

Nutrition Partners

BENEFITS CHECK FOR INSURANCE COVERAGE

This worksheet will walk you step-by-step through the process of understanding what is covered in your plan. Ready to check your coverage? Awesome - you can do this!

Step 1: Read the entire worksheet on the next page.

Step 2: Call your insurance company and complete the worksheet (don't worry! we've listed out exactly what to say and do, right there in the worksheet)

Step 3: Send a copy of your worksheet to us - simply take a picture of it and email it to hello@nnp.clinic and let us know when you'd like to get started with a dietitian

Step 4: If you have already had an insight session, we will check this against our benefits verification results, and then add to your portal. We look forward to chatting with you soon!

Sincerely,

The NNP Client Care Team



Nashville Nutrition Partners is considered IN-NETWORK providers with Blue Cross Blue Shield, Aetna, Medicare, and Cigna. Please keep in mind that Medicare will only cover nutrition counseling with a diagnosis of diabetes or renal disease. Other conditions will NOT be covered if Medicare is your only carrier. This includes Aetna Medicare Advantage Plans.

Some out-of-network plans may also reimburse for our services through Superbills, which we provide automatically for you each month.

In the event of a misquote or if they were to deny a claim, you would be responsible for any copay, coinsurance, deductible, and/or the remaining balance.

TO FIND OUT IF NUTRITION COUNSELING SESSIONS ARE COVERED OR REIMBURSABLE BY YOUR INSURANCE POLICY, COMPLETE THIS WORKSHEET AND SUBMIT IT, ALONG WITH A PHOTO/COPY OF THE FRONT AND BACK OF YOUR INSURANCE CARD TO HELLO@NNP.CLINIC.

Note: Record the representative's name and a reference number when checking your benefits. This information will be necessary if you ever need to dispute a rejected claim.

1. Call the member services number on the back of your card.

Record the representative's name _____

Script: "Hello, I would like to ask a few questions to find out if my plan covers nutrition counseling sessions with a registered dietitian."

Provide the representative with the following CPT codes: 97802 (initial session) and 97803 (follow-up sessions).

If the answer to this question is NO, then you will be responsible for the full cost of the nutrition counseling session, however, discounted packages are available.

2. If the answer to #1 is YES, then ask the following questions:

- Is Nashville Nutrition Partners, Group NPI 1790268506, a provider in my network?
- Do I have a deductible to meet first?
 - If yes - how much is left? \$_____ How much have I already met? \$_____
- Do I have a co-pay or co-insurance for outpatient nutrition counseling?
- If yes, how much? \$_____
- Do I need a physician referral for outpatient nutrition counseling? Yes No
- How many sessions per calendar year are covered? _____

3. What is covered?

- For Aetna patients: Is Z72.4 and/or Z71.9 covered for preventative health? _____
- For BCBS + Cigna patients: Is Z71.3 covered for preventative health? _____
- For all plans: If you have any other conditions that are nutritionally relevant such as high cholesterol, high blood pressure, diabetes, eating disorder, etc you can ask if these conditions are covered as well. Some Aetna plans fully cover a BMI code + cardiovascular risk factors such as hypertension or high cholesterol, or a family history of diabetes and heart disease as a preventative measure. Ask if your specific plan covers this with or without a co-pay. _____
- Do I have telehealth coverage for virtual visits during the COVID-19 crisis and if so, until what date? _____
- **IMPORTANT:** Please provide me with the reference number for the call: _____

Client printed name

Date verified

NNP