Healthcare as a Tool for Independence

La Casa was founded by a group of women who recognized that individuals in their community were often denied a fundamental right: the ability to choose. Over forty years later, we still see that this holds true for survivors of abuse. Caught in cycles of violence, power, and control, survivors can’t always access safety. La Casa works to build hope and support survivors in making decisions about their bodies, lives, and relationships.

"My husband limited my decisions related to my reproductive health. I didn’t matter what I wanted. He decided when we would have sex, when I would get pregnant, and the number of children that we had. If he had known I was using birth control, he would have been so angry."

When survivors don’t have decision-making power they may be unable to make decisions about their reproductive and sexual health. Reproductive coercion can take many forms including not having a say in when and how someone becomes a parent, being unable to access or being forced to take hormones, forced sexual activity, and being forced to forgo barrier methods. One in four women report experiencing some form of reproductive or sexual coercion.

We believe that to end reproductive coercion and, more broadly, domestic and partner violence, we must support a future where there is reproductive justice for all. Founded by a group of black women, the Reproductive Justice Movement seeks to ensure every person’s right to maintaining personal bodily autonomy. This includes: deciding how to have children and the conditions under which to give birth, parenting children in a safe and sustainable community without the threat of violence, and the right to self-expression free from any form of oppression.

The Reproductive Justice Movement believes that advocating for reproductive rights alone is not enough. While it is legal for anyone to seek out healthcare, the reality is that lower-resourced and marginalized communities are disproportionately burdened by obstacles when accessing services. An abuser may use these barriers to establish and exacerbate dynamics of power and control. If a survivor has a partner who already controls their finances, emotions, body, and wellbeing, the survivor’s ability to make decisions about their reproductive and sexual health free from coercion and violence is further constrained, or altogether curbed.

As we see options for accessible reproductive and sexual healthcare reduced in certain states and communities, La Casa’s programs continue to champion survivors’ independence. Reproductive justice can only be achieved, and reproductive coercion can only end, when all people have the social, political, and economic power to make decisions about their health and bodies.
Dear Friends of La Casa,

We are thrilled to have moved into our new home at 1269 Howard Street. As of early April, we have opened our doors to survivors across San Francisco. Our ability to purchase this permanent home was only possible because of dedicated community support. As rent in San Francisco continues to climb and we compete with some of the most-resourced companies in the world, this move helps ensure that victims and survivors of abuse will always have a safe place to get the help and support that they need. It is a historic moment for our small-but-mighty organization.

When I began at La Casa over 20 years ago, I found a group of fearless advocates working to make women and children safe across our great City. The safety and confidentiality these survivors required, often lead us to be very internally focused. While safety and confidentiality are our two highest priorities to date, we have also worked to grow our voice and message in the community. Our logo states it best...La Casa is "A Bold Voice Against Domestic Violence." Our mission to expand and grow our voice is exemplified by our transit campaign, running across muni lines in San Francisco as I type. It is exemplified by the public stances we take on violence in our community—like calling for accountability within major league sports. And, it is exemplified by our robust education and outreach efforts, in person and across media platforms.

Our ability to make this building purchase is a testament to this voice, and the support that each of you put behind it to make it echo loud and clear. After all, our voice is not simply La Casa’s. It is the voice of each of you. You are a community that believes that no woman, no child, no teen should be unsafe in their own home. When obstacles stand in our way, or it feels as though hope is running out, we are lifted by the support, strength and voice each of you give to La Casa. For it is our community (yes, you!) that ensures the doors of La Casa remain open, and that we aren’t just simply holding an open door, but opening new ones. The key to brighter and safer futures lies within each of us.

As we continue to grow our voice and our physical presence here in the Bay Area, we are reminded that we stand on the shoulders of giants; on the shoulders of the tireless and brave advocates who started this work when hardly anyone would listen; on the shoulders of those who came together for survivors of domestic violence when "domestic" and "violence" weren’t really two words that went together.

Our duty today, standing alongside each of you is to be a bold voice against domestic violence. But we also must continue to pass the proverbial megaphone to those who need it most—those who suffer at the hands of abusive partners. Far too often, these are the individuals that are overlooked by systems that reinforce the power dynamics perpetuating inequity and injustice.

