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For life-threatening emergencies call $\underline{000}$

WA Country Health Service operates Emergency Departments from hospitals in all major towns. They provide high intensity clinical intervention services including acute mental health assessment and consultation during business hours, Psychiatric Liaison Nurse support, on call psychiatry, and emergency telehealth medicine.

| Town | Location | Emergency Department Ph |
|------------------|----------|-------------------------|
| Broome | | 9194 2222 |
| Derby | | 9193 3333 |
| Fitzroy Crossing | | 9166 1777 |
| Halls Creek | | 9168 9222 |
| Wyndham | | 9161 0222 |
| Kununurra | | 9166 4222 |

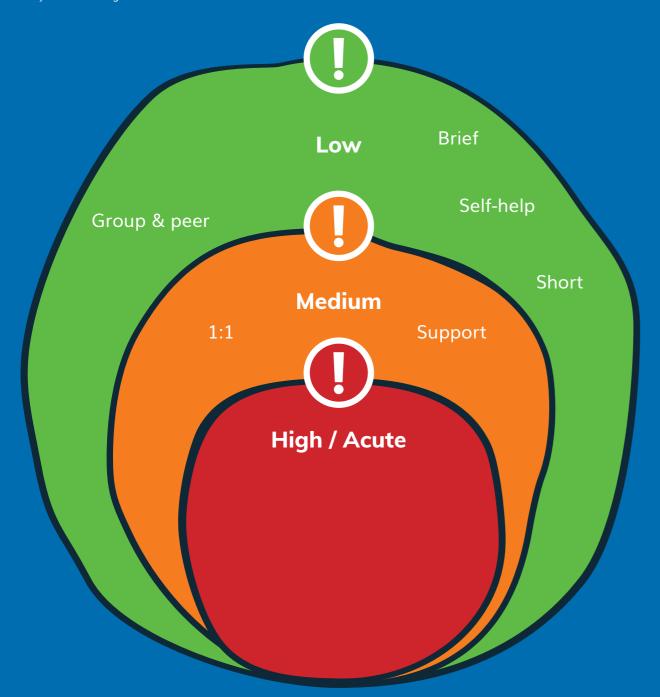
Introduction

The Kimberley Mental Health and Alcohol and Other Drug (AOD) Service Map is a service directory of mental health and AOD services that are accessible to people residing in the Kimberley.

It is to assist Kimberley Service Providers with referring people to the right place, no matter where someone in crisis arrives.

This resource was developed by the No Wrong Door initiative as part of the Kimberley Aboriginal Suicide Prevention Trial and was supported through local partnerships with key agencies who are members of the Drug, Alcohol and Mental Health subcommittee of the Kimberley Aboriginal Health Planning Forum. It was developed thanks to organisations who provided their service details and may not include all available services in the region.

The Service Map has one section for each town (and surrounding communities) and one section with digital services. A symbol is displayed next to each listing as a quick guide to the level of support provided. The symbol resembles that below and conveys the following information:





Cultural Security Framework

The Cultural Security Framework for Kimberley Mental Health, Social and Emotional Wellbeing, and Alcohol and Other Drugs Services was developed by the Drug, Alcohol and Mental Health Subcommittee of the Kimberley Aboriginal Health Planning Forum (KAHPF) as an initiative of the Kimberley Aboriginal Suicide Prevention Trial.

The vision of the Framework is for the delivery of culturally secure mental health/social and emotional wellbeing and alcohol and other drug services and supports, which are responsive to, and respectful of, the cultural rights, values, beliefs and expectations of Aboriginal people in the Kimberley region.

The Framework takes a Continuous Quality Improvement approach, with four key result areas where cultural security should be address for both employees and community members. A supporting Guide and Self-Assessment Tool is available to assist services and organisations to self-manage implementation.

Organisations that have been assessed to comply with the Cultural Security Framework are indicated in the service map with the following symbol (2)

The Cultural Security Framework, supporting Guide, and Self-Assessment Tool are available on the KAHPF website here: kahpf.org.au/resources



Indigenous Corporations

An Indigenous corporation is an Aboriginal and Torres Strait Islander organisation registered under the Corporations (Aboriginal and Torres Strait Islander) Act 2006, which means that it is a distinct legal entity. An Australian Aboriginal flag symbol ___ indicates that the service is provided by an Indigenous corporation.

No Wrong Door initative

The Service Map was developed as an activity of the No Wrong Door initiative under the Kimberley Aboriginal Suicide Prevention Trial. The No Wrong Door initiative has the collective commitment:

"To work together to meet the needs of community, including young people, through cultural and clinical healing and coordinated partnership to prevent deliberate self-harm and suicidal behaviours in the Kimberley region."

No Wrong Door Principles

In 2019, a No Wrong Door workshop sought to explore a shared understanding of the purpose and definition of a No Wrong Door approach.

The No Wrong Door approach has four key elements:

- Access: People can get the help they need, when they need it, where they need it
- Capacities: The door doesn't matter, but the skills and knowledge of those behind it does
- Connection: The most important doors are family, community, and culture
- Scale: There are enough doors to connect services,

community, and culture.

lembership

Membership includes representation from Aboriginal Community Controlled Health Organisations, Government, Private, and community organisations, including:

- Kimberley Futures (West Kimberley Empowered Communities)
- Anglicare WA
- Boab Health Services
- Binarri-Binyja Yarrawoo (East Kimberley Empowered Communities)
- Cyrenian House
- Department of Communities
- Kimberley Aboriginal Medical Services
- Kimberley Mental Health and Drug Service
- Mental Health Commission
- Milliya Rumurra
- Royal Flying Doctor Service
- WA Primary Health Alliance

Broome is a major town in West Kimberley. Surrounding communities include One Arm Point, Beagle Bay, Lombadina / Djarindjin, Bidyadanga, and others.







| Broome Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|--|---|----------------------|---|---|----------|
| Alcohol and Drug Treatment and Rehabilitation Program Milliya Rumurra Aboriginal Corporation 9192 1699 78 Great Northern Hwy, Broome Treatment and rehabilitation to Aboriginal people wishing to address their drug and alcohol use. The centre's rehabilitation program is for a minimum of 13-weeks with the possibility of extension. 24/7 | Face-to-face | Must meet inclusion criteria | Fees may apply | Self-referral, referral from AMS, other AOD, MH service or another agency | Kimberley | Yes |
| ALIVE and Kicking Goals! ① ① Mens Outreach Service Aboriginal Corporation 9192 2767 2/12 Gregory St, Broome Provides activities that are delivered by staff and volunteer youth leaders to their peers. Young people are educated about suicide prevention, positive lifestyle choices and hope about the future. Mon-Fri 8:30am-4:00pm | Individual Face-to-face, Group Face-to-face, Outreach | Child and Adolescent; young adult (8-30 yrs) | No fee | Self-referral, other | West Kimberley towns and communities | No |
| Be the Best You can Be (Mad Bastards) ① ① | Group Face-to-face | Healing and motivation to change | No fee | Self-referral, referrals from other services | Bidyadanga | No |
| Beagle Bay Health Service Kimberley Aboriginal Medical Services (KAMS), Remote Services 9192 4914 53 Beagle Bay Rd, Beagle Bay Primary and acute health care services to the Beagle Bay community. Staffed by a team of Registered Nurses and Aboriginal Health Workers/Practitioners with visiting Doctors, Midwife, Child Health Nurse and School Health Nurse. Additional services are provided by visiting specialists, including Allied Health, Psychiatrist, Psychologist and Mental Health Nurse. Mon-Fri 8:30am-4:00pm. 24/7 after-hours on-call for emergencies | Telephone, Digital, Individual Face-to-face | All community members are eligible | No fee | Clinic walk-ins | Beagle Bay | No |
| Bidyadanga Community Clinic Kimberley Aboriginal Medical Services (KAMS), Remote Services 9192 4952 86 Wangkaja Rd, Lagrange Primary and acute health care services to the Bidyadanga community. Staffed by Registered Nurses and Aboriginal Health Workers/Practitioners with visiting Doctors, Midwife, Child Health Nurse and School Health Nurse, with access to Mental Health Emergency Telehealth Service when required. Visiting specialists include Allied Health, Psychiatrist, Psychologist and Mental Health Nurse. Mon-Wed and Fri 8:00am-9:00am. 24/7 after-hours on-call for emergencies | Telephone, Digital, Individual Face-to-face | All community members are eligible | No fee | Clinic walk-ins | Bidyadanga | No |
| Breakfast Program Centacare Kimberley Association 9192 2293 Father McMahon Building – 27 Robinson St, Broome Fresh cooked meals provided along with a variety of services ranging from haircuts to medical needs. Mon-Wed and Fri 8:00am-9:00am | Face-to-face | Adult community members | No fee | Drop-in | Broome | No |

