CALIFORNIA HEALTH CARE RESOURCE GUIDE FOR UNDOCUMENTED IMMIGRANTS

HISPANAS ORGANIZED FOR POLITICAL EQUALITY (HOPE)

HOPE. ACT. | HEALTH

Hispanas Organized for Political Equality (HOPE) is a non-profit, nonpartisan, organization committed to ensuring political and economic parity for Latinas through leadership, advocacy and education to benefit all communities and the status of women. For the past 15 years HOPE has advocated for access to quality affordable healthcare. HOPE is a grantee of The California Endowment. In partnership with the Dream Summer National Internship program at UCLA this guide was created. The California Endowment is a private, statewide health foundation with a mission to build a stronger state by expanding access to affordable, quality health care to underserved, uninsured communities and improving the overall health of all Californians.

The Issue at Hand

The vast majority of undocumented immigrants are less likely to have health insurance and more likely to prolong visits to any clinic, doctor or hospital due to the lack of information, financial resources and access to health insurance. California is host to the nation's largest percentage of undocumented immigrants. It is estimated that a total of 2.6 to 3 million or 7% of the population are undocumented men, women and children currently residing in the golden state. Statistics show that the largest concentration of undocumented immigrants is currently residing in Los Angeles County. Currently 1 in every 10 Los Angeles county resident is an undocumented immigrant and many of those immigrants have been in the United States for more than a decade and are the parents of children who are American citizens (USC study 2013).

A Guide

HOPE understands the financial predicaments undocumented immigrants face when seeking health care. Thus, this resource guide provides a comprehensive list of affordable healthcare options. The resource guide includes services rendered, health care provider contact information, and types of fees.

Frequently Asked Questions

The following are frequently asked questions to help you begin to understand how you and your family can access health care in order to prevent or treat illness and handle medical emergencies.

1. Will using government health benefit programs affect my immigration status?
A: No. Using health care programs at the local, state or federal level will not affect your immigration status or ability to apply for a green card in the future.
****Unless you are receiving Medi-Cal to pay for long term care in a mental institution or nursing home.*

2. What programs are available in California for Deferred Action for Childhood Arrivals (DACA)?
* DACA recipients are eligible for full state Medi-Cal coverage if they are 21years of age or younger, are blind or disabled.
* DACA recipients are also eligible for the safety net programs listed under question 3.

3. Is it true that if I am undocumented, I am not eligible for any health benefit programs?
A. No. There are several programs that do not require U.S. Citizenship or legal statuses to participate. The following programs are available to adults' children, seniors, and disabled persons:
*Community, County and Free Clinics.
*Mental Health Services.
*Medi - Cal for Breast & Cervical Cancer Program.
* Restricted Medi - Cal for emergency hospital and Long Term Care/ Kidney Dialysis.
* Medi - Cal services for Pregnant Women.
* Access for infants & mothers (AIM).
* Women, Infants, and Children (WIC).
*Child Health and Disability Prevention Program (CHDP).
* Minor Consent Services.
*CA Children's Services.
* Family Planning, Access, Care and Treatment (Family PACT).

4. I have no insurance and I am undocumented. Will the hospital turn me away?
A. No. In 1986 the Government passed a law that prevents hospital emergency rooms to refuse treatment to anyone who is in need of emergency services, but have no health insurance or the ability to pay.

5. How will I pay for my medical bills if I do not have insurance and I am undocumented?
A. Hospitals offer a program called Ability to Pay Program which provide patients with payment options. Patients must request this program within 2 calendar months of their hospital/medical visit. You may also try to apply for Restricted / Emergency Medi - Cal to help pay part of your medical expenses. Restricted Medi - Cal will cover emergency situations, health care for pregnant women, kidney dialysis, nursing home care and treatment for breast and cervical cancer.
Emergency medical care includes the following:
* acute, severe symptoms (ex. severe pain), or if failure to get immediate attention will:
*endanger the patient's health
*seriously impair bodily func-tions.
*cause serious dysfunction to a body organ or body part
Excludes:
Organ transplants and continuation of services.

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HEALTH RESOURCES

State Wide Resources

California Kids
(818) 755-9700
5200 Lankershim Boulevard, Ste 360,
North Hollywood, CA 91601
Offers primary health care insurance to undocumented children ages 2 to 18.
$$: $82/month
Must submit application

The Restaurant Opportunities Center United ROC-MD
(213) 380-1020
Natalia Rodríguez (Natalia@rocunited.org)
1730 West Olympic Blvd, 3rd Floor Room K,
Los Angeles, CA 90015
ROC-MD is a program that offers health care insurance to undocumented restaurant workers. New Member Orientations every Monday at 1:00 p.m.

Children's Health Insurance Program -CHIP
1(877)543-7669.
To see if your child qualifies for CHIP visit www.insurekidsnow.gov

Low-cost health coverage to children whose family income is too high to qualify for Medicaid.

Benefits include routine checkups, immunizations, doctor visits, prescriptions, dental and vision care, inpatient and outpatient hospital care, laboratory and X-ray services, and emergency services.

$$: Enrollment fees are $50 or less per family, per year. Co-pays for doctor visits and prescriptions range from $3 to $5 for lower-income families and $20 to $35 for higher-income families.

California's Children Services (CCS)
(415) 575-5700
Provides financial assistance, case management, and carious therapy services to children up to age 21 with specific complex chronic handicapping illnesses
$$: Sliding scale fee.
Must submit application

Napa
(707) 253-4391
2261 Elm Street, Building R,
Napa, CA 94559-3721

San Bernardino
(909) 387-8400
150 Carousel Mall
San Bernardino, CA, 92415

Los Angeles
(800) 288-4584
9320 Telstar Ave, Ste 226,
El Monte, CA 91731

Fresno
(559) 600-3300
1221 Fulton Mall
Fresno, CA, 93721

San Francisco
(415) 575-5700
30 Van Ness Ave, Ste 210,
San Francisco, CA, 94102

Bakersfield-Kern County
(661) 868-0531
1800 Mt. Vernon Ave,
Bakersfield, CA 93306

Orange County
(714) 347-0300
200 W. Santa Ana Blvd, Ste 100,
Santa Ana, CA 92701

San Jose
(408) 793-6200
720 Empey Way,
San Jose, CA 95128

Riverside
(951) 358-5401
10769 Hole Avenue, Ste 220,
Riverside, CA 92505

Regional Resources

AltaMed Medical Group
Los Angeles & Orange County
For more clinics near you please call or visit:
Questions: (877) 462-2582
Headquarters: (323) 725-8751
Website: www.altamed.org

Other Key Organizations

Mexican American Legal Defense & Education Fund (MALDEF)
(213) 629-2512
634 S. Spring St., 11th Floor
Los Angeles, CA 90014

Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA)
(213) 353-1333
2533 W. Third Street, Suite 101
Los Angeles, CA 90057

Educators for Fair Consideration (E4FC)
San Francisco Bay Area
www.e4fc.org

Central American Resource Center (CARECEN)
(213) 385-7800
2845 West 7th Street
Los Angeles, CA 90005

UCLA Downtown Labor Center
(213) 480-4155 ext 220
675 S Park View St
Los Angeles CA 90057-3306

Central Valley Partnership for Citizenship California
(209) 499-6750
P.O. Box 684,
Modesto, CA 95353

UC Berkeley Labor Center
(510) 642-0323
2521 Channing Way, Ste 5555,
Berkeley, CA 94720

American Civil Liberties Union of San Diego & Imperial County (ACLU)
(619) 232-2121
P.O. Box 87131
San Diego, CA 92138

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Ob
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy
Rx

Key of Business Days:

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HEALTH RESOURCES

Coachella Valley

Clinicas de Salud del Pueblo Coachella Medical Clinic
(760) 393-0555
49111 Highway 11,
Coachella, CA 92236
M-Th 7 am-6 pm
F 8:30 am-5 pm
S 7:30 am-12 pm
$$: Sliding scale available.

Planned Parenthood Coachella Center
(888) 743-7526
49-111 Highway 111,
Unit 6 Ste A,
Coachella, CA 92236
M, W, F, S 8 am-4:30 pm
T, Th 10 am-6:30 pm
$$: Sliding scale available.
Ob

Centro Medico Cathedral City Borrego Medical Clinic
(760) 321-6776
69175 Ramon Road A,
Cathedral City, CA 92234
M-F 8 am-8 pm
S 8 am-5 pm
Su, Holidays 8 am-12 pm
$$: Sliding scale available.
Ob

Desert Hot Springs Community Health Center
(760) 676-5240
12520 Palm Drive,
Desert Hot Springs, CA 92240
M-F 8 am-5 pm
S, Su 8 am-12 pm
$$: Sliding scale available.

Coachella Valley VIM Clinic (CVVIM)
(760) 342-4414
82-915 Avenue 48,
Indio, CA, 92201
M-F 8 am-5 pm
$$: No fee

Indio Family Care Center
(760) 863-8283
47-923 Oasis St.
Indio, CA, 92201
M- F 7:30 am-5 pm
$$: Sliding scale.
No one turned away due to inability to pay.

The Smile Factory
(760) 773-5747
41865 Boardwalk,
Ste 210,
Palm Desert, CA, 92211
M-F 8 am-3 pm
$$:Sliding scale available.

Palm Springs Family Care Center
(760) 778-2210
1515 North Sunrise Way,
Palm Springs, CA 92262
M-F 7:30 am-5 pm
$$: Sliding scale.
No one turned away due to inability to pay.

Palm Springs Outreach (RSBCIH)
(877) 781-0444
901 E. Tahquiz Way,
Ste A204,
Palm Springs, CA, 92262
M, W, F 8 am-5 pm,
T 8 am-7 pm,
F 8 am-2 pm
$$: Free or low cost.
Rx

Planned Parenthood Rancho Mirage Family Planning Center
(888)743-7526
71777 San Jacinto Dr
Ste 202,
Rancho Mirage CA 92270
M- Th 8:30 am- 6:30 pm,
S 8 am- 4:30 pm
$$:Sliding scale available.
Ob

Escondido Family Medicine
255 N. Ash St, Ste 101
Escondido, CA, 91906
(760) 745-5832
M-F 8 am– 5 pm.
$$: Sliding Scale fees.

Del Norte

Del Norte Community Health Center
(707) 465-6925
(707) 465-4636
550 E Washington Blvd.
Crescent City, CA 95531
M-S 7:30 am-8:30 pm
$$:Sliding scale available.

Sutter Coast Walk-In Clinic
(707) 464-8818
785 E. Washington Blvd.
Crescent City, CA 95531
M-F 8:30am-6:30pm
S & Su 9:45am-6:30pm
$$: Financial assistance available.
Ob

Fresno County

Deran Koligian Ambulatory Care Center
(559) 459-4900
290 N. Wayte Lane,
Fresno, CA 93726
M-F 8 am-4:30 pm
$$: Fee for services.
Deposit Required.

Divisadero Health Center - Clinica Sierra Vista
(559) 457-5900
145 N. Clark,
Fresno, CA 93701
M-F 8 am-7 pm
$$:Sliding scale available.

Easton Community Health Center - Clinica Sierra Vista
559-457-5600
5784 S. Elm Ave.
Fresno, CA, 93706
M-F 8 am-5 pm
$$: Sliding scale of fees based on income.

Elm Community Health Center- Clinica Sierra Vista
(559) 457-5200
2790 S. Elm Ave.
Fresno, CA 93706
M-S 8 am - 7 pm
$$: Sliding scale available
Ob

Elm Dental Center Clinica Sierra Vista
(559) 457-5345
2756 S Elm Ave,
Fresno, CA 93706
M-S 8 am-7 pm
$$: Sliding scale of fees based on income.

Free Medical & Dental Clinic at Poverello House for the Homeless
(559) 442-4108
412 F Street,
Fresno, CA 93706
M-F 1 pm-5 pm
$$: Free/No fee.

Garland Community Health Center Clinica Sierra Vista
(559) 457-6900
3727 N. First Street,
Fresno, CA 93726
M-S 8 am-5 pm
$$: Sliding scale of fees based on income.
Ob

Orange and Butler Community Health Center Clinica Sierra Vista
(559) 457-5400
1350 S. Orange Ave.
Fresno, CA, 93702
M-S 8 am-5 pm
$$: Sliding scale of fees based on income.
Ob

Kern County

Arvin Community Health Center - Clinica Sierra Vista
(661) 854-3131
1305 Bear Mountain Blvd.
Arvin CA 93203
M-S 8 am - 5 pm
$$: Sliding scale available
Ob

Arvin Dental Center Clinica Sierra Vista
(661) 854-5859
1305 Bear Mountain Blvd. Arvin, CA 93203
M-S 8 am-5 pm
$$: Sliding scale of fees based on income.

Bakersfield - 34th Street Community Health Center - Clinica Sierra Vista
(661) 324-1455
2000 Physician's Plaza,
Bakersfield, CA 93301
M-S 8 am-5 pm
$$: Sliding scale of fees based on income.
Ob

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Ob
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy
Rx

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HEALTH RESOURCES

Bakersfield College Student Health and Wellness Center Clinica Sierra Vista
(661) 395-4336
1801 Panorama Dr.
Bakersfield, CA 93305
M-W 7:30 am-5:30 pm
Th 9:30 am-7:30 pm
F 8 am-12 pm
$$: Sliding scale of fees based on income.

Bakersfield Homeless Healthcare - Clinica Sierra Vista
(661) 332-7580
234 Baker St. Ste 1 & 6,
Bakersfield, CA 93305
M-F 8 am-5 pm
$$: Sliding scale of fees based on income.

Brimhall Community Health Center - NHSI
(661) 377-0439
1014 Calloway Dr.
Bakersfield, CA 93312
M 9 am-6 pm
T-F 8 am-5 pm
$$: Sliding scale available.

Central Bakersfield Community Health Center Clinica Sierra Vista
(661)323-6086
301 Brundage Lane,
Bakersfield, CA 93304
M- S 8 am-7 pm
$$: Sliding scale of fees based on income.

East Bakersfield Community Health Center Clinica Sierra Vista
(805) 322-3905
815 Dr. Martin Luther King Jr. Blvd.
Bakersfield, CA 93307
M-S 8 am-7 pm
$$: Sliding scale available.

East Bakersfield Dental Center - Clinica Sierra Vista
(661) 632-2144
1125 E. California Ave.
Ste 6,
Bakersfield, CA 93305
M-S 8 am-7 pm
$$: Sliding scale available

Indian Health Service Bakersfield American Indian Health Project
(661) 327-4030
1617 30th Street,
Bakersfield, CA 93301
M-F 8 am-5 pm
$$:Sliding scale available.

North of the River Community Health Center - Clinica Sierra Vista
(661) 328-4295
2525 N. Chester Ave.
Bakersfield, CA 93308
M-S 8:30 am-5:30 pm
$$: Sliding scale of fees based on income.