I hope you will continue to join us in our work to end domestic violence and injustice in our city. I believe that each of you are living the principle taught to us by Dr. Martin Luther King Jr., "What affects one directly, affects all indirectly." Until all individuals are safe in their relationships and their homes, our work is not done.

Kathy Black
Executive Director
Remembering Carlos

On February 3, 2019 La Casa lost a long-time volunteer, advocate and friend, Carlos Vadillo Roca. Carlos was deeply dedicated to ending domestic violence and we are so amazed by all that he did during his life to support victims and survivors of abuse. We will always remember the warmth, creativity, energy, and light Carlos brought to our small-but-mighty organization. It is rare to find individuals like Carlos, who so naturally radiates kindness, compassion, intellect and dedication. We are humbled that Carlos carried the banner of La Casa so far into the community. It was so much farther than we could have asked, imagined or done without him. He was an Engineer, Inventor, Artist, Musician and leaves a legacy of care, compassion and love. Survivors across San Francisco are safer and our community is much stronger because of Carlos’ bravery, kindness and passion for peace.

This Mother’s Day, Empower the (S)Hero Within

Mother’s Day is a special holiday at La Casa. It is a time to celebrate our super-powered mothers and remember our proud 43-year history of helping moms in need. On this special holiday, we ask you to join us in empowering survivors of domestic violence. Who is your (s)hero? Honor your mother—or another caregiver—by making a donation to La Casa to help another. We will mail your honoree a special Mother’s Day card.
LA CASA DE LAS MADRES’ DONOR LIST

The Board of Directors would like to thank all of our generous contributors for making La Casa’s work possible. The following list reflects pledges made and gifts received between July 1 and December 31, 2018. Please excuse any inadvertent errors or omissions.

United Way & Corporate Campaign donors, please note that La Casa makes every effort to acknowledge support as soon as we are notified of a donation. External processing time may create a delay of several months but your support is vital and appreciated. Our United Way designation number is 44026.

$100,000+
Cameron Schrier Foundation
George H. Sandy Foundation

$30,000 to $99,999
Crescent Porter Hale Foundation
Davis Family Foundation
Folger Levin, LLP
Help For Children - Hedge Funds Care
The J. Jill Compassion Fund

$10,000 to $29,999
Anonymous
Apple Matching Gifts BlackRock Community Thrift Store
Evelyn & Walter Haas, Jr. Fund
Frank A. Campini Foundation
Giants Community Fund
Google Inc. Matching Gifts
Hellman Foundation
Live Nation
Marin Community Foundation
Mary Kay Foundation
Renaissance Charitable Foundation
Rosebud Woman
San Francisco 49ers Foundation
St. Mary’s Dignity Health
The Carl Gellert and St. Mary’s Dignity Health San Francisco 49ers Foundation
Rosebud Woman
San Francisco 49ers Foundation
St. Mary’s Dignity Health
The Carl Gellert and St. Mary’s Dignity Health San Francisco 49ers Foundation

$5,000 to $9,999
Mary Carlos Pattison
Edna Wardlaw Charitable Fund
Facebook Donation Page
Fastly
Anonymous
In-N-Out Burger Foundation
June and Julian Foss Foundation
Marisa Lin
Macquarie Group Employee Giving
Roland G. Ortgies & Carmela C. Anderson-Ortgies
Thomas & J Amel Perkins
Stanley S. Langendorf Foundation
The Swig Foundation
Union Bank
Wilkes Bashford Helping Hands Emergency Fund
Dennis A. Yarak & Margaret Becker

$2,500 to $4,999
Kathryn Black & Todd K. Sparks
Penelope Condotti
Jason Fennell
Illinois Tool Works Foundation
John F. Welch Foundation
Owen Kennerly & Sarina Bowen Kennerly
Marin Abused Women’s Services
Katherine Martin
Natalie McIntyre
Joyce Newstat & Susan Lowenberg
Ashok Ramani & Sangeetha Raghunathan
Jackson Salovaara

Judith Serrato
Jack Sylvan
Uta & William P. Tellini
Margaret Terrell & Carolyn Shames
The Myrtle L. Atkinson Foundation
Walmart Inc.

