CASSEROLE
Choose from:
- sausage • vegetable • southwest • smoked chicken & corn
- sausage & pepper • potato rosemary & brie | 32.99
- broccoli & cheddar • Greek style (veg) | 31.99
- sweet potato, spinach & Jarlsberg • caramelized onion & mushroom | 33.99
- bacon | 34.99
- each serves 8-10

BIGGIE OMELET MEALS WITH ROASTED REDSKINS serves 8-10 | GF
Choices include:
- three cheese • vegetable & cheese • ham & cheese •
western with home fries | 69.99
- bacon & cheese | 78.99

FOOD FOR THOUGHT SUNRISE BREAKFAST
scrambled eggs, bacon and redskin potatoes | 59.99 | serves 10 | GF

BREAKFAST BURRITO
egg, sausage, potato, peppers and cheese with sour cream and picante on the side | 6.00 | vegetarian option available | VEG

BAGEL BOX
with plain, strawberry or vegetable cream cheese | 30.84 | dozen

BAKERS CHOICE MUFFINS
blueberry, banana choc chip, poppyseed
1.85 each | 6 min
24.99 | bakers dozen

OTHER VARIETIES OF CASSEROLES OR QUICHES TO CHOOSE FROM INCLUDE:
bacon, smoked corn & chicken • Greek • crab • broccoli & cheddar •
caramelized onion & mushroom • Jarlsberg & asparagus • smoked gouda & bacon

FOOD FOR THOUGHT BREAKFAST SANDWICH
egg, canadian bacon, american cheese on an English muffin | 5.95 | advance notice required

BREAKFAST CROISSANT
bacon, sausage or ham with egg | 5.75 | advance notice required

AMERICAN CHEESE WITH EGG
5.25 | advance notice required

BACON STRIPS / CANADIAN BACON
2.50 | 2 per person

BAGEL BOX
with plain, strawberry or vegetable cream cheese | 30.84 | dozen

BAKERS CHOICE MUFFINS
blueberry, banana choc chip, poppyseed
1.85 each | 6 min
24.99 | bakers dozen

YOGURT
blueberry, strawberry or peach
2.75 | yoplait GF 3.25 | chobani GF

YOGURT PARFAITS
- Greek • healthy yogurt & granola
- mixed berry & vanilla w/ honeyed strawberries & granola

FOOD FOR THOUGHT 2020 MENU

HOT BREAKFAST

QUICHE
Choose from: ham • spinach • mushroom • sausage & pepper • potato, rosemary & brie • tomato basil • sweet potato, spinach & Jarlsberg
20.99 | serves 6-8

COLD BREAKFAST

BREAKFAST PAstry TRAY
mini sweet puff pastry, cinnamon rolls, coffee cake assortment, mini mixed butter croissants, breakfast breads, scones and apple cinnamon and lemon mini muffins
31.99 | 17 pieces
64.99 | 32 pieces
87.99 | 46 pieces

BREAKFAST CROISSANT TRAY
pretzel, whole grain and butter plain and whipped cinnamon honey butters included | 22.99 | dozen

COFFEE CAKE ASSORTMENT
cinnamon, chocolate raspberry, blueberry and raspberry | 34.99 | 16 pieces

YOGURT
blueberry, strawberry or peach
2.75 | yoplait GF 3.25 | chobani GF

YOGURT PARFAITS
- Greek • healthy yogurt & granola
- mixed berry & vanilla w/ honeyed strawberries & granola

GF-Gluten Free Veg-Vegetarian V-Vegan

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# COLD APPETIZERS

## FLAT BREAD FINGER SANDWICHES
bbq grilled chicken • chili-rubbed pork • vegetable
25.00 | dozen

## FRUIT KABOBS (4 PC)
2.50 each | GF

## FRUIT DUETS (2 PC)
1.25 each | GF

## PINWHEEL SANDWICHES
- turkey • ham • bacon ranchero • veggie • Italian • buffalo chicken • roast beef
17.50 | 10 pc roll
- smoked salmon with cucumber, dill and cream cheese
22.50 | 15 piece roll
- pico cheese- a two bite roulette of cheese and pico salsa in a flour tortilla
10.00 | 15 piece roll | VEG

## MINI ANTIPASTO SKEWERS
capicola, salami, mozzarella, tomato
18.00 | dozen | three dozen minimum

## MINI VEGETABLE ANTIPASTO SKEWERS
mozzarella, mushroom, hot pepper jack cheese, olives, tomatoes
18.00 | dozen | three dozen minimum | VEG

## MINI RAVIOLI SKEWERS
18.00 | dozen | three dozen minimum | VEG

## APPETIZER CHEESECAKE WHEELS
- salmon with crackers • southwest with crackers
47.50 | serves 20 | 48 hour notice
- sun-dried tomato & herb with fresh vegetables with ranch pita chips
58.95 | serves 20 | 48 hour notice

## STUFFED PINWHEELS OF CHICKEN
stuffed pinwheels of chicken with a cayenne garlic mayo
23.00 | dozen | 24 hour notice

## DEVILED EGGS GF
- classic • blue cheese & walnut • blt • cucumber dill • spinach artichoke • southwest guacamole • butternut squash & bacon
21.99 | dozen