Oildale Community Health Center
(661) 392-7850
525 Roberts Lane,
Bakersfield, CA 93308
M-F 8 am-5 pm
$$:Sliding scale available.

Rosedale Community Health Center
(661) 387-6930
3409 Calloway Drive.
Ste 300,
Bakersfield, CA 93312
M-Th 8 am-6 pm
Friday 8 am-5 pm
$$:Sliding scale available.

South Bakersfield Community Health Center - Clinica Sierra Vista
(661) 835-1240
2400 Wible Rd. Ste 14,
Bakersfield, CA 93304
M-S 8 am-7 pm
$$:Sliding scale available.

Delano Behavioral Health Services Clinica Sierra Vista
(661) 725-2788
828 High St. Ste C,
Delano, CA 93215
Mental Health
M-F 8 am-5 pm
Substance Abuse
M-F 9 am-7 pm
$$:Sliding scale available.

Delano Community Health Center - Clinica Sierra Vista
(661) 725-4780
1508 Garces Hwy 1,
Delano, CA 93215
M-S 8:30 am-5:30 pm
$$: Sliding scale of fees based on income.

Delano Family Dental & Women's Health Center
(661) 454-1700
1215 Jefferson St.
Delano, CA 93215
M-S 8 am-5 pm
$$:Sliding scale available.

Delano Women's Medical Clinic - Delano Regional Medical Center
(661) 721-0737
1201 Jefferson St.
Delano, CA 93215
M-F 8 am-5 pm
$$: Financial assistance available.

Joy Cariño Kimpo Family Medical Center
(661) 721-7080
1001 Main Street,
Delano, CA 93215
M-Th 8 am-6 pm
F 8 am-5 pm
$$:Sliding scale available.

West Delano Dental Center - Clinica Sierra Vista
(661) 725-3882
441 Diaz Ave.,
Delano, CA 93215
M-F 8:30 am-5:30 pm
$$: Sliding scale of fees based on income.

McFarland Community Health Center - Clinica Sierra Vista
(661) 792-1066
217 Kern Ave.,
McFarland, CA 93250
M-S 8:30 am-5:30 pm
$$: Sliding scale of fees based on income.

Ridgecrest Community Health Center
(760) 446-7978
1133 N. Chelsea St,
Ridgecrest, CA 93555
M-S 8:30 am - 5:30 pm
$$:Sliding scale available.

Joy Cariño Kimpo Women's Health Center NHSI
(661) 459-1800
320 James Street,
Shafter, CA 93263
M-F 8 am-5 pm
$$:Sliding scale available.

Shafter Community Health Center - NHSI
(661) 746-9194
659 S Central Valley Hwy
Shafter, CA 93263
M-S 8 am-5 pm
$$:Sliding scale available.

Adventist Health - Taft
(661) 763-5131
501 6th St.
Taft, CA 93268
M, T, Th 8 am-5 pm
W 9 am-6 pm
F 7 am-4 pm
$$: Financial assistance available.

Taft Community Medical & Dental Center
(661) 765-5044
1100 Fourth Street,
Taft, CA 93268
M 8 am -6 pm
T-F 8 am-5 pm
$$: Sliding scale available

Tehachapi Community Medical and Dental Center
(66) 822-9054
161 N Mill St,
Tehachapi, CA 93561
M 8 am-6 pm
T-F 8 am-5 pm
$$:Sliding scale available.

Wasco Mecial Plaza Delano Regional Medical Center
(661) 758-4184
2300 7th St.,
Wasco, CA 93280
M-F 8:30 am-5:30 pm
$$: Financial assistance available.

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy
Rx

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HEALTH RESOURCES

Long Beach

Mark Taper Foundation Children's Clinic Family Health Center
(562) 933-0400
2360 Pacific Avenue,
Long Beach, CA 90806
M-Th 8 am-8 pm
F 8 am-5 pm
S 9 am-12 pm
$$: Sliding scale fee.

Walk-In Medical Care
(562) 595-7467
3760 Atlantic Ave.
Long Beach, CA 90807
M-F 9 am-6 pm
$$: Free (must qualify).
Ob

Long Beach Comprehensive Health Care Center
(562) 599-2153
1333 Chestnut Ave.
Long Beach, CA 90813
M-F 7:30 am-7:30 pm
S 7:30 am-5 pm
$$: Free to low cost.

AltaMed
(877) 861-6728
(562) 595-8040
711 E Wardlow Rd.
Long Beach, CA
M-F 8 am-5 pm
$$: Low Cost.

Complete Women Care
(562) 424- 8422
3711 Long Beach Blvd.
Ste 700,
Long Beach, CA 90807
M-F 8 am-5 pm
$$: Sliding Scale fee.
Ob

Birth Choice Health Clinic
(562) 290-0212
261 E. Willow Street. Ste C,
Long Beach, CA 90806
M-Th 8:30 am-5:00 pm
$$: Free.
Ob

Pioneer Medical Group
(562) 597-4181
2220 Clark Ave.,
Long Beach, CA 90815
M-F 9 am-9 pm
S 9 am-5 pm
Sun 9 am-1 pm
$$: Cash discount to uninsured patients.
Ob

Los Angeles

Venice Family Clinic
(multiple locations)
Location Information
(310) 392-8636
Appointment Line
(310) 392-8636
General Administration
(310) 392-8630
Patient and Provider Questions
(310) 392-8636
Venice: 604 Rose Avenue
Venice, CA 90291
Mar Vista: 4700 Inglewood Boulevard.
Ste 102,
Los Angeles, CA 90230
Inglewood: 111 N. La Brea Ave., Ste 410,
Inglewood, CA 90301
Culver City:
4401 Elenda Street,
Culver City, CA 90230
M-Th 8 am-5 pm
F 8 am-4 pm
$$: Visits range from $5-$10.
Ob

Ventanilla de Salud Los Angeles
(213) 351-6826
2401 W. 6 St,.
Los Angeles, CA 90057
M-F 8 am-5 pm
$$: Payment based on income.
Ob

Martin Luther King Jr-Macc
(310) 668-4321
12021 Wilmington Ave.
Los Ángeles, CA 90059
Urgent Care Center
8 am-11 am daily
Clinics
M-F 8 am-4:30 pm
$$: Offers services without regard to economic background or ability to pay.
Rx

St. John's Well Child & Family Center Clinic
(323) 541-1411
808 W. 58th Street,
Los Angeles, CA 90037
M-F 8 am-5:00 pm
S 7 am-3 pm
$$: Free/low cost.
Rx Ob

To Help Everyone Clinic, Inc.
(323)730-1920
3834 S. Western Ave.,
Los Angeles, CA 90062
M-Th 7 am-7 pm
Friday 7 am-5 pm
S 9 am-1 pm
$$: Patients may qualify for programs that enable free services. Those that are not are charged on a sliding fee scale.

USC-Eisner Family Medicine Center at California Hospital
1400 S. Grand Avenue,
Ste 101,
Los Angeles, CA 90015
(213) 741-1106

School-Based Teen Clinics
(213) 747-5542 Ext. 3571
Los Angeles High School
4650 W. Olympic Blvd,
Los Angeles, CA 90019
(323) 900-2771
M-F 8 am-7 pm
S 8 am-4:30 pm
$$: Patients may qualify for programs that enable free services. Those that are not are charged on a sliding fee scale.
Rx

South Bay Family Health Care
Appointments
(310) 802-6170
Ob/Gyn Appointments
(310) 673-2647
Gardena
742 West Gardena Blvd
Gardena, CA 90247
Inglewood
1091 S. La Brea Ave.
Inglewood, CA 90301
Redondo Beach
2114 Artesia Blvd,
Redondo Beach, CA 90278
Carson
270 East 223 Street,
Carson, CA 90745
Appointment center hours
M, W, F 8 am-5 pm
T & Th 8 am-6:30 pm
S 8 am-12 pm
Ob/Gyn appointment center hours M,W, F 8:30 am-2:30 pm
T & Th 8:30 am- 4:30 pm
$$: Health care for the uninsured. Provides quality health care regardless of income or ability to pay.
Ob

South Central Family Health Care Clinic
(323) 908-4200
4425 S. Central Avenue,
Los Angeles, CA 90011
Huntington Park Family Health Center
2680 Saturn Avenue,
Huntington Park, CA 90255

Wellness Center at Jefferson High School
3410 S. Hooper Avenue,
Los Angeles, CA 90011
M-F 7 am-7 pm
S 8 am-5 pm
$$: Sliding Fee Scale.

UMMA Community Clinics
1.Fremont Wellness Center
(323) 789-5610
711 W Florence Ave,
Los Angeles, CA 90044
2.Fremont Wellness Center & Community Garden
(323)406-5800
7821 S. Avalon Blvd,
Los Angeles, CA 90003
M-S 8:30 am-5 pm
Wellness Center
Monday 8:30 am-12 pm
T & Th 8:30 am-5 pm
$$: Sliding scale fee.
Rx Ob

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Primary Care
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Counseling/ Mental Health
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Urgent Care
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Pediatric Care
Men's Health
Substance Abuse
Health Education
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HEALTH RESOURCES

UMMA Community Clinic
UMMA Clinic
(323) 789-5610
Fremont Wellness Center
711 W Florence Ave.,
Los Angeles, CA 90044
Fremont Wellness Center
7821 S. Avalon Blvd.
Los Angeles, CA 90003
UMMA Clinic
M-S 8:30 am-5 pm
Wellness Center
M 8:30 am-12 pm
T & Th 8:30 am-5 pm
$$: Sliding scale fee.

WATTS Healthcare Corporation
Watts Health Center
(323) 564-4331
10300 Compton Ave,
Los Angeles, CA 90002
Crenshaw CHC
(323) 568-5460
3756 Santa Rosalia Dr,
Los Angeles, CA 90008
Jordan Wellness Center
(323) 564-4331
10110 South Juniper St,
Los Angeles, CA 90002
Locke Wellness Center
323-564-4331
316 East 111st Street,
Los Angeles, CA 90061
M-Th 8 am-6 pm
F 8 am-5 pm
S 8 am-5 pm
$$: Free and low cost quality health insurance.

Bell Gardens Family Medical Center
(562) 928-9600
6501 S. Garfield Ave,
Bell Gardens, CA
M-F 8 am-5:30 pm
S 8 am-1 pm
$$: Sliding Scale Fee.

Planned Parenthood
(800) 576-5544
400 West 30th Street,
Los Angeles, CA 90007
M-F 7 am-6 pm
S 8 am-12 pm
$$: Sliding scale
(low to no cost).

Hollywood-Wilshire Health Center
(323) 769-7800
5205 Melrose Avenue,
Los Angeles, CA 90038
M, W, F 7:30 am-4 pm
T 7:30 am-5 pm
Th 7:30 am-2 pm
$$: Free.

The Saban Free Clinic
(323) 658-9193
8405 Beverly Blvd.,
Los Angeles, CA 90048
M-Th 7:30 am-8 pm
1st , 3rd & 5th
F 7:30 am-4:30 pm
2nd & 4th
F 12 pm-4:30 pm
$$: Free.

Clinica Msr. Oscar A. Romero
(213) 989-7700
123 S. Alvarado Street,
Los Angeles, CA 90057
M-Th 7 am - 7 pm
F-S 7 am - 12 pm
$$: Free.

Eisner Pediatric and Family Medical Clinic
(213) 747-5542
1530 South Olive Street,
Los Angeles, CA 90015
M-S 8 am-4:30 pm
$$: Free to low cost.

Franciscan Clinics Queens Care Family Clinic
Eagle Rock
(323) 344-5233
448 York Blvd,
Los Angeles, CA 90041
M-F 8:30 am-6:00 pm
Echo Park
(213) 380-7298
150 N. Reno Street,
Los Angeles, CA 90026
M-F 8:30 am-4:30 pm
Hollywood
(323) 953-7170
4618 Fountain Avenue,
Los Angeles, CA 90029
M-F 8:30 am-6:00 pm
Bresee
(213) 858-5126
184 South Bimini Place,
Los Angeles, CA 90004
M-F 9 am-6 pm

East Los Angeles
(323) 981-1660
133 North Sunol Drive,
Los Angeles, CA 90063
M-F 8 am-5 pm
Eastside
(323) 780-4510
4560 E. Cesar E. Chavez Avenue.,
Los Angeles, CA 90022
M-F 8 am-5 pm
$$: Low Cost.

AltaMed Medical & Dental Group Boyle Heights
(323) 265-1998
3945 Whittier Blvd.,
Los Angeles, CA 90023
M, W 8 am-7 pm
T, Th 9 am-7 pm
F 8 am-5 pm
Sat 8 am-1 pm
AltaMed Medical Group Boyle Heights, Zonal
(323) 223-6146
1701 Zonal Ave.,
Los Angeles, CA 90033
M-F 8 am-5:30 pm
$$: Sliding Scale.

Oakland

La Clinica - Casa Del Sol
(510) 535-6200
1501 Fruitvale Ave.,
Oakland, CA 94601
M, T, Th
8:30 am-7:00 p.m.
W 8:30 am-7 pm
F 8:30 am-6 pm
$$:Sliding scale available.

Alameda County Health Care for the Homeless Program
(510) 532-1930
1900 Fruitvale Ave.,
Ste 3E,
Oakland, CA 94601
M, Th, F 9:30 am-12 am
$$: Free/No fee.

Alameda County Medical Center Highland Hospital
(510) 437-4800
1411 East 31st St,
Oakland, CA 94602
$$: Financial assistance Available.
M-F 8 am-5 pm

Albert J Thomas Medical Clinic - WOHC
(510) 568-9230
10615 International Blvd.
Oakland, CA 94603
M-F 8:30 am-5 pm
$$:Sliding scale available.

Ashland Free Medical Clinic
(510) 530-2670
1757 Clemens Road,
Oakland, CA 94602
S 8:30 am-12 pm
$$: Free or low cost.

Asian Health Services
(510) 986-6830
818 Webster St,
Oakland, CA 94607
M-F 9 am-5 pm
$$: Financial assistance for residents of bay service area only.

Charlotte Maxwell Complementary Clinic
(510) 601-7660
610 16th Street. Ste 426,
Oakland, CA 94612
M-F 9 am-5 pm
$$: Financial assistance available.

Community Recovery Center East - WOHC
(510) 729-8800
7501 International Blvd,
Oakland, CA 94621
M-F 9 am-9 pm
$$: Sliding scale of fees based on income

East Oakland Health Center - WOHC
(510) 430-9401
7450 International Blvd,
Oakland, CA 94621
M-F 8:30 am-5 pm
$$:Sliding scale available.

East Oakland Recovery Eastmont Town Center
(510) 568-2432
7200 Bancroft Ave,
Oakland, CA 94605
M-Th 8 am-10 pm
F 8 am-12 am
$$: Free/No fee.