| Broome Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|--|----------------------|--|---|----------|
| Empowered Young Leaders Mens Outreach Service Aboriginal Corporation 2/12 Gregory St, Broome Facilitate, coordinate and support networks of young people across Kimberley for leadership and advocacy. Hosted by ALIVE and Kicking Goals program team. Mon-Fri 8.30am-4.00pm | Group Face-to-face | Young adult 18+ | No fee | Self-referral, other | Kimberley towns and communities | No |
| Family and Domestic Violence Coordinated Response Service Anglicare WA Works in partnership with the Department for Child Protection and WA Police to improve the safety of child and adult victims of family and domestic violence. The service focuses on timely and early intervention following a police call out to a domestic violence incident. 9194 2400 Broome Police Station, Cnr Frederick and Hamersley St, Broome Mon-Fri 8:00am-4:00pm | Telephone, Face-to-face | Family Violence Incident Report | | FDV Response Team referral after a Family Violence Incident report to Police | West Kimberley | |
| Family and Relationship Service (FaRS) and Specialised Family Violence Service (SFVS) Anglicare WA FaRS aims to support families going through change, strengthen relationships, prevent breakdown and ensure the wellbeing and safety of children through broad-based counselling and education. SFVS delivers specialised services to support children, families, Individuals and couples who are experiencing (or at risk of experiencing) or witnessing family and domestic violence. 9194 2400 2 Weld St, Broome Mon – Fri 8:00 am – 4:00pm | Telephone, Digital, Face-to-face | Individuals and families | No fee | Self-referral or agency referral | Broome with outreach to Derby | Yes |
| Family Law Counselling Anglicare WA Counselling, therapeutic intervention, information and referral Individuals to couples or families with relationship difficulties to better manage their personal or interpersonal issues arising from relationship changes, marriage, separation and divorce. When providing support to families experiencing relationship breakdown, counselling services focus on the needs of children. 9193 8100 2 Weld St, Broome Mon - Fri 8:00 am - 4:00pm | Telephone, Digital, Face-to-face | | No fee | Self-referral | West Kimberley | Yes |
| Fee for Service (Individual support) Boab Health Service Support options for Individual clients under MBS, or user pays, Adhoc/upon request. 9192 7888 5/20 Hamersley St, Broome Mon-Fri 8:00am-4:30pm (excluding public holidays) | Individual, Group | | Fees may apply | Contact Boab Health Service | West Kimberley | Yes |
| Fee for Service (Organisational support) Boab Health Service Support options for staff, including EAP, Clinical Supervision, Reflective Debrief. 9192 7888 5/20 Hamersley St, Broome Mon-Fri 8:00am-4:30pm (excluding public holidays) | Individual, Group | 18+ yrs, employed with organisations that we have contracted for service | Fees may apply | Contact Boab Health Service | West Kimberley | Yes |
| GP and Nurse Clinics Royal Flying Doctor Service - Western Operations GP services. 9157 1100 RFDS Broome Base, Gus Winckel Dr, Broome We fly into community in the mornings and out when patient need is serviced | Face-to-face | | No fee | Self-referral | Yakanarra weekly on Wed Kadjina/Djugerari fortnightly on Tues Koorabye monthly on Tues Gibb River locations - usually Doongan, Drysdale, Mornington and Mount House rotational between sites | Yes |
| Broome Medical Clinic A locally owned and run GP Clinic. Services include helping Individuals to self-manage, referrals for 1:1 Counselling, support services, Mental Health assessment. 9192 2022 26 Robinson St, Broome Mon-Wed 8.00am-6.00pm, Thurs-Fri 8.00am-5.00pm, Sat 8.30am-11.30am. Broome Hospital for after-hours emergencies | Telephone, Digital, Individual Face-to-face | | Fees may apply | Self-referral, book via phone or online | Local Broome community, Derby and other outlying areas | No |

| Broome Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|---|--|----------------------|--|---|----------|
| GP Clinic ① ① ① ① Kimberley Medical Group A mixed billing family medical practice. Our health professionals are passionate about living and working in the Kimberley Region, and bring a diverse range of quality health care services to their patients and the local Broome community. 9157 9860 1 and 2, 19 Hamersley St, Broome Mon, Wed and Fri 7.30am-5.00pm. Tues and Thurs 8.00am-5.00pm | Telephone, Digital, Individual Face-to-face | All patients are eligible | Fees may apply | Self-referral, GP-referral, other (GPMH) | Local Broome community, patient's visiting town are welcome | Yes |
| headspace Broome ① ① Kimberley Aboriginal Medical Services (KAMS) A youth friendly space to help young people get back on track. We have a range of services to help young people reach their health and well-being goals. 9194 4500 38 Frederick St, Broome Mon-Fri 8:00am-4:30pm. After hours by appointment | Individual Face-to-face, Group Face-to-face | 12-25 yrs | No fee | Self-referral | Broome | Yes |
| Homeless Outreach Centacare Kimberley Association Support in administering and gaining access to a variety of housing solutions. Support in stabilising and outreaching those who are sleeping rough. Once housed, continuous support in building life-skills and retaining tenancies. 9192 2293 25 Robinson St, Broome Mon-Fri 9:00am-4:00pm | Face-to-face | Homeless or couch surfing | No fee | Drop-in or referral from external provider | Broome | |
| Individualised Community Living Strategy (ICLS) Program Life Without Barriers Shared approach, recovery-focused support within the home and community settings. The support may be paired with housing or may be provided to an Individual who already has secure accommodation. Individualised supports are tailored to meet the Individual's needs. Generally, 3-4 hours at a time, frequency dependent on funding. 9208 3400 Broome Mon-Fri 9:00am-5:00pm. Support sessions may be rostered outside of this. Outside of office hours there is an on-call service available for emergencies | Individual Face-to-face, Group Face-to-face | Eligibility criteria applies referrals are only accepted by MHC and KMHDS | No fee | Referrals must be made via the Mental Health Commission, any referral accepted will be given an overview of the service to select from. During the nomination process, the clinical representative that makes the referral will recommend the level of funding likely required. This is determined through a set of questions, included in the referral process. | Broome | Yes |
| Integrated Primary Mental Health Care - Kimberley (1) (1) (1) Boab Health Service Access to a range of tailored, evidence-based care options including brief intervention. The intervention offered depends on the severity of presentation. Where available and appropriate, Individuals may be able to access Group sessions and be connected to local community support services. 9192 7888 5/20 Hamersley St, Broome Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group, Outreach | Determined by contract funding (criteria priority populations, inclusion and exclusion criteria) | No fee | Boab referral form, assessment and engaged with GP | Broome, Bidyadanga, Dampier Peninsula | Yes |
| Integrative Counselling and Mediation Services by Astrid ① ① Astrid Gerrits, Social Worker Support with improving your wellbeing if you have any concerns or struggle with your feelings. Assist you (and partner/family) with improving your communication, expressing your needs and understanding others' needs better. If there is relationship breakdown or conflict, we may assist with repair, conflict resolution or moving forward. 0466 126 316 Mon-Fri 8:00am-2:00pm | Telephone, Digital, Face-to-face | | Fees may apply | Call 0466 126 316 or email astrid.icams@gmail.com | Broome, day trips to the Peninsula, Derby, Bidyadanga and surrounds | No |
| Kimberley Culture, Art and Sport Program and Kimberley Active Community Program Garnduwa Remote community sport and recreation service provider empowering communities of the Kimberley to live active healthy lives. Engage and support participation in meaningful culture, art and sport activities. Engage and support participation in social and emotional wellbeing educational and upskill in suicide prevention spaces. 9195 5751 2/23 Coghlan St, Broome 8:00am-4.30pm, various hours during community visits and major regional events | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | | No fee | Rock up and play | Regularly service Kimberley wide | |

| Broome Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|--|--------|--|--|----------|
| Kimberley Community Alcohol and Drug Service (KCADS) ① ① WA Country Health Service Services include outpatient counselling, Community Opioid Replacement Program (CPOP), prevention activities, WA Diversion Program, Cannabis Intervention Sessions, Alcohol Interlock Sessions. 9194 2640 Cnr Anne and Robinson St, Broome Mon-Fri 8.00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 14+ yrs | No fee | No Wrong Door, diversion programs, initial assessment upon first contact | Bidgydanga 1 day per fortnight Dampier Peninsula 2 days every 4 weeks | Yes |
| Kimberley Family Relationship Centre - Family Dispute Resolution, Family Advisor, Family Support Officer and Indigenous Advisor Anglicare WA Family Relationship Counsellors help improve family relationships by providing information, support and referral services. Separating or separated parents are assisted with family dispute resolution, access to legal assistance, and focusing on their children's best interest and needs to reach agreement on safe workable parenting arrangements, outside of the court system. 9193 8100 2 Weld St, Broome Mon - Fri 8:00 am - 4:00pm | Telephone, Digital, Face-to-face | | No fee | Self-referral | Broome with outreach to Derby and Fitzroy Crossing | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service Mabu Liyan Broome mental health in patient service. 9194 4100 Cnr Anne and Robinson St, Broome 24/7 | Face-to-face | 18+ yrs, underage by exception, Kimberley and Pilbara resident | No fee | Community mental health teams across the Kimberley and Pilbara (NW region) | | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service Adult Community Mental Health Services. 9194 2640 Cnr Anne and Robinson St, Broome Mon-Fri 8.00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | No Wrong Door, initial assessment upon first contact | Bidgydanga 1 day per fortnight Dampier Peninsula 2 days every 4 weeks | No |
| Kimberley Mental Health and Drug Service | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 15-24 yrs | No fee | Self-referral or agency referral | Beagle Bay, Djarindjin, Lombadina, One Arm Point 3 days every 4 weeks | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service CAMHS Child and Adolescent Mental Health Service. 9192 9700 38 Fredrick St, Broome Mon-Fri 8.00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 0-18 yrs and family | No fee | Self-referral or agency referral | Bidyadanga 1 day per fortnight Dampier Peninsula 2 days every 4 weeks | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service Individual community living strategy. 9194 2640 Cnr Anne and Robinson St, Broome Mon-Fri 8.00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | No Wrong Door, initial assessment upon first contact, driven on nomination (application to MHC) | Broome | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service The Broome Community Recovery Centre provides programs, support, training and employment opportunity for people recovering from mental health issues. 0437 761 105 Cnr Saville and Herbert St, Broome Mon-Fri 8:00am-4:30pm excluding public holiday Hours depend on Groups and facilitators | Digital, Face-to-face | 0+ | No fee | Self-referral, agency referral, Referral form available | Broome | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service Mental Health Liaison Services. 9194 2222 Cnr Anne and Robinson St, Broome 7:00am-10:00pm | Face-to-face | 0+ | No fee | Emergency Department presentation | Broome | |