## APPETIZERS BY TRAY

### FRESH FRUIT VG
- 32.25 | serves 5-10
- 61.50 | serves 15-20
- 90.75 | serves 25-30

### FRESH FRUIT & CHEESE WITH CRACKERS VEG
- 36.99 | serves 5-10
- 71.99 | serves 15-20
- 106.99 | serves 25-30

### VEGETABLE CRUDITÉ WITH RANCH DIP VEG GF
- (black bean peppadew, sweet onion tarragon, or roasted garlic gorgonzola dip available at an additional charge)
  - 29.39 | serves 8-15
  - 59.79 | serves 15-25
  - 89.19 | serves 30-45

### DOMESTIC CHEESE & CRACKERS & TRAIL MIX VEG
- 41.99 | serves 10-15
- 69.99 | serves 15-25
- 103.99 | serves 28-35

### CHARCUTERIE AND CHEESE TRAY
- soppressata, cured speck, artigiano vino rosso, fontina and blue cheeses, iberico chorizo sausage, cinnamon almonds, stone ground mustard and fig jam. served with crackers
- 52.50 | serves 6-8

### IMPORTED CHEESE TRAY VEG
- brie, fontina, blue, irish cheddar, havarti dilled and smoked gouda cheese. served with crackers
- 145.75 | serves 40-45

### COLD APPETIZER ASSORTMENT
- blue cheese stuffed celery stalks, crab balls, pepperoni provolone coronets, mini ravioli skewers, oven roasted szechwan asparagus, turkey hye roller pinwheels and roasted red pepper hummus. served with crackers
- 99.99 | serves 15-20

### SHRIMP COCKTAIL WITH | GF CREOLE COCKTAIL SAUCE
- 87.99 | 40 piece
- 174.99 | 80 piece
## HOT APPETIZERS

### MEATBALLS
Italian • bbq • sweet & sour • asiago • swedish  
(for a healthy option, substitute ground chicken)  
11.00 | 3 dozen minimum

### CHICKEN TENDERS
Italian breaded (choice of honey mustard, ranch or bbq sauce)  
21.99 | 3 dozen minimum  
pretzel crusted (mustard dill sauce)  
22.99 | 3 dozen minimum

### POTSTICKERS
- lemon grass chicken | 23.99  
- vegetarian | 24.00  
- kale and edamame | 30.00

### RUMAKI
- sherry laced water chestnuts wrapped in bacon  
18.00 | 3 dozen minimum

### CHIKMAKI
21.00 | 3 dozen minimum

### SWEET POTATO MAKI
12.00 | 3 dozen minimum | GF

### MANDARIN VEGETABLE SPRING ROLLS
- tomato ginger jam, wasabi and sweet teriyaki dipping sauces  
19.00 | 3 dozen minimum | VEG

### MANDARIN CHICKEN SPRING ROLLS
- tomato ginger jam, wasabi and sweet teriyaki dipping sauces  
18.00 | 3 dozen minimum

### MINI CRAB CAKES WITH WASABI
27.00 | 2 dozen minimum

### MINI ZUCCHINI CAKES WITH CAJUN REMOULADE SAUCE
11.00 | 3 dozen minimum | VEG

### ROSEMARY PORK TENDERLOIN SATAY
14.00 | 3 dozen minimum | GF

### SALMON SATAY
27.00 | 3 dozen minimum

### GRILLED CHICKEN SATAY
bbq • buffalo • honey mustard • teriyaki  
14.00 | 3 dozen minimum

### TERIYAKI BEEF SATAY
21.00 | 3 dozen minimum

### HOISIN GINGER BEEF SATAY
21.00 | 3 dozen minimum | GF

## GOURMET APPETIZERS

### SLIDERS
2 dozen minimum  
- buffalo chicken • chicken parmesan • BBQ pulled chicken  
30.00 | dozen  
- pulled pork • pulled turkey • chipotle meatloaf • chicken  
- hamburger • hot dog • mini brat  
36.00 | dozen

Chicago style Italian beef • chicken on a pretzel bun  
- mini meatball  
42.00 | dozen

### ARTICHOKE WITH PITA CHIPS
served warm with toppers  
34.99 | serves 20 | VEG

### ALMOND CRAB WITH BAGUETTE BREAD
45.99 | serves 20

### HUMMUS WITH VEGETABLES
red pepper strips, carrots, celery, cucumber broccoli  
27.99 | serves 8-10  
55.99 | serves 16-20  
83.99 | serves 24-30