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy

Key of Business Days:

Monday	M
Tuesday	T
Wednesday	W
Thursday	Th
Friday	F
Saturday	S
Sunday	Su

HEALTH RESOURCES

Fremont High School Based Clinic (Tiger Health Clinic)
(510) 434-2001
4610 Foothill Blvd.,
Oakland, CA 94601
M-F 9 am-5 pm
$$: Sliding scale available.

Rx

Healthy Communities, Inc. Healthy Oakland
(510) 444-9155
2580 San Pablo Ave.,
Oakland, CA 94612
M, T, 9 am-9 pm
W, Th, F 9 am-5:30 pm
$$: Free or low cost.

La Clinica - Clinica Alta Vista
(510) 535-6300
1515 Fruitvale Ave.,
Oakland, CA 94601
M-F 8:15 am-5:30 pm
$$: Sliding scale available.

Ob

La Clinica - Hawthorne Elementary School Based Health Center
*Students only
(510) 535-6440
1700 28th Ave.,
Oakland, CA 94601
M-F 8:30 am-4:30 pm
$$: Free/No fee.

La Clinica - Youth Heart Health Center
(510) 879-1568
286 East 10th Street. 1st Fl,
Oakland, CA 94606
M 8:30 am-4:30 pm
W 8:30 am-4:30 pm
Th 8:30 am-12:30 pm
$$: Free/No fee.

La Clinica Dental at Children's Hospital Oakland
(510) 428-3316
747 52nd Street,
Oakland, CA 94609
M-F 7:30 am-4:30 pm
S 8 am-4:30 pm
$$: Sliding scale available.

Planned Parenthood Eastmont Town Center Community Partnership
(510) 300-3800
7200 Bancroft Ave.,
Oakland, CA 94605
T & F 9 am-5 pm
$$:Sliding scale available.

Ob

West Oakland Health Center - WOHC
(510) 835-9610
700 Adeline Street,
Oakland, CA 94607
M-F 8:30 am-5 pm
$$:Sliding scale available.

Rx Ob

Richmond

Brookside Community Health Center
(510) 215-5001
1030 Nevin Ave.,
Richmond, CA 94801
M-F 8:30pm-5pm
$$: Low cost.

Native American Health Center - Richmond Center
(510) 232-7020
260 23rd Street,
Richmond, CA 94804
M-F 9 pm-5 pm
$$: Free.

North Richmond Center for Health - Contra Costa Health Services
(800) 495-8885
1501 Fred Jackson Way,
Richmond, CA 94801
M-F 7:45 am-4:45 pm
$$: Sliding scale of fees based on income.

Ob

Central Richmond Health Center
(510) 232-1250
340 Marina Way,
Richmond, CA 94801
M, Th, F
8:30 am - 5:00 pm
T, W 9:30 am - 6pm.
$$: Sliding scale available

Ob

Planned Parenthood Hilltop-Richmond Health Center
(510) 222-5290
2970 Hilltop Mall Road
Ste 307,
Richmond, CA 94806
M, T, Th 8:30 am-8 pm,
W 8 am-5 pm,
F 8:30 am-5 pm.
S 9 am-12:30 pm.
$$:Sliding scale available.

Ob

Rota Care Free Richmond Clinic
(510) 903-7516
2727 Macdonald Ave.,
Richmond, CA 94804
M-F 7:30 am-4:30 pm.
$$: Free or low cost.

Riverside

Banning Family Care Center
(951) 849-6794
3055 W. Ramsey St.,
Banning, CA 92220
M-F 7:30 am-5 pm
$$: Sliding scale/No one turned away due to inability to pay.

Morongo Indian Health Clinic (RSBCIH)
(800) 732-8805
11555 ½ Potrero Rd.,
Banning, CA 92220
M, W, Th 8 am-5 pm
T 8 am-7 pm
F 8 am-2 pm
$$: Free or low cost.

Tuscany Suites Diabetes Native Challenge (RSBCIH)
(951) 769-7853
514 California Ave.,
Beaumont, CA 92223
M-Th 8 am-5 pm
F 8 am-2 pm
$$: Free or low cost.

Clinicas de Salud del Pueblo - Blythe Medical Clinic
(760) 922-4981
321 W. Hobson Way,
Blythe, CA 92225
M-F 7:30 am-5:00 pm
$$:Sliding scale available.

Centro Medico Community Clinic
951-278-8910
1307 W. 6th St., Ste 113,
Corona, CA 92882
M-F 9 am-5 pm
$$: Sliding scale of fees based on income.

Corona Family Care Center
(951) 272-5445
505 S. Buena Vista Ave.
Ste 101,
Corona, CA 92882
M-F 7:30 am-5 pm
$$: Sliding scale/No one turned away due to inability to pay.

Hemet Family Care Center
(951) 766-2450
880 N. State St.,
Hemet, CA 92543
M-F 7:30 am-5 pm
$$: Sliding scale/No one turned away due to inability to pay.

Lake Elsinore Family Care Center
(951) 471-4200
2499 E. Lakeshore Dr.,
Lake Elsinore, CA 92530
M-F 7:30 am-5 pm
$$ Sliding scale/No one turned away due to inability to pay.

Moreno Valley Family Health Center & Dental - CHSI
(951) 571-2365
22675 Alessandro Boulevard,
Moreno Valley,
CA 92553
M-F 8 am-5:30 pm
$$: Sliding scale of fees based on income.

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Ob
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy
Rx

Key of Business Days:

Monday	M
Tuesday	T
Wednesday	W
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Sunday	Su

HEALTH RESOURCES

Planned Parenthood Moreno Valley Center
(888) 743-7526
12900 Frederick St., Ste C,
Moreno Valley, CA 92553
M, F 8:30 am-5 pm
T, W, Th 10 am-6:30 pm
S 10 am-4:30 pm
$$: Sliding scale available.

Arlanza Health Center Borrego Medical Clinic
(951) 710-3970
8856 Arlington Ave.,
Riverside, CA 92503
M-F 8 am-5 pm
$$: Sliding scale available.

Eastside Health Center Borrego Health
(951) 276-0859
1970 University Ave.,
Riverside, CA 92507
M-F 8 am-8 pm
$$: Sliding scale of fees based on income.

Magnolia Family Health Center - CHSI
(951) 373-5620
9380 Magnolia Ave.,
Riverside, CA 92503
M-F 8 am-5:30 pm
$$: Sliding scale of fees based on income.

Planned Parenthood Riverside Family Planning Center
(888) 743-7526
3772 Tibbetts,
Riverside, CA 92506
M, Th, F 8:30 am-5 pm
T, W 10:30 am-7 pm
S 7:30 am-4 pm
$$: Sliding scale available.

Riverside Neighborhood Health Center
(951) 358-6000
7140 Indiana Ave.,
Riverside, CA 92504
M- F 7:30 am-5 pm
$$: Sliding scale/No one turned away due to inability to pay.

Rubidoux Family Care Center - Don Schroeder Family Care Center
(951) 955-0840
5256 Mission Blvd.,
Riverside, CA 92509
M-F 7:30 am-5 pm
$$: Sliding scale/No one turned away due to inability to pay.

Student Run Health Clinic (SRHC) (UC Riverside)
First Congregational Church Medical Clinic
General Information
(951) 867-7742
Dental Clinic
(951) 977-3172
3504 Mission Inn Ave.,
Riverside, CA 92501
Every other Wednesday
5:30 pm-7 pm
(first come, first serve.)
$$: Free.

The Eastside Health Center
(951) 213-3450
1970 University Ave,
Riverside, CA 92507
M-F 8 am-8 pm
$$:Sliding scale available.

Soboba Health Clinic (RSBCIH)
(800) 851-5816
607 Donna Way,
San Jacinto, CA 92583
M, T, Th 8 am-5 pm
W 8 am-7 pm
F 8 am-2 pm
$$: Free or low cost.

Neighborhood Health Care Winchester Road
(951) 694-9449
41715 Winchester Rd.,
Ste 106,
Temecula, CA 92591
M-F 7:30 am-4:30 pm
T 7:30 am-7:30 pm
$$: Sliding scale of fees based on income.

Sacramento

St. Helena Adventist Health Hospital
(707) 963-3611
10 Woodland Road,
St. Helena, CA, 94574
24 hours a day
$$: Emergency treatment.

St. Joseph Health Queen of the valley
(707) 252-4411
1000 Trancas Street,
Napa, CA 94558
24 hours a day
$$: Emergency treatment.

Clinic Ole Napa
(707) 254-1770
1141 Pear Tree Ln.,
Ste 200, Napa, CA 94558
M, T, W, Th
8:15 am-8:15 pm,
F 8:15 am-4:15 pm,
S 8:15 am-4 pm
$$: Sliding fee scale.

Planned Parenthood Napa Health Center
(707) 252-8050
1735 Jefferson Street,
Napa, CA 94559
M 8:30 am -5 pm.
T- F 10:30 am-7pm
$$:Sliding scale available.

Mercy Family Health Center
(916) 681-1600
7601 Hospital Drive.,
Ste 103
Sacramento, CA
M- F 8 am-5 pm
$$: Sliding scale.

Mercy Clinic Loaves & Fishes
(916) 446-3345
1321 North C St,
Sacramento, CA 95811
M-F 7:30 am - 2:20 pm
Free/No fee

Mercy Clinic Norwood
(916) 929-8575
3911 Norwood Ave.,
Sacramento, CA 95838
M-F 8:30 am-4:30 pm
Low-cost

Shifa Clinic
(916) 441-6008
419 V Street, Ste A,
Sacramento, CA 95818
Su 8 am-2 pm.
Appointment required.
No walk ins.
$$: Free services.

Clinica Tepati
(916) 325-5556
1820 J Street,
Sacramento, CA 95814
S 8 am-4 pm
$$: Free services.

Downtown Clinic
(916) 448-6553
923 V Street.,
Sacramento, CA 95818
M-F 8 am-2 pm
$$: Free services.

Capitol Health Clinic
(916) 440-5303
1500 C Street.
Sacramento, CA 95814
M-F 8 am-5 pm.
Free/No fee

San Joaquin Health Center
(559) 693-2462
21890 W Colorado Ave,
San Joaquín, CA 93660
M- F 9 am - 5 pm
$$: Sliding scale.

San Joaquin Health Center
(559) 693-2462
21890 W Colorado Ave,
San Joaquín, CA 93660
M-F 9 am-5 pm
$$: Sliding scale.

Community Medical Center, Stockton-Hammer
(209) 751-5200
1721 E. Hammer Lane.
Ste A, Stockton, CA 95210
M-Th 8 am-8 pm,
F 8 am-6 pm,
S 8 am-4:30 pm.
$$: Sliding scale.

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy
Rx

Key of Business Days:

Monday	M
Tuesday	T
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Saturday	S
Sunday	Su

HEALTH RESOURCES

Community Medical Clinic Care Link Gleason House
(209) 954-7700
423 S. San Joaquin St.,
Stockton, CA 95203
M-F 12 pm-5 pm
$$: Sliding scale.

St. Mary's Interfaith Virgil Giavelli Clinic
(209) 467-0703
545 W. Sonora Ave.,
Stockton, CA 95203
M-F 8 am-11 pm
$$: Free/No fee.

Community Medical Clinic Mariposa Site
(209) 751-1900
2003 E. Mariposa Road.,
Stockton, CA 95205
M-F 8 am-6 pm
$$: Sliding scale.
Ob

Amador County Health Department
(209) 223-6407
10877 Connector Blvd., Ste 400, Sutter Creek, CA 95685
M-F 8 am-5 pm
$$: Sliding scale.

Family Health Care Network -Visalia Oak
(559) 741-4500
400 E. Oak St.,
Visalia, CA 93291
M-F 8 am-9 pm
S 8 am-5 pm
$$: Sliding scale.

Family HealthCare Network Visalia Bridge
(559)734-1939
501 N. Bridge St,
Visalia, CA 93257
M-F 8 am-9 pm
S 8 am-5 pm.
$$: Sliding scale available.

The Samaritan Clinic
559-733-7331
200 NW 3rd Ave,
Visalia, CA 93291
T-Th 8 am-3:30 pm
$$: Donations welcome.

Golden Valley Health Center - Merced Senior Center
(866) 682-4842
857 West Childs Ave.,
Merced, CA 95341
M-F 8 am-5 pm
$$: Sliding scale. No one turned away due to inability to pay.

Golden Valley Health Center - Merced O Banion Center
(209) 381-4114
401 Lesher Dr.,
Merced, CA 95340
M-F 8 am-5 pm
$$: Sliding scale. No one turned away due to inability to pay.

California Health Collaborative-Merced
(209) 725-8240
2827 G Street,
Merced, CA 95340
M-F 8 am-5 pm
$$: Free or low cost.
Ob

Greenville Rancheria Tribal Health Program Red Bluff
(530) 284-6135
1425 Montgomery Rd.,
Red Bluff, CA 96080
M-F 8 am-5 pm
$$: Low cost.
Ob

Tehama County Health Center
(530) 527-0350
1850 Walnut St,
Red Bluff, CA 96080
M-F 8 am-5 pm
$$: Sliding scale. No one turned away due to inability to pay.

Northern Valley Indian Health - Red Bluff Clinic
(530) 529-2567
2500 N. Main Street,
Red Bluff, CA 96080
M-F 9 am-5 pm
$$: Sliding scale.

Shasta Community Health & Dental Clinic
(530) 247-7253
1400 Market Street.,
Ste 8103,
Redding, CA 96001
M-F 8 am-5 pm
$$: Sliding scale.

Redding Rancheria Indian Health
(530) 224-2700
3184 Churn Creek Rd.,
Redding, CA 96002
M-F 7 am-6 pm
$$: Financial assistance for residents of Redding service area only.

Primary Care Neuropsychiatry (PCN)
(530) 246-5768
980 Placer Street.,
Redding, CA 96001
M-F 8 am-5 pm
$$: Sliding scale.

Tulare Community Health Clinic, Inc. Pediatrics
(559) 686-9097
1186 E. Leland Ave,
Tulare, CA 93274
M-Th 8 am-7 pm
F 9 am-5 pm
S 8 am-1 pm
$$: Sliding scale.

Tulare Community Health Clinic, Inc.
(559) 686-9097
1101 N Cherry St.
Tulare CA 93274
M- T 8 am -7 pm, F 9 am -5 pm, S 8 am - 1 pm
$$: Sliding scale of fees based on income
Ob

Golden Valley Health Center West Modesto
(209) 576-2845
1114 6th Street.,
Modesto, CA 95354
M-F 7:45 am-9 pm.
$$: Sliding scale. No one turned away due to inability to pay.
Rx

Golden Valley Health Centers - Modesto Hanshaw School
(209) 579-4200
1717 Las Vegas St.,
Modesto, CA 95358
M-F 8 am-5 pm
$$: Sliding scale. No one turned away due to inability to pay.
Ob

Sutter County Peach Tree Clinic - PTHC
(530) 822-7240
1445 Veterans Circle.,
Ste B,
Yuba City, CA 95991
M-F 8 am-5 pm
$$:Sliding scale available.
Ob

Castle Family Health Centers - Castle
(209) 726-1235
3605 Hospital Road,
Atwater, CA 95301
M-S 8 am-8 pm
$$:Sliding scale available.
Rx

Castle Family Health Centers Inc - Bloss
(209) 358-8425
1251 Grove Ave,
Atwater, CA 95301
M-S 7 am-7 pm
$$:Sliding scale available.

