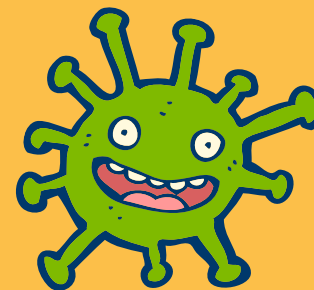
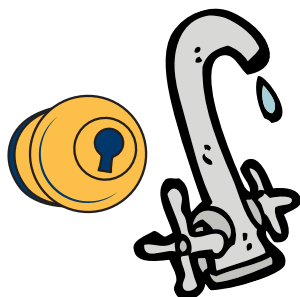


# A handwashing activity with glitter



1

Put a small amount of cooking oil or lotion on hands and shake some glitter on. Explain how the glitter spreads a lot like germs.



2

How do germs spread?  
Touch some items before washing hands like the wall, door knob and the taps to see the glitter being transferred from hands to surfaces.

3

Wash hands. Try first without soap. Does the glitter come off? How about with soap? What are some parts of hands that can be easily missed?



Here's a fun way to learn proper hand washing with the [Wash your hands, Brother John! video](#) developed by Dr. Nisha Thampi and CHEO.

For more tips on handwashing watch our [video](#).