### NINE LAYER WITH NACHOS
78.99 | serves 20 | VEG

### SPINACH WITH PUMPERNICKEL ROUND BREAD
43.99 | serves 20 | VEG
**SOUP**

served in re-sealable containers | gallon | 12 servings

**CHICKEN NOODLE** 38.65

**CHICKEN TORTILLA** 53.10

**CREAM OF BROCCOLI** 44.15 VEG

**GARDEN VEGETABLE** 41.00 GF, V

**ITALIAN WEDDING** 40.25

**MINESTRONE** 38.90

**NEW ENGLAND CLAM CHOWDER** 55.00 GF

**TOSCANA** 42.00

**PASTA FAGIOLI** 41.65

**CREAMY ROASTED RED PEPPER** 46.15 VEG

**TOMATO & PARMESAN CROUTONS** 42.50 VEG

**BAKED POTATO** 46.95

**LEMON CHICKEN ORZO** 38.24

**HEARTY BEEF & VEGETABLE** 45.50 GF

**SUZIE’S CHICKEN & DUMPLING** 47.75

**LASAGNA** 51.00

**THESE SOUPS ARE NOW AVAILABLE IN INDIVIDUAL SERVINGS (MINIMUM OF 6)**

**CHILI**

served in re-sealable containers | gallon | 12 servings

**CON CARNE** 64.65 GF

AVAILABLE IN INDIVIDUAL SERVINGS (MINIMUM OF 6)

**WHITE BEAN & CHICKEN** 61.65

**VEGETARIAN** 53.00 GF VEG

**HEALTHY BBQ CHICKEN** 43.75 GF

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**SANDWICHES**

our house made chicken salad contains almonds

**MINI CROISSANT**

- turkey • ham • vegetable • chicken salad • tuna salad
- 7.50 | 2 per person
- roast beef • corned beef 8.00 | 2 per person

6” WRAP

- buffalo chicken • chicken caesar • tuna salad • chicken salad • vegetable • healthy grilled chicken | 4.50

**PREMIUM** roast beef • reuben • turkey • ham • Italian | 5.25

ask about our monthly feature wrap !!

**OVER-STUFFED DELI**

- turkey • ham • vegetable • chicken salad • tuna salad • Italian | 7.95
- roast beef • corned beef • deli club | 9.50

**TRADITIONAL DELI**

- turkey • vegetable • chicken salad • tuna salad | 5.95
- roast beef • corned beef • Italian • BLT • ham • deli club | 6.95

**DELI SPLIT TOP**

- turkey • ham • chicken salad • tuna salad • Italian
- special request: blt • vegetable • egg salad | 5.75
- roast beef • •corned beef | 6.25

**CHICKEN SPLIT TOP**

- honey mustard • bbq • buffalo • caesar | 6.25

**COLD SUBS**

- chicken salad • tuna salad • vegetable | 7.50
- bbq chicken • buffalo chicken | 7.50
- ham • turkey • Italian • roast beef | 8.75

**HOT SUBS**

- Italian • meatball | 8.75
- french dip with provolone cheese | 9.25
- chicken philly | 8.25 • philly steak | 9.50
- roasted red pepper & broccoli hoagie | 8.75 VEG

**HOT SANDWICHES**

- chicken parmesan | 5.00
- Hawaiian chicken | 6.95
- pulled pork with coleslaw | 7.75

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GF-Gluten Free  Veg-Vegetarian  V-Vegan

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### SIDE SALADS
5 serving minimum

