

20 Powerful Affirmations for Busy Moms

1. God chose me to be my child's mother. I am fully capable.
2. A bad moment doesn't make me a bad mom.
3. Every flaw is an opportunity to teach my child.
4. I can do anything but I can't do everything.
5. The only way I can take care of my family is to take care of myself
6. My best is good enough.
7. Perfection is not the goal. Perfection is impossible.
8. I chose to see myself beyond my mistakes.
9. Every trial leads to perseverance and strength of character.
10. I am exactly where God knew I would be.
11. I don't need words of affirmation to serve my family.
12. Today's troubles are enough, I don't need to worry about tomorrow.
13. I can't control every circumstance. I can only control my reactions.
14. Contentment is a choice that I can make.
15. Taking care of myself isn't selfish, it's essential.
16. My mistakes or failures don't define who I am.
17. The life I have been given is a gift.
18. God has equipped me for what He has called me to do.
19. I am grateful for all that I already have.
20. I have everything I need.