$1,000 to $2,499
Credit Karma
Joseph Alvison
American Psychological Association
Sally & Gordon Atkinson
Avionté Hope Foundation
Audrey Barris & Randall Barkan
Peter Bausch & Joyce Holland
Benz Communications, LLC
Allan Berenstein
Blue Shield of California
Anlee J. Brickman
Hugues Bruant
Becky Burad
BURKE+CO LLC
Lorena Camarena
Erin Carmody
Charles Schwab Foundation
Charlotte & Arthur Zitrin Foundation
Community Foundation of the Napa Valley
Gary Cooper
Lillian Creighton
Kerry Dantzig
Jane Davis
Jane C. Dudley
Andrea Eichhorn
Fidelity Charitable Gift Fund
FinancialForce.com
Arthur Fletcher
James Friend & Dora Kojevnikov
Gilmore & Associates Dana & Mary Gioia
Goldman, Sachs & Co.
Jonathan Gray
Lila Gutnik
Mary Hao
Kate Haug
Bridge Healy
Heron Arts
Jessica Hilberman
Leah Hoskin
International Orange
Josephine Jagiello
Jewish Community Federation & Endowment Fund
Jewish Family & Children’s Services
Cody Kaiser
Shazah Khawaja
Melissa & Todd LaPietra
Lisa & Douglas Goldman Fund
Gisela Lloyd
Rachele Long
Lowenberg Corporation
Judie Lucius
Kim MacDonald
Cindy Marin
Kathleen Martinelli
Susan Masters
McKinsey & Company, Inc.
Mckinsey & Company, Inc.
Ezra & Carol Ann Mersey
Adam Meyer
Heather Mobley
Netflix
New Voice Media
Niantic, Inc.
Rhona O’Leary
Rudelle V. O’Neal
Ralph Pais & Gayl Huston
Jerell Price & Michelle O’Herron
Jaime Reyes
Schwab Charitable Fund
Simmons Employee Foundation
Stanford Medical School
Shawn Steel
Sarah Steel
SurveyMonkey
The Dubliner, Lost In
The JTK Foundation
Ernestina & Carlos Vadillo Roca
Robert G. Valletta & Ellen Hanak Valletta
Anthony Versino
Visa Matching Gift Program
Frances Weld
Kimberly Williams
Richard Xia
Peter M. Young & Tachina Rudman-Young

$500 to $999
Erika Alperin
Alpha Beta Alpha
Gopal Ashok
Ask Benjamin Inc. Trim
Athleta
Atlassian Inc
Autodesk, Inc.
Martha Lynn Baer
Jeanne & William Barulich
Dan Bernstein
Maria Bonal
Marc Boroditsky
Ann Bulkin
George & Soledad Burgueno
Clarence Calzada
Fernando Castano
Jessica Chan
Sharon Cheng
Cecilia Cheung
Erin Cooney
Harley Cooper
Elle Destree
Ian Eck
Austin Esecson
Craig B. Etlin & Leslie A. Gordon
David Evans
Janell Fischer
Edward Garcia
Terry Gilmore