<table>
<thead>
<tr>
<th>Name</th>
<th>Price</th>
<th>Type</th>
<th>Ingredients</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>APPLE ROMAINE</strong> 2.00</td>
<td>VGF</td>
<td></td>
<td>romaine, apples, nuts, (poppyseed)</td>
</tr>
<tr>
<td><strong>FRESH FRUIT</strong> 3.25</td>
<td>VGF</td>
<td></td>
<td>cantaloupe, honeydew, strawberries, grapes, pineapple</td>
</tr>
<tr>
<td><strong>HEALTH KICK</strong> 4.50</td>
<td>VEG GF</td>
<td></td>
<td>iceberg, romaine, mozzarella, tomatoes, garbanzo beans, pistachios, cucumber, eggs</td>
</tr>
<tr>
<td><strong>RAINBOW</strong> 3.00</td>
<td>VGF</td>
<td></td>
<td>greens, strawberries, kiwi, mandarin oranges, cashews (poppyseed)</td>
</tr>
<tr>
<td><strong>SPINACH MANDARIN</strong> 2.25</td>
<td>VEG GF</td>
<td></td>
<td>spinach, scallions, mandarin oranges, almonds (honey mustard vinaigrette)</td>
</tr>
<tr>
<td><strong>THINK SPRING</strong> 2.50</td>
<td>VEG GF</td>
<td></td>
<td>romaine, mandarin oranges, raisins, cinnamon almonds, feta (vinaigrette)</td>
</tr>
<tr>
<td><strong>DIRECTOR’S</strong> 3.00</td>
<td>VEG GF</td>
<td></td>
<td>iceberg, spinach, walnuts, garbanzo beans, roasted red peppers, olives, feta (vinaigrette)</td>
</tr>
<tr>
<td><strong>GRILLED SWEET POTATO</strong> 2.75</td>
<td>VEG GF</td>
<td></td>
<td>sweet potatoes, pecans, coconut, brown sugar, honey &amp; spices</td>
</tr>
<tr>
<td><strong>TOMATO CUCUMBER</strong> 2.00</td>
<td>VGF</td>
<td></td>
<td>tomatoes, cucumbers (garlicky dressing)</td>
</tr>
<tr>
<td><strong>MARTHA’S VINEYARD</strong> 3.75</td>
<td>VEG GF</td>
<td></td>
<td>romaine and red leaf lettuce, goat cheese, cranberries, red onion and almonds (roasted red pepper vinaigrette)</td>
</tr>
<tr>
<td><strong>THREE BEAN</strong> 2.00</td>
<td>VGF</td>
<td></td>
<td>kidney, black &amp; great northern beans with peppers, red onion &amp; corn (vinaigrette dressing)</td>
</tr>
<tr>
<td><strong>VEGETABLE RICE</strong> 2.75</td>
<td>VGF</td>
<td></td>
<td>rice, peppers, onion, currants, peas, olives, dill (vinaigrette)</td>
</tr>
<tr>
<td><strong>BROCCOLI DELIGHT</strong> 3.50</td>
<td>GF</td>
<td></td>
<td>broccoli, raisins, red onion, bacon, cashews (house-made sweet &amp; tangy dressing)</td>
</tr>
<tr>
<td><strong>CREAMY POTATO</strong> 2.00</td>
<td>VEG GF</td>
<td></td>
<td>potatoes, onion, egg, bacon, cheddar (ranch dressing)</td>
</tr>
<tr>
<td><strong>LOADED POTATO</strong> 2.75</td>
<td></td>
<td></td>
<td>roasted sweet corn, colored peppers, red onion, lime juice, cilantro &amp; spices</td>
</tr>
<tr>
<td><strong>MESCLUN</strong> 4.00</td>
<td>VEG</td>
<td></td>
<td>artisan mix, iceberg, romaine, spiced pecans, tomatoes, cucumbers, bleu cheese (roasted garlic vinaigrette)</td>
</tr>
<tr>
<td><strong>ROASTED CORN</strong> 2.75</td>
<td>VGF</td>
<td></td>
<td>roasted sweet corn, colored peppers, red onion, lime juice, cilantro &amp; spices</td>
</tr>
<tr>
<td><strong>TOSSED MIXED GREENS</strong> 2.50</td>
<td>VGF</td>
<td></td>
<td>mixed greens, cucumber, tomatoes, carrots (Italian &amp; ranch)</td>
</tr>
<tr>
<td><strong>CUCUMBER FETA</strong> 3.25</td>
<td>VEG GF</td>
<td></td>
<td>cucumber, feta, onion, spices, lemon juice</td>
</tr>
<tr>
<td><strong>FRESH BASIL &amp; TOMATO CAPRESE</strong> 3.95</td>
<td>VEG GF</td>
<td></td>
<td>mozzarella, tomatoes, cucumber, fresh basil, cheese, pesto</td>
</tr>
<tr>
<td><strong>CREAMY COLESLAW</strong> 2.25</td>
<td>VEG GF</td>
<td></td>
<td>sweet corn, grape tomatoes, golden raisins, cabbage, chow mein noodles, manchego cheese (tangy ancho chili sauce)</td>
</tr>
</tbody>
</table>

GF-Gluten Free  Veg -Vegetarian  V -Vegan
## Prepared Salads
Medium bowl | large bowl

### Broccoli Delight
37.99 (8-12) | 73.99 (18-22) | GF

### Signature Caesar
Romaine lettuce with shaved parmesan & capers with pancetta cracklings
25.99 (6-8) | 49.99 (12-16)

### Fruit
32.99 (8-12) | 65.99 (18-22) | V GF

### Garden Pasta
24.99 (8-12) | 49.99 (16-23) | V

### Grilled Sweet Potato
31.99 (9-13) | 62.99 (20-24) | VEG GF

### Mediterranean Pasta
68.99 (13-18) | 137.99 (28-33) | VEG

### Mesclun
34.99 (8-10) | 59.99 (13-18) | VEG

### Creamy Potato
33.99 (14-18) | 61.99 (30-35) | VEG GF

### Rainbow
19.99 (4-8) | 41.99 (10-15) | 81.99 (25-29) | V GF

### Roasted Corn
46.99 (15-20) | 96.99 (34-38) | V GF

### Summer Pasta
29.99 (8-12) | 55.99 (18-22) | VEG

### Tomato Cucumber
26.99 (10-15) | 46.99 (20-25) | V GF

### Tossed Mixed Greens
26.99 (8-12) | 51.99 (18-25) | 81.99 (30-34) | V GF

### Vegetable Bowtie Pasta
28.99 (8-12) | 52.99 (18-22) | VEG

## Pasta Salads
5 serving minimum

### Garden 2.50 | V
rainbow rotini, olives, mushrooms, peppers, broccoli, carrots, zucchini, yellow squash (golden Italian)

### Summer 2.75 | VEG
broccoli, cucumbers, provolone, grape tomatoes, snow peas, roasted red peppers, carrots, penne pasta (golden Italian)

### Tortellini Fruit 4.25 | VEG
tri-colored tortellini, pineapple, kiwi, strawberries (poppyseed)

### Orecchiette 3.00 | VEG
orecchiette pasta, spinach, feta, olives, artichoke hearts, sun dried tomatoes, spices (red wine vinegar)

