GRILLED CHICKEN CAESAR SALAD
Grilled chicken, romaine lettuce, and parmesan croutons
Caesar dressing on the side
9.00

CHICKEN FAJITA SALAD
Grilled chicken, red & green pepper strips, onion, shredded cheese with tortilla strips
Chili ranch dressing on the side
9.25

THINK SPRING GRILLED CHICKEN SALAD
Mandarin oranges, dried cranberries, feta, cinnamon almonds and tender grilled chicken
Balsamic vinaigrette on the side
9.75

EL PASO CHICKEN SALAD
Grilled chicken, mixed greens, roasted corn, cheddar cheese and spicy sesame sticks
Spicy buttermilk ranch dressing on the side
10.00

ORIENTAL COBB SALAD
Teriyaki chicken, mixed greens, mandarin oranges, celery, water chestnuts, carrots, chow mein noodles and red peppers
Teriyaki dressing on the side
10.00

SOUTHWEST SALAD WITH TACO CHICKEN
Taco grilled chicken, black beans, tomatoes, cheddar cheese, black olives and tortilla chips
Ranch style dressing on the side
10.00

THAI CHICKEN SALAD
Thai marinated chicken, tomatoes, cucumbers, red onion and romaine lettuce
Thai peanut dressing on the side
10.00

BLACKENED CHICKEN CAESAR SALAD
Grilled blackened chicken, romaine, grape tomatoes and Romano cheese.
Caesar dressing and grilled flatbread on the side
10.00

BUFFALO CHICKEN SALAD
Grilled buffalo chicken, celery, olives, greens, tomatoes and croutons
Blue cheese/ranch dressing on the side
10.00

SPICED PECAN CHICKEN & PASTA
Linguini tossed with colorful peppers, cubed chicken, spiced pecans and blue cheese
10.50

MEXICAN CHICKEN SALAD
Seasoned grilled chicken, greens, cheddar cheese, olives, tomatoes, green onions and crisp tortilla chips
10.75

CHICKEN STIR FRY SALAD
Grilled chicken, stir fried veggies, greens, chow mein noodles, chopped peanuts, broccoli, carrots and red peppers
Teriyaki dressing on the side.
11.25

BBQ CHICKEN SALAD
Grilled chicken, black beans, fried onions, sweet corn and greens
Country ranch BBQ dressing on the side
11.50

MESCLUN SALAD WITH CHICKEN
Grilled chicken, spring mix, spicy pecans, grape tomatoes and crumbled blue cheese. Roasted garlic vinaigrette on the side
12.75

COUNTRY RANCH CHICKEN SALAD
Breaded chicken, blue cheese, egg, bacon and tomatoes
Catalina dressing on the side
13.75

FIRECRACKER CHICKEN SALAD
Chili-rubbed grilled chicken, grilled pineapple, zucchini, red pepper and red onion
Firecracker dressing on the side
13.75

GORGONZOLA STEAK SALAD
Grilled steak, mushrooms, romaine, Gorgonzola, croutons, tomatoes and red onions
Garlicky vinaigrette dressing on the side
14.00

GRILLED STEAK SALAD
Grilled steak, greens, parmesan croutons, green peppers, tomatoes and crumbled blue cheese
Balsamic vinaigrette on the side
15.00

EL PASO STEAK SALAD
Grilled steak, greens, roasted corn, cheddar cheese and spicy sesame sticks
Spicy buttermilk ranch dressing on the side
14.00

STEAK & WALNUT SALAD
Grilled steak, spring mix with toasted walnuts and sliced cherry tomatoes
White balsamic herb vinaigrette on the side
16.25

STEAK FAJITA SALAD
savory dry rubbed beef, red and green pepper onion, seasoned shredded beef and crisp tortilla chips
Chili ranch dressing on the side
14.50

ANTIPASTO SALAD
Greens, pepperoni, mozzarella, olives, tomato and cucumbers
Italian dressing on the side
8.75

CHEF SALAD
Greens, tomatoes, cucumbers, carrots, olives, eggs, roast beef, turkey, ham, cheddar and Swiss cheeses. Ranch, Italian or French dressing on the side
12.75

TRADITIONAL COBB SALAD
Greens, eggs, tomatoes, bacon, turkey, and shredded Monterey jack cheese
Blue cheese dressing on the side
13.25

440.946.0383

www.foodforthought-ohio.com
**VEGETARIAN**

*add chicken, beef, or salmon to any salad at an additional cost*

**TOSSED MIXED GREEN SALAD**
Crisp greens, cucumbers, grape tomatoes and shredded carrots. Italian or ranch dressing on the side
*6.00*

**RED LEAF & APPLE SALAD**
Red leaf lettuce, roasted peanuts, crunchy apples, raisins and toasted sesame seeds
Zesty curry vinaigrette dressing on the side
*6.25*

**APPLE ROMAINE SALAD**
Romaine, red and yellow apples and walnuts
Poppy seed dressing on the side **GF V**
*6.50*

**THINK SPRING SALAD**
Mandarin oranges, dried cranberries, feta and cinnamon almonds
Balsamic vinaigrette on the side
*7.50*

**GREEK SALAD**
Greens, tomatoes, cucumber, red onion and feta cheese
Garlicky vinaigrette on the side
*7.75*

**HEALTH KICK SALAD**
Crisp greens, chickpeas, eggs, tomatoes, cheese, cucumbers and pistachios **GF**
Balsamic dressing on the side
*8.00* add Turkey *13.00*

**DIRECTOR’S SALAD**
Lettuce, spinach, walnuts, garbanzo beans, roasted red peppers, olives and feta cheese
Balsamic vinaigrette on the side
*8.00*

**CALIFORNIA SALAD**
Crisp greens, granola, sunflower seeds, Mandarin oranges, walnuts, strawberries and feta cheese
Unique prickly pear vinaigrette on the side
*9.50*

**RAINBOW SALAD**
Mixed greens, strawberries, kiwi, mandarin oranges and cashew
Poppy seed dressing on the side
*9.00*

**MARtha’S VINEYARD SALAD**
Red leaf lettuce, goat cheese, dried cranberries and red onion
Apricot vinaigrette dressing on the side
*9.50*

**STRAWBERRY GOAT CHEESE SALAD**
Crisp greens, sliced strawberries, goat cheese and cinnamon almonds
Balsamic and pepper dressing on the side
*10.25*

**TROPICAL SPINACH SALAD**
Baby spinach, roasted coconut, strawberries, red onion, feta cheese and cinnamon almonds
Raspberry vinaigrette dressing on the side
*12.75*

**TUSCAN SPINACH SALAD**
Red and green spinach topped with bacon, egg, mushroom and fried onions
House made bacon dressing on the side
*10.00*

**SEAFOOD**

**GRILLED CAESAR SALMON SALAD**
Grilled salmon, romaine lettuce with croutons
Caesar dressing on the side
*15.25*

**BLACKENED SALMON CAESAR SALAD**
Salmon filet, cajun spices, romaine, parmesan and grape tomatoes with grilled flatbread
Caesar dressing on the side
*15.75*

**CONSUMER ADVISORY**
Eating raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness