane, WA 99208

Mailing Address: PO Box 4870, Spokane WA 99228

Main Phone: (509) 487-2958 / Fax (509) 487-3025

We have therapists who have specialized training and knowledge in various areas to include:

- Cleft Lip & Palate & Palate Dysfunction
- Swallowing Dysfunction
- Vital Stim for Swallowing
- Videofluoroscopy/Swallow Study
- Sensory Processing
- Neurodevelopmental Training
- Kinesio Taping

Please visit the website for more information

Therapy – Physical/Speech/Occupational

Children FIRST

www.childrenfirstspokane.org

2510 N. Pines Rd. Ste. 3. Spokane Valley, WA 99206

Main Phone: (509) 315-5711

T-F, 8:00am - 3:30pm

Children FIRST Therapy provides the highest quality early intervention services for children birth to three with developmental delays through our unique, integrated preschool and group therapy programs. Children FIRST Therapy serves the child's parents and caregivers as well; offering in-depth resource coordination and hands-on involvement in the child's therapy. We also provide in home therapy sessions for children within our service area.

Early Life Speech and Language

<http://earlylifespeech.org/>

506 W 2nd Ave, WA 99201

Main Phone: (509) 838-2310 / Fax: (509) 838-1019

M-F, 9:00am - 5:00pm

Email: info@earlylifespeech.org

Early Life Speech & Language provides intensive speech therapy services to children ages 2 - 7 struggling with speech delays. No cost to the families. All Washington children will have the verbal communication skills needed for success.

Notes

Therapy – Physical/Speech/Occupational

Elk's Therapy Program for Children

<http://www.waelks.org/>

Main Phone: (253) 472-6223 / Toll Free: (800) 825-3557

Email: waelks@waelks.net

T-F, 8:00am - 4:00pm

The Washington Elks Therapy Program for children has evolved into an integral, vital, and much appreciated part of the statewide healthcare community. It provides in home-based occupational and physical therapy to eligible children with developmental delays or physical disabilities. Services are free.

Please visit the website for more information

Free Rein Therapeutic Riding

www.freereinspokane.com

2205 W Gibbs Rd, Spokane, WA 99224

Main Phone: (509) 979-1468

Equipping riders for life, through adaptive equine activities, focusing on building strength, independence and freedom. The discipline associated with working with horses benefit the mind and spirit while raising self-esteem and increasing self-sufficiency through accomplishment.

Horse Heritage Educational Program

www.horseheritage.org

Mail address: P.O. Box 48, Valley, WA 99181

Physical location: 3150 Church Rd., Valley, WA, 99181

Main Phone: (509) 844-2556

Email: elissa@horseheritage.org

Enhancing the lives of youth and families using horses, community and nature while teaching communication, responsibility and respect. We will provide our services to as many individuals with challenges in our community as possible, providing them the opportunity to grow.

Therapy – Physical/Speech/Occupational

ICARD PLLC

www.icardpllc.com

Marycliff Hall, 701 W 7th Ave., Suite 130, Spokane, WA 99204

Main Phone: (509) 838-3932 / Fax: (509) 838-1163

Email: icardpllc@protonmail.com

M-F, 7:00am - 6:00pm; S-S, Appointments only

ICARD PLLC is a center of Excellence (COE) for diagnosing Autism for the Washington State Healthcare Authority (HCA) & Apple Health Plans. ICARD PLLC offers the following services:

- Comprehensive evaluations for ADHD, Autism Spectrum Disorders, Learning disorder, anxiety, mood and attachment.
- Consultation for Individual Education Plans (IEP) & 504 Accommodation Plans
- Counseling: Individual & Groups
- Feeding & Speech Therapy

Milestones Pediatric Therapy Services

www.milestonespediatrictherapy.net

801 E 2nd Avenue, Suite 100, Spokane, WA 99202

Main Phone: (509) 835-4404 / Fax: (509) 835-4400

Providing outstanding assessments and individual treatment services to children and adolescents with speech, language, feeding, social-communication, sensory, motor, reading, and cognitive learning needs.

Evaluations and Consultations

- Speech & Language Consultation & Evaluations
- Occupational & Social Emotional Evaluation
- Sensory Integration & Praxis Tests (SIPT)

Treatment

- Individual Speech & Language Therapy
- Co-Treatment with Speech & Occupational Therapy
- Individual Occupational Therapy & Therapeutic Listening

Therapy – Physical/Speech/Occupational

St. Luke's Rehabilitation Institute - Pediatric Outpatient Services

<https://www.st-lukes.org>

711 S. Cowley St., Spokane WA 99202

Main Phone: (509) 473-6000 / Fax: (509) 473-6097

St. Luke's is the largest provider of outpatient pediatric therapy in the Inland Northwest. We provide specialize, child-oriented versions of many therapy programs which include:

- Physical & Occupational therapy
- Speech/language therapy
- Recreation & Aquatic therapy
- Medical nutrition therapy

Shriners Hospital for Children, Spokane

<https://www.shrinershospitalsforchildren.org/Spokane>

911 W. Fifth Ave, Spokane, WA 99204

Main Phone: (509) 455-7844

New Patient Referrals: (509) 623-0431 / Fax: (509) 744-1223

The Spokane Shriners Hospital treats children from 0 to 18. We see patients from Washington, Idaho, Montana, Alaska and Canada. The Spokane Shriners Hospital treats conditions ranging from serious orthopedic conditions requiring multiple surgeries, to fractures or sports injuries easily corrected through same-day surgery. In addition, we provide physical rehabilitation, radiology and laboratory services and casting. All care and services are provided regardless of the families' ability to pay

Notes

Therapy – Physical/Speech/Occupational

Spokane Ear Nose and Throat Clinic (ENT)

www.columbiasurgicalspecialists.com

Main Phone: (509) 624-2326

ENT Surgical: (509) 747-6194

Hearing: (509) 789-1020

Toll free: (800) 724-3261

Spokane ENT has surgical and hearing centers. Services are for children and adults. Some of the services that are offered are:

- Hearing evaluations
- Speech pathology
- Hearing aids and implants
- Swallowing and reflux disorders, snoring disorders
- Allergy testing and review
- Sleep disorders
- Reconstructive and cosmetic facial plastic surgery

Spokane Ear Nose and Throat has four locations, please visit the website for more information

Spokane Guilds' School and Neuromuscular Center

www.guildschool.org

2118 W. Garland Ave. Spokane, WA 99205

Main Phone: (509) 326-1651 / Fax: (509) 326-1658

Email: Guild@guildschool.org

We believe in the worth of every individual and their right to a meaningful life. Our purpose is to nurture the full potential of families and their children, from birth to three, with disabilities.

We do this through a personalized, comprehensive program of assessment, therapy, education, and support.

Please visit our website and Facebook page to learn more

Therapy – Physical/Speech/Occupational

Youthful Horizons

www.youthfulhorizonstherapy.com

325 S. University Rd, Spokane Valley, WA 99206

Main Phone: (509) 921-9798 / Fax: (509) 921-9774

M-F, 7:00am - 6:00pm

Offers pediatric therapy and treatment, including early intervention services, which can be provided on-site, in the home or at an Early Head Start or day care setting when appropriate or medically necessary. Youthful Horizons Provides:

- Pediatric Physical & Occupational Therapy
- Pediatric speech therapy & Developmental evaluation
- Massage & Aquatic Therapy

Notes

Transportation

MedTran- Non-Emergency Wheelchair Transportation

www.gomedtran.com

Toll Free: (800) 550-3782

Email: info@gomedtran.com

M-F, 7:00am - 6:00pm; *24hr Advance Notice*

We operate in the Greater Spokane area, Postfalls, and Coeur d'Alene. We can go outside of our service area to pick up clients that have appointments in Spokane. Being confined to a wheelchair does not mean you have to be confined to your home. Our van service can take you wherever it is you want to go.