| Broome Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|--|---|----------------------|---|---|----------|
| Kimberley Sexual Abuse Assault Counselling Service Anglicare WA Counselling to victims of sexual abuse and assault. Delivers Group work programs and community education initiatives around sexual assault and abuse. The Service aims to reduce the incidence of, and manage the impact of sexual abuse and assault through a holistic, person-centred and strengths-based approach and early intervention/prevention. 9194 2400 2 Weld St, Broome Mon – Fri 8:00 am – 4:00pm | Face-to-face | Anyone impacted by sexual assault/abuse | No fee | Self-referral or agency referral | Broome with outreach to Dampier Peninsula | Yes |
| LifeCycle Youth Connection (LCYC) Mens Outreach Service Aboriginal Corporation Mobile bicycle repair sessions for young people in targeted communities across the West Kimberley. This program aims to address the over representation of Aboriginal Youth across the Kimberley with mental health issues and in contact with police, disengaged from school, and in juvenile justice facilities. 9192 2767 Mon-Fri 8.30am-4.00pm | Group Face-to-face, Outreach | Child and Adolescent (8-18 yrs) | No Fee | Self-referral, other | Broome (Surrounding communities visited on a 3-4-week rotation) | No |
| Mens Health and Wellbeing ① ① | Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs, Support clients leaving prison to engage in employment and health care, Provides support to clients with complex challenges | No fee | Self-referral, referrals from other services | Bidyadanga | No |
| Mental Health Carer Support (Support for Family and Friends) HelpingMinds Counselling and support Groups, family capacity building, advocacy, seminars, workshops and general information on mental health issues for families and carers. 1800 011 747 2/40 Dampier Terr, Broome Mon-Fri 8:30am-4:30pm | Telephone, Digital, Face-to-face | Child, youth (7-18 yrs) and family support, carers of a friend or family member who is experiencing mental health challenges (with or without a diagnosis) | No fee | Anyone can refer, registration and intake required to access services | We offer support remotely across the Kimberley via Telephone and through online supports | Yes |
| Mental Health Housing Support ① Centacare Kimberley Association In partnership with the local Mental Health Clinic in Broome, we provide housing solutions and life-skill development for clients with various mental health disabilities. 9192 2293 25 Robinson St, Broome Mon-Fri 9:00am-12:00pm | Face-to-face | Mental Health referral from local clinic | No fee | Agency referral | Broome | No |
| Parenting Connections WA | Telephone, Digital, Face-to-face | Parents and caregivers of children aged 0-18 yrs | No fee | Self or Agency referral | Kimberley | No |
| Post Rehab Continuing Care Service Kimberley ① | Telephone, Face-to-face | Exiting a Kimberley residential rehab facility | No fee | KCCP team assessment | Kimberley | No |
| Private Neuro and Clinical Psychologist ① ① ① Robyn Bradbury Interest in legal insurance, compensation claims, psych reports, intellectual disability (including autism, FASD diagnostic assessment), Acquired Brain Injury and trauma management. 0422 349 061 Unit 14, 39 Hamersley St, Broome Mon-Fri 9:00am-5:00pm | Telephone, Face-to-face, Groups when available | All ages and has a relevant GP mental health plan or NDIS plan | Fees may apply | Call Robyn | Broome and Kununurra (if viable) | Yes |
| Regional Family Dispute Resolution ① ① Anglicare WA Dispute resolution, education, information and counselling to meet the needs of regional communities to help separating and separated families resolve disputes and reach agreement on parenting arrangements and property, ensuring the safety of parties where violence is disclosed, and that agreements are in the best interests of the children involved. 2 Weld St, Broome Mon – Fri 8:00 am – 4:00pm | Telephone, Digital, Face-to-face | | No fee | Self-referral | West Kimberley | Yes |

| Broome Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|---|----------------------|---|---|----------|
| Sobering Up Centre - Broome ① ① Comparison Milliya Rumurra Aboriginal Corporation Sobering Up Centres provide a safe environment in which people found intoxicated in public may sober up. 9193 7516 2 - 6 Stewart St, Broome Mon-Sat 3.30pm-8.00am | Face-to-face | Intoxication | No fee | Self-referral, agency referral | Broome | Yes |
| Strong Women Strong Families ① | Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | Self-referral, referrals from other services | | No |
| Social and Emotional Wellbeing Team ① ① ① Kimberley Aboriginal Medical Services (KAMS) Promote and support the social and emotional wellbeing of communities and the SEWB workforce capacity through culturally-situated brief intervention support, outreach and Group work, training, information sessions and resources, identification of training needs of SEWB workforce, workforce development plans, Links to supervision and mentoring opportunities and Coordination of accredited training. 9194 3200 12 Napier Terr, Broome Mon-Fri 8:00am- 4:30pm. SEWB worker at headspace Broome undertakes after-hours work with young men's Groups | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | | No fee | Workforces support for communities or Individuals; Self-referral or request from GP or other services is welcomed | Deliver training across the Kimberley, including all major towns and remote communities. Groups run from headspace Broome and through outreach to the Tjurabalan. SEWB Team members based in Broome and Kutjungka/ Tjurabalan (Balgo, Bililuna, Mulan). | No |
| Standby Suicide Postvention (Kimberley Postvention Service) Anglicare WA A collaboration between StandBy Support After Suicide, Thirrili and Kimberley Aboriginal Medical Service. A suicide bereavement response service that provides support to people and communities affected by suicide which can help people bereaved in the recent past or long ago. 9194 2400 2 Weld St, Broome Mon – Fri 8:00 am – 4:00pm | Telephone, Digital, Face-to-face | People, families and communities who have lost loved ones, friends or colleagues to suicide | No fee | Self-referral or agency referral | West Kimberley | |
| Transition Housing and Support Program Milliya Rumurra Aboriginal Corporation Community based, transitional accommodation for people exiting residential alcohol and drug treatment programs. In reach support is available to clients to assist with personal recovery and relapse prevention. 9192 1699 78 Great Northern Hwy, Broome 24/7 | Face-to-face | Completion of a rehabilitation program | Fees may apply | Clinical team assessment | Broome | Yes |
| Youth Access Re-engagement Project North Regional TAFE A work readiness qualification focused on building confidence and capacity, and empowering young women to take that next leap forward. The program enables learners to develop their skills in communication, numeracy, technology, study, personal development, teamwork and community participation. Students will engage in on-campus training and explore local industry areas. 1300 996 573 North Regional TAFE, 68 Cable Beach Rd East, Broome | Face-to-face | | Fees may apply | Self-referral, agency referral and North Regional TAFE enrolment process | | Yes |

Derby

Derby is a major town in West Kimberley. Surrounding communities include Looma, Mowanjum, Pandanus, Gibb River (inclusive of stations and communities located up the Gibb River Road) and others.





| Derby Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|--|----------------------|---|---|----------|
| Aboriginal Community Connectors Program Garl Garl Walbu Alcohol Association Aboriginal Corporation 9193 1665 23 Stanley St, Derby Transport home or to another safe place like the shelter so customers do not hurt themselves and/or other people. In addition, people can ask staff for help or assistance to deal with personal issues. Mon-Wed 4:00pm-10:00pm, Thu-Fri 4:00pm-12:00am | Face-to-face | Transport is only for youth centre children and intoxicated customers, anyone 30+ yrs can ask for assistance to deal with an issue | No fee | Self-referral, agency referral or referral from concerned citizens | Derby, customers from other Kimberley towns and communities can access the program | |
| Aboriginal Health Services Derby Aboriginal Health Service 9158 4200 1 Stanley St, Derby Culturally secure, strengths-based services, including Counselling, Groupwork, Art Therapy, perinatal support, case work, support work, referral and advocacy, and internal referral to our GP's and allied health workers. For people experiencing distress resulting from issues such as trauma, family violence, depression, anxiety, isolation, substance use, anger, grief, sadness and worry. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Individual Face-to-face, Group Face-to-face, Outreach | DAHS clients | No fee | Self-referral, DAHS GP-referral | Derby and surrounding communities | No |
| Alcohol and Other Drugs Peer Education Program ① | Face-to-face, Group, Telephone (if requested) | 10-30 yrs, concerned about their AOD misuse or other issues impacting on their lives | No fee | Self-referral, agency referral with the approval of the participant | Derby, customers from other Kimberley towns and communities can access the program if living in area | |
| ALIVE and Kicking Goals! ① ① ① Mens Outreach Service Aboriginal Corporation 9192 2767 2/12 Gregory St, Broome Provides activities that are delivered by staff and volunteer youth leaders to their peers. Young people are educated about suicide prevention, positive lifestyle choices and hope about the future. Mon-Fri 8.30am-4.00pm | Individual Face-to-face, Group Face-to-face, Outreach | Child and Adolescent; young adult (8-30 yrs) | No fee | Self-referral, other | West Kimberley towns and communities | No |
| Carer Support Suicide Prevention ① ① Anglicare WA 9191 0100 90 Loch St, Derby Aims to provide a Group setting for young carers under the age of 25 to connect and learn whilst strengthening their social and emotional wellbeing. | Face-to-face | Under 25 yrs | No fee | Self-referral or agency referral | West Kimberley | No |
| Connect and Respect (Family Violence Program) Anglicare WA 9191 0100 90 Loch Street, Derby A Family and Domestic Violence Intervention Service for court mandated offenders. In the West Kimberley it focuses on rehabilitation and includes mandated men's behaviour change Groups and Individual delivery in community and prison settings with the option of behaviour change intervention with women. Mon – Thurs 8:00am – 4:00pm | Face-to-face, Group | Mandated by Court | No fee | Referrals from the Department of Justice via Community Correction Officer and the Department's FDV Offender Management Services are only accepted | Derby | |
| Derby Aboriginal Short Stay Centacare Kimberley Association, in partnership with MercyCare, DOH, WNAC, and Yawuru. 9196 1182 47 Loch St, Derby Affordable accommodation for Indigenous people. Clients who are in financial crisis can access emergency relief accommodation and work with our support services within the facility. Mon-Fri 9:00am-4:00pm | Face-to-face | Financial/income statement, i.e. Centrelink | Fees may apply | Drop-in or referral from external provider | Derby | No |

| Derby Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|---|----------------------|--|--|----------|
| Derby Family Violence Service ① ① | Group work and Individual work | 18+ yrs | No fee | Anyone can refer | Derby | |
| Family and Relationship Service (FaRS) and Specialised Family Violence Service (SFVS) Anglicare WA 9194 2400 2 Weld St, Broome FaRS aims to support families going through change, strengthen relationships, prevent breakdown and ensure the wellbeing and safety of children through broad-based counselling and education. SFVS delivers specialised services to support children, families, Individuals and couples who are experiencing (or at risk of experiencing) or witnessing family and domestic violence. | Telephone, Digital, Face-to-face | Individuals and families | No fee | Self-referral or Agency referral | Outreach to Derby | Yes |
| GP and Nurse Clinics Royal Flying Doctor Service - Western Operations 9157 1100 RFDS Broome Base, Gus Winckel Dr, Broome GP services. We fly into community in the mornings and out when patient need is serviced | Face-to-face | | No fee | Self-referral | Yakanarra weekly on Wed Kadjina/Djugerari fortnightly on Tues Koorabye monthly on Tues Gibb River locations - usually Doongan, Drysdale, Mornington and Mount House rotational between sites | Yes |
| Homeless Outreach ① Centacare Kimberley Association 9196 1182 47 Loch St, Derby Support in administering and gaining access to a variety of housing solutions. Support in stabilising and outreaching those who are sleeping rough. Once housed, continuous support in building life-skills and retaining tenancies. Mon-Fri 9:00am-4:00pm | Face-to-face | Homeless or couch surfing | No fee | Drop-in or referral from external provider | Derby | |
| Integrated Primary Mental Health Care - Kimberley ① ① ① Boab Health Service 9192 7888 96 Coolibah Dr, Broome Access to a range of tailored, evidence-based care options including brief intervention. The intervention offered depends on the severity of presentation. Where available and appropriate, Individuals may be able to access Group sessions and be connected to local community support services. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | Determined by contract funding criteria (priority populations, inclusion and exclusion criteria) | No fee | Boab referral form, assessment and engaged with GP | Derby, Mowanjum, Pandanus Park | Yes |
| Integrative Counselling and Mediation Services by Astrid ① ① Astrid Gerrits, Social Worker 0466 126 316 Support to improve your wellbeing if you have concerns or struggle with your feelings. Assistance with improving your (and your partner's, family's) communication, expressing needs and understanding others' needs better. If there is relationship breakdown or if there is conflict, we may assist with repair, conflict resolution or moving forward. Mon-Fri 8:00am-2:00pm | Telephone, Digital, Face-to-face | | Fees may apply | Call 0466 126 316 or email astrid.icams@gmail.com | Broome, day trips to the Peninsula, Derby, Bidyadanga and surrounds | No |
| Kimberley Community Alcohol and Drug Service (KCADS) WA Country Health Service 9193 1633 Derby Hospital Services include outpatient counselling, Community Opioid Replacement Program (CPOP), prevention activities, WA Diversion Program, Cannabis Intervention Sessions, Alcohol Interlock Sessions. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 14+ yrs | No fee | No Wrong Door, diversion programs, initial assessment upon first contact | Looma fortnightly Other communities as needed (Pandanus Park, Looma, Mowanjum, Gibb River) | Yes |
| Kimberley Family Relationship Centre - Family Dispute Resolution, Family Advisor, Family Support Officer and Indigenous Advisor Anglicare WA 9193 8100 2 Weld St, Broome Family Relationship Counsellors help improve family relationships by providing information, support and referral services. Separating or separated parents are assisted with family dispute resolution, access to legal assistance, and focusing on their children's best interest and needs to reach agreement on safe workable parenting arrangements, outside of the court system. | Telephone, Digital, Face-to-face | | No fee | Self-referral | Outreach to Derby | Yes |

| Derby Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|---|---|--------|--|---|----------|
| Kimberley Mental Health and Drug Service WA Country Health Service 9193 3605 Derby Hospital CAMHS Child and Adolescent Mental Health Service (youth counsellor). Mon-Fri 8:00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 15-24 yrs | No fee | Self-referral or agency referral | Derby, Pandanus Park, Looma, Mowanjum, Gibb River | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service 9193 3605 Derby Hospital Adult Community Mental Health Services. Mon-Fri 8:00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | No Wrong Door, initial assessment upon first contact | Looma fortnightly Other communities as needed (Pandanus Park, Looma, Mowanjum, Gibb River) | |
| Kimberley Mental Health and Drug Service WA Country Health Service 9193 3605 Derby Hospital CAMHS Child and Adolescent Mental Health Service. Mon-Fri 8:00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 0-18 yrs and family | No fee | Self-referral or agency referral | Derby, Pandanus Park, Looma, Mowanjum, Gibb River | Yes |
| LifeCycle Youth Connection (LCYC) Mens Outreach Service Aboriginal Corporation 9192 2767 Mobile bicycle repair sessions for young people in targeted communities across the West Kimberley). This program aims to address the over representation of Aboriginal Youth across the Kimberley in contact with police, disengagement from school and the over representation of youth in juvenile justice facilities and with mental health issues including suicide. Mon-Fri 8.30am-4.00pm | Group Face-to-face, Outreach | Child and Adolescent (8-18 yrs) | No fee | Self-referral, other | Derby (Surrounding communities visited on a 3-4-week rotation) | No |
| Marooloo (Indigenous Child Sexual Abuse Referral Service) Anglicare WA 9191 0100 90 Loch St, Derby Culturally appropriate child sexual abuse therapeutic services, including counselling and support services, local community outreach and community education to children and young people, their families, and people affected by child sexual abuse, and children and young people who are responsible for, or at risk of, sexually abusing other children. | Face-to-face | Children, young people and their families affected by child sexual abuse, people who have experienced childhood sexual abuse and children and/or young people who are responsible for, or at risk of, sexually abusing other children | No fee | Self-referral, agency referral or Child Protection and Family Support | West Kimberley | No |
| Sober Up Shelter Garl Garl Walbu Alcohol Association Aboriginal Corporation 9193 1665 23 Stanley St, Derby A 21-bed sobering-up service providing safe, overnight care to intoxicated people. Staff try to talk to customers about any issues they may have once they have breakfast and sober up in the morning and may refer them to other agencies as requested. Mon-Fri 4:00pm-7:45am | Face-to-face | Intoxicated but willing to stay at the Sober Up Shelter and follow rules of shelter and Garl Garl Walbu | No fee | Self-referral, referrals from police, hospital and women's refugee, families and communities may also request assistance | Derby but customers from other Kimberley towns and communities can access the shelter | |

Fitzroy Crossing

Fitzroy Crossing

Fitzroy Crossing is a major town in West Kimberley. Surrounding communities include Wangkatjunkga, Nookanbah, Yakanarra, Bayulu, Yungangora, Koorabye, Kadjina, Djugerari, and others.





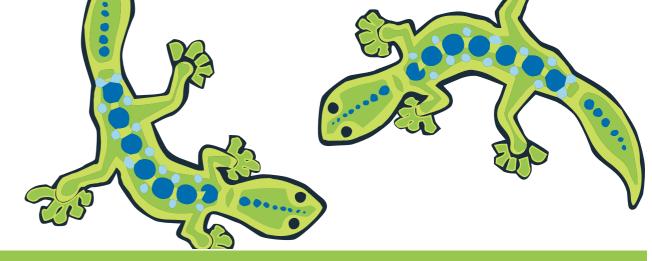
| Fitzroy Crossing Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|---|--------|---|---|----------|
| ALIVE and Kicking Goals! ① ① ① ① Mens Outreach Service Aboriginal Corporation 9192 2767 Visiting service. Based at AKG office, 2/12 Gregory St, Broome Provides activities that are delivered by staff and volunteer youth leaders to their peers. Young people are educated about suicide prevention, positive lifestyle choices and hope about the future. Mon-Fri 8.30am-4.00pm | Individual Face-to-face, Group Face-to-face, Outreach | Child and Adolescent; young adult (8-30 yrs) | No fee | Self-referral, other | West Kimberley towns and communities | No |
| Be the Best You can Be (Mad Bastards) ① ① | Group Face-to-face | Healing and motivation to change | No fee | Self-referral or referrals from other services | Fitzroy Crossing | No |
| Change Em Ways Mens Outreach Service Aboriginal Corporation Mamabulanjin Aboriginal Corporation, Dora St, Broome Mens behaviour change Family and Domestic Violence program. An 8-week intensive course followed by a 5-month support period. Mon-Fri 8.30am-4.00pm | Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | Self-referral or referrals from other services | Fitzroy Crossing | No |
| Garnduwa 9191 5358 38 Bell Rd, Fitzroy Crossing Youth advocacy and support inclusive of case management and youth activities. Engage and support participation in meaningful culture, art, sport, and youth focused activities. 8:00am-4.30pm (various hours during community visits and major regional events) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | Eligibility for case management based on referral | No fee | Rock up and play, referral for case management | Fitzroy Crossing and the Fitzroy Valley Communities | |
| GP and Nurse Clinics ① Royal Flying Doctor Service - Western Operations 9157 1100 RFDS Broome Base, Gus Winckel Drive, Broome GP services. We fly into community in the mornings and out when patient need is serviced | Face-to-face | | No fee | Self-referral | Yakanarra weekly on Wed Kadjina/Djugerari fortnightly on Tues Koorabye monthly on Tues Gibb River locations - usually Doongan, Drysdale, Mornington and Mount House rotational between sites | Yes |
| Health Promotion - Social and Emotional Wellbeing ① ① ① ② Nindilingarri Cultural Health Service 9193 0093 52 Fallon Rd, Fitzroy Crossing Team consists of Spiritual Health/ SEWB, AOD Coordinator, AOD Officer, and Social Worker who combine program action plans to deliver education and prevention strategies to individuals, small groups, families, schools, and communities. The program focuses on breaking down barriers and enabling the community to have better control of more positive outcomes. The newly appointed, full-time Social Worker assists community members access the immediate care they need. Mon-Fri 8:00am-4:30pm After hours access on a individual needs basis | Individual Face-to-face, Group Face-to-face, Outreach, Telephone | Aboriginal and Torres Straight Islanders | No fee | Self-refferal including website or clinic, school, community health and hospital services | Fitzroy Valley | No |
| Integrated Primary Mental Health Care - Kimberley • • • • • • • • • • • • • • • • • • • | Telephone, Digital, Individual Face-to-face, Group, Outreach | Determined by contract funding criteria (priority populations, inclusion and exclusion criteria) | No fee | Boab referral form, assessment and engaged with GP | Fitzroy Crossing, WAngkatjunka, Yakanarra, Looma, Nookanbah, Koorabye, Kadjuna, Djugerari | Yes |

