Transendence: Pathways to a Healthy Gender Transition
Mondays - 5PM to 6PM · 5th Floor, Mt. Vernon Center

For individuals with gender identity concerns looking to explore possible aspects of transition or may be in the early stages of a gender transition. An initial behavioral health assessment is required prior to the start of group.

To join, talk with your provider or contact 410-837-2050 X1119.

T Time
Mondays - 6:30PM to 7:30PM · Mt. Vernon Center
Wednesdays - 5PM to 6PM · Mt. Vernon Center

Ongoing, process-oriented group for TGNC individuals in varied stages of transition focusing on topics such as interpersonal functioning, family dynamics, and developing a sense of self.

To join, talk with your provider or contact 410-837-2050 X4019.

Identity Talk
Tuesdays- 5:30PM to 6:30PM · 5th Floor, Mt. Vernon Center

10-week, unstructured, process-oriented group that focuses on the cultural intersection of race, gender, class and social identity for gender diverse, transgender, and gender nonconfirming people. An initial behavioral health assessment is required prior to the start of group.

To join, talk with your provider or contact 410-837-2050 X1119.

The LGBT Health Resource Center
of Chase Brexton Health Care

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