Run with Us!
We are excited to announce our 2019 - 2020 Race Series. Join SRLA as we train for the Los Angeles Marathon with 4 fun, fast races all across LA.

Register for the series today and receive a 10% discount on each race!

Register

Our Impact: Update!
SRLA is committed to measuring the impact of its program. Last season nearly 800 students participated in our pre- and post-season survey. Below are just some of the positive changes students made:

- SRLA students incorporated more exercise into their daily lives during the course of the SRLA season.
- Even better, 89% of responding students reported being "likely" or "very likely" to continue exercising after the SRLA program ended.
- After training with SRLA, students made better food choices by consuming less fast food and soda and eating more fruits and vegetables.

Learn more in our full Impact Report!

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**Senior Stories: Christian**

"Ever since I was training for my first marathon in 2013, my leaders would tell me "If you can run the marathon, you can do anything". After I ran my first marathon in 2014, that became my mentality. I..."
created connections with my leaders and they taught me more than just
science or math."

With Students Run LA, Christian learned strength comes from
determination. Read Christian’s story and more on our blog!

Interested in Becoming a Sponsor?
Students Run LA is gearing up for our 31st Season and we would love for
you, your business, or your employer to be a part of it. To learn more about
sponsorship opportunities, email cassidy@srla.org.

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