4
$250 to $499

Yelp Inc.
Matthew Adams
Frank Aguilar
Angela Alvarado
Karen Alvey
Amen Foundation
Arch Insurance Group
Michelle Ashe & William T. Davidson
Clara Jean Basile
Maria Bee & Daniel Martellini
Scott Beeber
Michael Bernard & Jack Patrick McGowan
Beveridge & Diamond PC
Elsie Boivin
Brian Bringardner
Brandi Brooks & Tim Losch
Ashley Brooks
Heather Buren
Meghan Butler
Karen Laws Callaway
CARS, Inc.
Susan Carson
Julie Holaday Castelero
Joan Catherine
Eric Chen
Chevron Matching Employee Funds
Steffany Chisholm
CityPASS
Evelyn Clair
Tami Cotter
Brooke Coutre
Peter Coward
Daniel Cummings
Rosanne de Vries
Carole E. Dietrich
Gina Drago
Rosanne Dubay
Jane & James G. Dubuque
Ryan Dufield
Kara Duggan
Kyle Esecson
Joshua Evirs
Doris Flamm
Carol Freidenberg
Mary Ruth Gaffin Malloy & Ken Malloy
Amy Gershoni
Darren Gewant
Jonathan Gilbert
Marian Gonzalez
Muriel Gordon
Seth Greenstein
Ralph & Marsha Guggenheim
Marc Gularte
Todd Hansen
Lisa Honig
Lorraine Honig
Patricia Houden
Adam Hueniken
Anitha Iyer
William Jager
Elizabeth M. Jordan
JPMorgan Chase Foundation
Linda Keefer
Cynthia Kelly
Kendo Brands Employee Group
KKR
Melissa Koenigsberg
Katherine Korsak
Gretchen Michele Larsen
Kathleen Manapeli & Paul Larson
Hanna Lauritzen
Diane Liguori
Jennifer S. Lindsay
Ted Maddry
Mainsail Partners
Monica Mazzie
Mairin McCracken
Walter L. Miller
RACHEL MOSS
Martina & Tom Murphy
Sontos Murthy
Neil O’Donnell & Christine Motley
Laura Oswell
Susan Otto
Robin Pam
PG&E MATCHING GIFTS
Bobby & Kimberly Pontell
Amber Quinones
Elena Rein
John J. Riley
Robin Riske
Joseph Rizzo
Chris Rodehau
Yonne Gonzalez Rogers
Stanislav Roumantiev
Salesforce.org - Matching Grants
Georgina Sanchez Alcanta
Sarah & Mark Schaaf
Katherine Schapiro
Vittorio Scuilli
Sephora Corporate Headquarters
Seventh Avenue Presbyterian Church
Carole & Douglas Sheft
Yeefong Shum
Michael Silverman
Robert Skinkle
Mark Soloway
Kathryn Sprankle
Joan E. Steinberg
Melissa Stevens
Sam Steyer
Paul Sutton
SVELTE METALS
Daniel & Lindsay Sweetnam
Roselyne Chroman Swig
Robert Thompson
Leslie & Bill Thompson
Tiny Tickets
Yeh-Kuang Tsai
Nanci Tucker & Robert Greenberg
UBS Donor Advised Fund
Sylvia Vargas
Emily Vontoslos
VSP
Warburg Pincus Foundation
Katherine Weiland
Jordan Whitmer
Malaney Wood Johnides & Steven Johnides
Stanley & Linda Wulf
Cathy Ye
YourCause, LLC
Jesse Zelfman

$100 to $249

Jessica Aboukasm
Candace Acevedo
Rosemary Akhurst
Sally Allen
Rachel Allyn-Crane
Nancy Alpert
Alternative Apparel
Athleta Walnut Creek
AmazonSmile Foundation
Lawrence T. Andow & Judith L. Kramer
Kathryn Angelotti
RAUL ARDUNO
Heather Arnett
Jacqueline Bailey
Kira Ballotta
Sheila Balter
Vicki Bandel
Bank of the West
Honey Bansal
Michael Batres
Mark Becker
Esther Berg
Sue Bethanis
Rikki J. Bryant
Janel Brynda
Courtney Buie
Kathryn Burg
James Bustamante
Garfield Byrd
Daniel Campbell
Richard James & Aileen Jordan Carell
Adam Carey
Iris Castillo
Chan Zuckerberg Initiative
Kerrie Chappelka
Andrea Chung
Kathleen & A.B. Ciabattoni
Cisco Foundation
Cisco Systems
Chelse Coley
Erica Connolly
Roberto Cortez
Orli C. Cotel
Constance L. Couts
Deborah Craven-Green
Cecilia A. Cuadra-Smith
Alex Cuevas
Leila Chan Currie
Corrine Currie
Tom Davis
Matthew DePauw
Kristin Derby
Victor Dods
Dolores #7 Young Ladies Institute
Cathy M. Dompe
Patricia A. Donahue
Daryl Donald
Anne Marie Donnelly
Jordan Drozd
Ricardo Duarte
Marie-Christine Duboscq & Shelby Morales
Kyle Duffy
Camille S. Dunbar
Cynthia & John A. Egan
Zac Eggers
May Elawar
Lynne Elizondo
Steven England
Sheri Ericksen