Livingston Medical Group
(209) 394-7913
1140 Main St.,
Livingston, CA 95334
M-Th 8am-8 pm
F 8 am-5 pm
S 8 am-4 pm
$$: Sliding scale. No one turned away due to inability to pay.
Ob

Key of Services:

- Women's Health
- Specialist
- Social Services
- Primary Care
- OB/GYN — Ob
- Counseling/ Mental Health
- Family Planning
- Urgent Care
- Dental
- Pediatric Care
- Men's Health
- Substance Abuse
- Health Education
- STD, HIV/AIDS Testing
- Lab
- Vision
- Pharmacy — Rx

Key of Business Days:

Monday	M
Tuesday	T
Wednesday	W
Thursday	Th
Friday	F
Saturday	S
Sunday	Su

HEALTH RESOURCES

Golden Valley Health Center - Los Baños Medical & Dental Center
(209) 826-1045
(209) 826-1094
821 Texas Ave.,
Los Baños, CA 93635
M-F 8 am-5:30 pm
$$: Sliding scale. No one turned away due to inability to pay.

Sutter Yuba City Medical Center
(530) 749-3601
480 Plumas Blvd.,
Yuba City, CA 95991
M-F 8 am-5 pm
$$: Financial assistance available.

Mee Memorial King City Clinic
(831) 385-5471
210 Canal Street,
King City, CA 93930
M-S 7 am-7 pm
$$: Financial assistance available.

King City Medical - CSVS
(831) 385-5944
223 Bassett St.,
King City CA 93930
M-S 8 am-5 pm
$$: Sliding scale.

Memorial Hospital Los Baños Rural Health Clinic
(209) 710-6333
400 W. I St., Ste C,
Los Baños, CA 93635
M 9 am-9 pm
$$: Financial assistance available.

Salinas

Alvin Dental - CSVS
(831) 444-9722
620 E Alvin Drive.,
Salinas, CA 93906
M-Th 8 am-9 pm
F-S 8 am-5 pm
$$: Sliding scale of fees based on income.

Clinica de Salud Del Valle - CSVS
(831) 757-6237
950 Circle Drive.,
Salinas, CA 93905
M-F 8 am-5 pm
S 8 am-4 pm
$$: Sliding scale of fees based on income.

Dorothy's Place
(831) 757-3838
30 Soledad St.,
Salinas, CA 93901
W 12:30 pm-2 pm
$$: Free or low cost.

Planned Parenthood Salinas Health Center
(831) 758-8261
316 N Main Street,
Salinas, CA 93901
M, T, Th, F
7:45 am-5:30 pm,
W 8:30 am-6 pm,
S 10 am-2 pm
$$:Sliding scale available.

Salinas Optometry CSVS
(831) 757-1264
950 Circle Drive,
Salinas, CA 93905
M-F 8 am-5 pm
Th 9 am-6 pm
$$: Sliding scale of fees based on income.

Sanborn Clinic- CSVS
(831) 757-1365
219 N. Sanborn Rd.,
Salinas, CA 93905
M - S 8 am-5 pm
$$: Sliding scale of fees based on income.

San Bernardino

Barstow Indian Health (RSBCIH)
(760) 256-9016
705 E Virginia Way.,
Ste E, Barstow, CA 92311
M-Th 8 am-5 pm
F 8 am-2 pm
$$: Free or low cost

Bear Valley Community Hospital - Family Health Center
(909) 878-8246
370 Summit Blvd.,
Big Bear Lake, CA 92315
M-F 8 am-8 pm
S 8 am-5 pm
$$: $50 or less per visit.

Montclair Clinic
(909) 399-3173
Evening Clinic
(909) 625-9464
5111 E Benito Street.,
Montclair, CA 91763
M-F 8-5 pm
$$:Sliding scale available.

Al-Shifa Clinic
(909) 473-9342
2034 B Mallory St.,
San Bernardino,
CA 92407
W 9 am-5 pm
Th 1 pm-9 pm
F 9 am-5:30 pm
S 8:30 am-2 pm
$$: Free/No fee.

Planned Parenthood San Bernardino Health Center
(909) 890-5511
1873 Commercenter West, San Bernardino,
CA 92408
M-Th, S, Sun 7 am-5 pm
Friday 6 am-4:30 pm
$$:Sliding scale available.

San Manuel Health Clinic
(888) 268-0008
(909) 864-1097
2210 E Highland Ave.,
Ste 200,
San Bernardino, CA 92404
M, T, W 8 am-5 pm
Th 8 am-7 pm
F 8 am-2 pm
$$: Free or low cost.

Mission City Community Clinic Victorville
(818) 895-3100
15201 11th Street.,
Ste. 300,
Victorville, CA 92395
M-F 8 am-5 pm
$$: Sliding scale of fees based on income.

Yucaipa Center For Health
(909) 797-3377
12504 4th St.,
Yucaipa, CA 92399
**Currently undergoing renovations. Will reopen soon, call for further information in regards to opening date until then medical consultations are available by appointment via the Arrowhead Regional Medical Center's Mobile Clinic.
$$: Free.

High Desert Pregnancy Clinic
(760) 369-8512
56669 29 Palms Hwy.,
Ste D, Yucca Valley,
CA 92284
M 12:30 pm-5 pm
T- Th 10:30 am-5 pm
F 12:30 pm-5 pm
$$: Free/No fee.

San Diego

25th Street Family Medicine - Mountain Health
(619) 238-5551
316 25th St.,
San Diego, CA 92102
M-F 8:30 am-5:30 pm
$$: Sliding scale of fees based on income.

Beach Area Family Health Center (FHCoSD)
(619) 515-2444
3705 Mission Blvd.,
San Diego, CA 92109
M-W, F
8:30 am-5:30 pm.
Th 9 am-6 pm
$$:Sliding scale available.

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy

Key of Business Days:

Monday	M
Tuesday	T
Wednesday	W
Thursday	Th
Friday	F
Saturday	S
Sunday	Su

HEALTH RESOURCES

Black Infant Health Program (FHCoSD)
(619) 266-7466
5379 El Cajon Blvd.,
San Diego, CA 92115
M-F 8 am-5 pm
$$: Sliding scale available.

Ciaccio Memorial Clinic
(619) 515-2587
3544 30th Street.,
San Diego, CA 92104
M-Th 8:30 am-5:30 pm
F 9 am-5 pm
$$: Sliding scale available.

City Heights Family Health Center (FHCoSD)
(619) 515-2400
5454 El Cajon Blvd.,
San Diego, CA 92115
M-F 8:30 am-5:30 pm
S 8:30 am-12:30 pm
$$: Sliding scale available.

Comprehensive Health Center - Euclid
(619) 527-7330
286 Euclid Ave., Ste 302,
San Diego, CA 92114
M-F 8 am-5 pm
$$ Sliding scale available.

Comprehensive Health Center - Ocean View
(619) 231-9300
3177 Ocean View Blvd.,
San Diego, CA 92113
M-F 8 am-6 pm
S 8 am-12 pm
$$: Sliding scale available

Diamond Neighborhoods Family Health Center
(619) 515-2560
220 Euclid Ave., Ste 40,
San Diego, CA 92114
M-F 8:30 am-5:30 pm
$$: Sliding scale available.

