Walnut Park is nestled on the western edge of King neighborhood and the eastern edge of Humboldt, its streets still dotted by old walnut trees originally planted so the neighborhood could live up to its name. Things haven’t always been as peaceful in the Park as they are today. On July 30, 1920 the Oregonian reported “PEARL EATWIGS INVADE THE CITY – PESTS DESTROY FLOWERS AND SHRUBS IN WALNUT PARK.” Fred Cooper, transportation manager of the Portland Railway Light & Power Company – and Park resident – brought several hundreds of the pests to city hall and ultimately to the attention of the park bureau.

By Margaret O’Hartigan, King Neighborhood, adapted from her walking guide, “Walnut Park Revealed”
MY NE PORTLAND

The More Things Change, They Stay the Same

By Marsha Sandman
CNA Media Team

For 259.198.

Medina Keita, 12 years old, is a bright, charming and creative 7th grade student at Vernon School. This year she visited recently with Gordon, a 92-year-old Vernon School alumnas who has Earniwig cont'd from pg 1

Oregonian “City Council Approved

Accessory Short-Term Rentals (ASTR) are a huge deal in Portland.

‘Earwig Fund Stopped’! Ultimately the fight against the invaders was not left to individuals, acting on their own, in the great American tradition of rugged individualism.

In yet another great American tradition, the mayor was the first to declare the earwig invasion – George Baker – the following year. A photo for a photo graph with hed-avored Ko Jon that I was been to Portland by the face of a friendly troublemaker but “Gordy Hood never had it so good”. Both Medina and Gordon face social challenges with dignity. One could say the more things change the more they stay the same.

After living east, south, north and west, Marsha Sandman is home at last. And she wants to hear your story. Contact her at Marsh@CNAmedia@gmail.com.

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My NE Portland

Knock, Knock, Have You Got a Bed Tonight?

By Marsha Sandman
CNA Media Team

When money comes knocking at your door, do you answer? You might if you own one of the 116 accessory short-term rentals in the Concordia neighborhood.

What is an accessory short-term rental (ASTR)? According to the Portland Bureau of Development Services (BDS), “An ASTR is an individual or family residing in a dwelling unit and renting bedrooms to overnight guests for less than 30 days.”

Regulations allow ASTRs in houses, attached houses, duplexes, manufactured homes on their own lots, and accessory dwelling units (ADUs). Each ASTR type has unique requirements based on the number of bedrooms and structure type. Six or more guestrooms rentals at one time are not considered ASTRs.

If sharing your home or ADU sounds appealing, there are a few hoops the city requires you to jump through:

• Fill out an application.
• Notify your immediate neighbors with the city’s form letter, “Neighborhood Notice.
• Pay a permit fee ($180 and more). In the intervening renewal years – or thereafter.
• Obtain a permit from BDS every two years ($50 and more). In the intervening renewal years, two, eight, 10, etc. – the resident may self-certify compliance with the city’s requirements.
• Have the rental bedroom(s) inspected by BDS.

Rules, rules, rules.

If you operate an ASTR without the required permit, you’ll be in violation of Portland City Code and subject to violations with civil penalties of $1,000 to $10,000 per day.

So it’s a good idea to know what you are doing before you answer that knock at your door. Information about the general inspection process is available at PortlandOregon.gov/bds/65603.

For questions about ASTRs, visit PortlandOregon.gov/bds/66835 or call 503.823.7526.

If you own an ASTR or live near one, you have an opinion you’d like to share in a subsequent issue of Concordia News, please contact Marsha.

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Northeast Coalition of Neighborhoods (NECN), founded in 1975, is an independent nonprofit organization. NECN is one of seven neighborhood coalitions in Portland, which are primarily funded by the City’s Office of Neighborhood Involvement. NECN identifies and takes up local issues to increase neighborhood livability and civic engagement. NECN’s service area includes 12 neighborhoods in northeast Portland: Alberta, Madison, Concordia, Eliot, Humboldt, Irvington, King, Sabin, Sabin’s Gulch, Sullivans, and Woodlawn. Any person who resides or works in North/Northeast Portland can get directly involved!

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People who are homeless are human beings. We as a society tend to objectify and forget they’re human beings with the same rights and with dignity, respect and love. We cannot forget that. As such, any solution that’s crafted has to involve those who are affected.

It feels like the boat is moving further from shore. We have a lot of work to do. There but a lot of them aren’t synergizing and working well together. Our resources need to collaborate better, streamline together so we’re not competing with each other, not competing, but cooperating. We need a vision together, one that unites all of these strategies and gets us all together in the same direction.

The hardest thing about homelessness is the psychologicality. It’s all. People are downgraded, saying yes you can sleep here, no you can’t sleep there; you can nest here, you can’t nest there; you can’t live here, you can’t live there. The psychological part of that, it’s what people don’t understand. And so you have to bring yourself back up. It’s a constant thing.