Gail Elaine Block
Kanoa Blodgett
Dian Blomquist
Lori Bloustein
Steven L. Blumlein & Arlyne Charlip
Nelson Bonilla
Dean Bosche
Mary P. Bramblett
Carol Anne Breslin
Sandra J. Briggs
Bright Funds Foundation
Kathleen Brockdorf
Marie Brooks
Sophia Broshe
Rikki J. Bryant
Janel Brynda
Courtney Buie
Kathryn Burg
James Bustamante
Garfield Byrd
Daniel Campbell
Richard James & Aileen Jordan Carell
Adam Carey
Iris Castillo
Chan Zuckerberg Initiative
Kerrie Chappelka
Andrea Chung
Kathleen & A.B. Ciabattoni
Cisco Foundation
Cisco Systems
Chelse Coley
Erica Connolly
Roberto Cortez
Orli C. Cotel
Constance L. Couts
Deborah Craven-Green
Cecilia A. Cuadra-Smith
Alex Cuevas
Leila Chan Currie
Corrine Currie
Tom Davis
Matthew DePauw
Kristin Derby
Victor Dods
Dolores #7 Young Ladies Institute
Cathy M. Dompe
Patricia A. Donahue
Daryl Donald
Anne Marie Donnelly
Jordan Drozd
Ricardo Duarte
Marie-Christine Duboscq & Shelby Morales
Kyle Duffy
Camille S. Dunbar
Cynthia & John A. Egan
Zac Eggers
May Elawar
Lynne Elizondo
Steven England
Sheri Ericksen
$1 to $99
Please visit our website for the complete list.

In Honor Of
American Medical
Women’s Association-
UC Berkeley
Allegre Koch
Mary Atchison
Adam Carey
Katherine Aragon
C. I. Martin
Lisa Barnett
Jaryd Vartanian
Gael Beresford’s Birthday
Marian Gonzalez
Kathy Black
Mary Ruth Gafill Malloy
and Ken Malloy
Cynthia Blair and
Kit Strausburg
A.B. and Kathleen
Ciabattioni
Gail Block
Marian Gonzalez
Linda Keeler
Marlene Jean Kramer
Camille Morshigie
Book Group
Carolyn Teshima
Katrina Boratko
Walter Fraser
Michelle &
Devin Campbell
Marisol Adriana
Burgueno
Darlene Ceremello
Community Foundation
Of The Napa Valley
Raelene Coburn
Dr. Wayne Coburn
Andyne L. Colt
Andrew Laughlin
Camila Contreras
Juanita C. Contreras
Bob & Celine DePauw
Matthew DePauw
Gerry Dombrowski
Andrew Dombrowski
Bethany Conner at
Fenwick & West LLP
Fenwick & West LLP
Marian Gonzalez
Gail Elaine Block
Mr. & Mrs. James Hall
Matter Family Office
Catherine Hollis and
Michael Littleton
Mrs. and Mr. Kathy
Galli-Kreps
Mara and Matt Hunt
Anthony Versino
Valerie Kane
Malaney Wood Johndies
and Steven Johndies
Fern Karpman
Harley Cooper
K. Kmetz
R. Mannmatha
Ingrid McKay
Sam Saravia
In Memory Of
Jasmine Akuwula
Rosemary Akhurst
All domestic violence victims
Melinda Barry
Mary Atchison
Katherine Korsak
John Kuner
Robert C. Block
Gail Elaine Block
Natalie Bravo
Gary West
Esperanza Castano
Fernando Castano
Priscilla Castillo
Cielo Sarte
Bethany Conner
Chrystelle Brownman
Kathryn Langemak
Van Luu
Lisa Molinari
Kimberly Walch
Thomas and Danielle Derner
Mr. and Mrs. James G. Dubuque
Jan Doane
Sandra A. Grayson
Tommy Galindo
Clyde W. Brehm Jr.
Doris Flamm
Betty Hughes
Barbara Scheiller and Don Del Pilar
Mrs. Katsumoto
Barbara Scheiller and Don Del Pilar
Coretta Scott King
Kate Haug
Christina Maxa-Gross
Caroline Klein
Mary Louise ‘Peppy’ May
Deborah L. May
Linda Bencomo Mugnani
Debra Mugnani Monroe
Gary Narlock
Marie A. Narloch
Carol L. Varni
Jackie Neider
Anonymous
Joan Nelson
Romantasy.com
In memory of Catherine M. Paul & John F.
Mrs. and Mr. Myra Trigueiro
Frances Provenzano
Elinor Friedman
Jane Gardner
Carvel Johnson
Anne E. Scheeline
Hilaria Trevino
Eva Trevino
Bob Varni
Marie A. Narloch
Carol L. Varni