Please visit the website for more information

Spokane Transit Authority (STA)

www.spokanetransit.com/

STA offers the following services for people with disabilities:

- **Reduced Fare Card** for senior citizens and people who are disabled who use public transportation. Information and application are at: <http://www.spokanetransit.com/ride-sta/reduce-fare-pass-and-qualifications>
- **Paratransit Services** (509) 328-1552, TTY 711
- A wheelchair-accessible shared ride transportation service for people whose disability prevents them from using the regular buses.
- **Mobility Assessment and Training** (509) 232-6303
A free program that helps persons with disabilities by assisting them to become a fixed route bus rider. Mobility trainers have received specialized training on how to work with a variety of disabilities. The trainer will design an individualized training plan, including one on one instruction while riding the bus with you. For more information, go to: www.spokanetransit.com/ride-sta/view/mobility-training

Transportation

Transportation Security Administration (TSA)

www.tsa.gov

Toll Free: (855) 787-2227

Email: tsa-contactcenter@tsa.dhs.gov

M-F, 8:00am - 11:00pm; Sat & Sun, 9:00am - 8:00pm

72hr Advance Notice

Travelers requiring special accommodations or concerned about the security screening process at the airport may ask a TSA officer or supervisor for a passenger support specialist who can provide on-the-spot assistance.

To ensure your security, all travelers are required to undergo screening at the checkpoints. You or your traveling companion may consult the TSA officer about the best way to relieve any concerns during the screening process. You may provide the officer with the “TSA Notification Card” or other medical documentation to describe your condition. If you have other questions or concerns about traveling with a disability, please contact passenger support.

Notes:

Vision Impairment

Inland Northwest Lighthouse for the Blind

<http://thelighthousefortheblind.org>

6405 N. Addison Street, Spokane, WA 99208

Main Phone: (509) 487-0405 / Toll Free: (800) 914-7307

Our philosophy maintains that each employee be provided with whatever supports are necessary for success in the workplace.

Supports include:

- In-house Sign Language Interpreting Department
- Staff mobility Instructors to teach Independent Travel

Other programs include:

- Accessibility & Braille Literacy Program
- Computer Training Program (CTP)
- Deaf-Blind Program & Interpreting Services
- Supported Employment Program (SEP)

Please visit website for more information

Lilac Services for the blind

www.lilacblind.org

1212 N Howard St, Spokane WA 99201

Main Phone: (509) 328-9116

Toll Free: (800) 422-7893

Fax: (509) 328-8965

Email: contact@lilacblind.org

Our primary service, the Independent Living Program, provides personalized training, adaptive devices, and support, which includes instruction in alternative techniques in home management, activities of daily living, communication methods, and more. Both in-office and in-home training are available.

Other important services include the low-vision department and adaptive-aid demonstrations and our extensive Braille transcription services and Braille lending library.

Please visit our website for more information

Vision Impairment

Washington Sensory Disability Service (WSDS)

www.wsdsonline.org

800 Oakesdale Ave SW., Renton WA 98057

Voice/TTY: (425) 917-7827 / Toll Free: (800) 572-7000

Fax: (425) 917-7838

Washington Sensory Disabilities Services (WSDS) provides online training and other support to families and service providers in education to assist children birth to 21, who are: Deaf or hard of hearing, Blind or visually impaired or have a combined hearing and visual impairment

Please visit the web site for more information

WA State Department of Services for the Blind

www.wa.gov/dsb

510 W Riverside, Room 209, Spokane WA 99201

Main Phone: (509) 456-4458 / Toll Free: (800) 552-7103

Fax: (509) 625-5239

M-Th, 7:30am - 5:30pm

Washington State Department of Services for the Blind (DSB) provides training, counseling, and support to help Washington residents of all ages, who are blind or visually impaired, pursue employment, education and independent living.

Please visit website for more information

WA State School for the Blind

www.wssb.wa.gov

Main Phone: (360) 696-6321

Email: info@wssb.wa.gov

The mission of the Washington State School for the Blind is to provide specialized quality educational services to visually impaired and blind youth, ages 0-21 within the state of Washington.