### Mediterranean 5.75 | VEG
cheese tortellini artichoke hearts, sun dried tomatoes, walnuts, olives (mediterranean vinaigrette)

### Macaroni 2.00 | VEG

### Vegetable Bowtie 2.75 | VEG
bowtie pasta, olives, mushrooms, peppers, broccoli, carrots, zucchini, yellow squash (white balsamic vinaigrette)

### Asian Noodle 3.25 | V
wheat noodles, red peppers, peas, green onions, peanuts, cilantro (house-made asian dressing)

### Vegetable Lemon Orzo 4.00 | VEG
Orzo, feta, pecans, eggplant, peppers (lemon olive oil)
**ENTRÉES**

5 serving minimum

**CHICKEN**

**APRICOT BBQ CHICKEN WITH CONFETTI BROWN RICE**
marinated grilled chicken strips with an apricot bbq glaze
5.50/serving

**CHICKEN IN BASIL CREAM SAUCE WITH ORZO (OR PENNE PASTA)**
chicken strips, black olives, sun-dried tomatoes in a cream sauce with penne or orzo 6.25/serving

**CHICKEN TENDERS**
choice of sauce, bbq, ranch, or honey mustard
21.99/dozen | 3 dozen minimum

**SWEET & SPICY CHICKEN WITH BASMATI RICE**
marinated chicken, grilled and topped with soy-ginger sauce and served with basmati rice 4.75/serving **GF**

**CRANBERRY CHICKEN WITH ORZO**
chicken strips sautéed and served with a sweet cranberry sauce 6.00/serving

**GINGER BOURBON CHICKEN WITH GRILLED VEGETABLES**
strips of chicken in a ginger bourbon sauce with cremini mushrooms, zucchini, squash, yellow and red peppers and onion 6.25/serving

**GRILLED CHICKEN BREAST (WHOLE OR SLICED) WITH VEGETABLES & RICE**
7.50/serving | **GF**

**GRILLED CHICKEN WITH SPICED PINEAPPLE & PAN FRIED NOODLES**
chicken breast in a pineapple sauce served with pan fried noodles 8.50/serving

**GRILLED LEMON SHERRY CHICKEN WITH ORIENTAL PILAF**
tangy lemon sherry sauce tops this soy marinated sliced chicken breast. served with oriental pilaf 6.00/serving

**MONTREAL CHICKEN WITH ROASTED GARLIC SAUCE & BISTRO BLEND VEGETABLES**
chicken with montreal seasoning grilled and cut into strips & finished with a roasted garlic sauce, served with green beans, waxed beans, tomatoes & yellow carrots 6.50/serving

**PRETZEL CRUSTED CHICKEN BREAST WITH MUSTARD DILL SAUCE** 6.75/serving

**STRIPS OF CHICKEN MARSALA WITH BASMATI RICE**
strips of chicken surrounded by mushrooms and garlic in a marsala wine sauce 7.75/serving

**SUMMER MARINATED GRILLED CHICKEN WITH ORZO**
grilled and sliced breast of chicken with a soy, Italian sauce served with orzo pasta 7.25/serving

**UNBELIEVABLE CHICKEN WITH VEGETABLE LEMON ORZO**
grilled marinated chicken breast with a warm vegetable lemon orzo and pecans 7.00/serving

**CHICKEN A LA CARTE**

**BREAST OF CHICKEN FRANÇOIS**
breast of chicken in a lemon wine sauce 7.00/serving

**BREAST OF CHICKEN MARSALA**
breast of chicken surrounded by mushrooms and garlic in a marsala wine sauce. 7.75/serving

**BREAST OF CHICKEN MONTEREY**
breast of chicken in a monterey jack cheese sauce with tomatoes and scallions 7.25/serving