Downtown Family Health Center
(619) 515-2525
1145 Broadway,
San Diego, CA 92101
M-F 8 am-5 pm
$$: Sliding scale available.

Elm Street Family Health Center
(619) 515-2520
140 Elm Street.,
San Diego, CA 92101
M, W, F 8 am-5 pm
$$:Sliding scale available.

Euclid Family Counseling Center SYHC
(619) 205-1947
292 Euclid Ave,
San Diego, CA 92114
M-F 1 pm-5 pm
$$:Sliding scale available.

Health Development Services Central Region
(619) 515-2406
2114 National Ave,
San Diego, CA 92113
M-F 8:30 am-5 pm
S 9 am-1 pm
$$:Sliding scale available.

Hillcrest (North Park) Dental Clinic
(619) 515-2434
3544 30th St.,
San Diego, CA 92104
M-F 8:15 am-5 pm
$$: Sliding scale of fees based on income.

La Maestra Community Health Centers - Main Medical Clinic
(619) 280-4213
4060 Fairmount Ave.,
San Diego, CA 92105
M-F 8:30 am-6 pm
S 9 am-2 pm
$$:Sliding scale available.

Linda Vista Health Care Center - San Diego Family Care
(858) 279-0925
6973 Linda Vista Road.,
San Diego, CA 92111
M, W, F 8 am-5 pm
T 8 am-8:30 pm
S 9 am-1 pm
$$:Sliding scale available.

Rx Ob

Logan Heights Family Counseling Center
(619) 515-2355
2204 National Ave.,
San Diego, CA 92113
M 8 am-5 pm
T & W 8 am-8 pm
Th & F 8 am-5 pm
$$:Sliding scale available.

Logan Heights Family Health Centers of San Diego
(619) 515-2300
1809 National Ave,
San Diego, CA 92113
M 8 am-7 pm
T- Th 8 am-6 pm
F 8 am-5:30 pm
S 8 am-5 pm
$$:Sliding scale available.

Rx

Nestor Community Health Center - IBCC
(619) 429-3733
1016 Outer Road.,
San Diego, CA 92154
M, W 8 am-8 pm
T, Th, F 8 am-5 pm
$$: Sliding scale of fees based on income.

Ob

North Park Family Health Center
(619) 515-2424
3544 30th St.,
San Diego CA 92104
M-Th 8:30 am-5:30 pm
F 8:30 am-5 pm
S 8:30 am-12:30 pm
$$:Sliding scale available.

Operation Samahan Mira Mesa Outreach Clinic
(858) 578-4220
10737 Camino Ruiz,.
Ste 235,
San Diego CA 92126
M-S 8:30 am-5 pm
$$: Free or low cost.

Ob

Operation Samahan Rancho Penasquitos
(858) 312-6700
9955 Carmel Mountain Road F2,
San Diego, CA 92129
M-F 9 am-1 pm
$$: Free or low cost.

Ob

Planned Parenthood City Heights Express Center
(888) 743-7526
4305 University Ave.,
Ste 350,
San Diego, CA 92105
M-Th 10:30 am-7 pm
F 9 am-5:30 pm
$$:Sliding scale available.

Ob

Planned Parenthood First Avenue Family Planning Michelle Wagner Center
(888) 743-7526
2017 First Avenue.,
Ste 301,
San Diego, CA 92101
M, W, S 7:30 am-4 pm
T, Th 9:30 am-6 pm
$$:Sliding scale available.

Ob

Planned Parenthood Pacific Beach Express Mimi Brien Center
(888) 743-7526
1602 Thomas Ave.,
San Diego, CA 92109
T, Th 10 am-6:30 pm
W 8:30 am-5 pm
$$:Sliding scale available.

Ob

San Diego American Indian Health Center
(619) 234-2158
2630 1st Ave.,
San Diego, CA 92103
M-F 8 am-5 pm
$$: Financial assistance available.

San Diego Children's Dental Clinic - SYHC
(619) 205-1950
8110 Birmingham Way.,
Building 28 ,
San Diego, CA 92123
M-F 8:30 am-5:30 pm
$$:Sliding scale available.

San Diego Family Care Mid-City Community Clinic
(619) 563-0250
4290 Polk Ave.,
San Diego, CA 92105
M-S 8 am-5 pm
$$:Sliding scale available.

Key of Services:

Women's Health
Specialist
Social Services
Primary Care
OB/GYN
Ob
Counseling/ Mental Health
Family Planning
Urgent Care
Dental
Pediatric Care
Men's Health
Substance Abuse
Health Education
STD, HIV/AIDS Testing
Lab
Vision
Pharmacy
Rx

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HEALTH RESOURCES

Sharp Rees-Stealy Downtown San Diego
(619) 446-1575
300 Fir Street.,
San Diego, CA 92101
M-Sun 8 am-10 pm
$$: Financial assistance available.

Sherman Heights Family Health Center
(619) 515-2435
2391 Island Ave.,
San Diego, CA 92102
M-F 8:15 am-5 pm
$$: Sliding scale available.

UCSD Student-Run Free Clinic at Baker Elementary
(858) 534-6110
4041 T Street.,
San Diego, CA 92113
T 1:30 pm-4:30 pm
$$: Free.

Mountain Empire Family Medicine
31115 Highway 94,
Campo, CA 91906
(619) 478-5311
M-F 8 am-5 pm.

Alpine Family Medicine
1620 Alpine Blvd., Ste 110,
Alpine, CA 91901
(619) 445-6200
M-F 8 am-5 pm.

Santa Ana

AltaMed Medical Group Santa Ana Main
(714) 541-6815
1400 N Main St.,
Santa Ana, CA 92701
M, W, F 8 am-9 pm
T, Th 9 am-9 pm
S 8 am-6 pm
$$: Sliding scale of fees based on income.

AltaMed Medical Group Santa Ana, 17th Street
(714) 500-0340
1227 W 17th St.,
Santa Ana, CA 92706
M, W 9 am-6 pm
T 10 am-6 pm
Th 9 am-5 pm
F 8 am-5 pm
$$: Sliding scale of fees based on income.

AltaMed Medical Group Santa Ana, Broadway
(714) 919-0280
1515 Broadway St.,
Santa Ana, CA 92707
T, W, Th 3 pm-8 pm
S 8 am-1 pm
$$: Sliding scale of fees based on income.

AltaMed Medical Group Santa Ana, Central
(714) 557-4080
1155 W Central Ave.,
Santa Ana, CA 92707
M, W 8 am-8 pm
T, Th 9 am-8 pm
F 8 am-5 pm
S 9 am-1 pm
$$: Sliding scale of fees based on income.

Planned Parenthood Santa Ana Health Center
(714) 922-4100
1421 E 17th St.,
Santa Ana, CA 92705
M, T, W 7 am-6 pm
Th 7 am-5:30 pm
F, S, Sun
6:30 am-4:30 pm
$$:Sliding scale available.

Serve the People Community Health Center
(714) 352-2911
1206 E. 17th St., Ste 101,
Santa Ana, CA 92701
T-S 8:30 am-4:30 pm
$$: Free or low cost.

UC Irvine Family Health Center Santa Ana
(877) 824-3627
800 N. Main St.,
Santa Ana, CA 92701
M-F 8 am-5 pm
$$: Financial assistance available.

This resource guide was created by HOPE Interns:

Tiana Marisol Cherbosque
&
Angelica Hernandez

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