I pushed a lot of that away in order for me to do what I had to do and it took me a long time to settle down once I got housed. I had high walls, thick skin and I wouldn’t let it bother me. Then when I went inside I said I’m gonna take one day for me to give you people that I know that I died and sufferred out there. It took me five days when I finally got inside and it was so bad that I went into this deep depression because of that. But the walls got thinner, the high walls came down, and then that was a tidal wave of emotion that came down on me.

Program Director
Community of Hope
www.communityofhopepxg.org

“The missing piece is relationships. If you’re going to break the cycle of trauma, the only way to do that is to help the parents and children to have healthy relationships, to be able to give and to take, to trust each other to know that they’re loved and be free to be who they are. Relationships are key, positive relationships that are going to help heal from that trauma and support people in making healthy choices. You can’t make a healthy choice if you don’t have the

wherewhet to do that, if you don’t have that background and support. If we could heal those relationships, and have a society where we love each other, then there would be no homelessness and there would not be addiction. Children that have adverse childhood experiences - if you have been home-

less, abused, witnessed abuse, a child of a parent that are incarcerated or addicted - if you experienced these things you are statistically more likely to have poor health as an adult, even if those issues got resolved. More likely to be on welfare, more likely to use drugs and to abuse others or to be a victim of domestic violence. Less likely to have a good job, less likely to have good social skills that’s going to help you be successful.

Childhood trauma is the worst health issue in our nation, and maybe our world. It’s worse than cancer, worse than heart disease.

Linda Jo Devlaeminck

Seattle, Unhoused: The People on the Front Lines

Jennifer Stoffer

One of the biggest misconceptions of homelessness is that every one’s on drugs, alcohol, mentally ill, because the decision makers are catering to that. They’re saying we need to address the mentally vulner-

able, people that have problems, so people like me who are clean and sober are stuck, put way back on the back burner. It’s hard for us to see other people that have vices go and get rewarded with housing, when we’re trying to really be outstanding citizens. But it only takes one homeless person to screw up and all of a sudden we all get labelled as that.

The hardest thing about homelessness is the psychologi-


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Events & Opportunities: Fall 2018

Creating an Edible Landscape
Saturday, October 20, 3:00 PM - 5:00 PM
Linsingpace
2044 N Vancouver Ave.
This workshop will give you insight and tools for thoughtfully incorporating edible plants into your landscape—from annual vegetables and herbs to perennial berries and fruit trees. Register online at http://edmlcad.org/events/edible-landscape-workshop or call 503-222-7645 for more information.

Gentrification Documentary Screening by Eliot Neighborhood Association: Priced Out
Monday, October 8, 6:30 - 8:30 PM
The Library at Martin Luther King Jr. School
Those that you care about? Why are Portland be a sanctuary for you and your costumes! Just tag #missave. We can't wait to see you kids. Share your sweet costume photos with us and community-focused businesses to implement the lush Fargo Food Forest Garden on N. Williams Avenue.

We want your questions to engage in a community conversation. It may seem unburden themselves to a community space. You or York City for people to have a seat at the table, you gotta go to the meeting. You have to make the effort; no one's going to come find you.

Community Dialogue: What does safety means to you? How can Portland be a sanctuary for you and those you care about? Why are some of us not feeling safe?
Tuesday, October 16, 6:00 - 8:00 PM
The library at Martin Luther King Jr. School
4096 NE 6th Ave, Portland OR
Food provided! Free, open and in need of pub-
ic participation!
This is a bilingual event with Spanish translation provided. We want your questions to engage in a community dialogue about sanctuary and safety in Portland. Everybody is invited to this long table discussion! At the end, we will learn about Measure 105, which could end Oregon's status as a sanctuary state.
Submit your questions about sanctuary to: karon@glpgr.org

COMMUNITY NEWS
RESIDENT SPOTLIGHT: Karis Stoudamire-Phillips
By Mischa S. Webley
NECN Staff Writer
Karis Stoudamire-Phillips might not sleep. As a mother of two boys, the Director of Carolina Community Health, and the wife of a traveling medical doctor, she’s used to snatching away for napping in her spare time. Instead, she uses that time to be an active community member, whether through her participation with the Boise Neighborhood Association, as a member of the Portland North/Northeast Oversight Committee which oversees development in the inner-NE core, or any of the countless boards she sits on. She is proud, a lifelong resi-
dent of Northeast who is not afraid to be a voice for her community.
On getting started:
I’ve been a part of the Boise Neighborhood Association as long as I can remember.
When I moved back here from college in 1998, I started going to the meetings and we were talking about doing something in the community to bring people together.
At the time, Mississippi Street was pretty run down. There had been a period where we had black parties all the time, but when drugs, gangs and crime crept in, that kind of stopped. There just wasn’t a lot of community unity at the time. What bailed out of that was the Mississippi Street Fair. It was very grassroots, very community, like people who live/work/play there community. It was small, but it was necessary. What it is now is not commu-

On the North/Northeast Oversight Committee:
I feel like [Prosper Portland] is trying, they’re being diligent, but they have an uphill battle. There’s some people in the room that are willing to give them a chance and

On Northeast Back In The Day:
People knew each other. I loved where I grew up, going to come find you.