**BREAST OF CHICKEN PICCATA**
breast of chicken accented by a lemon wine sauce and capers 7.00/serving

**CHICKEN BRUSCHETTA**
topped with pesto, grilled tomato basil salsa and parmesan cheese 5.00/serving | **GF**

**GRILLED BREAST OF CHICKEN (PLAIN OR CHOICE OF HONEY MUSTARD, BBQ OR TERIYAKI SAUCE)** 5.50/serving | **GF**

**ITALIAN BREADED CHICKEN BREAST**
6.50/serving

GF-Gluten Free  Veg -Vegetarian  V -Vegan
## ENTRÉES
5 serving minimum

### PORK & BEEF

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grilled Pork Tenderloin (6 oz) (Rosemary or Garlic Lime)</td>
<td>8.25</td>
<td>GF</td>
</tr>
<tr>
<td>Roasted Pork Loin with Artichoke Mustard Sauce (6 oz)</td>
<td>8.25</td>
<td>GF</td>
</tr>
<tr>
<td>Grilled Steak Au Poivre &amp; Parmesan Redskins</td>
<td>11.50</td>
<td></td>
</tr>
<tr>
<td>Mongolian Beef &amp; Pan Fried Noodles</td>
<td>10.75</td>
<td></td>
</tr>
<tr>
<td>Mustard Encrusted Beef Tenderloin</td>
<td>Market Price</td>
<td>(48 hr notice)</td>
</tr>
<tr>
<td>Sliced Roast Beef Au Jus</td>
<td>Market Price</td>
<td>GF</td>
</tr>
<tr>
<td>Sliced Roast Beef with Mashed Potatoes and Gravy</td>
<td>Market Price</td>
<td>(48 hr notice)</td>
</tr>
<tr>
<td>Cheese Stuffed Tortellini with Braised Beef</td>
<td>9.25</td>
<td></td>
</tr>
<tr>
<td>Grilled Steak &amp; Vegetables with Rice</td>
<td>11.00</td>
<td></td>
</tr>
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</table>

### SEAFOOD

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Filet of Salmon Encrusted with Parmesan Black Pepper</td>
<td>14.25</td>
<td>GF (6 oz)</td>
</tr>
<tr>
<td>Grilled Salmon &amp; Vegetables with Rice</td>
<td>16.00</td>
<td></td>
</tr>
<tr>
<td>Shrimp &amp; Broccoli in a Basil Cream Sauce</td>
<td>9.75</td>
<td></td>
</tr>
<tr>
<td>Cajun Shrimp Linguni</td>
<td>8.50</td>
<td></td>
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</table>

### SPECIALTY BARS

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Allergens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baked Potato or Sweet Potato Bar with Toppers</td>
<td>5.75</td>
<td></td>
</tr>
<tr>
<td>Pierogi Bar with Toppers</td>
<td>7.25</td>
<td></td>
</tr>
<tr>
<td>Fajita Bar with Toppers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>with Mexican rice &amp; black beans</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chicken</td>
<td>8.25</td>
<td></td>
</tr>
<tr>
<td>Beef</td>
<td>11.75</td>
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</tr>
<tr>
<td>Shrimp</td>
<td>11.25</td>
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<tr>
<td>Vegetable</td>
<td>7.75</td>
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### ENTRÉES BY THE TRAY
each serves 8-10

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Allergens</th>
</tr>
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<tbody>
<tr>
<td>Traditional Italian Lasagna</td>
<td>42.75</td>
<td></td>
</tr>
<tr>
<td>Gourmet Vegetable Lasagna</td>
<td>42.75</td>
<td>VEG</td>
</tr>
<tr>
<td>Chicken &amp; Spinach Lasagna</td>
<td>44.75</td>
<td></td>
</tr>
<tr>
<td>Goat Cheese Vegetable Lasagna</td>
<td>49.95</td>
<td>24 hour notice required</td>
</tr>
<tr>
<td>Black Bean &amp; Mushroom Lasagna</td>
<td>39.75</td>
<td>VEG</td>
</tr>
<tr>
<td>Fresh Tomato &amp; Basil Lasagna</td>
<td>46.75</td>
<td>24 hour notice required</td>
</tr>
<tr>
<td>Artichoke Spinach &amp; Mushroom Lasagna</td>
<td>45.00</td>
<td>24 hour notice required</td>
</tr>
<tr>
<td>Spaghetti Arrabbiata</td>
<td>49.50</td>
<td>GF</td>
</tr>
<tr>
<td>Chicken Parmesan</td>
<td>40.00</td>
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</tr>
<tr>
<td>Stuffed Eggplant Parmesan</td>
<td>48.75</td>
<td>VEG</td>
</tr>
</tbody>
</table>

GF-Gluten Free  Veg -Vegetarian  V -Vegan

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PASTA
5 serving minimum

CAJUN CHICKEN LINGUINI
strips of cajun chicken tossed with linguini and finished with a cream sauce with green onions
6.50/serving

CAJUN VEGETABLE LINGUINI
fresh vegetables tossed with linguini and finished with a cream sauce with green onions
5.25/serving | VEG

CHICKEN STROGANOFF
strips of chicken, mushrooms, spanish onion, in an herbed wine sour cream sauce with egg noodles
6.50/serving

COBB CHICKEN SAUTÉ WITH PENNE PASTA
chicken strips, tomatoes, turkey breast, bleu cheese, bacon, green pepper, in a cream sauce with penne
6.00/serving

MEXICAN CHICKEN ALFREDO
breast of chicken, red pepper, mushrooms, green onion, white wine, in an alfredo sauce with linguini
6.50/serving

PAPPARDELLE PASTA & FETA WITH SUN DRIED TOMATOES
strips of pasta with a romano cream sauce and sundried tomatoes
6.75/ serving | VEG

PASTA SAUCE RAPHAËL
tortellini with marinated artichoke hearts, spanish onion, tomato, parmesan cheese in a tomato sauce
6.75/serving | VEG

PENNE PASTA WITH MARINARA, PARMESAN CHEESE AND MEATBALLS 5.75/serving

PENNE PASTA WITH MARINARA, PARMESAN CHEESE AND ITALIAN SAUSAGE PIECES 5.75/serving

PIEROGI & CHICKEN RANCHERO
potato and cheese pierogis, sliced chicken breast, red, yellow & green peppers in a creamy ranch sauce
6.50/serving

