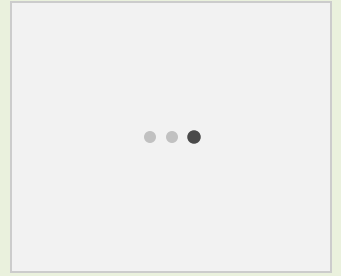


Supplemental Activity

Conversation Series: Who Am I?



OBJECTIVE

Students will reflect on how they view themselves and others in order to strengthen their own sense of purpose.

MATERIALS

◆ No materials Needed

TEACHER TIPS

1. *Follow each question with a deeper and more probing question to facilitate the discussion.*
 - *Do you see yourself as a good person?*
 - *Do you see areas that you want to improve in?*

“Conversation Series: Who Am I?” Overview

Day 1: Conversation Series: Who Am I?

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STEP 1. Introduce Conversation Series (1 min)

- A Conversation Series is a set of topics that we will talk about.

STEP 2. Facilitate a Discussion about Who Am I (5 mins)

- To help students think about their own identities, i.e., the answer to the question, “Who Am I?”, ask students questions about how they view themselves and how they view other people.
 - *“How do I see myself?”*
 - *How do I think others see me?*
 - *How do I see others?*
 - *How do I want others to see me?*
 - *What do I want others to believe is my purpose in life?”*

STEP 3. Ask more specific questions to explore more into the students' view of “Who Am I?”: (6-7 mins)

- *Do I have a different “self” in different situations?*
- *What is my “MOSAIC self” like?*
- *How am I different in MOSAIC and elsewhere?*
- *What motivates me?*
- *What are my best abilities?*
- *How do peers influence me?*
- *When and with whom am I at my best?*
- *Who are my best sources of help?*
- *How can I do more of what will help me to succeed?*
- *What is the connection of my answer to “Who Am I?”, my sense of positive purpose, and how I act?*

FOLLOW UP

Point out when students show they answer the question, “Who Am I?” by how they act in different situations. It can be especially helpful to point out how they might behave differently in different situations and to ask where they feel they are being most consistent with their sense of positive purpose.