

upbeetSM

Try Ours

Grains

Aloha Bowl 14.74 GF N S RAW

organic bamboo rice, organic mango, fresh organic jalapeños, scallions, avocado, toasted organic coconut, crushed macadamia nuts and housemade ginger miso dressing with MSC certified tuna poké

Chinese Takeout 11.49 V GF S

organic brown rice, purple cabbage, shredded organic carrots, scallions, roasted broccoli, organic sesame seeds, and housemade ginger miso dressing with agave sriracha organic tofu

Curry Up 13.24 GF N

organic brown rice, spicy roasted organic chickpeas, cilantro, roasted organic carrots, roasted sweet potatoes, toasted organic coconut, cashews, lime squeeze and housemade curry coconut dressing with grilled, pasture-raised chicken

Guac It Out™ 15.49 GF N

organic brown rice, organic black beans, sweet corn, fresh organic jalapeños, housemade pico de gallo, housemade guacamole, lime squeeze, organic pepper jack cheese and housemade cashew lime dressing with grilled, pasture-raised chicken



Macro Bowl™ 7.99 V GF

organic brown rice, organic lentils, roasted brussels sprouts, roasted cauliflower, roasted sweet potatoes, organic sunflower seeds and housemade detox dressing

Sweater Weather 12.49 GF N

organic brown rice, organic apples, roasted golden beets, roasted brussels sprouts, organic pecans, and housemade balsamic vinaigrette with grilled, pasture-raised chicken

Thai Cashew 13.74 GF N S

organic forbidden rice, basil, purple cabbage, shredded organic carrots, organic mango, scallions, cashews, and housemade spicy peanut dressing with wild-caught shrimp

The Bachelor 15.74 GF S

organic brown rice, organic heirloom cherry tomatoes, basil, red onions, roasted broccoli, roasted mushrooms, and housemade pesto vinaigrette with grilled, organic steak

Greens

Beyond Taco 14.49 V GF

organic mesclun, organic romaine, organic heirloom cherry tomatoes, sweet corn, red onions, cilantro, tortilla chips, and housemade chipotle lime vinaigrette with seasoned beyond™ beef

Buffalo Chicken 14.74 N S

organic mesclun, organic romaine, organic cucumber, organic heirloom cherry tomatoes, scallions, organic blue cheese, sriracha, and housemade ranch dressing with grilled, pasture-raised chicken

Club Med 12.99 V S

organic kale, organic mesclun, organic heirloom cherry tomatoes, kalamata olives, red onions, roasted garlic hummus, pita chips and housemade detox dressing with housemade herbed falafel

Coconut Kale 14.24 GF N S

organic curly kale, purple cabbage, organic mango, avocado, organic pumpkin seeds, toasted organic coconut and housemade ginger miso dressing with grilled, pasture-raised chicken

Fiesta Bowl 14.49 GF N S

organic romaine, organic black beans, organic cherry tomatoes, sweet corn, avocado, organic pepper jack cheese, tortilla chips and housemade ranch dressing with grilled, pasture-raised chicken

Pesto Manifesto™ 13.74 GF

organic spinach, organic quinoa, organic chickpeas, sweet corn, organic heirloom cherry tomatoes, roasted broccoli, lime squeeze, organic white cheddar and housemade pesto vinaigrette with grilled, pasture-raised chicken

Steak Out 15.74

organic mesclun, organic romaine, chives, organic heirloom cherry tomatoes, red onions, nitrate-free bacon, organic blue cheese and housemade balsamic vinaigrette dressing with grilled, organic steak

Very Vegan 11.49 V GF N

organic curly kale, organic quinoa, organic chickpeas, organic grapes, organic sunflower seeds, organic lemon squeeze and housemade sweet cashew dressing with agave sriracha organic tofu

Build Your Own Bowl 7.99+

GF gluten-free V vegan N contains nuts S contains soy

choose up to 2 BASES, 4 FRUITS & VEGGIES, 1 DRESSING, AND 1 DRY TOPPING
proteins and premiums are an extra cost. prices vary.

① Bases V GF

CHOOSE UP TO 2 | EACH ADDITIONAL +.50

Organic Greens

arugula
curly kale
mesclun
romaine
spinach

Organic Grains

bamboo rice
brown rice
forbidden rice
quinoa

② Fruits + Veggies V GF

CHOOSE UP TO 4 | EACH ADDITIONAL +.75

Cold Veggies

purple cabbage
organic carrots
organic chickpeas
spicy roasted chickpeas
sweet corn
organic cucumber
organic edamame (S)
organic jalapeños
organic green lentils
kalamata olives
pickled onions
red onions
organic green peas
organic bell peppers
housemade pico de gallo
organic cherry tomatoes

Hot Veggies

organic black beans
broccoli
brussels sprouts
cauliflower
organic carrots
golden beets
mushrooms (S)
sweet potatoes

Herbs

basil
chives
cilantro
mint
scallions

③ Protein

ADDITIONAL COST. PRICES VARY.