Lenora Welliver
Judith Laird-Anderson
Barbara Bresson Wood
Deloss Wood

Matching Gifts - Double your Donation
AbbVie Redwood City
Anonymous
Amgen Foundation
Peter Coward
Apple
Anonymous
Joseph Alversson
Kathleen Brockdorf
Simon Helmore
Grace Kim
Todd LaPietra
James Mason
Adam Meyer
William Terrell
Jesse Zeitman
Applied Materials
Raeachel Tan
Autodesk
Marcus Larsson
Bank of the West
Andrew Schuman
BlackRock
Anonymous
Beka Agaya
Katherine Caruso
Michelle Hill
Chirag Hingorani
John Ho
Mayra Newton
Nancy Underhill
Blue Shield of California
Anonymous
Kathryn Angelotti
Kimberly Crea
Amy Dehart
Pooja Jmath
David Kallan
Antoinette Terrana
Bright Funds Foundation
Anonymous
Chan Zuckerberg Initiative
Anonymous
Nina Wornhoff
Chevron
Anonymous
Melinda Griscam
Chubb
Kristin Derby
Cisco Systems
Julia Teitelbaum
Deloitte
Mary M. Kirk
Costco
Anonymous
Bonnie Goldsworthy
Wendy Jong
Lisa Olvera
Dobly
Lisa Gutierrez
Dropbox
Sarah Tappon
Facebook
Anonymous
Genentech
Rhona O’Leary
Heather Salem
Google
Anonymous
Sophia Brose
Lorena Camarena
Matt Gribben
Ryan Hudy
Cindy Marín
Robert Orr
Bradly Owens
Rohit Setia
Nina Silk
Paula Teoh
Robert Thompson

Illinois Tool Works Foundation
Anthony Versino
Matt & Mara Hunt

Indeed
Anonymous
Alena Yung
Amgen Foundation
Douglas P. Marten

La Casa also receives funding from:
California Department of Education:
Child and Adult Care Food Program
California Office of Emergency Services:
Domestic Violence Assistance Program
Department of Human Services
Dv Services to CalWORKS
Department on the Status of Women:
Violence Against Women
Intervention & Prevention
Grants Program; Office of Violence Against Women’s
Grants to Encourage Arrest Program
Federal Emergency Management Agency:
Emergency Food & Shelter Program
The Mary Elizabeth Inn
San Francisco Mayor’s Office
Office of Housing: Emergency Solutions
Grant Program
Office of Economic and Workforce Development Response
The Office of Economic and Workforce Development
St. Francis Memorial Hospital’s
Rally Family Visitation Program
Safehaven Supervised Visitation Program
UCSF Arise Program

Synopsis
Peter Rapier
Visa
Anonymous
Lori Goehring
Yelp
Gina Drago
VMware Foundation
Anup C. P.
Ivo Delchev
Eitan Levi
Satheesh Kannan
Edgar Maddy
Vivek Negi
Harriet Quesada
David Rivera
Vikram S.

La Casa-Sprin-2019-Newsletter.indd   7
4/24/2019   11:03:49 AM
Just remember that your real job is that if you are free, you need to free somebody else. If you have some power, then your job is to empower somebody else.

—Toni Morrison

La Casa de las Madres

The mission of La Casa de las Madres is to respond to calls for help from domestic violence victims, of all ages, 24 hours a day, 365 days a year. We give survivors the tools to transform their lives. We seek to prevent future violence by educating the community and by redefining public perceptions about domestic violence.

La Casa de las Madres

La Casa de las Madres ofrece amparo a mujeres que han sido víctimas de la violencia doméstica, y a sus hijos e hijas. Nosotros nos esforzamos en ayudar tanto a las mujeres como a los niños a descubrir su fuerza interior, manejar los riesgos que se les presentan y tener más control sobre sus propias vidas. Nuestro objetivo es restaurar la dignidad de nuestras clientes, fomentar su esperanza, evocar su valor y ayudarles a desarrollar su mayor potencial.

Board
Members
Maria Bee, Esq., President
Christine Omata, Vice President
Michelle Zauss, Treasurer
Carmen Sanchez, Secretary
Betty Miller Creary
Austin Esecson
Katie Hale

Executive Director
Kathy Black

Newsletter Credits
Editor: Kara Duggan
Design Production: José Fernandez
Contributors: Esha Dholia, Ted Gioia