PIEROGI RANCHERO
potato and cheese pierogis, red, yellow & green peppers in a creamy ranch sauce 5.00/serving | VEG

POT ROAST STROGANOFF
tender beef, cremini mushrooms in a cream sauce with egg noodles 8.00/serving

POTATO & CHEESE PIEROGIS WITH SAUTÉED ONIONS
potato and cheese pierogis, sautéed onions and sour cream 4.75/serving | VEG

RAVIOLE WITH A FRESH VEGETABLE SAUTÉ
ravioli, yellow peppers, red onion, asparagus, parmesan cheese, tossed with garlic and olive oil 6.25/serving | VEG

STIR FRY

CHICKEN 6.00/serving
SHRIMP 7.75/serving
VEGETABLE 5.50/serving | VEG
BEEF 9.75/serving
served with your choice of white or brown rice

PONZU CHICKEN WITH PAN FRIED NOODLES 6.50/serving

PONZU VEGETABLE WITH PAN-FRIED NOODLES 6.25/serving | VEG

GF-Gluten Free   Veg -Vegetarian   V -Vegan
## Sides

5 serving minimum

<table>
<thead>
<tr>
<th>Side</th>
<th>Quantity</th>
<th>Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHEDDAR MACARONI &amp; CHEESE</strong></td>
<td>½ pan</td>
<td>35.00</td>
<td>VEG</td>
</tr>
<tr>
<td></td>
<td>full pan</td>
<td>70.00</td>
<td>VEG</td>
</tr>
<tr>
<td><strong>BOILED PARSLEY REDSKIN POTATOES</strong></td>
<td>2.25/serving</td>
<td>VEG</td>
<td>GF</td>
</tr>
<tr>
<td><strong>ROASTED REDSKIN POTATOES</strong></td>
<td>2.50/serving</td>
<td>VEG</td>
<td>GF</td>
</tr>
<tr>
<td><strong>GOAT CHEESE SMASHED POTATOES</strong></td>
<td>4.25/serving</td>
<td>VEG</td>
<td>GF</td>
</tr>
<tr>
<td><strong>HOMEMADE MASHED POTATOES</strong></td>
<td>2.00/serving</td>
<td>VEG</td>
<td>GF</td>
</tr>
<tr>
<td><strong>SCALLOPED POTATOES AU GRATIN</strong></td>
<td>½ pan</td>
<td>25.00</td>
<td>VEG</td>
</tr>
<tr>
<td></td>
<td>full pan</td>
<td>50.00</td>
<td>VEG</td>
</tr>
<tr>
<td><strong>GRILLED VEGETABLES IN HERBED OLIVE OIL</strong></td>
<td>3.25/serving</td>
<td>V</td>
<td>GF</td>
</tr>
<tr>
<td><strong>GREEN BEANS, BABY CARROTS &amp; ROASTED TOMATOES</strong></td>
<td>2.95/serving</td>
<td>V</td>
<td>GF</td>
</tr>
<tr>
<td><strong>GREEN BEANS AMANDINE</strong></td>
<td>½ pan</td>
<td>25.00</td>
<td>VEG</td>
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<tr>
<td></td>
<td>full pan</td>
<td>50.00</td>
<td>VEG</td>
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<tr>
<td><strong>MAPLE GLAZED BABY CARROTS</strong></td>
<td>2.00/serving</td>
<td>VEG</td>
<td></td>
</tr>
<tr>
<td><strong>ROASTED SWEET CORN</strong></td>
<td>2.00/serving</td>
<td>V</td>
<td>GF</td>
</tr>
<tr>
<td><strong>COUNTRY BEANS</strong></td>
<td>2.00</td>
<td>V</td>
<td></td>
</tr>
<tr>
<td><strong>GRILLED SZECHWAN ASPARAGUS</strong></td>
<td>3.50/serving</td>
<td>V</td>
<td></td>
</tr>
<tr>
<td><strong>STEAMED BROCCOLI WITH BUTTER</strong></td>
<td>2.75/serving</td>
<td>VEG</td>
<td></td>
</tr>
<tr>
<td><strong>STEAMED VEGETABLE MEDLEY WITH BUTTER</strong></td>
<td>2.75/serving</td>
<td>VEG</td>
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</tr>
</tbody>
</table>

**Bread**

<table>
<thead>
<tr>
<th>Bread</th>
<th>Quantity</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ROLLS AND BUTTER</strong></td>
<td>Small</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>Medium</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td>Large</td>
<td>30</td>
</tr>
<tr>
<td><strong>FRENCH BAGUETTE BREAD AND BUTTER</strong></td>
<td>Small</td>
<td>18-20</td>
</tr>
<tr>
<td></td>
<td>Medium</td>
<td>36-40</td>
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<tr>
<td></td>
<td>Large</td>
<td>54-60</td>
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<tr>
<td><strong>CORNBREAD MUFFINS</strong></td>
<td>Small</td>
<td>27</td>
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<tr>
<td></td>
<td>Large</td>
<td>54</td>
</tr>
<tr>
<td><strong>GARLIC BREAD</strong></td>
<td>16 slices</td>
<td>9.95</td>
</tr>
<tr>
<td><strong>GARLIC BREADSTICKS</strong></td>
<td>1 each</td>
<td>1.25</td>
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<tr>
<td><strong>CIABATTA BREAD AND BUTTER</strong></td>
<td>12 slices</td>
<td>10.95</td>
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</table>