GRILLED CHICKEN+ 4.5 GF

pasture-raised chicken

CITRUS SHRIMP+ 5 GF

wild-caught shrimp

GRILLED TOP SIRLOIN STEAK+ 7 GF

grass-fed, organic steak

STEELHEAD TROUT+ 6 GF S

sustainable trout

TUNA POKE+ 5 GF S RAW

MSC certified tuna

Plant-Based

AGAVE SRIRACHA TOFU 3.5 V GF S

organic tofu | 12g protein

BBQ TEMPEH 7 V GF N

non-gmo | 22g protein

SEASONED BEYOND BEEF 6.5 V GF

non-gmo | 20g protein

HERBED FALAFEL 4 V GF

housemade | 12g protein

④ Premiums

ADDITIONAL COST.
PRICES VARY.

Avocado + Guac V GF

avocado half 1
housemade guacamole 2

Bacon + Eggs GF

chopped egg+.50
nitrate-free bacon .75

Cheese

organic blue cheese .75
organic white cheddar cheese 1.25 GF
organic feta cheese 1 GF
local goat cheese 2 GF
grated parmesan cheese .75 GF
organic pepper jack cheese 1 GF

Vegan Cheese V GF

non-gmo vegan cheddar cheese 1.5
non-gmo vegan parmesan cheese 1.5
non-gmo vegan pepper jack cheese 2

Other V GF S

hummus 1

⑤ Dressings V GF

CHOOSE 1
EACH ADDITIONAL +2

Asian

ginger miso S
spicy peanut N S
toasted sesame S

Creamy

cashew lime N
curry coconut N
caesar N S
ranch N S

Mexican

chipotle lime
lime vinaigrette

Savory

pesto vinaigrette
roasted red pepper

Simple

organic coconut aminos
olive oil + vinegar
sriracha

Sweet

blackberry vinaigrette
sweet cashew N

Vinaigrettes

balsamic vinaigrette
detox
lemon vinaigrette

Complimentary

Squeezes
organic lemon lime

⑥ Dry Toppings CHOOSE 1 | EACH ADDITIONAL +.75.

Nuts V GF N

cashews
crushed macadamia nuts
organic pecans
organic pistachios

Dried Fruit V GF

shredded organic coconut N
dried cranberries
organic golden raisins

Seeds V GF

hemp seeds
organic pumpkin seeds
organic sesame seeds
organic sunflower seeds

Etc.

organic croûtons V
hemp granola V S
red pepper flakes V GF
crushed tortilla chips V GF

Smoothies

upgrades + 2 | collagen protein, organic grass-fed ghee, organic mct oil, probiotics + prebiotics, vanilla vegan protein (N), whey protein

Beach House 10 GF (N)

organic pineapple, organic mango, mint, organic banana, organic dates, organic honey, organic vanilla coconut milk

Protein Shake 12 GF (N)

organic peanut butter, vegan vanilla protein powder, organic banana, organic dates, organic honey, organic almond milk

Coffee Date™ 10 V GF (N)

organic coffee, organic cacao powder, organic peanut butter, organic banana, organic dates, organic almond milk

Detox 9 V GF (N)

organic kale, organic spinach, celery, organic mango, organic banana, ginger, cold-pressed organic apple juice, organic lemon, organic coconut water

Glow Getter™ 11 GF (N)

organic blueberries, organic strawberries, organic banana, organic dates, collagen protein, organic coconut milk

Smoothie Bowls

upgrades + 2 | collagen protein, gluten-free granola, organic mct oil, probiotics + prebiotics, vanilla vegan protein (N), whey protein

Almond Joy 12 V (N) (S)

base organic acai, almond butter, organic banana, organic almond milk
toppings organic banana, organic strawberries, almond butter, organic cacao nibs, hemp organic granola

Berry Green 11 V (N) (S)

base organic acai, organic banana, organic blueberries, organic kale, organic mango, organic spinach, organic almond milk
toppings organic banana, organic blueberries, organic hemp granola, hemp seeds

Little Mermaid 9 V (N) (S)

base organic acai, organic banana, blue majik, organic cashew milk
toppings organic banana, organic blackberries, organic hemp granola, sprinkles

Golden State 9 GF (N)

organic turmeric, almond butter, organic banana, organic honey, organic dates, cinnamon, organic cashew milk

Green Day 12 V GF (N)

organic kale, organic spinach, avocado, organic banana, organic cold-pressed apple juice, organic dates, organic almond milk

Matcha-Cha 11 GF (N)

organic matcha, organic kiwi, organic pineapple, organic banana, organic honey, organic vanilla almond milk

Pink Drink 11 V GF (N)

organic pitaya, organic pomegranate, organic strawberries, organic banana, organic dates, organic vanilla coconut milk

Strawberry Basil 9 V GF (N)

organic strawberries, basil, organic pomegranate, organic banana, organic vanilla almond milk

Superfood Lattes

served hot or cold V GF

Cacao 6

organic raw cacao, herbs + spices, organic coconut milk

Chai 5

black tea, herbs + spices, organic almond milk

Golden Milk 6

turmeric, ashwagandha, cardamom, ginger, maple, black pepper, organic cashew milk

Magic Mushroom 6

wild-crafted chaga mushroom, peppermint, rose hips, organic agave, organic vanilla almond milk

Matcha 6

organic matcha, organic vanilla almond milk

Smurf Latte 6

blue majik, sprinkles, organic vanilla almond milk

Coffee

Hot or Iced 3 V GF

dark roast
decaf

Butter Coffee 6 GF

coffee, grass-fed ghee,
mct oil

upgrades +2

coconut butter, collagen protein, organic ghee, organic maple syrup, organic mct oil, whey protein