| Fitzroy Crossing Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlis |
|--|---|---|--------|---|---|---------|
| Kimberley Community Alcohol and Drug Service (KCADS) WA Country Health Service 9194 2867 Fallon Road Services include outpatient counselling, Community Opioid Replacement Program (CPOP), prevention activities, WA Diversion Program, Cannabis Intervention Sessions, Alcohol Interlock Sessions. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 14+ yrs | No fee | No Wrong Door, diversion programs, initial assessment upon first contact | Noonkanbah, Wangkatjungka fortnightly, other communities as needed | Yes |
| Kimberley Family Relationship Centre - Family Dispute Resolution, Family Advisor, Family Support Officer and Indigenous Advisor Anglicare WA 9193 8100 2 Weld St, Broome Family Relationship Counsellors help improve family relationships by providing information, support and referral services. Separating or separated parents are assisted with family dispute resolution, access to legal assistance, and focusing on their children's best interest and needs to reach agreement on safe workable parenting arrangements outside of the court system. | Telephone, Digital, Face-to-face | | No fee | Self-referral | Outreach to Fitzroy Crossing | Yes |
| Kimberley Mental Health and Drug Service - Adult ① ① WA Country Health Service 9194 2867 Fallon Road Adult community mental health services. Mon-Fri 8:00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | No Wrong Door, initial assessment upon first contact | Noonkanbah / Wangkatjungka fortnightly, other communities as needed | |
| Kimberley Mental Health and Drug Service - Child & Adolescent ① ① WA Country Health Service 9194 2867 Fallon Road CAMHS Child and Adolescent Mental Health Service. Mon-Fri 8:00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 0-18 yrs and family | No fee | Self-referral or agency referral | Fitzroy Crossing, surrounding communities, Wangkatjungka, Yirimalay, Yiyili | Yes |
| LifeCycle Youth Connection (LCYC) Mens Outreach Service Aboriginal Corporation 9192 2767 Mobile bicycle repair sessions for young people in targeted communities across the West Kimberley). This program aims to address the over representation of Aboriginal Youth across the Kimberley in contact with police, disengagement from school and the over representation of youth in juvenile justice facilities and with mental health issues including suicide. Mon-Fri 8.30am-4.00pm | Group Face-to-face, Outreach | Child and Adolescent (8-18 yrs) | No fee | Self-referral, other | Fitzroy crossing Surrounding communities visited on a 3-4-week rotation | No |
| Mens Health and Wellbeing ① ① | Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs, supports clients leaving prison to engage in employment and health care, provides support to clients with complex challenges | No fee | Self-referral or referrals from other services | Fitzroy Crossing | No |
| Yiriman Project • • • • • • • • • • • • • • • • • • • | Individual Face-to-face, Group Face-to-face | Aboriginal Youth with traditional ties to Nyikina, Mangala, Karajarri and Walmajarri language regions | No fee | Community members in Bidyadangah, Fitzroy Crossing and the lower Fitzroy Valley can access the services through known channels. Government agencies (e.g. Health, DCP, Justice) in those locations can contact Wes Morris. | Fitzroy Valley and remote communities included in the Nyikina, Mangala, Karajarri and Walmajarri language region, including Bidyadanga and Wangkatjungka | Yes |

Halls Creek

Halls Creek is a major town in East Kimberley. Surrounding communities include Balgo, Billiluna, Mulan, Yiyilli, Kundat Djaru / Ringer Soak, and others.





| Halls Creek Service | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|---|--|--------|---|--|----------|
| Balgo Clinic Kimberley Aboriginal Medical Services (KAMS), Remote Services 9168 8953 1 Tanami Rd, Balgo Primary and acute health care services. Staffed by Registered Nurses, Aboriginal Health Worker/Practitioners, Doctors (who can develop GP Mental Health Plans and referrals), a Midwife, Child Health Nurse and School Health Nurse. Visiting specialists include Allied Health, Psychiatrist, Psychologist and Mental Health Nurse. Social and Emotional Wellbeing workers are located in community. Mon-Fri 8:30am- 4:00pm, 24/7 on-call for emergencies | Telephone, Digital, Individual Face-to-face, Group Face-to-face | All Balgo community members eligible | No fee | Clinic walk-ins | Balgo | No |
| Billiluna Clinic Kimberley Aboriginal Medical Services (KAMS), Remote Services 9168 8144 Billiluna Community, Halls Creek Primary and acute health care services. Staffed by Registered Nurses, a visiting Doctor (who can develop GP Mental Health Plans and referrals), Midwife, Child Health Nurse and School Health Nurse. Visiting specialists include Allied Health, Psychiatrist, Psychologist and Mental Health Nurse. Social and Emotional Wellbeing workers from Balgo visit Billiluna community. Mon-Fri 8:30am- 4:00pm, 24/7 on-call for emergencies | Telephone, Digital, Individual Face-to-face, Group Face-to-face | All Billiluna community members eligible | No fee | Clinic walk-ins | Billiluna Community | No |
| Case Management ① Olabud Doogethu in partnership with the Shire of Halls Creek 9168 6007 7 Thomas St, Halls Creek 'Youth at risk' are engaged through pro-social activities aimed at redirecting adverse behaviours and providing positive personal environments. Services deliver brokerage and case management, including assessment, referral, care planning and casework to address the income, health, mental health, social support, housing, justice, education, employment and training needs of those engaged. | Individual Face-to-face | Youth at risk | No fee | Referral from supporting agencies such as the Department of Child Protection and Family Support | Halls Creek | |
| Integrated Primary Mental Health Care - Kimberley ① ① ① Boab Health Service 9168 2560 20 Hamersley St, Kununurra Access to a range of tailored, evidence-based care options including brief intervention. The intervention offered depends on the severity of presentation. Where available and appropriate, Individuals may be able to access Group sessions and be connected to local community support services. Mon-Fri 8:00am-4:30pm, (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Outreach | Determined by contract funding criteria (priority populations, inclusion and exclusion criteria) | No fee | Boab referral form, assessment and engaged with GP | Halls Creek, Balgo, Bililuna, Mulan | Yes |
| Kimberley Community Alcohol and Drug Service (KCADS) WA Country Health Service 9168 9277 Neighbor St, Halls Creek Services include outpatient counselling, Community Opioid Replacement Program (CPOP), prevention activities, WA Diversion Program, Cannabis Intervention Sessions, Alcohol Interlock Sessions. Mon-Fri 8:00am-4:30pm, (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 14+ yrs | No fee | No Wrong Door, diversion programs, initial assessment upon first contact | Ringer Soak / Yiyilli as needed Balgo/Mulan/Billiluna monthly | Yes |
| Kimberley Family Relationship Centre - Family Dispute Resolution, Family Advisor, Family Support Officer and Indigenous Advisor Anglicare WA 2b Banksia St, Kununurra Family Relationship Counsellors help improve family relationships by providing information, support and referral services. Separating or separated parents are assisted with family dispute resolution, access to legal assistance, and focusing on their children's best interest and needs to reach agreement on safe workable parenting arrangements, outside of the court system. | Telephone, Digital, Face-to-face | | No fee | Self-referral | Outreach to Halls Creek | Yes |
| Kimberley Mental Health and Drug Service () () WA Country Health Service 9168 9277 Neighbor St, Halls Creek Adult Community Mental Health Services. Mon-Fri 8:00am-4:00pm, (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | No Wrong Door, initial assessment upon first contact | Warmun fortnightly Yiyilli fortnightly/as needed Balgo/Billiluna/Mulan monthly Ringer Soak as need | |

