



## **'Fun'draising Ideas!**

Interested in fundraising for Nourish? Here are some creative ideas to get you started and put the 'fun' back in fundraising!

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### **Come Dine With Me**

Take turns hosting dinner parties with a group of food loving friends and charge a fee or take a donation for Nourish each night. Each participant has a secret vote at the end of each dinner to score the event, and at the end of the rotation the winners are announced - winning a coveted trophy like a wooden spoon or spatula.

### **Host a friends, family, and food event/potluck**

Start a new food tradition or continue an old favorite. Ask invitees to pay an entrance fee or set out a donation basket in support of Nourish.

### **Offer odd job services**

Organize a family work-weekend and advertise to friends around the neighborhood needing odd jobs around the home or yard, in exchange for a donation as payment.

### **Throw a house party**

A great way to keep neighbourhoods strong and community minded. Find a common event the whole neighbourhood can rally around (Canada Day BBQ celebration, outdoor movie night) and name Nourish Nova Scotia as benefactor of a portion of funds raised. Raising funds is just an excuse for the gathering!

### **Clothes swap**

Get all your friends to bring over their unwanted clothes, hang them in size order, have plenty of full length mirrors on hand, and charge a nominal fee for each item taken home.

### **Yard sales**

Why not have a yard sale to de-clutter and donate all or a portion of your profits towards your team? Some neighborhoods even have yard sale weekends you could join in on to increase your potential customers.

### **Host a breakfast at your office**

Offer a healthy breakfast one or more mornings at your workplace. Set out a donations jar as people go by to grab their smoothie or fruit kebob.

### **Organize a small sports tournament**

Dodgeball, soccer, handball, ultimate frisbee, bowling- find a space and ask friends to give a donation of five dollars to enter the tournament!

### **Sell tickets on a basket (requires a lotto license)**

Put together a basket of prizes to sell tickets on. Baskets can be themed (student prize pack, cooking supplies, local products, etc) and tickets can be sold 1 for \$2 or 3 for \$5. Collect the contact information of those purchasing tickets and make sure to let people know your draw date.

### **Host a board game night with friends**

Find a cozy space or use your home. Invite some friends and ask them to bring their favorite board games or have a tournament with a known game. Offer some snacks and a prize for the winner to get your guests excited!

### **Start a walking/running group in your community**

Gather friends and neighbors one evening each week to walk or run to help you train! Ask each person to make a donation of \$1, if they are able, each time they join you. This can really add up if you make it a regular event!

### **Coffee change challenge**

Challenge your friends, family, or co-workers to donate their daily coffee money on a one time or weekly basis. Be sure to thank them for their sacrifice afterwards!

### **Fundraise with a special event**

Have an upcoming special event, such as a birthday, anniversary, or graduation? If you're not looking for gifts, this can be a great way for friends and family to honor you by supporting a cause you care about.

### **Share your talents and skills**

Are you a technology guru, art enthusiast, kitchen whiz or trained musician? Consider who in your community might benefit from your skills and offer a workshop by donation!

### **Host a book club**

Have some avid readers in your life? Why not get a group of them together for a weekly book club using books from your local library. Each time you gather, set out a donation jar for \$2 - \$5 donations.

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**Thank you for your support! Your donations are helping us achieve our vision of all Nova Scotian youth being well-nourished to live, learn and play.**