Turning Parking Lots into Paradise
By Erica Mattison, MPA
JD - Depave Executive Director
A decade ago, a group of friends attended a neighborhood meeting in Portland gathered for a depaving work party at a free parking lot. After removing the asphalt, they worked together to turn it into a growing space. Today, that property is home to the lush Fargo Food Forest Garden on N. Williams Avenue.
Since then, Depave, a Portland-based 501c3 non-profit, has collaborated with dozens of community partners such as schools, communities of faith, social service organizations, environmental organizations, and community-focused businesses to implement close to 60 urban greening projects across the Portland metro region. Examples of Depave’s Northeast Portland projects include: King School, Vernon School, and Faithful Savior Lutheran Church.
Depave incorporates green infrastructure practices and has created dozens of bioswales to filter stormwater before it goes into our watersheds. We invite community members to submit their ideas for projects. We focus our work in areas that are underserved, where reduced pavement and increased access to green space will have a major positive impact on their neighborhood. By repurposing over-paved spaces to overcome the social and envi-
Portland Prepares

Woodlawn/Vernon/Concordia Neighborhood Emergency Team (NET)

Portland’s Bureau of Emergency Management (PBEM) and your local neighborhood emergency teams (NETs) are all about taking steps now to be prepared for the coming Cascadia subduction zone earthquake. We all love our lives here in this beautiful place and hate to think that an earthquake could so disrupt our way of life that things will never be the same again.

In this context, proper preparation and advance readiness are key in order for us to suffer less and recover faster in the event of an earthquake. We will be able to help each other through the early days of trauma as well as in the weeks and months after the last aftershocks pass. Our individual preparations will benefit us collectively and promote the common good of our neighborhoods, our city, and the region as a whole.

In light of this, we encourage every household in Northeast Portland to begin making preparations if you have not already done so. Among other things, a very large earthquake will disrupt electricity and water systems. Stores will not be open or will quickly run out of supplies. Therefore, you will need a supply of water, first aid supplies, non-perishable food supplies, and a system for taking care of human wastes (Pee and Poo buckets!). What will your pets need? Do you have a supply of cash set aside since credit cards and ATMs will not be useable?

You can address these and other questions related to preparation for a large scale emergency if you take it one step at a time, calmly and deliberately now, so that when “it” happens, panic and despair will not be your household responses.

If you are motivated to begin your preparations, refer to the following sites that will provide information to help you get your stuff together. For information on your local neighborhood emergency team (NET) check out www.portlandprepares.org; for a wealth of information from Portland’s Bureau of Emergency Management go to www.portlandoregon.gov/pbem; for preparation and disaster readiness information from FEMA check out www.ready.gov. If you have specific questions, contact your local NET and we will do our best to get you the answers you need.

Paradise cont’d from pg 7 neighborhood.

With just 1.5 staff, Depave is heavily reliant on volunteers to make our work possible. Depave organizes a large-scale volunteer work party for each project to provide community members and depaving enthusiasts a chance to make a tangible contribution to the transformation of the space. In addition to ripping up pavement and creating green spaces, volunteers are needed to serve as stewards of these places. Through our Green Thumbs Program, we engage volunteers in assisting at sites that need some extra support. There are many different ways to lend your interests, skills, and time.

Learn more and sign up at https://depave.org/volunteer.

Hey Neighbor! Crossword Puzzle

ACROSS
2 Portland nonprofit telephone company
4 Medina __________, student at Vernon School
6 __________ Sandman of CNA Media Team
8 Fade to
9 Insect that invaded Walnut Park during the 1920s
11 Holiday that involves Trick-or-Treating

DOWN
1 Boise Neighborhood Advocate __________ Stoudamire-Phillips
3 Larry __________, Founder of Fresh Out
5 __________ Mattison, Executive Director of Depave
7 __________ Food Co-Op
10 School celebrating 111th anniversary
12 Precious __________ Retention Case Manager at JOIN

Answers located at www.necoalition.org/newspaper

Phone cont’d from pg 6
founder Elijah St. Clair or another volunteer. “You can call us to answer what questions you might have or talk about whatever you want,” Karl offered.

The nonprofit’s costs are relatively low. Futel repurposes salvaged payphones, thrill store landlines, obsolete IT hardware kept alive with open source firmware and rented cloud computers.

“Then we buy phone service and we give it away free,” Karl said. “It’s not a technologically exciting thing. It’s a socially exciting thing.”

Riley O’Boyle, certified EIT, works in land development and site engineering, and can be reached at RSOboyle13@gmail.com.