Please visit the website for more information

Vision Impairment

Washington Talking Book and Braille Library (WTBBL)

www.wtbbl.org/

2021 9th Ave Seattle, WA 98121

Main Phone: (206) 615-0400 / Toll Free: (800) 542-0866

Email: wtbbl@sos.wa.gov

M-F, 8:30am - 5:00pm

WTBBL services are available to all Washington State residents who are unable to read standard print due to one or more of the following conditions:

- Legal Blindness
- Visual Impairment
- Physical Disability
- Deaf-blindness
- Reading Disability due to organic dysfunction

Facilities such as schools, hospitals, and nursing homes, which regularly service clients meeting the eligibility requirements, many also apply for services.

Notes

Appendix A- Volunteer Opportunities

Funshine Day Camp

808 W Spokane Falls Boulevard, Spokane WA 99201

Main Phone: (509) 625-6245

Email: abusch@spokanecity.org

Volunteers are vital to our program. Parents/Care Providers, siblings, and students are encouraged to volunteer. Areas needed for volunteers include: swimming, Theme Days and field trips.

Please email if interested

Inland NW Diaper Bank

<http://www.inlandnwbaby.org/#!volunteer/w8i6t>

10814 East Broadway Avenue, Spokane Valley WA 99206

Mailing Address: PO Box 141360, Spokane Valley WA 99214

Main Phone: (509) 927-1153 / Fax: (509) 928-8463

Email: info@inlandnwbaby.org

Daily help needed: Office/Clerical, Clothing bank, Food bank, Drivers. Special projects: Stuff the bus diaper drive, Annual golf scramble, Annual sugar rush 5K, Annual Ladies night out, Thanksgiving food baskets, Christmas food baskets, Tree of sharing.

Please visit website for more volunteer opportunities

Mann-Grandstaff VA Medical Center

<http://www.spokane.va.gov/giving>

4815 N. Assembly St. Spokane, WA 99205

Main Phone: (509) 434-7503

M - F, 7:30am - 4:30pm

Minimum age is 16. Fingerprints and a background investigation are required for all volunteers age 18 and older. Additionally, a TB test is required, and all volunteers must also complete a one-time volunteer orientations. When registering to be a volunteer, we ask that you make a commitment to volunteer 100 hours the first year.

Please visit the website for more information

Appendix A- Volunteer Opportunities

Meals on Wheels

www.mowspokane.org

1222 West 2nd Ave, Spokane WA 99201

Main Phone: (509) 456-0397

Email: volunteer@mowspokane.org

The goal of this program is to help the homebound elderly and disabled maintain a sense of independence and dignity while remaining in their own homes longer. Volunteers provide the warm and loving contact that our seniors need. Without all our amazing volunteers, our program would not exist.

Please visit the website for more information

Northwest Harvest

www.northwestharvest.org/eastern-wa

Main Phone: (509) 891-7276

Email: volunteer@northwestharvest.org

At the Spokane warehouse volunteers help by sorting and repackaging bulk food into family sized portions for distribution to food banks and food programs. At our special events, you'll be collecting donations, holding signs, answering phones or helping with other event production tasks. Each event happens a few times a year and each has their own specific duties and requirements.

Please visit the website for more information

Sacred Heart Volunteer Services

101 W. 8th Ave. Spokane, WA 99204

Main Phone: (509) 474-3166

Email: maureen.goins@providence.org

M-F, 7:30am - 4:30pm

As a volunteer at Providence, you can learn while you serve, with a chance to expand your horizons and grow as a person, while working with some of the best and brightest medical professionals in the country. But most of all, you'll have the opportunity to make a difference to reach out and touch the lives of others. We invite you to consider volunteering.

Appendix A- Volunteer Opportunities

Second Harvest

www.2-harvest.org

1234 East Front Ave. Spokane, WA 99202-2148

Main Phone: (509) 252-6267

Email: volunteer@2-harvest.org

Events: Jill.wilson@2-harvest.org

Second Harvest's volunteers provide a wide range of valuable services which include:

- Sort & Repack Food (every week) & Family Nights (2)
- Second Harvest Kitchen (Instructors)
- Events (held in the community)

Please visit the website for more information

Spokane County Regional Animal Protection Services (SCRAPS)

www.spokanecounty.org/648/volunteer

6815 E. Trent Ave. Spokane Valley, WA 99212

Main Phone: (509) 477-2532 / Fax: (509) 477-4745

Mon, Tues, Thurs. & Fri. 10:00am - 5:30pm;

Wed, 12:00pm - 6:30pm; Sat. & Sun, 10:00am - 5:00pm

SCRAPS, loves their volunteers! SCRAPS volunteer program supports every aspect of their work from walking dogs and socializing cats to educational outreach and special events. You don't have to be experienced, all you need is to love and respect animals and be able to make a time commitment that fits best into your schedule.

Spokane Humane Society

www.spokanehumanesociety.org

N Havana St. Spokane, WA 99217

Main Phone: (509) 467-5235 ext. 228

M-F, 11:00am - 6:00pm; S-S, 11:00am - 5:00pm

Volunteering at the Spokane Humane Society is a fun and rewarding job! Volunteers are integral to our work, focusing on the general care of the animals, from feeding and grooming to playing and training.

Please visit the website for more information

Appendix A- Volunteer Opportunities

Spokane Riverkeeper – Center for Justice

<http://cforjustice.org/riverkeeper-volunteer-opportunities/>

35 West Main, Suite 300, Spokane WA 99201

Main Phone: (509) 835-5211

Email: jschultz@cforjustice.org.

The Spokane Riverkeeper works hard for clean water! But we need your help. To schedule a volunteer opportunity, such as a litter cleanup day contact us by email.

Please visit the website for more volunteer opportunities and information

If you would like your business added for volunteer opportunities, please contact The Arc of Spokane's Partnership 4 Safety Program at (509) 328-6326.

Notes:

Appendix B – Student Business / Clothing / Medical

Clothing

Ashley By Design

www.ashleybydesign.com

Email: adream.abyd@gmail.com

Ashley by Design offers fashionable clothes for all occasions designed by Ashley, a fashion designer with Down syndrome. Also has accessories, jewelry and gifts. Visit web site to learn more about Ashley and her unique clothing line.

Bendanas

www.bendanas.com

Toll Free: (866) 279-7632

Bendanas was established as a fashionable alternative for any one who has special needs. Each Bendanas is handmade using terry cloth as an absorbent layer. Our design allows for adequate fastening around the neck. Anyone suffering from excessive saliva issues now have a fashion statement that allows for discreet absorption. Our selection is based on the classic Bendanas design, however, if you have a special material and you would like us to make Bendanas for you, we are happy to quote a custom order.

Please visit the website for more information

Medical/Dental

Parent Help 123

www.ParentHelp123.org

Family Health Hotline: (800) 322-2588

M-F, 8:00am - 5:00pm

ParentHelp123 is operated by the statewide non-profit that helps Washington State Families find services in their communities and apply for health insurance, food assistance programs and more. The website also provides important health information for pregnant women, children and families.

Appendix B – Student Business / Clothing / Medical

Washington Information Network 211

www.resourcehouse.info/win211/index

Dial: 211

Toll Free: (866) 904-9060

M-F, 8:00am - 5:00pm

Please call or visit the website for fast and easy information about Transportation, Health Care, Veterans & Senior Resources, Individual and Family Resources and Employment & Training Services. Easy to use.

Washington State Special Needs Dental Directory

<http://www.wsda.org/public/special-needs-directory/>

Toll Free: (800) 448-3368

Email: info@wsda.org

An online searchable directory that provides a partial listing of dentists who treat patients with mild and/or moderate-severe manifestations of several different developmental and acquired special needs.

There is also a link to Medical and Dental Fact Sheets about Children and Adults with Special Needs for use by the dental profession and for parents and caregivers.

Notes

Appendix C – Special Education Terms

Special education is a service that some children with disabilities receive. Not all children with disabilities qualify for special education services.

Some of the following terms are for students who receive accommodations either through a 504 plan or the use of differentiated instruction that is part of a quality general education program. The federal and state laws for special education and Section of the Rehabilitation Act of 1973 (a civil rights law) concerning students with disabilities can be complex and confusing.

The definitions provided are not meant to be complete but are to give a brief description of the topic as it might be used in a conversation. Users are encouraged to seek more information about each of these terms from medical professionals and other knowledgeable sources such as school staff, parent groups, or disability-specific support groups. Definition are used with permission from the web site below: www.k12.wa.us/CISL/FamilyEngagement/Communicating/Translations.asp

~A~

Accommodations – Changes in the way instruction, assessment, and instructional materials are designed and used to respond to the special needs of students with disabilities. Most often related to students who have a 504 plan or an IEP.

Administrative Hearing – A formal process for parents and school districts to resolve disagreements about discipline and special education services. An administrative hearing concerning Special Education matters is known as a Due Process Hearing. There are other types of hearings that are used in education, including discipline, that are not a part of Special Education.

Administrative Law Judge (ALJ) – A judge who handles only administrative hearings (of all types not just education). ALJs serve as the judges in special education due process hearing.

Appendix C – Special Education Terms

Advocate – An individual who is not an attorney, but who assists or represents parents and advocates for the rights of their children receiving special education services in working with school districts.

Affective – Refers to emotions and attitudes.

Alternate Assessment – A tool used for students with disabilities who cannot take standardized exams. The alternate assessment methods to be used are usually specified in IEPs.

Annual Goals – A required component of an IEP. Goals are written for the individual student to address the needs identified in their individual evaluation. The IEP goals must be reviewed and rewritten annually.

Assistive Technology Device – Any piece of equipment or product used to increase, improve, or maintain the abilities of a child with a disability.

Assistive Technology Service – Any service that directly assists a child with a disability in using or choosing an Assistive Technology Device.

Attention Deficit Disorder (ADD) – A disorder of difficulty in staying on task and focusing on conversations or activities.

Attention Deficit Hyperactivity Disorder (ADHD) – Hyperactivity, a disorder of the central nervous system, makes it difficult for affected children to control their motor activities, and they may move rapidly from one task to another without completing any of them.

Autism – A developmental disability affecting verbal and non-verbal communication and social interactions that is often observed before age three. It is part of a group of disorders known as autism spectrum disorders (ASD). These disorders are often characterized by impaired communication skills and social abilities, and by repetitive behaviors. Symptoms can range from very mild to quite severe.

Appendix C – Special Education Terms

~B~

Behavior Intervention Plan – The plan of action designed and implemented to address behavior that may negatively impact the success of a student with disabilities. The plan includes positive strategies, program modifications, and aids and supports that address a student's disruptive behaviors and allows the child to be educated in the least restrictive environment (LRE).

~C~

Change of Placement – Occurs anytime a student is, for disciplinary reasons, removed from the placement identified on his/her IEP for more than 10 days. It may also occur if the IEP team meets and decides that services should be provided in a different location. *It is not a change of placement if the school moves the student from one general education classroom to another or from one resource room to another.*

Continuum of Services – The range of services which must be available to the students of a school district so that they may be served in the least restrictive environment. The IEP team must have the opportunity to consider placement in the general education classroom, special education classroom, home or hospital setting with whatever supports or services that are necessary.

~D~

Developmental Screening Tests – Used to identify disabilities, sensory impairments (e.g., near-sightedness or reduced hearing), or behavioral and developmental disabilities. *A screening is not the same as an assessment or evaluation.*

Disability – A physical, sensory, cognitive, or affective impairment that causes the student to need special education and related services.

Appendix C – Special Education Terms

Due Process of Law – Ensures a person will be notified and have an opportunity to be heard before any public entity can change her/his rights. Due process procedures for special education situations are clearly outlined in the IDEA. Section 504 plan due process procedures are less clearly defined.

Due Process Hearing – An administrative hearing presided over by an administrative law judge, not only in special education. There are special education hearings but there are also DSHS hearings, for example.

Dyslexia – A language-based disability that affects both oral and written language.

~E~

Extended School Day – A provision for special education students to receive instruction for a period longer than the standard school day.

Extended School Year (ESY) – Special education and related services provided to students qualified for special education outside of the normal school year to ensure the student continues her/his educational progress

~F~

Fine Motor – Functions which require small muscle movement for some activities, for example: writing or typing.

Free and Appropriate Education (FAPE) – The right of a student with a disability under IDEA or Section 504 to the education and support services necessary to meet each of his or her identified needs at no cost to the parent.

Appendix C – Special Education Terms

Functional Behavioral Assessment (FBA) – A problem-solving process for addressing student problem behavior that uses techniques to identify what triggers the behaviors, select appropriate interventions, and teach the student alternative behaviors.

~G~

Gross Motor – Functions which require large muscle movements. For example, walking or jumping.

~I~

IEP (Individualized Education Program) – A document that describes the education services that a student qualified for special education will receive. The IEP is specific to each student and tailored to his or her individual educational needs.

IEP Team – The group of people, including educators, parents, and others with knowledge of the student's needs, which is responsible for creating and reviewing the student's IEP and determining where, what and how services will be delivered.

Inclusion – The practice of educating children in the general education classroom, including children with physical, mental, and developmental disabilities. In order to meet the individual needs of the student, it is often necessary to provide additional supports in the general education classroom.

Independent Educational Evaluation (IEE) – An evaluation conducted by a qualified examiner, who is not employed by the school district at the public's expense.

Individualized Education – The practice of giving lessons and assignments according to each student's needs and strengths. Also called **Individualized Instruction**. **Individuals with Disabilities Education Act of 2004 (IDEA)** – A federal law that guarantees a free and appropriate public education (FAPE) for eligible children and youth with disabilities.

Appendix C – Special Education Terms

Instructional Aide – A school employee who is assigned to help teachers with the education of student. Also known as an

Instructional Assistant, Paraeducator, or Paraprofessional.

Instructional Placement – Phrase used to describe the situation in which a child spends at least half of his/her school day receiving special education. See also **Resource Placement**.

Interim Alternative Educational Setting (IAES) – A placement of up to 45 days for students with disabilities who a) bring weapons to school, b) bring drugs to school, c) inflict serious bodily injury at school, or d) are determined to be dangerous by an administration law judge. The IAES must be developed so that students can participate in the general education curriculum and progress towards achieving the goals set out in their IEP.

~L~

Learning Disability – A child can be, but not always, identified as having a learning disability when she or he does not achieve adequately for the child's age or to meet state-approved grade-level standards when provided with learning experiences and instruction appropriate for the child's age or state-approved grade-level standards. May also be known as a **Learning Disorder**.

Learning Disorder – A condition that interferes with a student's ability to learn. Another term for **Learning Disability**.

Least Restrictive Environment (LRE) – LRE is the environment where a student is able to learn and reach the goals on the IEP. The LRE should be in the general education environment to the extent appropriate. The least restrictive environment may be different for each child and based on the subject being taught.

Appendix C – Special Education Terms

~M~

Mainstream – The practice of placing students with disabilities into regular classrooms with the supports defined in their IEP. The students usually also receive some assistance and instruction in separate classrooms, or resource rooms.

Manifestation Determination – A process conducted by a student’s IEP team to identify and address the relationship between a student’s disability and behaviors that would normally be subject to expulsion or suspension. The IEP team must determine that the behavior is a manifestation of the child’s disability if:

- The behavior in question was caused by the child’s disability, or had a direct and substantial relationship to the child’s disability
or
- The behavior was the direct result of the school’s failure to implement the child’s IEP.

Mediation – A free, voluntary process where a trained, neutral mediator helps parents and/or advocates and school districts reach a mutually acceptable solution to disagreements over special education services and/or supports.

~O~

Occupational Therapy – A special education related service which is usually focused on the development of a student's fine motor skills and strategies for daily life.

Office of Civil Rights (OCR) – An office within the U.S. Department of Education responsible for enforcing Section 504 protections and investigating civil rights complaints.

Appendix C – Special Education Terms

~P~

Paraeducator – A school employee who is assigned to help a teacher with the education of student(s). Also known as an **Instructional Aide, Instructional Assistant, or Paraprofessional**.

Pervasive Developmental Disorder (PDD) – A term used to describe a certain type of disability on the autism spectrum.

Physical Therapy – A treatment of physical disabilities, under a doctor's prescription, that helps a student improve the use of bones, muscles, joints, and nerves in order to better access education programs and services.

Placement – The how and where students who have an IEP or Section 504 Plan receive the special education services or accommodations outlined in their plans.

~R~

Reasonable Accommodation – Educational program adaptation or modifications that allow students with disabilities to more fully participate in school.

Referral – The written request made to a school district to evaluate a student for special education and/or Section 504 eligibility.

Related Services – Various support services, for special education students. For example: transportation, social work, counseling.

Resolution Session – A meeting between the parents, school district, and IEP team that occurs after a due process hearing request has been made in order to discuss the complaint and try to solve the problem before the hearing occurs.

Resource Room – A special education classroom where students can go for additional help mastering academic skills. A student's IEP designates the number of minutes a day and/or week a student will receive resource room support.

Appendix C – Special Education Terms

~S~

Section 504 Plan – Section 504 of the Rehabilitation Act of 1973 extended civil rights to people with disabilities. It allows for reasonable accommodations as necessary for each student. Services, accommodations, and program modifications for students who qualify under Section 504 are outlined in a document called “504 Plan.”

Special Education – Specially designed instruction to meet the unique needs of a child with a disability who qualifies for special education. The services are provided at no cost to the parent. The services can be provided in many different settings.

Special Education Student – Any student who has a disability that adversely affects his or her academic performance.

Specially Designed Instruction – Instruction designed to address the specific needs of a student who qualifies for special education services. It is based on the results of the student’s individual evaluation. In order for instruction to be considered specially designed, it must differ from the instruction provided in the general education program, and cannot merely be accommodations or modifications.

Specific Learning Disabilities – A disorder of one or more psychological processes that interfere with the ability to process language, written or spoken that may be noticed with difficulty in listening, speaking, writing, reading, spelling, or doing mathematical calculations.

Speech Language Pathologist (SLP) – A professional who can help students who have language and speech disorders. This might include expressive and/or reception language as well as speech disorders.

Appendix C – Special Education Terms

Stay Put – The right of a student with a disability to remain in his or her current placement until disputes have been resolved. When a parent or the school district files for a hearing, there may be a stay put requirement until the dispute is settled.

~T~

Therapeutic Day Program – An instructional placement for students with significant emotional disturbances in which treatment for the emotional difficulty is incorporated into the school program.

Transition Services – A plan of activities designed to assist and prepare a student in special education to move from secondary education to the workplace or to higher education

Transition Planning – Planning for adolescents' post-school lives. It must begin by age 16 and it requires transition goals to be incorporated into the IEP process.

~W~

Washington Alternate Assessment System (WAAS) – The system designed for and administered to students with disabilities who, even with accommodation, would not be able to take the state assessment of student learning.

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Is there a program or service that ought to be in this guide?
(This form can also be used by agencies to update their entry.)

Please fill out and return the following information to:

The Partnership 4 Safety
320 E 2nd Ave
Spokane, WA 99202

Name_____

Website_____

Email_____

Phone_____

Address_____

Days/Hours of service_____

Describe program or service; what are its goals and whom does it attempt to serve. _____