| Halls Creek Service | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|--|---|--------|--|--|----------|
| Kimberley Sexual Abuse Assault Counselling Service Anglicare WA 9194 2400 2b Banksia St, Kununurra Healing, advocacy and support for people who have experienced trauma, and their family and friends. Community support and education sessions delivered to community to enhance awareness, skills and safety. | Telephone, Digital, Face-to-face | Anyone impacted by sexual assault/abuse | No fee | Self-referral, GP-referral, agency referral, referral by friends or family | referral, referral by Outreach to Halls Creek | |
| Learning on Country ① Collabud Doogethu in partnership with the Shire of Halls Creek 9168 6007 7 Thomas St, Halls Creek Responding to the need for cultural based learning in Halls Creek and its satellite remote communities through the creation and implementation of cultural based activities specific to the different locations and language Groups. These activities may include, but are not limited to, bush skills, art, dance, traditions and camping. | Group Face-to-face | | No fee | Self-referral | Halls Creek | |
| Mulan Clinic Kimberley Aboriginal Medical Services (KAMS), Remote Services 9168 8133 Mulan Community, Halls Creek Primary and acute health care services. Staffed by Registered Nurses, a visiting Doctor (who can develop GP Mental Health Plans and referrals), Midwife, Child Health Nurse and School Health Nurse. Visiting specialists include Allied Health, Psychiatrist, Psychologist and Mental Health Nurse. Social, Emotional and Wellbeing workers from Balgo visit Mulan community. Mon-Fri 8:30am- 4:00pm. 24/7 on-call for emergencies | Telephone, Digital, Individual Face-to-face, Group Face-to-face | All Mulan community members eligible | No fee | Clinic walk-ins | Mulan Community | No |
| Parent Support Olabud Doogethu in partnership with the Shire of Halls Creek 9168 6007 7 Thomas St, Halls Creek Advocates for the empowerment of the familial structure to provide positive solutions for youth issues such as street presence at night, youth offending and establishing positive peer influences. | Individual Face-to-face | Youth at risk | No fee | Self-referral | Halls Creek | |
| Remote Youth Workers ① Clabud Doogethu in partnership with the Shire of Halls Creek 9168 6007 Provide recreational leisure activities to the youth demographic within their specific community. | Individual Face-to-face | Youth at risk | No fee | Self-referral | Communities of Mulan, Ringer, Soak and Billiuna | |
| Youth Engagement Night Officers ① Olabud Doogethu in partnership with the Shire of Halls Creek 9168 6007 7 Thomas St, Halls Creek Monitors the safety of Halls Creek youth and community members during the late evening and early morning hours. The Officers aim to redirect youth to a safe environment and then home whilst having conversations with the youth around the reasoning behind their street presence. 9:00pm-4:00am | Individual Face-to-face | Youth at risk | No fee | | The main business district of Halls Creek | |
| Youth Social Emotional Wellbeing Service ① ① Anglicare WA Balgo Community Wellbeing support for young people in Balgo region aged 12-25 years via Individual sessions and Group delivery. | Face-to-face | Young people (12-25 yrs) | | Self-referral, GP-referral, agency referral, referral by friends or family | Balgo Community | |

Kununurra

Kununurra is a major town in East Kimberley.





| Kununurra Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|-------------------------------------|--|----------------------|--|---|----------|
| Boys and Girls Dinners ① ① Save the Children 9168 2300 Ron Hodnett Dr, Kununurra Boys or girls (12+ yrs) gatherings for meal preparation, dining and educational activities. Wed 5.30pm-7.30pm (during school terms) | Face-to-face | 12-18 yrs | No fee | Self-referral, alternating Wednesday night Girl/Boy Dinners, please come to the Youth Centre at 6pm | Kununurra | |
| Community Connectors Night Patrol | Individual Face-to-face | Must be 18+ yrs, can inform other services if underage youth are intoxicated on the Street | No fee | Self-referral, community/ business referral | Kununurra and outlying communities (Emu Creek) | Yes |
| Private Psychology New Tracks Psychology 0458 733 590 Telehealth psychology therapy servicing the East Kimberley. Delivered by psychologists. Mon-Fri 7:00am-8:00pm | Digital | East Kimberley residents. Those under 18 yrs require parental consent | No fee | GP Mental Health Plan or if private can contact directly | East Kimberley | Yes |
| Early Intervention Support for Young People ① ① One tree community Services 1800 011 747 Kununurra Supporting young people at risk of mental ill-health, including counselling, support Groups, workshops, advocacy and family capacity building. 8:30am-4:30pm | Telephone, Digital, Face-To Face | 7-18 yrs | No fee | Anyone can refer, registration and Intake required to access services | We offer support remotely across the Kimberley via Telephone and through online supports | Yes |
| Employee Assistance Program Anglicare WA 9263 2000 2b Banksia St, Kununurra A confidential counselling service for employers and their employees. Personal or work problems can impact employee's wellbeing. The program aims to reduce the impact of these issues by providing employees access to professional, confidential counselling. Counsellors work with Individuals, couples and families. | Telephone, Digital, Face-To Face | Dependent on contract between employer and Anglicare WA | Fees may apply | Employer contract dependant | East Kimberley | |
| Family and Domestic Violence Coordinated Response Service Anglicare WA 9194 0200 2b Banksia St, Kununurra Works in partnership with the Department for Child Protection and WA Police to improve the safety of child and adult victims of family and domestic violence. The service focuses on timely and early intervention following a police call out to a domestic violence incident. Mon-Fri 8:00am-4:00pm | Telephone, Face-to-face | Family Violence Incident Report | Fees may apply | FDV Response Team referral after a Family Violence Incident that has been reported to Police | East Kimberley | |
| Fee for Service (Organisational support) Boab Health Service 9192 7888 96 Coolibah Dr, Kununurra Support Options (Employee Assistance Program, Clinical Supervision, Reflective Debrief) for staff. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Individual, Group | 18+ yrs, employed with organisations that we have contracted for service | Fees may apply | Contact Boab | East Kimberley | Yes |

Kununurra

| Kununurra Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|--|--------|--|---|----------|
| Integrated Primary Mental Health Care - Kimberley ① ① ① Boab Health Service 9168 2560 96 Coolibah Dr, Kununurra Access to a range of tailored, evidence-based care options including brief intervention. The intervention offered depends on the severity of presentation. Where available and appropriate, Individuals may be able to access Group sessions and be connected to local community support services. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Digital, Individual, Group, Outreach | Determined by contract funding (criteria priority populations, inclusion and exclusion criteria) | No fee | Boab referral form, assessment and engaged with GP | Kalumburu, Wyndham, Kununurra, Warmun | Yes |
| Kimberley Community Alcohol and Drug Service (KCADS) ① ① WA Country Health Service 9166 4350 District Hospital Grounds Services include outpatient counselling, Community Opioid Replacement Program (CPOP), prevention activities, WA Diversion Program, Cannabis Intervention Sessions, Alcohol Interlock Sessions. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 14+ yrs | No fee | No Wrong Door, diversion programs, initial assessment upon first contact | Warmun or Turkey Creek, Kalumburu, Kununurra, Wyndham, Halls Creek | Yes |
| Kimberley Family Relationship Centre - Family Dispute Resolution, Family Advisor, Family Support Officer and Indigenous Advisor ① ① Anglicare WA 2b Banksia St, Kununurra Family Relationship Counsellors help improve family relationships by providing information, support and referral services. Separating or separated parents are assisted with family dispute resolution, access to legal assistance, and focusing on their children's best interest and needs to reach agreement on safe workable parenting arrangements, outside of the court system. | Telephone, Digital, Face-to-face | | No fee | Self-referral | Kununurra with outreach to Wyndham, Warmun and Halls Creek | Yes |
| Kimberley Mental Health and Drug Service WA Country Health Service 9166 4350 District Hospital Grounds Adult Community Mental Health Services. Mon-Fri 8:00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 18+ yrs | No fee | No Wrong Door, initial assessment upon first contact | Kununurra, Kalumburu, Wyndham weekly/fortnightly, Kalumbaru | |
| Kimberley Mental Health and Drug Service WA Country Health Service 9166 4350 District Hospital Grounds CAMHS Child and Adolescent Mental Health Service. Mon-Fri 8:00am-4:00pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group Face-to-face, Outreach | 0-18 yrs and family | No fee | Self-referral or agency referral | Kununurra, Wyndham 1 day a week, Halls Creek, Kalumburu 1 day 4 weekly, Warmun fortnightly, Balgo/Billiluna/ Mulan 6 weekly | Yes |
| Kimberley Sexual Abuse Assault Counselling Service ① ① Anglicare WA 9194 2400 2b Banksia St, Kununurra Healing, advocacy and support for people who have experienced trauma, and their family and friends. Community support and education sessions delivered to community to enhance awareness, skills and safety. | Telephone, Digital, Face-to-face | Anyone impacted by sexual assault/abuse | No fee | Self-referral, GP-referral, agency referral, referral by friends or family | Kununurra with outreach to Halls Creek, Warmun and Wyndham | Yes |
| Kinway Family Counselling Service Anglicare WA Banksia St, Kununurra Therapeutic support for Individuals or families with a focus on strengthening relationships and increasing safety. Support is directed by the client and service in voluntary. | Telephone, Digital, Face-to-face | | No fee | Self-referral, GP-referral, agency referral, referral by friends or family | Kununurra | |
| Kununurra Night Patrol ① ① Save the Children 9168 2300 Ron Hodnett Dr, Kununurra Addresses late night street presence and associated risk-taking behaviour. It provides a transportation service and a safe place at night for street present youth aged 12 to 18 years. Wed 8.00pm-10.00pm, Fri-Sat 9.00pm-1.00am | Face-to-face | 12-18 yrs | No fee | Self-referral | Kununurra | |
| Moongoong Sober Up Shelter ① ① | Face-to-face | 18÷ yrs | No fee | Self-referral | Kununurra | Yes |

| Kununurra Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|---|---|--|----------------------|--|--|----------|
| Post Rehab Continuing Care Service Kimberley Milliya Rumurra Aboriginal Corporation 9169 1493 8 Banksia St, Kununurra The Kimberley Continuing Care Program provides a holistic and culturally secure program for all Kimberley residents exiting alcohol and other drugs residential rehabilitation programs. Mon-Fri 8.00am-4.30pm | Telephone, Face-to-face | Exiting a Kimberley residential rehab facility | No fee | KCCP team assessment | Kimberley | No |
| Private Psychologist - Nicole Jeffery-Dawes NJD Wellbeing Services 0411 548 258 Kununurra Private Psychologist. Clinical supervision, health workforce training, consulting. Tue-Thu 8:00am-4:00pm | Telephone, Digital, Face-to-face | Clinical supervision, health workforce training, and consulting | Fees may apply | Contact Nicole | Kununurra or via negotiation in other Kimberley regions | Yes |
| Suicide Prevention Community Liaison Officer ① ① | Individual Face-to-face, Group Face-to-face | | No fee | Self-referral, service provider referral | Kununurra | |
| The Chilling Space ① ① Save the Children 9168 2300 Ron Hodnett Dr, Kununurra Provides a safe and engaging place for Aboriginal children and young people aged 12 to 18 years to attend life skills workshops, case management and recreational activities. Tue-Thu 3.00pm-5.00pm (during school terms) Fri-Sat nights | Face-to-face | 12-18 yrs | No fee | Youth Centre – Fri and Sat nights 6.00pm–12.00am. Self-referral | Kununurra | |
| Women's crisis centre ① ① ① Gawooleng Yawoodeng Aboriginal Corporation 9169 1049 8 Mistletoe St, Kununurra Support and information, counselling, 24-hour safe house accommodation for women and their children who are victims of domestic violence. Up to two weeks temporary accommodation is available to enable women to consider their options and make decisions, supported by staff. 24/7 | Individual Face-to-face | Adult women with or without children, no male children over 11 yrs | Fees may apply | Self-referral or service referrals | Kununurra | No |
| Youth Programs ① ① Save the Children Ron Hodnett Dr, Kununurra Youth Justice Services, Transition Support Services, Key School holiday Program. YES!: Mon-Fri 8.00am—1.30pm, Youth Justice: Mon-Sat, Strong Tomorrow: Mon-Fri or Tue-Sat, alternate weeks | Face-to-face | Youth Justice 10- 17 yrs, Transition Support Service 15-18 yrs, School Holiday Program open to all ages and some events are family oriented | No fee | Specific referrals for the Youth Justice program Transition Support -CPFSm, School Holiday Program are open events | Kununurra | |
| Youth Severe Early Psychosis - Kimberley ① ① ① Boab Health Service 9168 2560 96 Coolibah Dr, Kununurra Individual counselling and family support for young people living in Kununurra. This service utilises effective and appropriate youth-specific modalities, a range of creative therapeutic engagement tools, as well as relevant Group-based sessions to compliment the Individual based services. Mon-Fri 8:00am-4:30pm (excluding public holidays) | Telephone, Digital, Individual Face-to-face, Group, Outreach | 12-18 yrs, Kununurra resident, attending school | No fee | Boab referral form, assessment and engaged with GP | Kununurra | |

Kununurra

Wyndham

Wyndham is a major town in East Kimberley. Surrounding communities include Warmum / Turkey Creek, Kalumburu, and others.





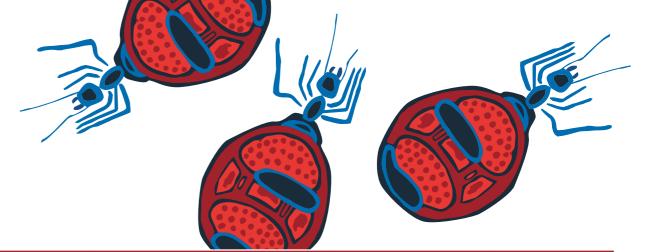
| Wyndham Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|---|--|--------|--|--|----------|
| AOD support services Wyndham ① ① Anglicare WA 471 Great Northern Hwy, Wyndham In Partnership with Ngnowar-Aerwah Aboriginal Corporation support is delivered for clients who have identified impacts of drug and alcohol use, either themselves or within their families. | Face-to-face | Anyone impacted by Drug and Alcohol use | No fee | Self-referral | East Kimberley | |
| Early Intervention/Prevention Program Wyndham Youth Aboriginal Corporation 0459 807 019 17 Great Northern Hwy, Wyndham Provide after-school sport and recreation program. After school during each term | Outreach | 6-25 yrs | No fee | | Wyndham | No |
| Empowerment Program Wyndham Youth Aboriginal Corporation 0457 871 876 17 Great Northern Hwy, Wyndham Provide one-on-one and Group support. Mon-Fri 8.00am-4:30pm | Individual Face-to-face, Group Face-to-face | 8-18 yrs | No fee | Self-Referral, other | Wyndham | No |
| Integrated Primary Mental Health Care - Kimberley 1 1 1 | Telephone, Digital, Individual Face-to-face, Group, Outreach | Determined by contract funding criteria (priority populations, inclusion and exclusion criteria) | No fee | Boab referral form, assessment and engaged with GP | Kalumburu, Wyndham, Kununurra, Warmun, Halls Creek, Balgo, Billiluna | Yes |
| Kalumburu Youth Counselling ① ① Anglicare WA Kalumburu Aboriginal Corporation Support for young people aged 12-25 years living in Kalumburu Community. Support is based around needs identified by the Youth Team at Kalumburu Aboriginal Corporation and the young person. | Face-to-face | Young people (12-25 yrs) | No fee | Self-referral | East Kimberley | |
| Kimberley Family Relationship Centre - Family Dispute Resolution, Family Advisor, Family Support Officer and Indigenous Advisor Anglicare WA 2b Banksia St, Kununurra Family Relationship Counsellors help improve family relationships by providing information, support and referral services. Separating or separated parents are assisted with family dispute resolution, access to legal assistance, and focusing on their children's best interest and needs to reach agreement on safe workable parenting arrangements, outside of the court system. | Telephone, Digital, Face-to-face | | No fee | Self-referral | Outreach to Wyndham and Warmun | Yes |
| Kimberley Sexual Abuse Assault Counselling Service Anglicare WA 9194 2400 2b Banksia St, Kununurra Healing, advocacy and support for people who have experienced trauma, and their family and friends. Community support and education sessions delivered to community to enhance awareness, skills and safety. | Telephone, Digital, Face-to-face | Anyone impacted by sexual assault/abuse | No fee | Self-referral, GP-referral, agency referral, referral by friends or family | Outreach to Wyndham | Yes |

| Wyndham Services | Access | Eligibility criteria | Cost | Referrals accepted | Towns & communities serviced | Waitlist |
|--|--------------------------------------|----------------------|--------|--|------------------------------|----------|
| Kinway Family Counselling Service Anglicare WA 2b Banksia St, Kununurra Therapeutic support for Individuals or families with a focus on strengthening relationships and increasing safety. Support is directed by the client and service in voluntary. | Telephone, Digit al, Face-to-face | | No fee | Self-referral, GP-referral, agency referral, referral by friends or family | Kununurra and Wyndham | |
| Youth Night Patrol Program Wyndham Youth Aboriginal Corporation 17 Great Northern Hwy, Wyndham Provide evening sport and recreation program. 6.00pm-9.00pm | Outreach | 12-18 yrs | No fee | Juvenile Justice Referral | Wyndham | No |

Digital Services

The following services are available by phone or internet.





| Digital Services | Access | Eligibility criteria | Cost | Referrals accepted | Waitlist |
|---|-------------------------------------|---|----------------|---|----------|
| 1800RESPECT ① ① Medibank Health Services 1800 737 732 National sexual assault, domestic family violence counselling service. Support for people experiencing, or at the risk of experiencing, violence and abuse, their friends and family, and professionals. 24/7 | Telephone | | No fee | Self-referral | |
| 24hr Meth Helpline ① ① Mental Health Commission 1800 874 878 A confidential, non-judgemental Telephone counselling, information and referral service for anyone seeking help for their own or another person's meth use. 24/7 | Telephone | | No fee | Self-referral | |
| Alcohol and Drug Support Line ① ① Mental Health Commission 1800 198 024 A confidential, non-judgemental Telephone counselling, information and referral service for anyone seeking help for their own or another person's alcohol or drug use 24/7 | Telephone | | No fee | Self-referral | |
| Beyond Blue Support Service Beyond Blue 1300 224 636 beyondblue.org.au Information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live. 24/7 | Telephone, Digital | 12+ yrs | No fee | Self-referral | No |
| Call to Mind O438 643 217 calltomind.com.au A telepsychiatry service that allows people across Australia to access quality mental health care. We have a team of psychiatrists and psychologists ranging in availability and speciality to best meet your needs. Consults are held on a video-conferencing platform so you can attend your appointment from anywhere. | Digital | | Fees may apply | GP-referral | Yes |
| Carer Gateway HelpingMinds (in consortia partnership with Carers WA) 1800 011 747 Information and support to help people who look after a family member or friend with a disability, medical condition, mental illness or who is frail due to age. Supports include Respite, Counselling and In Person Peer Support Groups. Mon-Fri 8:30am-4:30pm | Telephone, Digital, Face-to-face | Carers (Disability, Aged Care, Mental Health, Psychosocial) | No fee | Anyone can refer, registration and Intake required to access services | |
| Depression and Bipolar Clinic (1) (1) Black Dog Institute blackdoginstitute.org.au A psychiatric assessment clinical service. | Telephone, Digital | 8+ yrs | No fee | GP-referral or psychiatrist referral | |

| Digital Services | Access | Eligibility criteria | Cost | Referrals accepted | Waitlist |
|--|-------------------------------------|---|--------|---|----------|
| DVassist 1800 080 083 If you live in regional, rural or remote Western Australia and you are experiencing family and domestic violence, please call DVassist's Telephone support counselling service. The DVassist Telephone support service is free and confidential. Mon-Fri 10:00am-7:00pm | Telephone | | No fee | Self-referral | No |
| e-couch Australian National University ecouch.anu.edu.au/welcome An online self-help interactive program with modules for depression, generalised anxiety and worry, social anxiety, relationship breakdown, and loss and grief. It provides evidence-based information and teaches strategies drawn from cognitive, behavioural and interpersonal therapies as well as relaxation and physical activity. 24/7 | Digital | 16+ yrs | No fee | Self-referral | No |
| Early Intervention Support for Young People ① ① One tree community Services 1800 011 747 Supporting young people at risk of mental ill-health, including counselling, support Groups, workshops, advocacy and family capacity building. 8:30am-4:30pm | Telephone, Digital, Face-to-face | 7-18 yrs | No fee | Anyone can refer, registration and Intake required to access services | Yes |
| eheadspace headspace headspace headspace.org.au/eheadspace Online and Telephone support and counselling. 9:00am-1:00am (AEST) | Telephone, Digital | Young people (12-25 yrs) and their families and friends | No fee | Self-referral | |
| Kids Helpline () Kids Helpline 1800 551 800 Kids Helpline is a free 24-hour counselling service for Australian kids and young people aged 5-25 years. 24/7 | Telephone | 5-25 yrs | No fee | Self-referral | No |
| Lifeline WA 1 131114 lifeline.org.au/get-help/online-services/crisis-chat Lifeline WA provides Western Australians experiencing a personal crisis or thinking about suicide with access to 24-hour crisis support and suicide prevention services. Telephone: 24/7. Online chat 7:00pm – 12:00am (AEST) | Telephone, Digital | | No fee | Self-referral | |
| Men's Domestic Violence Helpline ① Centacare Telephone 9223 1199 Free call 1800 000 599 Telephone information and referral to ongoing Face-to-face services for men who are concerned about their violent and abusive behaviours. 24/7 | Telephone | Male | No fee | Self-referral | No |
| MensLine Australia ① ① On The Line 1300 78 99 78 mensline.org.au National Telephone and online support, information and referral service for men with family and relationship concerns, staffed by professional counsellors, experienced in men's issues. 24/7 | Telephone, Digital | Male | No fee | Self-referral | |
| Mental Health Carer Support (Support for Family and Friends) HelpingMinds 1800 011 747 Counselling and support Groups, family capacity building, advocacy, seminars, workshops and general information on mental health issues for families and carers. 8:30am-4:30pm | Telephone, Digital, Face-to-face | Child, youth (7-18 yrs) and family support, carers of a friend or family member who is experiencing mental health challenges (with or without a diagnosis). | No fee | Anyone can refer, registration and Intake required to access services | Yes |

| Digital Services | Access | Eligibility criteria | Cost | Referrals accepted | Waitlist |
|---|-----------|--|--------|--|----------|
| Mental Health Online ① ① Swinburne University's National eTherapy Centre mentalhealthonline.org.au Provides comprehensive and effective online services and programs free of charge. If you're experiencing mental distress, our services can help you understand and address your needs through self-assessment, self-help and, if you choose, online professional support. 24/7 | Digital | 18+ yrs | No fee | Self-referral | No |
| MindSpot Clinic ① ① MindSpot 1800 614 434 mindspot.org.au Designed to help people with high prevalence mental health conditions such as anxiety and depression. The service offers cognitive behavioural therapy with health professionals either online or by Telephone. We offer free, therapist guided online assessments and treatments for adults troubled by anxiety, depression, stress and chronic pain. | Digital | 18+ yrs | No fee | GP-referral | |
| moodgym ① Australian National University moodgym.com.au An online interactive program designed to help you Identify whether you are having problems with emotions like anxiety and depression and learn skills that can help you cope with these emotions. 24/7 | Digital | 16+ yrs | No fee | Self-referral | No |
| MumSpace MumSpace mumspace.com.au Providing online support and treatment for new and expecting mums experiencing depression and anxiety. | Digital | | No fee | Self-referral | |
| MyCompass ① Black Dog Institute blackdoginstitute.org.au An online personalised a self-help program for people with mild to moderate stress, anxiety and/or depression. 24/7 | Digital | 18+ yrs | No fee | Self-referral | No |
| National Indigenous Critical Response Service Thirrili 1800 805 801 Upon notification of the loss of an Aboriginal and Torres Strait Islander person to suicide or other traumatic incident, the need for support to those affected is assessed, provided, facilitated and monitored based on discussions with Individuals and families. 24/7 | Telephone | | No fee | Self-referral | |
| Private Psychology New Tracks Psychology 0458 733 590 Telehealth psychology therapy servicing the East Kimberley. Delivered by psychologists. Mon-Fri 7:00am-8:00pm | Digital | East Kimberley residents. Those under 18yrs require parental consent | No fee | GP Mental Health Plan or if private can contact directly | Yes |
| Ngala Mobile callers: 08 9368 9368 Landline callers: 1800 111 546 Provides timely responses for immediate parenting concerns and connects parents and carers to relevant services and resources. The team of qualified and friendly staff are on hand to offer reassurance and encouragement along the parenting journey. 8:00am-8:00pm (Call-back service for out of hours queries) | Telephone | Parents and carers of children up to 18yrs | No fee | Self-referral | |
| Open Arms ① ① Open Arms - Veterans and Families Counselling 1800 011 046 Australia's leading provider of mental health assessment and counselling for Australian veterans and their families. 24/7 | Telephone | | No fee | Self-referral | |

| Digital Services | Access | Eligibility criteria | Cost | Referrals accepted | Waitlist |
|--|--------------------|---------------------------|----------------|---|----------|
| PANDA ① ① Perinatal Anxiety and Depression Australia 1300 726 306 Supports women, men and families across Australia affected by anxiety and depression during pregnancy and in the first year of parenthood. Mon-Sat 9:00am-7:00pm (AEST) | Telephone | | No fee | Self-referral | |
| Parent and Family Drug Support Line ① ① Mental Health Commission 1800 653 203 A confidential, non-judgemental Telephone counselling, information and referral service for anyone concerned about a loved one's alcohol or drug use. 24/7 | Telephone | | No fee | Self-referral | |
| Parent Beyond Breakup 1300 853 437 parentsbeyondbreakup.com Helping parents deal with the trauma of separation; a major cause of suicide in Australia. Support Helpline: Mon-Sat 9:00am-5:00pm (AEST), Online Chats and Forums: 24/7 | Telephone, Digital | | No fee | Self-referral | |
| PORTS Practitioner Online Referral Treatment Service 1800 176 787 ports.org.au PORTS provide free, high quality mental health assessment and treatment to Western Australians aged 16 and over who are experiencing challenges related to low mood, anxiety or substance use. Therapists available Mon-Fri 9:00am-5:00pm (excluding public holidays) Once enrolled in treatment, patients can access course materials 24/7 at their convenience | Telephone, Digital | 16+ yrs | No fee | GP-referral or Health Professional referral | |
| PsychHelp O411 782 362 psychhelp.com.au Convenient, affordable, and confidential online psychological services for all clients. | Digital | | Fees may apply | GP-referral, including a mental health care plan | |
| ReachOut Reach Out au.reachout.com Self-help information, peer-support program and referral tools helping young people be well and stay well. The information we offer parents makes it easier for them to help their teenagers, too. | Digital | | No fee | Self-referral | |
| Remote Therapy Remote Therapy remotetherapy.com.au Psychological services via Skype. Appointments available Mon-Fri with some after-hours options available on enquiry | Digital | | Fees may apply | GP-referral, including a mental health care plan | |
| RuralLink ① East Metropolitan Health Service 1800 552 002 Specialist after hours mental health Telephone service for people in rural communities of WA. Mon-Fri 4.30pm-8.30am, Sat-Sun and public holidays 24/7 | Telephone | | No fee | Self-referral | No |
| Start Talking Gidget Foundation Australia 1300 851 758 Specialist perinatal telehealth psychological counselling services for expectant and new parents nationwide. Supports for Perinatal Depression and Anxiety. | Digital | Expectant and new parents | No fee | GP-referral, including a mental health care plan | |

| Digital Services | Access | Eligibility criteria | Cost | Referrals accepted | Waitlist |
|---|--------------------|----------------------|---------------|--------------------|----------|
| Suicide Call Back Service ① ① On The Line 1300 659 467 suicidecallbackservice.org.au Professional 24/7 Telephone, video and online counselling to people who are affected by suicide. 24/7 | Telephone, Digital | 15+ yrs | No fee | Self-referral | |
| This Way Up ① St Vincent's Hospital and the University of New South Wales thiswayup.org.au Discover step-by-step strategies for managing stress, anxiety and low mood. Tailored online courses are designed to teach you proven psychological skills to transform your thoughts, feelings, and behaviours so you can make a positive change in your life. 24/7 | Digital | 18+ yrs | Fee may apply | Self-referral | No |
| Women's Domestic Violence Helpline ① ① WA Department of Communities Child Protection and Family Support Telephone: 9223 1188 Free call: 1800 007 339 Provides support and counselling for women experiencing family and domestic violence. This includes phone counselling, information and advice, referral to local advocacy and support services, liaison with police if necessary and support in escaping situations of family and domestic violence. 24/7 | Telephone | Female | No fee | Self-referral | No |

Notes





Acknowledgement

WA Primary Health Alliance acknowledges and pays respect to the Traditional Owners and Elders of this country and recognises the significant importance of their cultural heritage, values and beliefs and how these contribute to the positive health and wellbeing of the whole community.

Disclaimer

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