GF—Gluten Free  Veg—Vegetarian  V—Vegan
DESSERTS
Custom cakes available upon request

DELUXE COOKIES
sugar • chocolate chip • peanut butter • oatmeal raisin •
16.99 (12) | 27.99 (20) | 48.99 (35) | 62.99 (45)

FROSTED SUGAR COOKIES
24 hour notice required
20.99 (12) | 34.99 (20) | 60.99 (35) | 78.99 (45)

FUDGE BROWNIES
14.99 (10) | 20.99 (14) | 41.99 (28) | 53.99 (36)

FROSTED FUDGE BROWNIES
10.99 (6) | 20.99 (12) | 27.99 (16)

DECADENT BROWNIES
Oreo • Macaroon • Caramel Mocha
22.99 (12) | 47.99 (24) | 66.99 (36)

CHOCOLATE CHIP COOKIE BARS
17.99 (12) | 26.99 (18) | 50.99 (34) | 65.99 (44)

NEW YORK OR FEATURED CHEESECAKE BARS
13.99 (6) | 22.99 (10) | 35.99 (16) | 44.99 (20)

LEMON BARS
17.99 | one dozen

MINI CHOCOLATE DIPPED PRETZEL STICKS
24.00 | two dozen

MINI CHOCOLATE BROWNIE CUPS
1.75 | 2 per person | min 10 servings

HOMEMADE FRUIT CRISPS
serves 9-12
peach | 36.99
apple | 40.99

SIGNATURE DESSERT TRAY
mini gourmet cookies, mandarin orange tarts, thumbprint cookies, buckeye candies, dark chocolate orange truffles, grasshopper cookies, decadent brownies, chocolate dipped NY style cheesecake bars, raspberry cream sandwich, chocolate on bottom Macaroon cookie drizzled with caramel & sea salt, oatmeal scotchies and strawberries to garnish
64.99 | 83 pieces

VEGAN DESSERTS

OATMEAL BANANA OR PEANUT BUTTER COOKIES
1.50 each

BROWNIES
17.99 | one dozen

DESSERT TRAY
oatmeal banana and peanut butter cookies, brownies and strawberries
22.99 | 21 pieces

GLUTEN FREE DESSERTS

BUCKEYES | GF
9.99 | one dozen
15.99 | 18 pieces

CHOCOLATE CHIP OR PEANUT BUTTER COOKIES
1.50 each

BROWNIES
17.99 | one dozen

DESSERT TRAY
chocolate chip cookies, brownies, buckeyes and strawberries dipped in dark chocolate
24.99 | 20 pieces

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BEVERAGES

ASSORTED COKE PRODUCTS
2 liter bottles, 12 oz cans and
20 oz plastic bottles are now available
(Coke, Diet Coke, Sprite, Diet Sprite, Ginger Ale, Mr. Pibb, Root Beer, Orange, Lemonade, Iced Tea)

JUICE
½ gallon bottles: orange, apple cranberry
Individual bottles Minute Maid: orange, apple, cranberry, apple raspberry, cranberry grape

TEA SERVICE
(8-CUP THERMAL PUSH POT)
24.00 | 12 cups
40.00 | 20 cups

HOT CHOCOLATE
35.00 | 20 cups

ICED TEA (FRESH BREW)
20.85 | 12 cups
30.70 | 20 cups

LEMONADE
19.60 | 12 cups
30.25 | 20 cups

DISPOSABLE BEVERAGE SERVICE
cups and condiments included

COFFEE
deluxe sumatra blend (regular only)
21.60 | 12 cups
36.00 | 20 cups
decaffeinated • french vanilla • hazelnut
18.60 | 12 cups
31.00 | 20 cups

HOT TEA
24.00 | 12 cups
40.00 | 20 cups

HOT CHOCOLATE
35.00 | 20 cups

ICED TEA (FRESH BREW)
20.85 | 12 cups
30.70 | 20 cups

LEMONADE
19.60 | 12 cups
30.25 | 20 cups

DELUXE BEVERAGE SERVICE
cups and condiments included

COFFEE SERVICE**
(8-CUP THERMAL PUSH POT)
deluxe sumatra blend (regular only)
15.00
decaffeinated • french vanilla • hazelnut
12.00

TEA SERVICE
(8-CUP THERMAL PUSH POT)
16.50

INFUSED WATER SERVICE**
(48-CUP DISPENSER)
citrus • basil, cucumber • cranberry, orange
26.90
cucumber, lemon, mint • pineapple, orange, mint • strawberry, basil, lemon
29.90

**equipment set up and/or pick up charge may be incurred

CONSUMER ADVISORY
Eating raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness